

# Hydrodynamic simulations of the core helium flash

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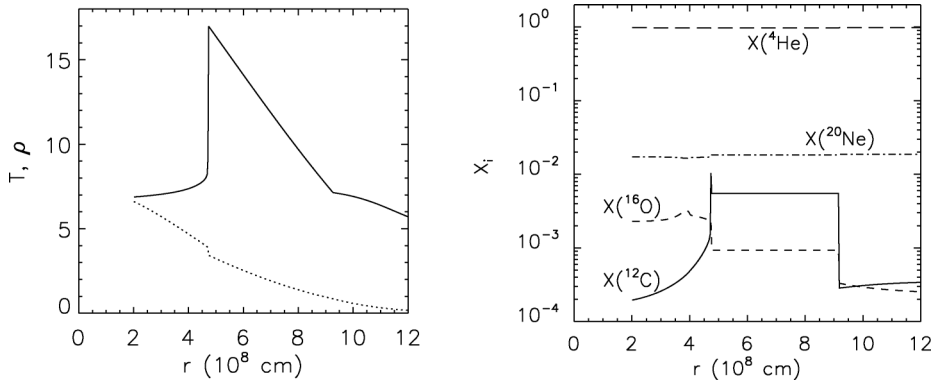
**Abstract.** We describe and discuss hydrodynamic simulations of the core helium flash using an initial model of a  $1.25 M_{\odot}$  star with a metallicity of 0.02 near at its peak. Past research concerned with the dynamics of the core helium flash is inconclusive. Its results range from a confirmation of the standard picture, where the star remains in hydrostatic equilibrium during the flash (Deupree 1996), to a disruption or a significant mass loss of the star (Edwards 1969; Cole & Deupree 1980). However, the most recent multidimensional hydrodynamic study (Dearborn *et al.* 2006) suggests a quiescent behavior of the core helium flash and seems to rule out an explosive scenario. Here we present partial results of a new comprehensive study of the core helium flash, which seem to confirm this qualitative behavior and give a better insight into operation of the convection zone powered by helium burning during the flash. The hydrodynamic evolution is followed on a computational grid in spherical coordinates using our new version of the multi-dimensional hydrodynamic code HERAKLES, which is based on a direct Eulerian implementation of the piecewise parabolic method.

**Keywords.** Stars: evolution – hydrodynamics – convection

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## 1. Introduction

First results on the core helium flash were gained from one-dimensional hydrostatic numerical simulations of a  $1.3 M_{\odot}$  star ( $Z=0.001$ ) (*e.g.*, Schwarzschild & Härm 1961). During the flash, the star underwent a thermal runaway due to the ignition of helium under degenerate conditions in its center. It reached a peak at maximum core temperature of  $\sim 3.5 \cdot 10^8 K$  and total energy generation rate of  $\sim 10^{12} L_{\odot}$ . The calculations were redone later with better numerical techniques and improved treatment of major physical processes (Sweigert & Gross 1978) and although the ignition of helium occurred off-center due to neutrino processes, they did not change the general picture mentioned earlier. It turns out, that the typical e-folding times for the energy release from helium burning become as low as hours at the peak of the flash, and therefore are comparable to convective turnover times. Thus, the usual assumptions used in simple descriptions of convection in one-dimensional hydrostatic calculations (*e.g.* instantaneous mixing) do not have to be valid any longer. Previous attempts to relax these assumptions by allowing for hydrodynamic flow remained inconclusive (Edwards 1969; Deupree 1996; Dearborn *et al.* 2006). Using a modified version of the HERAKLES code (Kifonidis *et al.* 2003) which is capable of solving the hydrodynamic equations coupled to nuclear burning and thermal transport in up to three spatial dimensions, we want to deepen our understanding of the convection during the core helium flash at its peak investigating it by means of two-dimensional and three-dimensional hydrodynamic simulations.



**Figure 1.** *Left panel:* Temperature (in  $10^7 K$ , solid) and density (in  $10^5 \text{ g cm}^{-3}$ , dotted) distribution of the initial model M. *Right panel:* Chemical composition of the initial model M, showing dominant fraction of helium.

**Table 1.** Some properties of the initial model: total mass  $M$ , stellar population, metal content  $Z$ , mass  $M_{He}$  and radius  $R_{He}$  of the helium core ( $X(^4He) > 0.98$ ), nuclear energy production in the helium core  $L_{He}$ , maximum temperature of the star  $T_{max}$ , and radius  $r_{max}$  and density  $\rho_{max}$  at the temperature maximum.

Model	$M$	Pop.	$Z$	$M_{He}$	$R_{He}$	$L_{He}$	$T_{max}$	$r_{max}$	$\rho_{max}$
	$[M_{\odot}]$			$[M_{\odot}]$	$[10^9 \text{ cm}]$	$[10^9 L_{\odot}]$	$[10^8 \text{ K}]$	$[10^8 \text{ cm}]$	$[10^5 \text{ g cm}^{-3}]$
M	1.25	I	0.02	0.38	1.91	1.03	1.70	4.71	3.44

## 2. Initial setup

The initial model was obtained with the stellar evolution code GARSTEC (Weiss & Schlattl 2007). Some of its properties are listed in Table 1. The temperature, density and composition distribution of the model is depicted in Figure 1. The model encompasses a white dwarf-like degenerate structure with an off-center temperature maximum resulting from plasma- and photo-neutrino cooling and a central density of about  $7 \cdot 10^5 \text{ g cm}^{-3}$ . The isothermal region in the center of the helium core is followed by almost discontinuous jump in temperature up to  $T_{max} \sim 1.7 \cdot 10^8 \text{ K}$  and convection zone driven by the superadiabatic temperature gradient. The model is composed mostly of helium  $^4\text{He}$  with an abundance  $X(^4\text{He}) > 0.98$ . The remaining composition of the stellar model is  $^1\text{H}$ ,  $^3\text{He}$ ,  $^{12}\text{C}$ ,  $^{13}\text{C}$ ,  $^{14}\text{N}$ ,  $^{15}\text{N}$  and  $^{16}\text{O}$ . For our hydrodynamic simulations we adopt the abundances of  $^4\text{He}$ ,  $^{12}\text{C}$  and  $^{16}\text{O}$  from the initial model, since the triple- $\alpha$  reaction dominates the nuclear energy production rate during the flash. The remaining composition is assumed to be adequately represented by a gas with a mean molecular weight equal to that of  $^{20}\text{Ne}$ .

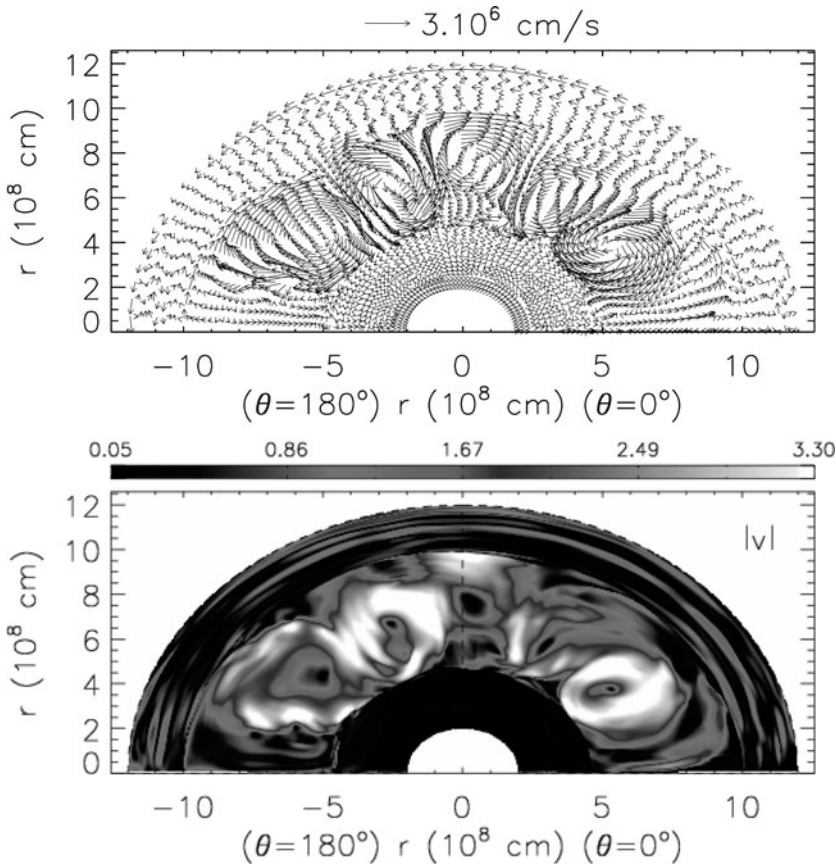
## 3. Hydrodynamic simulations

Table 2 summarizes some characteristic parameters of our two-dimensional (2D) and three-dimensional (3D) simulations that are based on model M. They were performed on an equidistant spherical grid encompassing 95% of the helium core's mass except for a central region with a radius of  $r = 2 \cdot 10^8 \text{ cm}$ , which was excised in order to allow for larger timesteps.

All our 2D and 3D models undergo initially ( $t < 1200 \text{ s}$ ) a common evolution where convection sets in after roughly 1000 s. During this phase, hot bubbles appear in the

**Table 2.** Some properties of the two and three-dimensional simulations: number of grid points in radial ( $N_r$ ) and angular ( $N_\theta, N_\phi$ ) dimension, radial ( $\Delta r$  in  $10^8$  cm) and angular ( $\Delta\theta, \Delta\phi$ ) resolution, characteristic length scale  $l_c$  (in  $10^8$  cm) and velocity  $v_c$  (in  $10^6$  cm s $^{-1}$ ) of the flow, respectively, expansion velocity at the position of temperature maximum  $v_{exp}$  (in cm s $^{-1}$ ), entrainment rate  $v_{ent}$  of the outer convective boundary (in m s $^{-1}$ ), typical convective turnover time  $t_o$  and maximum evolution time  $t_{max}$  (in s), respectively.

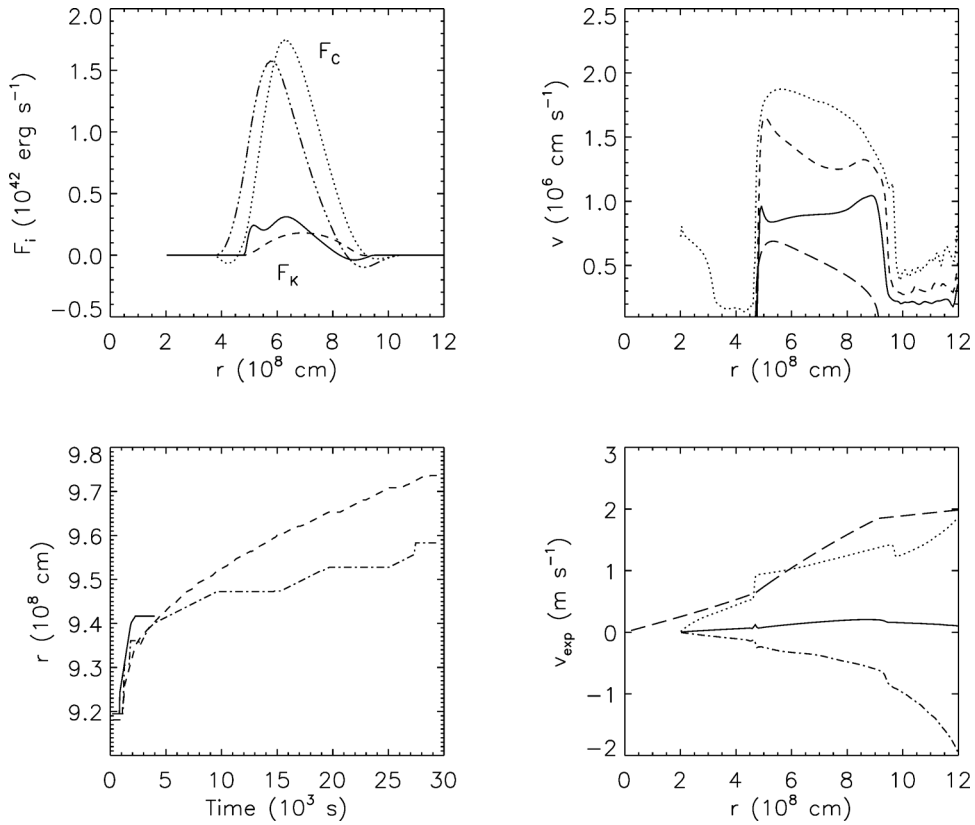
run	$N_r \times N_\theta \times N_\phi$	$\Delta r$	$\Delta\theta$	$\Delta\phi$	$l_c$	$v_c$	$v_{exp}$	$v_{ent}$	$t_o$	$t_{max}$
DV2	$180 \times 90$	5.55	$2^\circ$	-	4.7	1.03	-6.	7.	910	30000
DV4	$360 \times 240$	2.77	$0.75^\circ$	-	4.7	1.52	+92.	14.	620	60000
TR	$180 \times 60 \times 60$	5.55	$1.5^\circ$	$1.5^\circ$	4.7	0.7	+6.	7.	1340	5300



**Figure 2.** Snapshots of the evolved convection at 60000 s in model DV4, showing the velocity field (upper panel), and the velocity amplitude  $|v|$  in  $10^6$  cm s $^{-1}$  (bottom panel), respectively.

region where helium burns in a thin shell ( $r \sim 5 \cdot 10^8$  K). After  $\sim 200$  s, they cover complete height of the convective region and reach a steady state with several upstreams (or plumes) of hot gas carrying the released nuclear energy away from the burning region, thereby inhibiting a thermonuclear runaway.

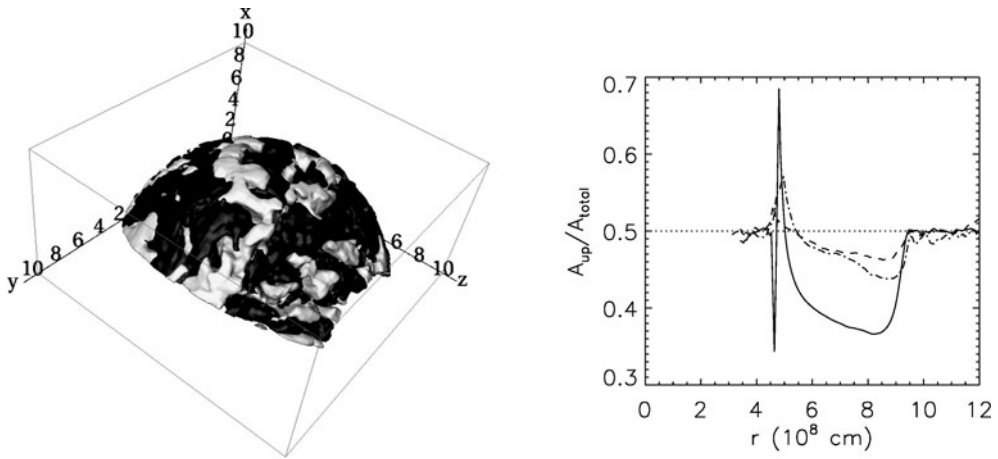
Fully evolved convection ( $t > 1500$  s) in 3D is significantly different than in 2D, since the shape of turbulent streams which transport energy is totally distinct. However, the amount of energy which needs to be transported by the convection in order to prevent



**Figure 3.** *Left upper panel:* Snapshot of convective  $F_C$  (dash-dotted) and kinetic  $F_K$  (solid) flux (Hurlburt *et al.* 1986) in model DV2 (black) and TR (red) averaged over a few convective turnover times. *Right upper panel:* The r.m.s convection velocity in model DV2 (dash-dotted), DV4 (dashed) and TR (solid) overplotted with the convective velocities predicted by mixing-length theory (long-dashed blue). *Bottom left panel:* Temporal evolution of the outer convective boundary in model DV2 (dash-dotted), DV4(dashed) and TR (solid), respectively. *Bottom right panel:* Expansion velocity  $v_{exp}$  in model DV2 (dash-dotted), DV4 (dashed) and TR (solid) together with the expansion velocities of the initial stellar model (long-dashed blue).

a thermonuclear runaway during the flash is in both cases similar. The resulting typical convective velocities are therefore much higher in 2D than in 3D (Fig. 3).

The structural differences between 2D and 3D flows are clearly visible in the distribution of the kinetic flux across the convection zone (Fig. 3). The typical evolved 2D flows contain well defined vortices (Fig. 2) with their central regions never interacting with the region of the dominant nuclear burning above the  $T_{max}$ . This results in a reduced kinetic flux between  $5 \cdot 10^8$  cm  $< r < 6 \cdot 10^8$  cm, since the gas in that region, on average, is located at bottom of convective vortices, and thus does not experience any strong radial flow. On the other hand, the distribution of the kinetic flux in 3D is rather smooth, and the flow structures tend to be also smaller than in 2D. This is apparent when comparing Figure 4 with Figure 2. The 2D structures (vortices) have an angular size of around  $40^\circ$ . The structures in the 3D are column shaped, with a smaller angular size. The convective and kinetic flux is lower in 3D than in the 2D, but the total energy production is about 20% higher in 3D (because no symmetry restrictions are imposed, and due to the strong dependence of the triple- $\alpha$  reaction rate on the temperature). The convective and kinetic flux carry together more than 90% of the energy produced by the burning. The 3D



**Figure 4.** *Left panel:* Isosurface of a radial velocity field of model TR at  $t = 4150$  s. The yellow color marks a positive velocity of  $+6 \times 10^5 \text{ cm s}^{-1}$  (the upflow streams) and the blue color a negative velocity of  $-6 \times 10^5 \text{ cm s}^{-1}$  (downflow streams). Axis tickmarks are in units  $10^8 \text{ cm}$ . *Right panel:* Fractional volume occupied by upflow and downflow streams in model DV2 (dashed-dotted), DV4 (dashed) and TR (solid), respectively.

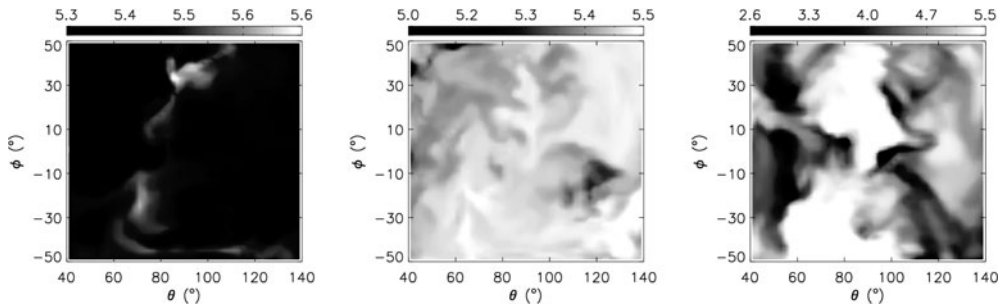
velocities qualitatively match the velocities predicted by the mixing-length theory better than in 2D, where the velocities are clearly overestimated. Figure 3 shows that they also depend on resolution, being higher in the simulation with the highest resolution.

The extent of the convection zone increases with time. Due to turbulent entrainment (Meakin & Arnett 2007), convective boundaries defined by the Schwarzschild criterium are pushed towards the center of the star, and towards the stellar surface, respectively (Fig. 3). This is in contradiction with the predictions made by (1D) hydrostatic stellar modeling. For illustration, the temporal evolution of the location of the outer convective boundary is depicted in Figure 3. It is defined as the radius, where the mean carbon abundance  $X(^{12}\text{C}) \sim 0.002$ . The rapid initial jump of the boundary position to  $r \sim 9.4 \times 10^8 \text{ cm}$  at about  $\sim 1200$  s is due to the first touch of the convective flow on the boundary. Later entrainment is rather steady. The velocity of the outer boundary (entrainment rate) in our models are listed in Table 2. The entrainment involves a few radial zones only over the longest simulation we have performed. Although the  $^{12}\text{C}$  abundance distribution stayed discontinuous at boundaries (no evident effect of numerical diffusion is detected), the entrainment rates presented here have to be considered as an order of magnitude estimate only. The entrainment at the inner convective boundary occurs with a rate much smaller than at the outer convective boundary. Therefore it is not discussed further here, since longer simulations are needed for definite statements about its evolution.

A similar feature which 2D and 3D seem to share is the upflow-downflow asymmetry. The downflows cover a much bigger volume in the convection zone than the upflows. The downflows dominate more in 3D. Interestingly, the kinetic flux is always positive in both cases, although the downflows fill almost the whole convection zone. This implies that the downflows are much slower than the upflows.

The expansion velocities  $v_{exp} = \dot{M}_r / 4\pi r^2 \rho$  are in good agreement with those of initial stellar model only in the 2D model with highest resolution DV4 (Fig. 3). The expansion in the low resolution models does not match at all. Due to the different dynamic properties of the flow in the less resolved models, the spherical mass flow is weaker.

Mixing at the convective boundaries and across the convection zone in 2D and 3D is quite different as well. In 2D, due to the symmetry restriction, every turbulent feature



**Figure 5.** Maps of  $^{12}\text{C}$  abundance (in units of  $10^{-3}$ ) in a horizontal plane in model TR at  $t = 5231$  s, at different radii:  $r_1 = 4.8 \cdot 10^8$  cm (left),  $r_2 = 6.5 \cdot 10^8$  cm (middle),  $r_3 = 9.3 \cdot 10^8$  cm (right).

is in fact an annulus. Hence, turbulence and mixing can be properly modelled only by means of 3D simulations. The most apparent turbulent structures during the flash, in 3D, look at the bottom of the convection zone like thin hot fibers enriched by carbon and oxygen (ashes from the helium burning). The flow then gets more uniform inside the convective region, but looks more turbulent again at the outer convective boundary (Fig. 5).

#### 4. Conclusions

We find that the core helium flash neither rips the star apart, nor significantly alters its structure. The evolved convection in 3D looks different from that in 2D. Typical convective velocities are higher in 2D than in 3D where they also tend to fit the predictions made by mixing length theory better. Hydrodynamic simulations show the presence of turbulent entrainment, which results in a growth of the convection zone on dynamic time scales.

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#### Discussion

CHAN: What happens when  $t < 0$ ? Your calculation shows that all these dynamical processes start and grow real quick after  $t = 0$ . How to ensure that things are so quiescent as assumed in your initial setup?

MOCAP: Although my simulations show differences in compare to the predictions made by the classical 1D stellar evolution calculations, the differences are not so big. However, what really looks to be treated in wrong way is that turbulent entrainment or “overshooting” at the boundaries of the convection zone. One possibility of how to solve it could be to treat the regions between convectively stable and unstable layers in the classical 1D simulations as a dynamic convective boundary is suggested by Meakin & Arnett, 2007, 667, 448.