

## TRANSCULTURAL ASPECTS OF PSYCHIATRIC TRAINING

Report on the Workshop held at the Department of Psychiatry, Edinburgh University, June 1978

The Workshop was attended by 34 invited participants and included representatives from the following organizations: Royal College of Psychiatrists, Association of University Teachers of Psychiatry, Association of Psychiatrists in Training, Overseas Doctors Association, The British Council, The Transcultural Psychiatry Society, Scottish Home and Health Department, Department of Health and Social Security. Other participants came from the Institute of Psychiatry, Leicester University Department of Psychiatry, and Edinburgh University Department of Psychiatry. In the course of sessions chaired by Dr S. Mahapatra, Professor H. J. Walton and Dr P. Rack the following papers were read:

1. 'Practising Psychiatry in a Multicultural Society' (Dr Philip Rack);
2. 'The Psychiatric Nurse and the West Indian Patient' (Dr Maurice Lipsedge);
3. 'Prejudice: its relevance for training' (Dr Justin Schlicht);
4. 'Training in Mental Health Care in Developing Countries' (Dr H. G. Egdell);
5. 'Psychiatric Training in Britain for the Overseas Doctor' (Dr S. Mahapatra);
6. 'TRAB, Registration, GMC and EEC' (Dr F. Hashmi);
7. 'Transcultural Psychiatry: the need for two-way exchanges' (Dr G. M. Carstairs).

Topics discussed in the course of the Workshop included the training of overseas psychiatrists to work overseas; the training dilemmas of overseas

psychiatrists who will remain in the UK; the specific training needs in transcultural psychiatry for all psychiatrists who work in a multicultural society, e.g. Britain; and the problems of the TRAB examination.

The impact of the Workshop was cumulative, the participants progressively developing the Workshop themes as the meeting proceeded.

The main themes to emerge from the Workshop were that the views of the overseas trainees themselves concerning their training should be expressed more explicitly; that the contribution of relevant transcultural research to both the training and clinical practice of all psychiatrists should be emphasized more, and that transcultural psychiatry, although poorly defined as yet, was nevertheless of critical relevance in teaching, research and clinical practice.

The organizing committee agreed that the Second Workshop would be held in Edinburgh on Friday 6 October and Saturday 7 October when the first two sessions might be restricted to informal seminar discussions on aspects of transcultural research; the third session might then consider the results of a survey carried out by APIT into the difficulties experienced by overseas trainees.

JOHN L. COX

### Note:

Any psychiatrist interested in attending future Workshops should write to: Dr John Cox, Department of Psychiatry, Royal Edinburgh Hospital, Morningside Park, Edinburgh EH10 5HF.

## THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS

The Chicago Institute for Psychoanalysis announces the Judith Baskin Offer Prize which was established in memory of Judith Offer by her family to encourage those who share her deep concern with the understanding of adolescence and the treatment of emotionally disturbed young people. It is awarded annually to the author of an original, unpublished paper dealing with some aspect of the psychology of

adolescence. Papers are judged for their clinical relevance, theoretical significance, and linkage to dynamic psychology. Authors may represent any professional discipline. Further details regarding the submission of papers, *which must be postmarked not later than 31 December 1978*, may be obtained from: Dr George H. Pollock, Institute for Psychoanalysis, 180 N Michigan Avenue, Chicago, Illinois 60601, USA.