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**EMDR TRAININGS FOR BOSNIA-HERZEGOVINA MENTAL HEALTH WORKERS IN TUZLA AND SARAJEVO RESULTED WITH THREE EUROPEAN ACCREDITED EMDR PSYCHOTHERAPISTS AFTERMATH THE 1992–1995 WAR**

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**M. Hasanovic**<sup>1</sup>, S. Morgan<sup>2</sup>, S. Oakley<sup>3</sup>, S. Richman<sup>4</sup>, I. Pajevic<sup>1</sup>, A. Džubur-Kulenovic<sup>5</sup>

<sup>1</sup>Department of Psychiatry, University Clinical Center Tuzla, Tuzla, Bosnia and Herzegovina ; <sup>2</sup>HAP UK & Ireland, Humanitarian Assistance Programmes, Hove, United Kingdom ; <sup>3</sup>HAP UK & Ireland, Humanitarian Assistance Programmes, Saint Louis, USA ; <sup>4</sup>Richman EMDR Training, Humanitarian Assistance Programmes HAP UK & Ireland, Hove, United Kingdom ; <sup>5</sup>Department of Psychiatry, Clinical Center of University Sarajevo, Sarajevo, Bosnia and Herzegovina

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#### Aim

The Humanitarian Assistance Programmes UK & Ireland (HAP) work in partnership with mental health professionals in Bosnia-Herzegovina (BH), the country affected by war 1992-1995, providing knowledge and expertise in the treatment of trauma, and specifically in the use of EMDR (eye movement desensitisation and reprocessing). In this way we aim to build a body of qualified and experienced professionals who can establish and sustain their own EMDR training and professional associations in BH.

#### Method

Authors described educational process considering the history of idea and its realization through training levels and process of supervision which was provided from the Humanitarian Assistance Program (HAP) of UK & Ireland with non profit, humanitarian approach in sharing skills of EMDR to mental health therapists in BH.

#### Results

The trainers from HAP UK & Ireland completed two EMDR trainings in Tuzla than in Sarajevo for 50 recruited trainees from different BH health institutions from different cities and entities in BH. To be accredited EMDR therapists all trainees are obliged to practice EMDR therapy with clients under the supervision process of HAP UK&Ireland supervisors. Supervision is organized via Skype Internet technology. Up today three trainees completed their supervision successfully and became European Accredited EMDR Psychotherapists.

#### Conclusion

Two training of Bosnia-Herzegovina mental health workers to effectively use EMDR with enthusiastic help of EMDR trainers from HAP UK&Ireland resulted with foundation of Bosnia-Herzegovina EMDR Association. The next training is organized in Sarajevo again in 2013-2014 and it will increase psychotherapy capacities in postwar BH.

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