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Author for correspondence: Clara Slade Oliveira, Embrapa Dairy Cattle, 610 Eugenio do Nascimento Ave, Juiz de Fora, MG, Brazil 36038-330. E-mail: clara.oliveira@embrapa.br

[†]Clara Slade Oliveira and Paola Maria da Silva Rosa are joint first authors.

Luteinizing hormone secretion, ovulatory capacity, and oocyte quality in peripubertal Gir heifers

Clara Slade Oliveira^{1,†} [®], Paola Maria da Silva Rosa^{1,†}, Bruna Rios Coelho Alves² [®], Clara Ana Santos Monteiro¹, Gabriela Ramos Leal¹ [®],

Pedro Henrique Evangelista Guedes¹, Agostinho Jorge dos Reis Camargo³ and Naiara Zoccal Saraiva¹

¹Embrapa Dairy Cattle, 610 Eugenio do Nascimento Ave, Juiz de Fora, MG, Brazil 36038-330; ²Universidade Federal Fluminense – UFF, Setor de Reprodução Animal, Rua Vital Brazil Filho, 64, Santa Rosa, Niteroi, RJ, Brazil 24230-340 and ³Agricultural Research Company of the Rio de Janeiro State (PESAGRO-RIO), São Boa Ventura Av., 770, Fonseca, Niteroi, Rio de Janeiro, Brazil 24120-19

Summary

Induction of puberty in cattle breeds that attain puberty in later stages, such as Gir, allows the earlier beginning of reproductive life and it might increase oocyte quality. Here, the ovulatory capacity of prepuberal Gir heifers was studied and its relationship to follicular growth, luteinizing hormone (LH) secretion and oocyte quality was evaluated. Peripubertal Gir heifers were treated with a progesterone-based protocol and according to ovulatory response were separated into groups: not-ovulated (N-OV) and ovulated (OV). Serial blood samples were taken 24 h after estradiol treatment on day 12 to evaluate LH secretion. Cumulus-oocyte complexes (COCs) were collected using ovum pick-up and assessed for brilliant cresyl blue (BCB) staining rate, IVF-grade oocytes rate, and mean oocyte diameter, in comparison with cow oocytes. Gene expression of developmental competence markers (ZAR1, MATER, and IGF2R) was also analyzed. The largest follicle diameters were similar between N-OV and OV groups on the day of estradiol treatment (d12) and the next day and decreased (P = 0.04) in the N-OV group thereafter. LH pulse secretion was different between groups (N-OV = 3.61 ± 0.34 vs OV = $2.83 \pm$ 0.21 ng/ ml; P = 0.04). COC assessment showed that the number of recovered oocytes, BCB+ rate, IVF-grade oocytes and oocyte size was similar (P > 0.05) among groups, resembling adult cow patterns. ZAR1, MATER and IGF2R gene expression in oocytes were also similar (P > 0.05) in N-OV and OV groups. In conclusion, our results demonstrate a lower LH secretion profile in peripubertal Gir heifers prone to ovulate after induction protocol, and that oocyte quality is not affected on a short-term basis by ovulation itself.

Introduction

Reproductive and economic efficiencies in beef and dairy production systems are affected by the age of puberty and the beginning of reproductive life (Kenny *et al.*, 2017). Puberty onset is defined as the first oestrus followed by a normal luteal phase (Moran *et al.*, 1989). In domestic ruminants, puberty is achieved as a result of decreased estradiol negative feedback on luteinizing hormone (LH) secretion, which leads to an increase in size and estradiol production of dominant ovarian follicles, and a pubertal surge of LH (Day and Nogueira, 2013).

Brazilian dairy herds are mainly composed of *Bos taurus taurus* vs *Bos taurus indicus* crossbred animals, and Gir is the main zebu breed used (Canaza-Cayo *et al.*, 2016). Intensive use of the Gir breed relies on its increased adaptability to tropical conditions combined with considerable high milk production among indicine breeds (Madalena *et al.*, 1990). As the age of puberty is a heritable trait, genetics has a primary influence on age at first ovulation (Day and Nogueira, 2013). Gir is a late-puberty breed compared with taurine breeds such as Holstein. Although it is difficult to determine age at puberty in extensive management systems, it can be estimated from age at first calving. Brazilian records from the Gir and Holstein breeding programmes, published by Embrapa Dairy Cattle, show an expected age at first calving of 38.6 ± 6.3 months in Gir (Panetto *et al.*, 2021) and 26.5 ± 5.0 months in Holstein (Costa, 2022) heifers. Therefore, the late-puberty onset compromises ~1 year of reproductive life in Gir females.

Treatment with progesterone-based hormonal protocols during the peri-pubertal period can accelerate the onset of puberty in heifers and is an alternative approach undertaken to advance the beginning of their reproductive life ((Rodrigues *et al.*, 2013). This is especially relevant to late-pubertal *Bos taurus indicus* heifers (Sartori *et al.*, 2010). The ability of a heifer to respond to an induction treatment appears to be an indirect way to select more precocious heifers as their

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capacity to respond to hormonal treatment is related to their expected age of spontaneous ovulation (Day and Nogueira, 2013). Despite the studies on puberty induction being dominantly focused in indicine beef breeds, in the dairy Gir breed, puberty induction and related endocrine responses remain unexplored.

The use of reproductive technologies such as IVF in prepubertal animals is also an alternative to accelerate reproduction in Gir heifers. However, it seems that oocytes obtained from heifers before puberty are less competent than the ones sourced from adult cyclic cows (Baruselli *et al.*, 2016). Prepubertal oocytes are smaller in diameter, have impaired metabolism and undergo a disrupted maturation process (Steeves *et al.*, 1999; De Paz *et al.*, 2001; Salamone *et al.*, 2001; Warzych *et al.*, 2017).

In this study, we intended to characterize the LH secretion profile of Gir heifers after hormonal puberty induction during the peripubertal stage, and its association with follicular growth, ovulatory capacity, and oocyte quality. We present data showing that LH secretion can be associated with ovulatory capacity, and no effect could be detected on oocyte quality on this basis.

Materials and methods

All procedures were approved by the Embrapa Dairy Cattle Ethics Committee (Protocol 24.2015). Reagents were purchased from Sigma Chemical Co. (St. Louis, USA) unless otherwise stated.

Experimental design

Experimental procedures are summarized in Figure 1. Prepubertal Gir heifers (n = 11, 242.4 \pm 17 kg body weight and 18.4 \pm 1.3 months old) were treated with a progesterone-based protocol to induce ovulation. Heifers were divided into two groups based on the ovulatory response, according to corpus luteum formation: ovulated (OV) and not-ovulated (N-OV). The largest follicle diameter and LH hormonal profile were evaluated before the ovulatory window. Oocytes from both groups were analyzed for quality [morphology, size, brilliant cresyl blue (BCB) staining and gene expression] after hormonal protocol. For quality assessments, oocytes from IVF donors (non-lactating Gir cows; n = 32 oocytes) were included as an oocyte quality control.

Hormonal treatment for ovulation induction

Non-pubertal heifers were treated with an intravaginal progesterone implant (1 g; Sincrogest, Ouro Fino Animal Health) for 12 days (D0–D12). At day 12, oestrogen (0.5 mg i.m. estradiol cypionate (EC); Zoetis) and equine chorionic gonadotropin (eCG, 200 IU i.m., Folligon, Intervet/Schering-Plough) were used to induce ovulation.

Ultrasound evaluations

Heifers were evaluated by ultrasonography (Mindray DP2200) at 14, 7 and 0 days before the beginning of hormonal treatment to confirm the prepubertal status (absence of a corpus luteum). Ultrasonographic ovarian examinations were performed daily from day 12 to day 18. The follicular diameter was calculated as the mean of the largest diameter and the diameter perpendicular to it, measured using ultrasound equipment. The last measurement before ovulation was considered for the OV group. For the N-OV group, the largest measurement in the protocol ovulation window (day 12 to day 15) was considered. Corpus luteum presence or absence was assessed in every evaluation.

Luteinizing hormone profile assessment

At 24 h after EC/eCG injection, serial blood samples were obtained from the jugular vein every 15 min for 6 h. Blood samples were collected in a vacuum tube containing heparin and placed immediately on ice. The tubes were centrifuged at 3000 g for 30 min, and plasma was separated and stored at -20° C until analysis. Luteinizing hormone profile assay was performed in duplicate by radioimmunoassay as previously described (Bolt and Rollins, 1983; Bolt *et al.*, 1990). The intra-assay and inter-assay coefficients of variation for radioimmunoassay were 10.3% and 17.7%, respectively. The basal secretion, frequency of pulses, the amplitude of pulses, the concentration of the pulse and mean of the pulse height were analyzed using deconvolution and the Pulse algorithm (Software Pulse XP, version 20090124, University of Virginia, VA, USA).

Ovum pick-up (OPU)

OPU was performed on day 18 as previously described (Oliveira *et al.*, 2019). Before the procedure, heifers received an epidural injection of 2% lidocaine hydrochloride. Follicles of 2–8 mm were aspirated with an 18G needle coupled to a 7.5 MHz convex ultrasound transducer through a vacuum system (90 mmHg).

Oocyte quality assessment - morphology, BCB and size

COCs with a compact multilayer of cumulus cells and homogeneous cytoplasm or slightly coarse in appearance were considered IVF grade. BCB staining was performed as previously described (Manjunatha *et al.*, 2007) with minor adaptations. COCs were incubated in 26 μ M BCB in HEPES-buffered *in vitro* maturation (IVM) medium for 60 min at 38.5°C. COCs images were captured under an inverted microscope and analyzed for negative or positive BCB staining. The zona pellucida was considered for oocyte diameter measurement. Analysis was performed using ImageJ software and BCB staining images. Categorization among oocyte sizes was performed (Fair *et al.*, 1995) with one modification. As our measurements included the ZP, we increased by 20 μ M the sizes for oocyte categorization, as follows: I. <120 microns, II. 120–130 microns, III. 130–140 microns, and IV. >140 microns.

Gene expression assay

IVF-grade oocytes from each animal were pooled (n = 10) and denuded using 200 µl TrypLE Express enzyme. Oocytes were collected without cells and snap frozen. Total RNA was isolated using the RNeasy Micro kit (Qiagen, Venlo, The Netherlands) following the manufacturer's recommendations. cDNA was eluted with 14 µl water. For complementary DNA synthesis, a 10-µl RNA suspension was used in the ImProm-II Reverse Transcription System (Promega- Madison, USA) according to the manufacturer's recommendations. A final volume of 20 µl was generated and 4 µl was used per polymerase chain reaction (PCR).

qPCR was performed using the ABI Prism 7300 system (Applied Biosystems. Foster City, USA) in duplicate in a 20-µl volume containing 6 pmol primers. Results were analyzed using the standard curve method as described by the manufacturer with expression of target genes in relation to endogenous references (*GAPDH* and β -*ACTIN*). A standard curve of each gene was prepared by purifying the qPCR reactions on agarose gel using the QIAquick PCR Purification Kit (Qiagen). Dilutions ranged from 1 to 1:10,000, totalling five points.

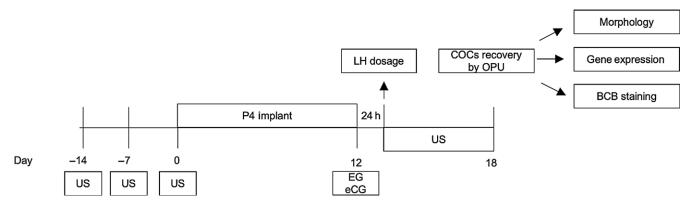


Figure 1. Schematic diagram of the experimental procedures. Days –14, –7 and 0, ultrasound evaluations were performed to confirm the absence of CL. Between days 0 and 12, the heifers received a progesterone vaginal implant (1 g). The animals received doses intramuscularly (i.m.) of 0.5 mg of EC and 200 UI of eCG. After 24 h of EC and eCG injections, the blood samples were collected. Between days 12 and 18, daily ultrasound examinations were performed to identify ovulation and perform dominant follicle measurements. On day 18, oocytes were collected by ovum pick-up for quality evaluations.

The primers used for the experiment were MATER F: CAGCCTCCAGGAGTTCTTTG and R: GACAGCCTAGGAG GGTTTCC (212-bp fragment), ZAR1 F: CACTGCAAGGAC TGCAATATC and R: CAGGTGATATCCTCCACTC (137-bp), IGF2R F: CTACGACCTGACCGAGTG and R: TGACAGC CTCCCAGTTG (95-bp). GAPDH F: AAGGCCATCACCATC TTCCA, R: CCACTACATACTCAGCACCAGCAT (Oliveira et al., 2013) and β -ACTIN F: AAGGCCAACCGTGAGAAGAT, R: CCAGAGGCATACAGGGACAG. Relative expression is presented considering the average expression of *GAPDH* and β -ACTIN genes. PCR efficiency was estimated using linear regression of the log of fluorescence at each cycle, using a method and software (LinRegPCR) published previously (Ramakers et al., 2003) and applying default parameters (number of points between 4 and 6 and best correlation coefficient). For each pair of primers, the fluorescence threshold line was fixed at the average of the lower and higher fluorescence values used by the software to estimate PCR efficiency.

Statistics

Mean largest follicle diameter, *ZAR1* and *IGF2R* gene expression and LH data regarding concentration at each timepoint, basal secretion, frequency of pulses, amplitude of pulses, concentration of the secretion pulse and mean of the pulse height were compared between groups using Student's *t*-test. The association between LH parameters and follicular diameter was verified by linear regression. Oocyte diameter and the number of recovered oocytes among groups were adjusted using Johnson transformation and compared by analysis of variance (ANOVA) and Tukey's post-test. Graphs show non-transformed data. *MATER* gene expression was analyzed using the Mann–Whitney test. IVF-grade oocytes rate and BCB+ rate were analyzed by binary logistic regression. Categorization according to oocyte size was compared using the chi-squared (χ^2) test. All analyses were performed at a 5% significance level using GraphPad Prism software.

Results

Ovulation following hormonal treatment for ovulation induction

After treatment with the progesterone-based protocol, a corpus luteum was detected in 45% of the animals (N-OV = 6 and

OV = 5). Animals ovulated up to 72 h after ECG and EC injection (OV group).

Dominant follicle diameter

All animals were evaluated daily from day 12 to day 18 and the mean dominant follicle size is shown in Figure 2.I. The follicular diameter was similar between the N-OV and OV groups at the moment of EC injection (day 12) and after 24 h (day 13). However, on the next day (day 14) a decrease (P = 0.04) in dominant follicle diameter was noticed in the N-OV group. The largest follicular diameter within the ovulation window (day 12 to day 15) was similar between groups (Figure 2.II).

LH secretion profile

Mean plasmatic concentrations of LH during the experiment window (6 h), totalling 25 samples per animal, was 0.78 ± 0.02 ng/ ml in OV heifers and 0.97 ± 0.02 ng/ ml in N-OV heifers (P < 0.01). In Figure 3, raw data are presented for OV and N-OV groups, the LH levels were lower (P < 0.01) for OV heifers at five sampling times.

Pulse LH analysis is presented in Table 1. Basal LH secretion per hour, frequency of the secretion pulses per hour and pulse amplitude remained unaltered (P > 0.05) between groups. However, when LH concentration within the secretion pulse was analyzed, higher (P = 0.04) values were detected in heifers that did not ovulate (N-OV) compared with ovulated (OV) heifers. The mean value of the highest pulse did not differ between groups. The association between the LH-evaluated parameters and dominant follicle size by regression analysis revealed no significant effect of follicular growth on LH variables (Table 2).

Oocyte quality assessment: IVF-grade oocyte rate, $\mathsf{BCB}+$ and size

Oocytes collected from animals in the N-OV (n = 110), OV (n = 61) and cow (n = 32) groups were evaluated morphologically, measured, and stained with BCB. As shown in Figure 4, the mean recovered oocytes comparison among groups revealed a low *P*-value (P = 0.05). Tukey post-test comparison revealed similar numbers of recovered oocytes for N-OV and OV groups (P = 0.99) but a tendency to an increased pattern from N-OV and OV groups compared with cows (P = 0.06 and 0.09, respectively; Figure 4.I). Incidence of BCB+ (N-OV: 74%, OV: 69%, cow: 78%) and IVF grade (N-OV: 48%, N-OV: 38%, cow: 47%)

Figure 2. Dominant follicle growth in the N-OV and OV groups. I. Ultrasound measurements of dominant follicle are shown from day 12 to day 15. Day 15 was not included in statistical analysis as most OV heifers had already ovulated. Asterisk indicates statistical difference between groups for specified evaluation day. II. Graph shows the largest dominant follicle size mean for each group between day 12 and day 15 (ovulation window).

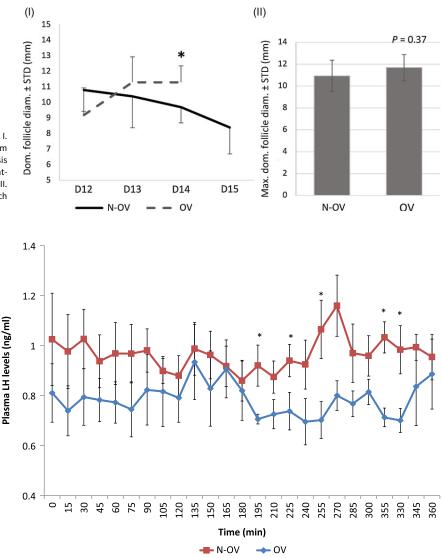


Figure 3. Plasma LH levels in N-OV and OV groups 24–30 h after EC/eCG treatment. Graph shows the mean LH concentration at each time point. A 15-min interval between sampling was adopted, totalling 25 samples in the 6-h window. Ovulation occurred in the OV group 48–72 h after EC/eCG treatment. Asterisks denote statistical difference between groups at the indicated timepoints.

oocytes were similar between groups (Figure 4.II,III). Mean oocyte diameter was also similar in all groups (Figure 4.IV). Categorization of oocyte size according to their developmental competence potential revealed similar patterns among the N-OV, OV and cow groups (Figure 4.V). Category IV (fully grown oocytes) corresponded to 32% N-OV oocytes, 43% OV oocytes and 38% cow oocytes.

Gene expression of oocyte competence markers

Denuded oocytes from both groups were used for gene expression analysis, and the results are shown in Figure 5. *ZAR1*, *MATER* and *IGF2R* transcript levels were similar between non-ovulated (N-OV) and ovulated (OV) animals. A PCR efficiency between 1.89 and 1.92 was found for all gene expression assays.

Discussion

In this study, we aimed to assess the influence of the LH secretion profile in the ovulatory response following a progesterone-based hormonal treatment in peripubertal Gir heifers, and to associate this profile with follicular growth and oocyte quality. Our main findings included the detection of lower LH secretion levels just before the LH surge window in heifers prone to ovulate, and a lack of effect of ovulatory response on follicular growth and oocyte quality.

Heifers selected for this study were of age, weight, ovarian follicular and luteal profiles compatible with the peripubertal stage. This period starts ~40-60 days before the first ovulation, following the prepubertal period, and is marked by the beginning of the decline of the sensitivity to estradiol negative feedback on the central nervous system (CNS) centres that control GnRH release (Day and Anderson, 1998). In the pre/peripubertal heifer, the GnRH tonic secretion pattern induces and closely resembles the LH secretion pattern (Cardoso et al., 2015). During the transition from prepuberty to the peripuberty, the tonic LH secretion pattern undergoes alterations characterized by decreased pulse amplitude and increased pulse frequency; and the sustained increase of GnRH/LH pulse frequency is the limiting factor for the occurrence of puberty (Kinder et al., 1987). The changes in the GnRH/LH tonic secretion patterns result in increased growth and size attained by dominant ovarian follicles, as well as increased estradiol synthesis. As a result, estradiol concentrations attain levels sufficient to induce the pubertal GnRH/LH preovulatory surges. It has been proposed that the ability of a heifer to respond to a puberty induction treatment is related to their reproductive maturity, or to the timely proximity to the spontaneous ovulation (Day and

Table 1. LH secretion profile after deconvolution analysis by Pulse software. Samples were collected every 15 min for 6 h. Results are presented as mean \pm standard error of the mean (SEM)

Variable	N-OV	OV	P-value
Basal secretion per hour (ng/ml)	0.03 ± 0.002	0.02 ± 0.002	0.10
Frequency of secreted pulses per hour	0.44 ± 0.060	0.30 ± 0.060	0.12
Pulse amplitude	1.79 ± 0.260	1.38 ± 0.280	0.25
Secretion pulse concentration	0.04 ± 0.003	0.03 ± 0.002	0.04
Highest pulse	0.05 ± 0.005	0.04 ± 0.003	0.10

Table 2. Linear regression analysis between follicular size and LH parameters

Variable	R ²	P-value
Basal secretion per hour	0.12	0.29
Frequency of secreted pulses per hour	0.03	0.60
Secretion pulse concentration	0.11	0.31
Highest pulse	0.03	0.61

Nogueira, 2013). In this study, neither frequency or amplitude of LH pulses, nor dominant follicle size following the withdrawal of hormonal protocol differed among heifers that ovulated or did not ovulate, indicating that LH pulsatile profile and follicular size immediately after the hormonal protocol were not predictive factors for the success of this hormone-based puberty induction protocol.

Here the overall plasma LH concentrations and LH concentration within pulses were lower in heifers that ovulated. These data corroborated previous findings on peripubertal heifers in which circulating LH was shown to decrease and fluctuate within a smaller range, especially in the 6 days prior to the pubertal LH surge (Gonzalez-Padilla et al., 1975). Because ovulation requires the massive release of LH in a surge pattern, it seems that a decrease in LH levels just before the LH surge window could be a mechanism to store LH in the anterior pituitary to be released in a surge pattern later. Progesterone has an inhibitory, estradiol-dependent, effect on pituitary LH synthesis and release (Girmus and Wise, 1992; Nett et al., 2002). Therefore, in Nellore (Bos taurus indicus) heifers, an inverse relationship between circulating progesterone concentrations and total area of LH secretion (with no effect on frequency or amplitude) has been demonstrated (Cipriano et al., 2011). The role of progesterone (or other progestogens) in puberty-inducing protocols appears to rely on its effect in reducing estradiol receptors within CNS areas that control GnRH release, which would decrease sensitivity to estradiol negative feedback (Day and Anderson, 1998). In the present study, heifers were of similar weight, had no corpus luteum (CL) and were inserted with the intravaginal progesterone device containing the same dose, therefore, although not assessed here, circulating progesterone concentrations might not be the cause of the variation of LH concentrations among groups. Sensitivity to progesterone or previous estradiol-priming within CNS centres that control GnRH/LH release might participate in the mechanisms that influence ovulation success in non-pubertal Gir heifers, but this hypothesis warrants further investigation.

The hormonal protocol used in this study included EC and ECG on the day of implant withdrawal. Estradiol induces preovulatory GnRH surges (Christian and Moenter, 2010), and has a direct stimulatory action for LH release by the pituitary (Kesner et al., 1981). In taurine-breed heifers, the ability of estradiol to induce an LH surge develops between 3 and 5 months of age, and the percentage of heifers that respond to estradiol increases as puberty approaches (Schillo et al., 1983; Staigmiller et al., 1979). In 7-month-old Holstein heifers, estradiol administration induced an LH surge in 80% of heifers, and those that did not respond had higher circulating LH (Swanson and McCarthy, 1978). Therefore, in corroboration with these previous studies, our data indicated that the inability of some heifers to respond to the puberty induction protocol related to the immaturity of neuroendocrine centres involved with LH surgical release. The role of ECG (which has LH activity in the bovine) in oestrus synchronization protocols is to enhance final follicular maturation (De Rensis and López-Gatius, 2014) and improve the efficiency of the progestin-based fixed-time artificial insemination protocol (Sá Filho et al., 2010).

Our study also aimed to compare oocyte quality in animals that ovulated or not following hormonal treatment, to understand ovulatory effects on a short-term basis. This is because puberty is associated with oocyte quality. Oocytes from prepubertal heifers are associated with lower blastocyst rates, and developed embryos present disturbances in nutrient uptake and an increased apoptosis rate (Steeves *et al.*, 1999; Zaraza *et al.*, 2010; Diederich *et al.*, 2012). Puberty onset increases growth hormone (GH) and insulin-like growth factor 1 (IGF1) levels, molecules that play important roles in embryonic development (Oropeza *et al.*, 2004). However, as sexual maturation occurs and puberty onset approaches, *Bos taurus indicus* crossbred oocytes have a similar developmental potential as adult cows, suggesting that oocyte quality near puberty has already increased (Camargo *et al.*, 2005).

We selected three non-invasive and one invasive oocyte quality assays to compare groups and included adult cow oocytes as a control group. BCB analysis is an indicator of a fully developed oocyte population (Mota *et al.*, 2010), and IVF grade (usually titled 'viable') oocyte rate is a routine morphological classification. The oocyte diameter category is related to RNA synthesis and storage, essential to drive early embryonic development in bovine, and reflects distinct developmental competence potential among categories (Fair *et al.*, 1995). Oocyte gene expression patterns reflect oocyte quality, and previously validated biomarkers were evaluated in this study. *ZAR1* (Wu *et al.*, 2003) and *MATER* (Tong *et al.*, 2000) are maternal-effect genes critical for oocyte–embryo transition and early embryonic development, and *IGF2R* is a member of the IGF family, in which abundance was associated with oocyte competence in the bovine (Biase *et al.*, 2014).

Our results revealed a similar pattern for all groups in the four assays. Similar rates of IVF-grade, BCB+ and fully grown oocytes (>110 μ m, categories III and IV; Fair *et al.*, 1995), together with a similar gene expression pattern for oocyte quality biomarkers, suggested that oocyte quality had already increased before puberty onset in Gir peripubertal heifers, and that short-term effects of ovulation on oocyte quality were not important, considering the evaluated parameters. It is also important to note that animals were exposed to progesterone over a prolonged period (12 days), and that could have affected prepubertal physiological conditions in non-expected ways, positively affecting oocyte quality. Overall, we detected an adequate oocyte quality index according to multiple

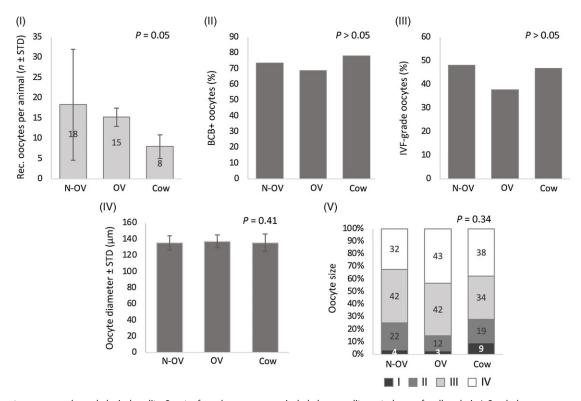


Figure 4. Oocyte recovery and morphological quality. Oocytes from donor cows were included as a quality control group for all analysis. I. Graph shows mean number of oocytes recovered per animal in each group. II. Graph shows the percentage of BCB-stained oocytes in each group. III. Graph shows IVF-grade oocytes rate in each group. IV. Mean oocyte diameter (including zona pellucida) is shown. V. Percentage of each oocyte size category is shown. Categorization described by Fair *et al.* (1995) was used with modification to consider ZP measurement, as follows: I. <120 microns, II. 120–130 microns, III. 130–140 microns, and IV. >140 microns.

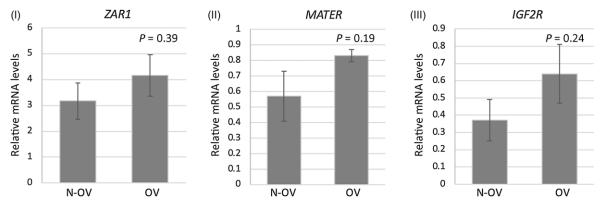


Figure 5. Expression of oocyte developmental competence biomarkers in N-OV and OV groups. I–III. Oocyte mRNA levels for ZAR1 (I), MATER (II) and IGR2R (III) are shown, relative to housekeeping GAPDH and β-ACTIN levels.

parameters, indicating that hormonally treated peripubertal Gir heifers could be used as oocyte donors irrespective of their ovulatory response.

We conclude that (1) the lower plasmatic LH concentration and concentration in secretion pulses may reflect ovulatory response, and (2) the ability to ovulate after a progesterone-based protocol has no effect in the short term on oocyte quality in Gir prepubertal heifers.

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Authors contribution. CSO and PMSR made substantial contributions to conception and design, acquisition of data, analysis, interpretation of data, and writing the manuscript. AJRC, CASM, GRL and PHEG participated in the acquisition of data. BRCA and NZS made substantial contributions to the conception and design, and analyzed and interpreted the data. All authors revised and approved the manuscript.

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Competing interest. There are no conflicts of interest to report.

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