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Hepatitis GB Virus Infection Among Renal Transplant Patients

Gina Pugliese, RN, MS
Martin S. Favero, PhD

The etiology of liver disease remains unknown in approximately 4% to 23% of dialysis patients and 10% to 16% of renal transplant recipients. A search for other causative agents of liver disease led to the discovery of the GB group of viruses. Investigators from the New England Medical Center in Boston studied the association between the presence of GB virus C (GBV-C) infection, known risk factors for parenterally transmitted infections, and history or laboratory evidence of liver disease among end-stage renal disease (ESRD) patients referred for renal transplantation to the New England Organ Bank, Massachusetts.

Stored sera from patients on the renal transplantation waiting list between Novem-

ber 1986 and June 1990 were tested for antibody to hepatitis C virus (HCV). Sera were available in 1,544 (48%) of 3,243 patients, and anti-HCV was detected by enzyme-linked immunosorbent assay in 287 (19%). All 287 anti-HCV-positive patients formed the anti-HCV positive cohort, and 286 randomly selected anti-HCV-negative patients formed the anti-HCV-negative cohort (573 patients overall). Additional sera were available for GBV-C RNA testing in 465 of 573 (81%) patients, and GBV-C RNA was detected by reverse transcriptase polymerase chain reaction in 146. The overall extrapolated prevalence of serum GBV-C RNA was 29%. The prevalence of serum GBV-C RNA among anti-HCV-positive patients (35%) was not significantly different from that among anti-HCV negative patients (29%; $P=.22$). In a step-wise multivariate regression analysis, a younger age (odds ratio

[OR] 0.98 per year of age, $P=.03$) and history of blood transfusions (OR, 3.89, $P=.03$) were associated with an increased OR for serum GBV-C RNA, whereas diabetes mellitus was associated with a decreased OR for GBV-C RNA (OR, 0.47, $P=.01$). Anti-HCV was not a predictor of serum GBV-C RNA (OR 1.07, $P=.77$).

The results of this study support the conclusion that GBV-C is a parenterally transmitted virus and shed light on the modes of transmission of GBV-C among ESRD patients. However, the association with liver disease remains to be established.

FROM: Murthy BV, Muerhoff AS, Desai SM, Natov SN, Bouthot BA, Ruthazer R, et al. Predictors of GBV-C infection among patients referred for renal transplantation. *Kidney Int* 1998;53:1769-1774.

Contamination of Sterile Biopsy Forceps in Disinfected Endoscopes

Investigators from the Virginia Mason Medical Center, Seattle, Washington, studied contamination risk from endoscope biopsy forceps after high-level disinfection.

All endoscopes had been processed previously and stored for 10 or more hours. Sterile biopsy forceps were inserted and retrieved, followed by vortexing the tips in 15 mL of soy broth; bacterial growth was minimal. Soy broth was flushed through endoscopes and collected. Biopsy forceps underwent a total of 24 anaerobic and 75 aerobic cultures. Microbiological growth occurred on 17 plates: 7 from gastroscopes,

5 from colonoscopes, and 5 from duodenoscopes. Fifteen plates grew staphylococci for a total of 21 colonies, 1 plate grew 1 colony of *Propionibacterium*, 2 plates grew diphtheroids for a total of 4 colonies, and 1 plate grew a single colony of *Lactobacillus*. Cultures from soy broth flushed through the various endoscopes grew on 5 plates: 3 from gastroscopes and 2 from duodenoscopes grew a total of 8 colonies of staphylococci.

The authors concluded that, with proper cleaning technique, a 20-minute soak in 2% glutaraldehyde is effective in dis-

infecting endoscopes. Although current procedures for endoscope disinfection remain imperfect, they found that, in this clinical setting, infection by pathogenic gastrointestinal flora is unlikely when using sterile biopsy forceps.

FROM: Lee RM, Kozarek RA, Sumida SE, Raltz SL. Risk of contamination of sterile biopsy forceps in disinfected endoscopes. *Gastrointest Endosc* 1998;47(5):377-381.