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## THE PREVALENCE OF STRESS FACTORS AMONG MEDICINE STUDENTS IN IRAN

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Stress is the body's reaction to any kind of changes that requires a physical, mental or emotional adjustment. The objective of this study is to visualize and analyze the most common stress factors among medicine students in Iran.

A cross-sectional study was conducted among 3,337 medicine students in Iran. A questionnaire was used to gather the data.

Findings indicated that there was a significant relationship among instructor/student interaction ( $p=0.05$ ), intern/externship ( $p=0.000$ ), self-efficacy factor ( $p=0.05$ ) and classmate pressure ( $p=0.007$ ) with respect to the year of admittance. The study further revealed that there was no significant correlation between academic theories, staff/ management and admittance year factor. The most common stress factors among extern/intern group were the lack of educational disciplines in hospitals and related wards.