

“Antisocial personality disorder” and “treatment”, in a time period ranging from 2011 to 2021, inclusive.

**Results:** There is little evidence of effective treatments for patients with ASPD and no intervention has been established as the treatment of choice for this disorder. Recent studies, found benefits from Mentalization-based treatment (MBT), that specifically targets the ability to recognise and understand the mental states of oneself and others, an ability compromised in these patients. Specifically, reduction of anger, hostility, paranoia, and frequency of self-harm and suicide attempts, as well as the improvement of negative mood, general psychiatric symptoms, interpersonal problems, and social adjustment were found.

**Conclusions:** ASPD is a condition that incurs substantial societal and individual costs. Although proper treatment is yet being discussed, MBT is a psychotherapeutic treatment that has shown some promising preliminary results. Thus, we believe that guidelines on the treatment of ASPD and possibilities for more systematical research, with prevention programs, is urgently needed.

**Disclosure:** No significant relationships.

**Keywords:** Treatment; Antisocial Personality disorder

## EPV0999

### Personality disorders and Juvenil Myoclonic Epilepsy

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**Introduction:** There is a high comorbidity between psychiatric disorders and juvenile myoclonic epilepsy (JME), observed in up to 58% of these patients; specifically, mood disorders, anxiety and personality disorders (PD). In some patients with PD there are nonspecific alterations in the EEG, which nevertheless sometimes involve pathology. The presence of personality disorders along with JME has been repeatedly described. Previous studies have emphasized the difficulties in treating patients with JME, which have been attributed to some specific psychiatric, psychological and psychosocial characteristics.

**Objectives:** Describing distinctive personality traits in JME

**Methods:** Review of scientific literature based on a relevant clinical case.

**Results:** 19-year-old woman, single. Psychiatric history since she was 12 due to anxiety-depressive symptoms, after being diagnosed with JME. 4 admissions in Psychiatry, with a variety of diagnoses: eating disorder, attention deficit hyperactivity disorder and borderline personality disorder. The evolution of both disorders has been parallel, presenting epileptic seizures due to irregular therapeutic adherence together with pseudo-seizures, which made difficult their differential diagnosis. In addition, he has had frequent visits to the emergency room for suicide attempts and impulsive behaviors.

**Conclusions:** In 1957, for the first time, distinctive personality traits were described in patients with JME: lack of control and perseverance, emotional instability, variable self-concept and reactive mood, which have been confirmed in subsequent studies. It is believed as

epilepsy progresses, patients tend to develop symptoms of depression, anxiety, social problems, and attention deficit. Therefore, these patients have difficulty in following medical recommendations, especially precautions regarding precipitating factors for seizures.

**Disclosure:** No significant relationships.

**Keywords:** juvenile myoclonic epilepsy; therapeutic adherence; Personality disorders

## EPV1000

### Psychometric Properties of the Arabic Big Five Inventory-2 Short Form among Undergraduates in Kuwait

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**Introduction:** The BFI-2-S assesses the domain level of the Big Five with three prototypical facets of each domain capturing approximately 91% of the total variance in the full BFI-2 domain scales and approximately 89% of the predictive power of the BFI-2 facets in German adaptations and their original American versions.

**Objectives:** The study aims to investigate the psychometric properties of the Arabic adaptation of the BFI-2 short form.

**Methods:** The Arabic version of the BFI-2-S a 30-item with 15 and NEO Five-Factor Inventory (NEO-PI-R) were administered to 1560 (576 males, 984 females) Kuwait University undergraduates with a mean age = 22.75 ± 3.81. The internal consistency reliability, factor structure, and convergent validity of the BFI-2-S with NEO-PI-R were assessed.

**Results:** Cronbach's alpha was satisfactory for N (0.79), E (0.73), O (0.73), A (0.76) and C (0.77). Results revealed significant gender differences in O, C & E with a favor for males and in N a favor with females. PCA showed that BFI-2-S five factors explains 64.38% of the total variance. However, the high mean correlations between the BFI-2-S and NEO-PI-R scales, with coefficients of (0.67) for the N, (0.66) for the E, (0.56) for the C, (0.61) for the A, and (0.58) for the C. The convergence between each BFI-2-S domain correlated substantially with the relevant NEO-PI-R domain scales, with the average correlation being .62.

**Conclusions:** The findings support the psychometric properties of the Arabic adaptations of the BFI-2-S as useful instruments for assessing the Big Five.

**Disclosure:** No significant relationships.

**Keywords:** Psychometric Properties ,BFI-2 Short

## EPV1001

### Attitude of mental health care professionals toward borderline personality disorder sufferers in Egypt

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**Introduction:** Awareness and knowledge about borderline personality disorder (BPD) is growing during the last decade in Egypt. Yet