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Injecting Drug Use as a Factor Contributing to HIV Infection

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The purpose of the study was to establish the impact of injecting drug use on cellular immunity and to evaluate the significance of drug useas a factor contributing to HIV infection and affecting the course of disease in HIV-positive patients.

Materials and Methods. The study included 144 subjects: 109patients (49 - with drug addiction, 23 - withHIV infection, 37 - with drug addiction and HIV infection) and 35 virtually healthy individuals.

Results. Thetotal amount of T-lymphocytesdoes not depend on HIVstatus, drug addiction orgender, aswell as on the combinedeffect of these factors. The total number of lymphocytes, the percentage and the absolute countof B cells (CD19 + lymphocytes) and CD4 +25+ cells (mainly T-regulatorylymphocytes) in blood was significantly lower in HIV-positive patients compared to HIV-negative ones; drugaddiction andgender do not havea significant effect onthese parameters. Injecting drug use potentiatesthe effects caused by HIV infection: reducedpercentage of T-helpercells (CD4+lymphocytes), number of T-NK-cells(CD3+16+56+ lymphocytes), percentage and absolutecount of NK cells (CD3-16+56+ cells), increasedpercentage of cytotoxicT lymphocytes (CD8+cells), percentageand absolute number ofT-lymphocytes with signs of activation(CD3+HLA-DR+ cells).

Conclusion. Injectingdrug use increases therisk of infection inHIV-negative IDUs and reduces the antiviral response in HIV-positive patients, significantly potentiating effects of HIV infection: reduced blood level of T-helpers, T-NK and NK cells, regulatory cells, immune hyperactivation – all of this may contribute to the disease progression.