



Psychology

Books and Journals from
Cambridge University Press

Cambridge University Press is a leading publisher in the psychological and brain sciences.

From undergraduate course resources, our prestigious Cambridge Handbooks in Psychology series, our leading journals including *Behavioral and Brain Sciences* and *Development and Psychopathology*, and our extensive collection of scholarly monographs.

Cambridge supports learning and research across all of psychology and related fields.

For further details visit:

[cambridge.org/core-psychology](https://www.cambridge.org/core-psychology)

Cambridge
Core



CAMBRIDGE
UNIVERSITY PRESS

INSTRUCTIONS FOR CONTRIBUTORS

SUBMISSION OF MANUSCRIPTS

All manuscripts should be submitted online via our new manuscript submission and tracking site, <http://mc.manuscriptcentral.com/ipm>. Full instructions for electronic submission are available directly from this site. If you wish to submit a book review please email your paper directly to the Editorial Office <mhayes@irishpsychiatry.ie>. To facilitate rapid reviewing, communications for peer review will be electronic and authors will need to supply a current e-mail address when registering to use the system.

All submitted material will become the property of the Journal until, and if, publication is refused. Material so referred should not be sent elsewhere for publication.

The Journal will accept for consideration original papers, brief research reports, audits, clinical case reports, review articles, historical papers, perspective articles, editorials, and letters to the editor and book reviews. Original data papers receive top priority for speedy publication.

Generally original papers should not have text more than 4500 words in length (excluding title, authors, abstract, tables/figures and references). Papers shorter than these limits are encouraged. For papers of unusual importance the editorial team may waive these requirements. Short reports have a word limit of 2,000 and editorials have a word limit of 1,500.

Manuscripts should be prepared in accordance with the "Uniform Requirements for Manuscripts (URM) Submitted to Biomedical Journals" of the International Committee of Medical Journal Editors (2010).

Declaration of Interest: A statement must be provided in the acknowledgements listing all financial support received for the work and, for all authors, any financial involvement (including employment, fees, share ownership) or affiliation with any organization whose financial interests may be affected by material in the manuscript, or which might potentially bias it. This applies to all papers including editorials and letters to the editor.

Contributors should also note the following:

1. S.I. units should be used throughout in text, figures and tables.
2. Authors should spell out in full any abbreviations used in their manuscripts.
3. Foreign quotations and phrases should be followed by a translation.
4. If necessary, guidelines for statistical presentation may be found in: Altman DG, Gore SM, Gardner MJ & Pocock SJ (1983). Statistical guidelines for contributors to medical journals. *British Medical Journal* 286, 1489–1493.

REFERENCES (1) The Harvard (author-date) system should be used in the text and a complete list of References cited given at the end of the article. In a text citation of a work by more than two authors cite the first author's name followed by et al. (but the names of all of the authors should be given in the References section). Where several references are cited together they should be listed in rising date order. (2) The References section should be supplied in alphabetical order (authors' names in bold, journal titles in full), following the text. Some examples follow:

Brown GW (1974). Meaning, measurement and stress of life events. In *Stressful Life Events: Their Nature and Effects* (ed. B. S. Dohrenwend and B. P. Dohrenwend), pp. 217–244. John Wiley: New York.

Brown J (1970). *Psychiatric Research*. Smith: Glasgow.

Brown J, Williams E, Wright H (1970). Treatment of heroin addiction. *Psychological Medicine* 1, 134–136.

(3) Online citations

doi (when published online prior to printed issue)

Acute Health Care, Rehabilitation and Disability Prevention Research - National Center for Injury Prevention and Control. (<http://www.cdc.gov/ncipc/profiles/acutecare/default.htm>). Accessed 7 June 2004.

British Psychological Society Research Digest, Issue 12. (<http://lists.bps.org.uk/read/messages?id=1423>). Accessed 17 February 2004.

[Authors are requested to print-out and keep a copy of any online-only material, in case the URL changes or is no longer maintained.]

FIGURES AND TABLES Only essential figures and tables should be included. Further tables, figures, photographs and appendices, may be included with the online version on the journal website. To ensure that your figures are reproduced to the highest possible standards, Cambridge Journals recommends the following formats and resolutions for supplying electronic figures. Please ensure that your figures are saved at final publication size and are in our recommended file formats. Following these guidelines will result in high quality images being reproduced in both the print and the online versions of the journal. Line artwork: Format: tif or eps, Colour mode: black and white (also known as 1-bit), Resolution: 1200 dpi; Combination artwork (line/tone): Format: tif or eps, Colour mode: grayscale (also known as 8-bit), Resolution: 800 dpi; Black and white halftone artwork: Format: tif, Colour mode: grayscale (also known as 8-bit), Resolution: 300 dpi; Colour halftone artwork: Format: tif, Colour mode: CMYK colour, Resolution: 300 dpi. All photographs, graphs, and diagrams should be referred to as figures and should be numbered consecutively in Arabic numerals. Captions for figures should be typed double-spaced on separate sheets. Tables should be numbered consecutively in the text in Arabic numerals and each typed on a separate sheet after the References section. Titles should be typed above the table.

PROOFS AND OFFPRINTS Page proofs will be sent to the author designated to receive correspondence. Corrections other than to printer's errors may be charged to the author. The corresponding author of each paper will receive a PDF file of their article.

COPYING This journal is registered with the Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923. Organizations in the USA who are also registered with C.C.C. may therefore copy material (beyond the limits permitted by sections 107 and 108 of US copyright law) subject to payment to C.C.C. of the per-copy fee of \$16.00. This consent does not extend to multiple copying for promotional or commercial purposes. Code 0033-2917/2017 \$16.00. Organizations authorized by the Copyright Licensing Agency may also copy material subject to the usual conditions. ISI Tear Sheet Service, 3501 Market Street, Philadelphia, Pennsylvania 19104, USA, is authorized to supply single copies of separate articles for private use only. For all other use, permission should be sought from Cambridge or the American Branch of Cambridge University Press.

SUBSCRIPTIONS *Irish Journal of Psychological Medicine* (ISSN 0790-9667) is published quarterly by Cambridge University Press, Journals Fulfillment Department, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK/Cambridge University Press, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA. The subscription price (excluding VAT) for institutions, which includes only electronic access, of volume 38, 2021 is £419 (US \$674 in USA, Canada and Mexico). Single parts cost £120 (US \$194 in USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Orders, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press, Journals Fulfillment Department, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK or in the USA, Canada and Mexico, to Cambridge University Press, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

ONLINE ACCESS This journal is included on Cambridge Core and can be found at cambridge.org/ipm

Enquiries about advertising should be sent to ad_sales@cambridge.org

This journal issue has been printed on FSC-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see www.fsc.org for information.

Printed in Great Britain by Bell & Bain, Glasgow

Irish Journal of Psychological Medicine

CONTENTS

EDITORIAL

Addressing physical health in mental illness: the urgent need to translate evidence-based interventions into routine clinical practice

O'Donoghue, B.

1

PERSPECTIVE PIECE

The next step: a strategic focus on physical activity and sedentary behaviour in Irish mental health care

Matthews, E., Cowman, M. & Denieffe, S.

6

The neurology–psychiatry interface in epilepsy

Murphy, V., Hallahan, B., O'Connell, H., Wright, B., Kelly D. B., Gulati, G. & Shankar, R.

9

SHORT REPORT

Establishing a physical health monitoring service for patients on depot antipsychotic medication

Gill, M., McKenna, K., McCauley, M. & Gulzar, M.

16

ORIGINAL RESEARCH

Pilot cohort study of obstructive sleep apnoea in community-dwelling people with schizophrenia

Myles, H., Myles, N., Vincent, A. D., Wittert, G., Adams, R., Chandratilleke, M., Liu, D., Mercer, J., Vakulin, A., Chai-Coetzer, C. L. & Galletly, C.

23

Tobacco smoking in young people seeking treatment for mental ill-health: what are their attitudes, knowledge and behaviours towards quitting?

Brown, E., O'Donoghue, B., White, S. L., Chanen, A., Bedi, G., Adams, S., Schely, C., Do, T. U., Sterjovska, A., Moeller-Saxone, K., Kay-Lambkin, F., Simmons, M., Cementon, E. & Killackey, E.

30

Routine screening and rates of metabolic syndrome in patients treated with clozapine and long-acting injectable antipsychotic medications: a cross-sectional study

Lydon, A., Valley, J., Tummon, A., Maher, S., Sabri, S., McLoughlin, J., Liew, A., McDonald, C. & Hallahan, B.

40

Physical health trajectories of young people commenced on clozapine

O'Donoghue, B., Mujanovic, A., Young, S., Bridson, T., Mora, L., Bismark, M., Cocks, J., Siskind, D. & McGorry, P.

49

Evaluation of an exercise physiology service in a youth mental health service

Pearce, M., Foote, L., Brown, E. & O'Donoghue, B.

56

REVIEW ARTICLE

Physical health interventions for patients who have experienced a first episode of psychosis: a narrative review

Fouhy, F., Cullen, W. & O'Connor, K.

62

Physical health among patients with common mental health disorders in primary care in Europe: a scoping review

Fogarty, F., McCombe, G., Brown, K., Van Amelsvoort, T., Clarke, M. & Cullen, W.

76

The image was obtained from fernandozhiminaicela on Pixabay.

Cambridge Core

For further information about this journal please go to the journal website at:

[cambridge.org/ipm](https://www.cambridge.org/ipm)

<https://doi.org/10.1017/ipm.2021.22> Published online by Cambridge University Press



MIX
Paper from
responsible sources
FSC® C007785

CAMBRIDGE
UNIVERSITY PRESS