

## STUDY ON DREAM CONTENTS IN PATIENTS WITH SUICIDAL ATTEMPTS IN POISONING SECTION OF AFZALIPOR HOSPITAL AND COMPAIED WITH CONTROL GROUP

*A. Mehdizadeh Zare Anari, A. Ghaffarinejad, S. Najmaee*

Kerman University of Medical Sciences, Kerman, Iran

**Objective:** One of important issue in psychodynamical healt is suicide.more than 60% of people who act complete suicide,suffered from psychological illness.One of important factor for psychodynamic resolution of this attempt is the survey of their dream.Dream can be used as a tool for deliberation of suicidal intention.referring to this fact that a forth of people who have suicide attempt, may have another attempt within the next year,so we desided to check validity of dream in this kind of people in order to reach an objective relationship to determine peril of a further attempt.

**Methods:** In this study 50 subject of people who have suicide attempt through taking pill and 50 case were selected as the control group.The people studied were asked to record their dream,then these dream were codified on the basis of Hall van de castle method.Data analyzed with and ANOVA with SPSS17.

**Results:** This study showed that a dead character contents( $p=0/00$ ) and non-speaking activities( $p=0/045$ )in dreams are more in people who have suicided, and if friendship validity exists the dremer is the reciever of friendship( $p=0/026$ ) and the setting usually are undetermined( $p=0/041$ ).

**Conclusion:** This result indicate that present of death content and non-speaking activity in dream of persons who get psychological health care can be an Alarm for suicidality in these persents.