

P02-368 - **SYMPTOM PRESENTATION IN WOMEN IN DEPRESSIVE DISORDERS IN A RURAL CLINIC IN AN INDIAN DISTRICT**

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**Introduction:** women depressive patients constitutes a sizeable no. in a rural psychiatry clinic in a District HQTRs town of Midnapore 126 k.m away from the state capital of Kolkata.

Among 156 depressed patients in the age group of 21-55 with a median age of 33 years only a few seldom speak of low spirit or lack of pleasure. Different somatic pains & other somatic complaints remain their principal presenting symptoms.

**Objectives:** Here is an enlisting of such varied somatic complaints in depressed women.

**Aims:** Awareness of such chronic bodily complaint as the presenting feature will remind us of depression in women.

**Methods:** 156 women in the said 21-55 years age group those were diagnosed as MDD or depressive disorder as per DSM-4 criteria were taken for their symptoms analysis. There were 118 married, 18 unmarried & 12 widows & 8 separated or divorced women. They were illiterate 23, junior school 98, High school 14, graduate 22, postgraduate & above 7. Married women mostly have children ranging from 1-6 except 3 infertile women & one issue mother was abundant (>25%).

**Results:** Their most common chief presenting complaint were head pain, head discomfort & burning (>80%), neck pain, pain in lower extremities (30%), in joints, in genital areas, rectal pain, hyperacidity, dyspepsia, heartburn, chest pain & discomfort, throat trouble, burning pain over the skin, with biological symptoms like sleep disturbance, loss of appetite, diminished libido, loss of interest to all activities, not feeling well at arousal to sadness to crying to suicidal ideas (10%), & attempt in 3 cases.

**Conclusions:** Somatic pain & other multiple aches & pains are one of the most commonest features to complain about in women masking the depressive illness underneath.