

P02-111 - ESTIMATION OF EMOTIONALLY-STRONG-WILLED SPHERE AT PATIENTS WITH ESSENTIAL HYPERTENSION

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Objective of research is study psychological characteristics of patients hypertension disease with presence of psychological semiology, which have a course of group psychocorection therapies and their mastering by skills of self-control.

Objective: 90 sick of psychosomatic frustration with essential hypertension (32-48 years old).

Methods:

- 1) MMPI,
- 2) Ljusher's Color test,
- 3) Technique of diagnostics of interpersonal relations of Leary ,
- 4) statistical methods.

Results: At 73 persons (81,1%) the internal conflict caused dissonans of type of interpersonal relations "Authoritarianism-submission", constant struggle against accruing is hostile-aggressive feeling has been revealed, at the same time there are difficulties of self-affirmation. In 48 cases (53,3%) prevalence I octant in personal pattern positively correlates with characteristics of sthenic type of reaction according to MMPI (profiles type 469'-/0) and a method of colour elections (preference of bright colour standards on the first positions, the importance of positions of 4,2 and 3 colours). At 90 persons (100%) from a surveyed contingent high points on VIII octant (11-16) have been revealed, that speaks about hyperresponsibility presence ($p \leq 0,05$).

Conclusions: Patients received complex therapy. The psychotherapy was applied individual, group and coordination. During group psychocorection patients have seized methods of removal of an emotional pressure, intrapersonal conflicts have been resolved, at them the relation to success and failure situations has changed. Carrying out of group trainings at this sick essential hypertension with art therapies, creative visualisation, transaction analysis, and sychorelacsation therapies, is an effective complex of methods in correction and preventive maintenance of infringements in emotionally-strong-willed sphere.