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poems  
by  
doctors

## Statutory Power

Jo McFarlane

I slouched inside a hoodie with my head on fire,  
clutching an empty bottle of Diazepam  
I couldn't look into their eyes  
for fear their fearless power would be catching  
'I don't want to be like this' I screamed  
to which the nurse replied I didn't have to be

The security guard escorted me to the door  
with a warning not to come back drunk  
I slashed my wrist with a sliver of the window  
thinking 'now they'll see how sick I am'  
The police arrived and took a statement  
from the psychiatrist

'Attention-Seeking Behaviour' he explained;  
'Borderline Personality Disorder  
Manipulative, Time-Waster, Not to be Trusted,  
A history of abuse so she claims'  
'Well, we'll put her in handcuffs  
and that will teach her not to do it again'

Selected by Femi Oyeboode. From *Stigma & Stones: Living with a Diagnosis of BPD*, poems by Sally Fox & Jo McFarlane.  
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Through their collection *Stigma & Stones*, writers/performers/partners Sally Fox and Jo McFarlane seek to promote understanding, improve treatment and reduce the stigma of living with a diagnosis of BPD.

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