
Advances in Psychiatric Treatment



The Royal College of Psychiatrists'
Journal of Continuing Professional Development

Contents

Chronic fatigue syndrome	33
Making care programming work	41
Advances in the practice of electroconvulsive therapy	47
Anxiety Control Training	57

Editor Andrew Sims

Editorial board John Cookson, David Cottrell, Nigel Eastman, Sheila Hollins, Jeremy Holmes, Alan Lee, Roy McClelland, Robin McCreadie, David Owens, Jan Scott, Greg Wilkinson

Editorial assistant Louise Whalley

Subscriptions: £50 for 1994/95 (eight issues, post free). Payment should be made to the Royal College of Psychiatrists. Please contact the Royal Society of Medicine Press, 1 Wimpole Street, London W1M 8AE (tel. 071-290 2928).

Advertising: please contact Peter T. Mell, Advertising Manager, PTM Publishers Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (tel. 081-642 0162, fax 081-643 2275).

© The Royal College of Psychiatrists 1994.

Published by the Royal College of Psychiatrists, a registered charity (no. 228636), 17 Belgrave Square, London SW1X 8PG.

The views expressed are those of the authors, and do not necessarily reflect College policy.

Printed by Henry Ling Ltd, 23 High East Street, Dorchester, Dorset DT1 1HD.

Forthcoming topics in APT

Setting up a psychiatric case register. Dr R. N. Bloor

How consultants manage their time. Prof. F. Creed

Liaison child and adolescent psychiatry. Prof. D. Cottrell & Dr A. Worrall

Prevention of depression: psychological and social measures. Prof. J. Scott

Treating tobacco dependence. J. Foulds & Prof. H. Ghodse

College Seminars Series

College Seminars is a series of textbooks covering the breadth of psychiatry. Its publication is in line with the College's established role in education and in setting professional standards. As well as helping junior doctors during their training years, *College Seminars* will make a contribution to the continuing medical education of established clinicians.

Titles available now

Seminars in Psychiatric Genetics Edited by P. McGuffin, M. J. Owen, M. C. O'Donovan, A. Thapar and I. I. Gottesman ISBN 0 902241 65 6

Comprehensive coverage of what is known of the genetics of psychiatric disorders, and an introduction to the relevant quantitative and molecular genetic methods.

Seminars in Child and Adolescent Psychiatry Edited by D. Black and D. Cottrell
ISBN 0 902241 55 9

From assessment to outcome, from normal development to unusual syndromes, from theoretical perspectives to treatment, the reader will find this a clear, concise, and invaluable overview of the field.

Seminars in Basic Neurosciences Edited by G. Morgan and S. Butler ISBN 0 902241 61 3

This book will appeal to anyone needing to update their knowledge of the neurological aspects of anatomy, physiology, pharmacology, psychology, pathology, endocrinology and radiology.

Seminars in Psychology and the Social Sciences Edited by D. Tantam and M. Birchwood
ISBN 0 902241 62 1

In some instances the links between clinical practice and the most recent theories considered in this book have yet to be made. However, over the next decade many of these are likely to dominate the research and service agenda, such as ethnicity as a determinant of health care, connectionist models of mental functioning, and the effects of sex and gender on mental health. For those looking for new paradigms in the social sciences, this will prove an essential source.

Seminars in Alcohol and Drug Misuse Edited by J. Chick and R. Cantwell ISBN 0 902241 70 2

A clear review of the aetiology, epidemiology, treatment and prevention of dependence on and misuse of alcohol and prescribed drugs. With a balance of theory, recent research and practical clinical guidelines, the book covers specific and common problems in mental health as well as in general medicine.

Titles in preparation

Psychopharmacology; Adult Psychiatric Disorders; Learning Disabilities; Forensic Psychiatry

Gaskell Press books are available from the Royal College of Psychiatrists (Tel. 071 235 2351).