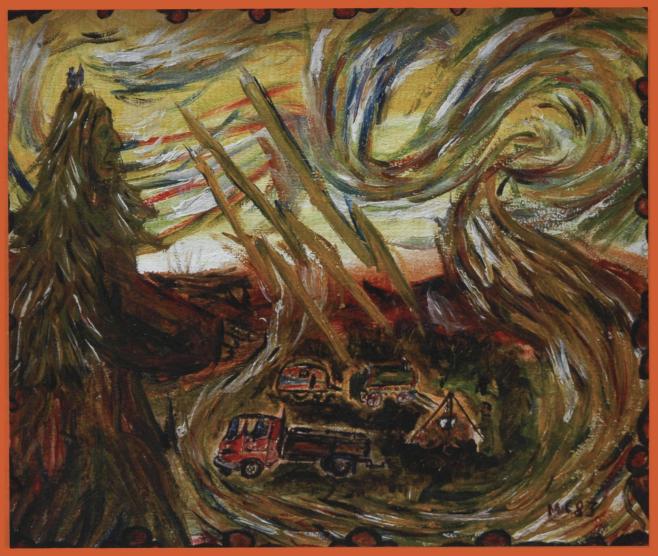
IRISH JOURNAL OF PSYCHOLOGICAL WOL 24 NO 1 MAR 2007 MEDICINE ISSN 0790-9667



'Equality' by MC. Oil (10" x 12")



THIS IS MY SON BRIAN

I know every inch of his face. I wish he could see himself the way that I do. But now, for the first time, I feel there's hope...



Seroquel has proven efficacy in the treatment of a broad range of symptoms in schizophrenia including agitation and hostility^{1,2,3}, and has been proven to reduce mania symptoms in bipolar disorder as early as day 44.

Seroquel® Abridged prescribing information
[For full details see summary of product characteristics] Presentations: Film coated tablets containing 25mg, 100mg, 200mg and 300mg of quetiapine [as quetiapine fumarate]. Uses: Treatment of schizophrenia and moderate to severe manic episode. Dosage and Administration: Schizophrenia: Adults: Initial titration from 50mg to 300mg over first 4 days. From day 4 onwards the dose should be titrated to the usual effective dose of 300-450 mg/day. Dose range 150 to 750 mg/day. Bipolar disorder: Adults: Initial titration from 100mg to 400mg over first 4 days. Dose range: 200-800 mg/day. Bipolar disorder: Adults: Initial titration from 100mg to 400mg over first 4 days. Dose range: 200-800 mg/day. Elderly: Rate of dose titration may need to be slower and daily therapeutic dose lower than in younger patients. Children & Adolescents: Not evaluated. Renal Impairment: No dose adjustment required. Hepatic Impairment: Use with caution. Patients should be started on 25 mg/day and increased by 25 – 50 mg/day until an effective dosage is achieved. Contra-indications: Hypersensitivity to quetiapine fumarate or excipients. Concomitant administration of cytochrome P450 3A4 inhibitors, such as HIV-protease inhibitors, azole-antifungal agents, erythromycin, clarithromycin and nefazodone. fumarate or excipients. Concomitant administration of cytochrome PA50 3AA inhibitors, such as HIVprotease inhibitors, azole-antifungal agents, erythromycin, clarithromycin and nefazodone.
Precautions and warnings: Known cardiovascular disease, cerebrovascular disease, or other
conditions predisposing to hypotension. Possible initial orthostatic hypotension during the dose
titration period. Caution is recommended in patients with a history of seizures. If signs and symptoms
of tardive dyskinesia appear dose reduction or discontinuation should be considered. In the event of
neuroleptic malignant syndrome discontinue treatment. Hyperglycaemia or exacerbation of preexisting diabetes has been reported in very rare cases. OT prolongation was observed with overdose.
As with other antipsychotics, caution should be exercised when quetiapine is prescribed with
medicines known to increase OTc interval, especially in the elderly, in patients with congenital long of
syndrome, congestive heart failure, heart hypertroph, hypokalaemia or hypomagnesamia. Acute
withdrawal symptoms such as neuseal ublishing son lines by 6 and ridge disversity after strupt
cessation of antipsychotic drugs including Seroquel. Gradual withdrawal is advisable. Not approved

for the treatment of patients with dementia – related psychosis. Undesirable effects: Mild asthenia, dizziness, somnolence, peripheral oedema, syncope, dry mouth, rhinitis, dyspepsia, constipation, orthostatic hypotension, leucopoenia and tachycardia. Weight gain, elevations in serum transaminases (ALT, AST). Elevations in gamma-GT levels, non-fasting serum triglyceride levels and total cholesterol. Seroquel was associated with dose related decreases in thyroid hormone levels particularly total T4 and free T4. Interactions: Use with caution with other centrally acting drugs and alcohol. CVP34 inhibitors such as ketoconazole are contraindicated. Grapefruit juice, phenyloin, carbamazepine, thioridazine. Pregnancy & lactation: Safety and efficacy not established. Effects on ability to drive: Patients should be advised not to drive or operate machinery until individual susceptibility is known. Pharmaceutical precautions: Do not store above 30°C. Legal category: POM. Product Authorisation Numbers. Seroquel 25 PA970/18/1; Seroquel 100 PA970/18/2; Seroquel 200 PA970/18/3; Seroquel 300 PA970/18/7) Product authorisation holder: AstraZeneca Ltd., Horizon Place, 600 Capability Gereal, Luton, Bedfordshire, LUT 3LU. Further information on request from: AstraZeneca Pharmaceutical (Ireland) Limited, College Park House, 20 Nassau Street, Dublin 2. Tel. 01 609 7100; Fax. 01 679 6650. Abridged Prescribing Information prepared: August 2006. Item approval date 01/07

Tenglosou, see Soull the only one, here, yes, here

(Footnotes)
1. Tandon R & Jibson MD. Psychoneuroendocrinology, 2003; 28:9-26
2. Small JG et al. Arch of Gen Psych. 1997; 54: 549-557
3. Arvanitis LA et al. Biol Psych. 1997; 42:233-246
4. Vieta E et al. Current Medical Research and Opinion. 2005; 21:P1-P12

AstraZeneca NEUROSCIENCE

Editor-in-Chief: Brian A Lawlor

Trainee Editor: Brendan Kelly

Production Editor: Anne Henrichsen

Advertising Manager:

Deirdre Gleeson

Administrator: Andrea McAdam

Founding Editor: Mark Hartman

Associate Editor: Ted Dinan (Cork)

Editorial Board: Patricia Casey (Dublin), Anthony Clare (Dublin), Stephen Cooper (Belfast), Michael Fitzgerald (Dublin), Brian Leonard (Galway), Roy McClelland (Belfast), Eadbhard O'Callaghan (Dublin), Brian O'Shea (Wicklow), Ian Pullen (Edinburgh), Philip Snaith (Leeds), John Waddington (Dublin), Richard Williams (Victoria)

Statistical Editor:

Ronan Conroy (Dublin)

Submissions & correspondence to:

The Editor,

Irish Journal of Psychological Medicine, 25 Adelaide Street, Dun Laoghaire, Co Dublin, Ireland.

Telephone: 00-353-1-2803967 **Fax**: 00-353-1-2807076

Email: psychological@medmedia.ie

Website: www.ijpm.org

Publisher

MedMedia Ltd. 25 Adelaide Street, Dun Laoghaire,

Co Dublin, Ireland.

medmedia publications

www.medmedia.ie

Printing: W&G Baird Ltd

Subscriptions

Rates per volume of four issues (Mar, Jun, Sept, Dec) Price Regions:

EU countries: €125 Rest of World: €142

Incl. airmail postage internationally.

Subscription enquiries, orders and cheques made payable to:

Extenza-Turpin

Stratton Business Park, Pegasus Drive, Biggleswade, Bedfordshire,

SG18 8QB, England.

Customer Service: Tel:+44 (0)1767 604951. Main Switchboard:

Tel: +44 (0)1767 604800 Fax: +44 (0)1767 601640

Email: custserv@extenza-turpin.com

www.extenza-turpin.com

Circulation

2,200 to 54 countries. The Journal participates in the World Health Organisation project to improve distribution of scientific materials on mental health. Publication does not imply endorsement. Limited photocopying authorisation granted for a fee to Copyright Clearance Center, 27 Congress Street, Salem, MA 01970, USA, or to appropriate Reproduction Rights Organisation; isolated non-profit, academic photocopying excepted.

IRISH JOURNAL OF PSYCHOLOGICAL MEDICINE

VOL 24 NO 1 MARCH 2007 ISSN 0790-966

Editorial

3 Social justice, human rights and mental illness
Brendan Kelly

Original Papers

Group cognitive behavioural therapy for children with anxiety disorder
 an evaluation of the 'Friends for Youth' programme

Finian O'Brien, Nollaig Olden, Maria Migone, Barbara Dooley, Louise Atkins, Anthony Bates

- 13 The validity of a latent class typology of adolescent drinking patterns
 Andrew Percy, Dorota Iwaniec
- 19 Alcohol dependence and mood state in a population receiving methadone maintenance treatment

Clare Fitzpatrick, Edward McManus

Brief Reports

23 Effectiveness of daily outpatient alcohol detoxification by an Irish public psychiatric hospital – A pilot study

Vincent Agyapong, Jackie Benbow, Roy Browne

27 Does psychoeducation influence carers' attitudes to treatment of schizophrenia?

Stephen McWilliams, Shane Hill, Nora Mannion, Anthony Kinsella, Eadbhard O'Callaghan

Perspective

31 International human rights law and mental illness
John Tobin

Case Report

40 Borderline personality disorder and clozapine

Emer Rutledge, Mary O'Regan, Damian Mohan

- 12 Guidelines for Authors
- 15a John Dunne Medal
- 26 Subscriptions
- 42 Letters to the Editor

Indexed and abstracted by BIOLOGICAL ABSTRACTS (BIOSIS Previews); CENTRE NATIONAL DE LA RECHERCHE SCIENTIFIQUE/INIST: PASCAL; EXCERPTA MEDICA/EMBASE; INSTITUTE FOR SCIENTIFIC INFORMATION: CURRENT CONTENTS/ Social & Behavioural Sciences (Social Science CITATION INDEX, Research Alert); PSYCHOLOGICAL ABSTRACTS (PsycINFO/PsycIIT); Cumulative Index to Nursing & Allied Health Literature, Current AIDS Literature (CAB Abstracts), International Pharmaceutical Abstracts, Linguistics & Language Behaviour Abstracts, Nutrition Abstracts and Reviews, (CAB Abstracts), Referativnyi Zhurnal, Social Planning/Policy & Development Abstracts, Social Work Research & Abstracts, Sociological Abstracts.

Microfilm, microfiche & article copies from University Microfilms International, 300 North Zeeb Rd., Ann Arbor, MI 48106, USA. Journal included in the Adon's service, whereby article copies can be printed out from compact disks (CD-ROM) on demand; explanatory leaflet available from ADONIS BV, PO Box 639, 1000 AV Amsterdam, The Netherlands. Journal listed in Ulrich's International Periodicals Directory (Bowker International Serials Database), EBSCO's Selected Periodicals for the Medical and Health Sciences, & EBSCO's Librarians' Handbook.



Long-term efficacy proven over 5 years³

Bring **Stability** to her life - EXELON endures



(rivastigmine)

Stability in a time of change

2/1/98/60/1-18. Rull prescribing information is available on request from: Novarits Ireland Ltd...Beach House. Beach Hill Office Campus, Clonsleagh, Dublin 4. Telephone: 01: 20: 12: 55. Dafe of last revision: March 2004.

1. Farlow MR, et al. Response of patients with Altherier Disease to rivaritignine the relational is predicted by the rate of disease projections. Arch Neural 2001. 26: 147-422. 3 (according to the control of the company of the control of the control

U NOVARTIS