

CALL FOR PAPERS

CNS Spectrums is accepting submissions of **case reports, review articles, and original research** on a variety of neuroscientific and clinical neuropsychiatric topics.

Examples of topics include:

- **Clinical interface of psychiatry and neurology**
- **Neurology and neuropsychiatry in a clinical setting addressing spectrum disorders**
- **Applications of psychopharmacology and pharmacokinetics across the neuropsychiatric spectrum**

Especially encouraged are papers covering comorbidities in neurologic disorders (eg, epilepsy with schizophrenia). Other crossover manuscripts geared to deepening the clinician's understanding of neuropsychiatric disorders and treatments will be given highest priority. (Please see the Author Guidelines at www.cnsspectrums.com/asp/authorguidelines.aspx).

MBL Communications, Inc., is proud of the 2005 ISI Journal Citation Reports' impact factor for *CNS Spectrums*. The current impact factor is 2.037 for *CNS Spectrums* and is based on a total of 580 citations.

CNS Spectrums has the largest circulation in the nation among peer-reviewed, *Index Medicus*-approved neuropsychiatric publications with a monthly readership of 50,000 neurologists and psychiatrists worldwide.

Submissions should be sent to Eric Hollander, MD, Editor (In Europe, to Joseph Zohar, MD, International Editor), c/o Virginia Jackson, Acquisitions Editor, *CNS Spectrums*, c/o MBL Communications, 333 Hudson Street, 7th Floor, New York, NY 10013, E-mail: vj@mblcommunications.com or submitted electronically at www.cnsspectrums.com.

PRIMARY PSYCHIATRY
The Leading Voice of Clinical Psychiatric Medicine

CNS SPECTRUMS
The International Journal of Neuropsychiatric Medicine

Psychiatry Weekly
The Leading News Service From Primary Psychiatry* and Physician's Weekly*

A Global Commitment to Advancing CNS Science, Clinical Practice, and Evidence-Based Medicine

Scope of Manuscripts

CNS Spectrums will consider and encourages the following types of articles for publication:

1. **Original Research** presents methodologically sound original data.
2. **Reviews** are **comprehensive** articles summarizing and synthesizing the literature on various neuropsychiatric topics and presented in a scholarly and clinically relevant fashion. Diagnostic and treatment algorithms should be designed to aid the clinician in diagnosis and treatment.
3. **Case Reports**, single or multiple, are encouraged for publication.
4. **Letters to the Editor** will be considered and are encouraged for publication. All letters will be edited for style, clarity, and length.

Manuscript Submission

General Information Two copies of the manuscript with a letter on the author's letterhead should be submitted to **Eric Hollander, MD, Editor (or, in Europe, to Joseph Zohar, MD, International Editor), c/o MBL Communications, 333 Hudson Street, 7th Floor, New York, NY 10013**. Authors are also required to submit their manuscripts on computer disk in Microsoft Word format. Disks should be labeled with the word processing program, title of paper, and lead author's name. Accepted manuscripts will be edited for clarity and style.

eSubmissions Now Available Please go to <http://cns-spectrums.com/asp/authorguidelines.aspx>. E-mail your your manuscript to Virginia Jackson, Acquisitions Editor, *CNS Spectrums*, at vj@mbcommunications.com.

Letters of Permission to Reproduce Previously Published Material All material reproduced from previously published copyrighted material must be accompanied by a letter of permission from the copyright holder. All such material should include a full credit line (eg, in the figure or table legend) acknowledging the original source. Any citation of unpublished material or personal communication should also be accompanied by a letter of permission for anyone who is not an author of the paper.

Peer Review Authors must provide five to 10 names of qualified potential reviewers with no conflict of interest in reviewing the work. Contact information with affiliations and e-mail address should be included. Peer review is anonymous.

Manuscript Preparation

Length Reviews and Original Research should not exceed 5,000 words (excluding References). Diagnostic and treatment algorithms should contain an introduction, flowcharts or a series of graphs, and a concise summary. At least 2 tables or figures are required. Letters should not exceed 1,500 words. Single-Case Reports should not exceed 3,750 words and may be submitted with a photograph, if applicable.

Please note: If your article is Original Research, it should be formatted as: Abstract; Introduction, Methods; Results; Discussion; Conclusion; References (numbered and comprehensive list).

Spacing and Pagination Manuscripts should be double-spaced and numbered.

Abstract Authors must provide a brief abstract of 100–200 words.

Focus Points Please provide 3–6 focus points that begin with an action verb and specify what the reader should know after reading the article.

Learning Objectives Authors are required provide 3–6 learning objectives, which begin with an action verb and specify what the reader should know after reading the article. See the following examples:

Upon the completion of this lecture the participants will be able to:

- List four causes of aplastic anemia
- Give an example of the effect of a strong alkali reacting with human tissue
- Calculate the amount of AIV fluid necessary to replenish a dehydrated patient

Needs Assessment Please provide a brief summary (35–50 words) outlining the educational needs and reasons for reading the article. It should address a deficit or gap in knowledge, skills, attitudes, and/or behavior among the expected readers about the main topic of the article. It should justify the reasons for focusing on the given topic and offering it as a CME activity. Reasons would include recurrent discussions with colleagues about the topic, new therapy or treatment techniques, new data published, "hot topic" in the field, clinical trials in progress, etc.

Figures/Tables Please provide at least 2 original figures and/or tables.

References Please use American Medical Association style. References should be superscripted in text, then numbered, and comprehensive in list. For example:

1. Jones J. Necrotizing Candida esophagitis. *JAMA*. 1980;244:2190-2191.
2. Stryer L. *Biochemistry*. 2nd ed. San Francisco, Calif: WH Freeman Co; 1980:559-596.
3. Alzheimer's Disease Cooperative Study. Valproate protocol. Available at: http://adcs.ucsd.edu/VP_Protocol.htm. Accessed October 15, 2003.

Continuing Medical Education Authors must submit 6 multiple-choice questions with answers.

Copyright Materials are accepted for exclusive publication in *CNS Spectrums* and become the property of *CNS Spectrums*. Permission to reproduce material must be obtained from the publisher.

Disclosure of Commercial and Non-Commercial Interests

Authors must include a statement about all forms of support, including grant and pharmaceutical support, affiliations, and honoraria received for past and present material. Such information may, at the editor's discretion, be shared with reviewers. If the article is accepted for publication, the editors will consult with the authors as to whether this information should be included in the published paper.

Submission Checklist

- Original manuscript plus one copy, with cover letter on author's letterhead
- Copies of permission letters to reproduce previously published and unpublished material
- A brief abstract of the article
- Six multiple-choice CME questions with answers
- 3–6 focus points that dictate the main focus of the manuscript in bulleted format
- 3–6 learning objectives, which begin with an action verb and specify what the reader should know after reading the article
- Disk labeled with the word-processing program, title of paper, and lead author's name
- Names and affiliations of 3–5 potential peer reviewers

Editorial Questionnaire

Your comments are important to us. This form provides you with the opportunity to express your opinions. Our goal is to make *CNS Spectrums* your source for practical and clinical neuropsychiatric information. By filling out this Questionnaire, you enable us to incorporate your views about our editorial content in future issues. Please fill out this form in its entirety. Thank you.

Name (please print)

Address

City

State

Zip Code

E-mail

Specialty

Date

Fax: 212-328-0600. Mail: CNS SPECTRUMS, 333 Hudson Street, 7th Floor, New York, NY 10013

1. On a scale of 1 to 5 (1=Poor, 5=Excellent), please indicate your level of interest and/or satisfaction with the editorial content in this issue.

ORIGINAL RESEARCH

1 2 3 4 5

REVIEW ARTICLES

1 2 3 4 5

CASE REPORT

1 2 3 4 5

DEPARTMENTS

Trends in Psychopharmacology

1 2 3 4 5

Communique

1 2 3 4 5

Clinical Updates in Neuropsychiatry

1 2 3 4 5

CME

1 2 3 4 5

2. Which areas of neuropsychiatry would you like us to cover in the future?

3. Please describe your reading pattern for this issue:

- Read cover to cover
 Skimmed table of contents
 Read select items of interest
 Skimmed text
 Did not read

4. On a scale of 1 to 5 (1=Incomplete, 5=Comprehensive), how would you describe the depth of coverage for this issue?

1 2 3 4 5

5. Any other comments about *CNS Spectrums'* editorial content, design, or overall usefulness?

6. Please indicate your title:

- Neurologist Psychiatrist

Please select any of the following complimentary educational materials you would like to receive:

CME-ACCREDITED CD-ROMs

- Incorporating Pharmacogenetics into Clinical Practice: Reality of a New Tool in Psychiatry
 Recognition and Treatment of Depression With or Without Comorbid Anxiety Disorders
 Management of Painful Physical Symptoms Associated with Depression and Mood Disorders
 Differential Diagnosis of ADHD and Comorbid Conditions
 Amyloid-Based Interventions in Alzheimer's Disease
 Recent Advances in the Treatment and Management of Excessive Daytime Sleepiness

CME-ACCREDITED HYPERCDs®

- Cholinesterase Inhibitors Across Stages of Dementia and Cognitive Impairments in the Elderly
 Anxiety Disorders and Medical Illness: Risk Factors, Effectiveness Trials, and Quality of Care

NON-CME-ACCREDITED CD-ROMs AND HYPERCDs®

- Metabolism and the Mind: Individualize Drug Dosing Based on Metabolic Profiling with the AmpliChip® CYP450 Test
 Innovative Drug Delivery Systems in the Management of Anxiety
CLINICAL POCKET REFERENCE GUIDES
 The Black Book of Neuropathic Pain
 The Black Book of Psychotropic Dosing and Monitoring—10th Edition
 The Black Book of Insomnia
 The Black Book of Alzheimer's Disease—First Edition
 The 2007 Guide to Psychotropic Drug Interactions
 The Black Book of Attention-Deficit/Hyperactive Disorder

BRIEF SUMMARY. See package insert for full prescribing information.

Increased Mortality in Elderly Patients with Dementia-Related Psychosis: Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo-controlled trials (total duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 1.6%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature. **GEDDON (ziprasidone) is not approved for the treatment of patients with Dementia-Related Psychosis.**

INDICATIONS—GEDDON Capsules is indicated for the treatment of schizophrenia and acute manic or mixed episodes associated with bipolar disorder with or without psychotic features. GEDDON (ziprasidone mesylate) for injection is indicated for acute agitation in schizophrenic patients.

CONTRAINDICATIONS—QT Prolongation: Because of GEDDON's dose-related prolongation of the QT interval and the known association of fatal arrhythmias with QT prolongation by some other drugs, GEDDON is contraindicated in patients with a known history of QT prolongation (including congenital long QT syndrome), with recent acute myocardial infarction, or with uncompensated heart failure (see **WARNINGS**). Pharmacokinetic/pharmacodynamic studies between GEDDON and other drugs that prolong the QT interval have not been performed. An additive effect of GEDDON and other drugs that prolong the QT interval cannot be excluded. Therefore, GEDDON should not be given with dofetilide, sotalol, quinidine, other Class Ia and III anti-arrhythmics, mesoridazine, thioridazine, chlorpromazine, droperidol, pimozide, sparfloxacin, gatifloxacin, moxifloxacin, halofantrine, mefloquine, pentamidine, arsenic trioxide, levomethadyl acetate, dolasetron mesylate, procabrol, or tacrolimus. GEDDON is also contraindicated with drugs that have demonstrated QT prolongation as one of their pharmacodynamic effects and have this effect described in the full prescribing information as a contraindication or a boxed or bolded warning (see **WARNINGS**). GEDDON is contraindicated in individuals with a known hypersensitivity to the product. **WARNINGS—Increased Mortality in Elderly Patients with Dementia-Related Psychosis:** Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. GEDDON (ziprasidone) is not approved for the treatment of patients with dementia-related psychosis (see **Boxed Warning**). **QT Prolongation and Risk of Sudden Death:** GEDDON use should be avoided in combination with other drugs that are known to prolong the QT interval. Additionally, clinicians should be alert to the identification of other drugs that have been consistently observed to prolong the QT interval. Such drugs should not be prescribed with GEDDON. A study directly comparing the QT/QTc-prolonging effect of GEDDON with several other drugs effective in the treatment of schizophrenia was conducted in patient volunteers. The mean increase in QTc from baseline for GEDDON ranged from approximately 9 to 14 msec greater than for four of the comparator drugs (risperidone, haloperidol, quetiapine, and haloperidol), but was approximately 14 msec less than the prolongation observed for thioridazine. In this study, the effect of GEDDON on QTc length was not augmented by the presence of a metabolic inhibitor (ketoconazole 200 mg bid). In placebo-controlled trials, GEDDON increased the QTc interval compared to placebo by approximately 10 msec at the highest recommended daily dose of 160 mg. In clinical trials the electrocardiograms of 2/2988 (0.07%) GEDDON patients and 1/440 (0.23%) placebo patients revealed QTc intervals exceeding the potentially clinically relevant threshold of 500 msec. In the GEDDON patients, neither case suggested a role of GEDDON. Some drugs that prolong the QT/QTc interval have been associated with the occurrence of torsade de pointes and with sudden unexplained death. The relationship of QT prolongation to torsade de pointes is clearest for larger increases (20 msec and greater) but it is possible that smaller QT/QTc prolongations may also increase risk, or increase it in susceptible individuals, such as those with hypokalemia, hypomagnesemia, or genetic predisposition. Although torsade de pointes has not been observed in association with the use of GEDDON at recommended doses in premarketing studies, experience is too limited to rule out an increased risk. A study evaluating the QT/QTc prolonging effect of intramuscular GEDDON, with intramuscular haloperidol as a control, was conducted in patient volunteers. In the trial, ECGs were obtained at the time of maximum plasma concentration following two injections of GEDDON (20 mg then 30 mg) or haloperidol (7.5 mg then 10 mg) given four hours apart. Note that a 30 mg dose of intramuscular GEDDON is 50% higher than the recommended therapeutic dose. The mean change in QTc from baseline was calculated for each drug using a sample-based correction that removes the effect of heart rate on the QT interval. The mean increase in QTc from baseline for GEDDON was 4.6 msec following the first injection and 12.8 msec following the second injection. The mean increase in QTc from baseline for haloperidol was 6.0 msec following the first injection and 14.7 msec following the second injection. In this study, no patient had a QTc interval exceeding 500 msec. As with other antipsychotic drugs and placebo, sudden unexplained deaths have been reported in patients taking GEDDON at recommended doses. The premarketing experience for GEDDON did not reveal an excess of mortality for GEDDON compared to other antipsychotic drugs or placebo, but the extent of exposure was limited, especially for the drugs used as active controls and placebo. Nevertheless, GEDDON's larger prolongation of QTc length compared to several other antipsychotic drugs raises the possibility that the risk of sudden death may be greater for GEDDON than for other available drugs for treating schizophrenia. This possibility needs to be considered in deciding among alternative drug products. Certain circumstances may increase the risk of the occurrence of torsade de pointes and/or sudden death in association with the use of drugs that prolong the QTc interval, including (1) bradycardia; (2) hypokalemia or hypomagnesemia; (3) concomitant use of other drugs that prolong the QTc interval; and (4) presence of congenital prolongation of the QT interval. GEDDON should also be avoided in patients with congenital long QT syndrome and in patients with a history of cardiac arrhythmias (see **CONTRAINDICATIONS**, and see **Drug Interactions under PRECAUTIONS**). It is recommended that patients being considered for GEDDON treatment who are at risk for significant electrolyte disturbances, hypokalemia in particular, have baseline serum potassium and magnesium measurements. Hypokalemia (and/or hypomagnesemia) may increase the risk of QT prolongation and arrhythmia. Hypokalemia may result from diuretic therapy, diarrhea, and other causes. Patients with low serum potassium and/or magnesium should be repleted with those electrolytes before proceeding with treatment. It is essential to periodically monitor serum electrolytes in patients for whom diuretic therapy is introduced during GEDDON treatment. Persistently prolonged QTc intervals may also increase the risk of further prolongation and arrhythmia, but it is not clear that routine screening ECG measures are effective in detecting such patients. Rather, GEDDON should be avoided in patients with histories of significant cardiovascular illness, eg, QT prolongation, recent acute myocardial infarction, uncompensated heart failure, or cardiac arrhythmia. GEDDON should be discontinued in patients who are found to have persistent QTc measurements >500 msec. **Neuroleptic Malignant Syndrome (NMS):** A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with administration of antipsychotic drugs. The management of NMS should include: (1) immediate discontinuation of antipsychotic drugs and other drugs not essential to concurrent therapy; (2) intensive symptomatic treatment and medical monitoring; and (3) treatment of any concomitant serious medical problems for which specific treatments are available. If a patient requires antipsychotic drug treatment after recovery from NMS, the potential reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored, since recurrences of NMS have been reported. **Tardive Dyskinesia (TD):** A syndrome of potentially irreversible, involuntary, dyskinetic movements may develop in patients undergoing treatment with antipsychotic drugs. Although the prevalence of TD appears to be highest among the elderly, especially elderly women, it is impossible to rely upon prevalence estimates to predict, at the inception of antipsychotic treatment, which patients are likely to develop TD. If signs and symptoms of TD appear in a patient on GEDDON, drug discontinuation should be considered. **Hyperglycemia and Diabetes Mellitus:** Hyperglycemia-related adverse events, sometimes serious, have been reported in patients treated with atypical antipsychotics. There have been few reports of hyperglycemia or diabetes in patients treated with GEDDON, and it is not known if GEDDON is associated with these events. Patients treated with an atypical antipsychotic should be monitored for symptoms of hyperglycemia. **PRECAUTIONS—General:** Baseline: In premarketing trials, about 5% of GEDDON patients developed rash and/or urticaria, with discontinuation of treatment in about one-sixth of these cases. The occurrence of rash was dose related, although the finding might also be explained by longer exposure in higher-dose patients. Several patients with rash had signs and symptoms of associated systemic illness, e.g., elevated WBCs. Most patients improved promptly upon treatment with antihistamines or steroids and/or upon discontinuation of GEDDON, and all patients were reported to recover completely. Upon appearance of rash for which an alternative etiology cannot be identified, GEDDON should be discontinued. **Orthostatic Hypotension:** GEDDON may induce orthostatic hypotension associated with dizziness, tachycardia, and, in some patients, syncope, especially during the initial dose-titration period, probably reflecting its α_1 -adrenergic antagonist properties. Syncope was reported in 0.8% of GEDDON patients. GEDDON should be used with particular caution in patients with known cardiovascular disease or history of myocardial infarction or ischemic heart disease, heart failure or conduction abnormalities, cerebrovascular disease or conditions that would predispose patients to hypotension (dehydration, hypovolemia, and treatment with antihypertensive medications). **Seizures:** In clinical trials, seizures occurred in 0.4% of GEDDON patients. There were confounding factors that may have contributed to seizures in many of these cases. As with other antipsychotic drugs, GEDDON should be used cautiously in patients with a history of seizures or with conditions that potentially lower the seizure threshold, e.g., Alzheimer's dementia. Conditions that lower the seizure threshold may be more prevalent in a population of 65 years or older. **Dysphagia:** Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in elderly patients, in particular those with advanced Alzheimer's dementia, and GEDDON and other antipsychotic drugs should be used cautiously in patients at risk for aspiration pneumonia. (See also **Boxed Warning**). **WARNINGS—Increased Mortality in Elderly Patients with Dementia-Related Psychosis:** Hyperprolactinemia: As with other drugs that antagonize dopamine D2 receptors, GEDDON elevates prolactin levels in humans. Tissue culture experiments indicate that approximately one third of human breast cancers are prolactin dependent in vitro, a factor of potential importance if the prescription of these drugs is contemplated in a patient with previously detected breast cancer. Neither clinical studies nor epidemiologic studies conducted to date have shown an association between chronic administration of this class of drugs and tumorigenesis in humans; the available evidence is considered too limited to be conclusive at this time. **Potential for Cognitive and Motor Impairment:** Somnolence was a commonly reported adverse event in GEDDON patients. In the 4- and 6-week placebo-controlled trials, somnolence was reported in 14% of GEDDON patients versus 7% of placebo patients. Somnolence led to discontinuation in 0.3% of patients in short-term clinical trials. Since GEDDON has the potential to impair judgment, thinking, or motor skills, patients should be cautioned about performing activities requiring mental alertness, such as operating a motor vehicle (including automobiles) or operating hazardous machinery until they are reasonably certain that GEDDON therapy does not affect them adversely. **Pruritus:** One case of pruritus was reported in the premarketing database. **Body Temperature Regulation:** Although not reported with GEDDON in premarketing trials, disruption of the body's ability to reduce core body temperature has been attributed to antipsychotic agents. Suicide: The possibility of a suicide attempt is inherent in psychotic illness and close supervision of high-risk patients should accompany drug therapy. GEDDON prescriptions should be written for the smallest quantity of capsules consistent with good patient management to reduce overdose risk. **Use in Patients with Concomitant Illness:** Clinical experience with GEDDON in patients with certain concomitant systemic illnesses is limited. GEDDON has not been evaluated or used to any appreciable extent in patients with a recent history of myocardial infarction or unstable heart disease. Patients with these diagnoses were excluded from premarketing clinical studies. Because of the risk of QTc prolongation and orthostatic hypotension with GEDDON, caution should be observed in combination patients (see **QT Prolongation and Risk of Sudden Death** **WARNINGS** and **Orthostatic Hypotension** **PRECAUTIONS**). **Information for Patients:** To ensure safe and effective use of GEDDON, the

information and instructions in the **Patient Information Sections** should be discussed with patients. **Laboratory Tests:** Patients being considered for GEDDON treatment who are at risk of significant electrolyte disturbances should have baseline serum potassium and magnesium measurements. Low serum potassium and magnesium should be repleted before treatment. Patients who are started on diuretics during GEDDON therapy need periodic monitoring of serum potassium and magnesium. Discontinue GEDDON in patients who are found to have persistent QTc measurements >500 msec. (see **WARNINGS**). **Drug Interactions:** (1) GEDDON should not be used with any drug that prolongs the QT interval. (2) Given the primary CNS effects of GEDDON, caution should be used when it is taken in combination with other centrally acting drugs. (3) Because of its potential for inducing hypotension, GEDDON may enhance the effects of certain antihypertensive agents. (4) GEDDON may antagonize the effects of levodopa and dopamine agonists. **Effect of Other Drugs on GEDDON:** **Carbamazepine:** 200 mg qd for 21 days, resulted in a decrease of approximately 35% in the AUC of GEDDON. **Ketocazole:** a potent inhibitor of CYP3A4, 400 mg qd for 5 days, increased the AUC and C_{max} of GEDDON by about 35%-40%. **Cimetidine:** 800 mg qd for 2 days, did not affect GEDDON pharmacokinetics. Coadministration of 30 mL of Maalox did not affect GEDDON pharmacokinetics. Population pharmacokinetic analysis of schizophrenic patients in controlled clinical trials has not revealed any clinically significant pharmacokinetic interactions with benzotriazole, propranolol, or lorazepam. **Effect of GEDDON on Other Drugs:** In vitro studies revealed little potential for GEDDON to interfere with the metabolism of drugs cleared primarily by CYP1A2, CYP2C9, CYP2C19, CYP2D6, and CYP3A4, and little potential for drug interactions with GEDDON due to displacement. GEDDON 40 mg bid administered concomitantly with **thium** 450 mg bid for 7 days did not affect the steady-state level or renal clearance of lithium. GEDDON 20 mg bid did not affect the pharmacokinetics of concomitantly administered oral **contraceptives**; ethinyl estradiol (0.03 mg) and levonorgestrel (0.15 mg). Consistent with in vitro results, a study in normal healthy volunteers showed that GEDDON did not alter the metabolism of **dextromethorphan**; a CYP2D6 model substrate, to its major metabolite, dextrorphan. There was no statistically significant change in the urinary dextromethorphan/dextrorphan ratio. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Lifetime carcinogenicity studies were conducted with GEDDON in Long Evans rats and CD-1 mice. In male mice, there was an increase in incidence of tumors relative to controls. In female mice, there were dose-related increases in the incidences of pituitary gland adenoma and carcinoma, and mammary gland adenocarcinoma at all doses tested. Increases in serum prolactin were observed in a 1-month dietary study in female, but not male, mice. GEDDON had no effect on serum prolactin in rats in a 5-week dietary study at the doses that were used in the carcinogenicity study. The relevance for human risk of the findings of prolactin-mediated endocrine tumors in rodents is unknown (see **Hyperprolactinemia**). **Mutagenesis:** There was a reproducible mutagenic response in the Ames assay in one strain of *S. typhimurium* in the absence of metabolic activation. Positive results were obtained in both the in vivo mammalian cell gene mutation assay and in the in vitro chromosomal aberration assay in human lymphocytes. **Impairment of Fertility:** GEDDON increased time to copulation in Sprague-Dawley rats in two fertility and early embryonic development studies at doses of 10 to 160 mg/kg/day (0.5 to 8 times the MRHD of 200 mg/day on a mg/m² basis). Fertility rate was reduced at 160 mg/kg/day (8 times the MRHD on a mg/m² basis). There was no effect on fertility at 40 mg/kg/day (2 times the MRHD on a mg/m² basis). The fertility of female rats was reduced. **Pregnancy—Pregnancy Category C:** There are no adequate and well-controlled studies in pregnant women. GEDDON should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Labor and Delivery:** The effect of GEDDON on labor and delivery in humans is unknown. **Nursing Mothers:** It is not known whether, and if so in what amount, GEDDON or its metabolites are excreted in human milk. It is recommended that women receiving GEDDON should not breast feed. **Pediatric Use:** The safety and effectiveness of GEDDON in pediatric patients have not been established. **Geriatric Use:** Of the approximately 4500 patients treated with GEDDON in clinical studies, 2.4% (109) were 65 years of age or over. In general, there was no indication of any different tolerability for GEDDON or of reduced clearance of GEDDON in the elderly compared to younger adults. Nevertheless, the presence of multiple factors that might increase the pharmacodynamic response to GEDDON, or cause poorer tolerance or orthostasis, should lead to consideration of a lower starting dose, slower titration, and careful monitoring during the initial dosing period for some elderly patients. **ADVERSE REACTIONS—Adverse Findings Observed in Short-Term, Placebo-Controlled Trials:** The following findings are based on the short-term placebo-controlled premarketing trials for schizophrenia (a pool of two 6-week, and two 4-week fixed-dose trials) and bipolar mania (a pool of two 3-week flexible-dose trials) in which GEDDON was administered in doses ranging from 10 to 200 mg/day. **Adverse Events Associated with Discontinuation:** Schizophrenia: Approximately 4.1% (29/702) of GEDDON-treated patients in short-term, placebo-controlled studies discontinued treatment due to an adverse event, compared with about 2.2% (6/273) on placebo. The most common event associated with dropout was rash, including 7 dropouts for rash among GEDDON patients (1% compared to no placebo patients) (see **PRECAUTIONS**). Bipolar Mania: Approximately 6.5% (18/279) of GEDDON-treated patients in short-term, placebo-controlled studies discontinued treatment due to an adverse event, compared with about 3.7% (5/136) on placebo. The most common events associated with dropout in the GEDDON-treated patients were akathisia, anxiety, depression, dizziness, dystonia, rash and vomiting, with 2 dropouts for each of these events among GEDDON patients (1%) compared to one placebo patient each for dystonia and rash (1%) and no placebo patients for the remaining adverse events. **Adverse Events at an Incidence ≥5% and at Least Twice the Rate of Placebo:** The most commonly observed adverse events associated with GEDDON in schizophrenia trials were somnolence (14%) and respiratory tract infection (8%). The most commonly observed adverse events associated with the use of GEDDON in bipolar mania trials were somnolence (31%), extrapyramidal symptoms (31%), dizziness (16%), akathisia (10%), abnormal vision (6%), asthenia (6%), and vomiting (5%). The following list enumerates the treatment-emergent adverse events that occurred during acute therapy, including only those events that occurred in ≥2% of GEDDON patients and at a greater incidence than in placebo. **Schizophrenia: Body as a Whole—**asthenia, accidental injury, chest pain. **Cardiovascular—**tachycardia. **Digestive—**nausea, constipation, dyspepsia, diarrhea, dry mouth, anorexia. **Nervous—**extrapyramidal symptoms, somnolence, akathisia, dizziness. **Respiratory—**respiratory tract infection, rhinitis, cough increased. **Skin and Appendages—**rash, fungal dermatitis. **Special Senses—**abnormal vision. **Bipolar Mania: Body as a Whole—**headache, asthenia, accidental injury. **Cardiovascular—**hypertension. **Digestive—**nausea, diarrhea, dry mouth, vomiting, increased salivation, tongue edema, dysphagia. **Musculoskeletal—**myalgia. **Nervous—**somnolence, extrapyramidal symptoms, dizziness, akathisia, anxiety, hyposthesia, speech disorder. **Respiratory—**pharyngitis, dyspnea. **Skin and Appendages—**fungal dermatitis. **Special Senses—**abnormal vision. **Dose Dependency:** An analysis for dose response in the schizophrenia trials revealed an apparent relation of adverse event to dose for the following: asthenia, postural hypotension, anorexia, dry mouth, increased salivation, arthralgia, anxiety, dizziness, dystonia, hypotension, somnolence, tremor, rhinitis, rash, and abnormal vision. **Extrapyramidal Symptoms (EPS):** The incidence of reported EPS for GEDDON patients in the short-term, placebo-controlled schizophrenia trials was 14% vs 8% for placebo. Objectively collected data from those trials on the Simpson-Angus Rating Scale and the Barnes Akathisia Scale did not generally show a difference between GEDDON and placebo. **Vital Sign Changes:** GEDDON is associated with orthostatic hypotension (see **PRECAUTIONS**). **Weight Gain:** In short-term schizophrenia trials, the proportions of patients meeting a weight gain criterion of ≥2% of body weight were compared, revealing a statistically significantly greater incidence of weight gain for GEDDON patients (10%) vs placebo patients (4%). A median weight gain of 0.5 kg was observed in GEDDON patients vs 0.0 kg in placebo patients. Weight gain was reported as an adverse event in 0.4% of both GEDDON and placebo patients. During long-term therapy with GEDDON, a categorization of patients at baseline on the basis of body mass index (BMI) showed the greatest mean weight gain and the highest incidence of clinically significant weight gain (>7% of body weight) in patients with a low BMI (<23) compared to normal (23-27) or overweight (>27) patients. There was a mean weight gain of 1.4 kg for patients with a "low" baseline BMI, 0.0 kg for patients with a "normal" BMI, and a 1.3 kg mean weight loss for patients with a "high" BMI. **ECG Changes:** GEDDON is associated with an increase in the QTc interval (see **WARNINGS**). In schizophrenia trials, GEDDON was associated with a mean increase in heart rate of 1.4 beats per minute compared to 0.2 beats per minute decrease among placebo patients. **Other Adverse Events Observed During the Premarketing Evaluation of GEDDON:** Frequent adverse events are those occurring in at least 1/100 patients; infrequent adverse events are those occurring in 1/100 to 1/1000 patients; rare events are those occurring in fewer than 1/1000 patients. **Schizophrenia: Body as a Whole—**Frequent: abnormal pain, flu syndrome, fever, accidental fall, face edema, chills, photosensitivity reaction, flank pain, hypothermia, motor vehicle accident. **Cardiovascular System—**Frequent: tachycardia, hypertension, postural hypotension. **Infectious: bradycardia, angina pectoris, atrial fibrillation.** **Rare:** first-degree AV block, bundle branch block, pleuritis, pulmonary embolus, cardiac myopathy, cerebral infarct, cerebrovascular accident, deep thrombophlebitis, myocardial infarction, thrombophlebitis. **Digestive System—**Frequent: anorexia, vomiting. **Infectious: rectal hemorrhage, dysphagia, tongue edema.** **Rare:** gum hemorrhage, jaundice, fecal impaction, gamma glutamyl transpeptidase increased, hematemesis, choledochal jaundice, hepatitis, hepatomegaly, leukoplakia of mouth, fatty liver deposits, melena. **Endocrine—**Rare: hypothyroidism, hyperthyroidism, thyroiditis. **Hemic and Lymphatic System—**Infectious: anemia, ecchymosis, leukocytosis, leukopenia, eosinophilia, lymphadenopathy. **Rare:** thrombocytopenia, hypochromic anemia, lymphocytosis, monocytosis, basophilia, lymphedema, polycythemia, thrombocytopenia. **Metabolic and Nutritional Disorders—**Infectious: thirst, transaminase increased, peripheral edema, hyperglycemia, creatine phosphokinase increased, alkaline phosphatase increased, hypercholesterolemia, dehydration, lactic dehydrogenase increased, albuminuria, hypokalemia. **Rare:** BUN increased, creatinine increased, hyperliperemia, hypochlosterolemia, hyperkalemia, hypochloremia, hypoglycemia, hyponatremia, hypoproteinemia, glucose tolerance decreased, gout, hyperchloremia, hyperuricemia, hypocalcemia, hypoglycemic reaction, hypomagnesemia, ketosis, respiratory alkalosis. **Musculoskeletal System—**Frequent: myalgia. **Infectious: tenosynovitis.** **Rare: myopathy.** **Nervous System—**Frequent: agitation, extrapyramidal syndrome, tremor, dystonia, hypotension, dyskinesia, hostility, twitching, paresthesia, confusion, vertigo, hypokinesia, hyperkinesia, abnormal gait, oculogyric crisis, hyposthesia, ataxia, amnesia, cogwheel rigidity, delirium, hypotonia, akinesia, dysarthria, withdrawal syndrome, buccoglossal syndrome, choreoathetosis, diplopia, incoordination, neuropathy. **Infectious: paralysis.** **Rare: myoclonus, nystagmus, torticollis, circumoral paresthesia, opisthotonus, reflexes increased, trismus.** **Respiratory System—**Frequent: dyspnea. **Infectious: pneumonia, epistaxis.** **Rare: hemoptysis, laryngismus.** **Skin and Appendages—**Infectious: maculopapular rash, urticaria, alopecia, eczema, exfoliative dermatitis, contact dermatitis, vesiculobullous rash. **Special Senses—**Frequent: fungal dermatitis. **Infectious: conjunctivitis, dry eyes, tinnitus, blepharitis, cataract, photophobia.** **Rare: eye hemorrhage, visual field defect, keratitis, keratoconjunctivitis, urengentation.** **Infectious: impotence, abnormal ejaculation, amenorrhea, hematuria, menorrhagia, female lactation, polyuria, urinary retention, metrorrhagia, male sexual dysfunction, anorgasmia, glycosuria.** **Rare: gynecostasia, vaginal hemorrhage, nocturia, oliguria, female sexual dysfunction, uterine hemorrhage.** **Adverse Finding Observed in Trials of Intramuscular GEDDON:** In these studies, the most commonly observed adverse events associated with the use of intramuscular GEDDON (≥5%) and observed at a rate on intramuscular GEDDON (in the higher dose groups) at least twice that of the lowest intramuscular GEDDON group were headache (13%), nausea (12%), and somnolence (20%). **Adverse Events at an Incidence >1% in Short-Term Fixed-Dose Intramuscular Trials:** The following list enumerates the treatment-emergent adverse events that occurred in ≥1% of GEDDON patients (in the higher dose groups) and at least twice that of the lowest intramuscular GEDDON group. **Body as a Whole—**headache, injection site pain, asthenia, abdominal pain, flu syndrome, back pain. **Cardiovascular—**postural hypotension, hypertension, bradycardia, vasodilation. **Digestive—**nausea, rectal hemorrhage, diarrhea, vomiting, dyspepsia, anorexia, constipation, tooth disorder, dry mouth. **Nervous—**dizziness, anxiety, insomnia, somnolence, akathisia, agitation, extrapyramidal syndrome, hypotonia, cogwheel rigidity, paresthesia, personality disorder, psychosis, speech disorder. **Respiratory—**rhinitis. **Skin and Appendages—**furunculosis, sweating. **Urogenital—**dysmenorrhea, priapism. **DRUG ABUSE AND DEPENDENCE—Controlled Substance Class:** GEDDON is not a controlled substance. **OVERDOSE—**In premarketing trials in over 5400 patients, accidental or intentional overdose of GEDDON was documented in 10 patients. All patients survived without sequelae. In the patient taking the largest confirmed amount (3240 mg), the only symptoms reported were minimal sedation, slurring of speech, and transitory hypertension (BP 200/75).

Control acute agitation with

GEODON[®]

for *Injection* (ziprasidone mesylate)

In schizophrenia...

Rapid improvement with low EPS^{1,2}

- Significant control achieved between 15 and 30 minutes* after injection^{1,3}
- Proven advantages over haloperidol IM
 - twice the improvement as measured on the BPRS^{4†}
 - significantly lower incidence of movement disorders^{2‡}
- Smooth transition, with continued improvement, from IM to oral therapy^{2,4}
- May be used concomitantly with benzodiazepines

*In 2 pivotal studies vs control, significance was achieved at 15 minutes (with 10 mg dose) and 30 minutes (with 20 mg dose), respectively.

†In a 7-day, open-label IM-to-oral transition study.

‡In a 6-week, open-label IM-to-oral transition study.



GEODON[®]
Oral Capsules (ziprasidone HCl)
and *Injection* (ziprasidone mesylate)

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. GEODON is not approved for the treatment of patients with dementia-related psychosis.

GEODON is contraindicated in patients with a known history of QT prolongation, recent acute myocardial infarction, or uncompensated heart failure, and should not be used with other QT-prolonging drugs. GEODON has a greater capacity to prolong the QT_c interval than several antipsychotics. In some drugs, QT prolongation has been associated with torsade de pointes, a potentially fatal arrhythmia. In many cases this would lead to the conclusion that other drugs should be tried first.

In fixed-dose, pivotal studies, the most commonly observed adverse events associated with the use of GEODON for Injection (incidence ≥5%) and observed at a rate in the higher GEODON dose groups (10 mg, 20 mg) of at least twice that of the lowest GEODON dose group (2 mg control) were somnolence (20%), headache (13%), and nausea (12%).

Please see brief summary of prescribing information on adjacent page.