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108.33 Some inequalities for a triangle

In a recent Article [1] an upper bound was derived for $h_a + h_b + h_c$, the sum of the (lengths of the) altitudes of a triangle. In this Note we find a different upper bound in terms of R, the radius of the circumcircle. We also derive several other inequalities for a triangle which we have been unable to find in the literature, despite the fact that they follow quickly from known results.

Our notation is standard – for a triangle ABC, a, b and c are the sidelengths, 2s = a + b + c and r is the radius of the incircle. R is the radius of the circumcircle and r_a , r_b and r_c are the radii of the excircles, while h_a , h_b and h_c are the altitudes. The shorthand [WEIFFTTIE]. will indicate the phrase, "With equality if and only if the triangle is equilateral", throughout.

We need these known preliminary results, all easily proved and widely available in [2] and [3], for example.

Lemma 1: We have $h_a + h_b + h_c \le \frac{\sqrt{3}}{2}(a+b+c)$. [WEIFFTTIE]. See [3, p. 274].

Lemma 2: We have $a = 2R \sin A$; $b = 2R \sin B$; $c = 2R \sin C$. See [2, p. 200].

Lemma 3: We have $\sin A + \sin B + \sin C \le \frac{3}{2}\sqrt{3}$. [WEIFFTTIE]. See [2, p. 315].

Lemma 4: We have $r_a + r_b + r_c - r = 4R$. See [2, p. 207].

Lemma 5 (Euler 1767): We have $R \ge 2r$. [WEIFFTTIE]. See [2, p. 216].

Euler's proof of this result was very beautiful. He showed that the distance d between the incentre and the circumcentre is given by $d^2 = R(R - 2r)$ and since $d^2 \ge 0$, we have $R \ge 2r$.



Lemma 6: We have $r_a = s \tan \frac{1}{2}A$, $r_b = s \tan \frac{1}{2}B$ and $r_c = s \tan \frac{1}{2}C$. See [2, p. 205].

Lemma 7: We have $a \cot A + b \cot B + c \cot C = 2(R + r)$. See [2, p. 207].

Lemma 8: We have $r_a + r_b + r_c = \frac{1}{2} \left[a \cot \frac{1}{2} A + b \cot \frac{1}{2} B + c \cot \frac{1}{2} C \right]$. See [2, p. 206].

Lemma 9: We have
$$\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r}$$
. See [2, p. 207].

Lemma 10: We have
$$R = \frac{abc}{4\Lambda}$$
 and $r = \frac{\Delta}{s}$. See [2, p. 207].

Lemma 11: We have $r_a r_b r_c = \frac{\Delta^2}{r}$. See [2, p. 207].

Main results

Theorem 1: We have $\frac{9}{2}R \ge h_a + h_b + h_c \ge 9r$ [WEIFFTTIE].

Proof: We already know that $h_a + h_b + h_c \ge 9r$ [1]. Now, by Lemma 1,

$$h_{a} + h_{b} + h_{c} \leq \frac{\sqrt{3}}{2}(a + b + c)$$

$$= \frac{1}{2}\sqrt{3}(2R\sin A + 2R\sin B + 2R\sin C) \qquad \text{(by Lemma 2)}$$

$$= \sqrt{3}(R\sin A + R\sin B + R\sin C)$$

$$\leq \frac{1}{2}R(\sqrt{3} \times 3\sqrt{3}) \qquad \text{(by Lemma 3)}$$

$$= \frac{9}{2}R.$$

Theorem 2: We have $\frac{9}{2}R \ge r_a + r_b + r_c \ge 9r$ [WEIFFTTIE].

Proof: By Lemma 4, $r_a+r_b+r_c=4R+r\geqslant 8r+r$, by Lemma 5, so $r_a+r_b+r_c\geqslant 9r$. Also, by Lemma 5, $r_a+r_b+r_c=4R+r\leqslant 4R+\frac{1}{2}R=\frac{9}{2}R$, so $\frac{9}{2}R\geqslant r_a+r_b+r_c$. [WEIFFTTIE] applies in both cases.

Corollary 1: In any triangle, at least one of r_a , r_b or r_c is less than or equal to $\frac{3}{2}R$,

Corollary 2: In any triangle, at least one of r_a , r_b or r_c is greater than or equal to 3r.

Theorem 3: We have $\frac{9}{2}R \ge s \left[\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}\right] \ge 9r$. [WEIFFTTIE].

Proof: This follows at once from Lemma 6 and Theorem 2.

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Theorem 4: We have $3R \ge a \cot A + b \cot B + c \cot C \ge 6r$. [WEIFFTTIE]. This follows at once from Lemma 7.

Theorem 5: We have $2(a \cot A + b \cot B + c \cot C) - (r_a + r_b + r_c) = 3r$ and $2(r_a + r_b + r_c) - (a \cot A + b \cot B + c \cot C) = 6R$.

This follows at once from solving the equations in Lemmas 4 and 7 for r and R.

Theorem 6: $9R \ge a \cot \frac{1}{2}A + b \cot \frac{1}{2}B + c \cot \frac{1}{2}C \ge 18r$ [WEIFFTTIE]. This follows at once from Theorem 2 and Lemma 8.

Theorem 7: We have $3\sqrt{3}R \ge a + b + c \ge 6\sqrt{3}r$ [WEIFFTTIE].

Proof: The left-hand-side inequality is known (see [3]) but for completeness here is a quick proof:

By Lemma 2, $a+b+c=2R(\sin A+\sin B+\sin C) \le 2R\cdot \frac{3}{2}\sqrt{3}=3\sqrt{3}R$, by Lemma 3. To show $a+b+c\ge 6\sqrt{3}r$, we proceed as follows:

Apply the AM-GM inequality to s - a, s - b, s - c to get

$$(s - a) + (s - b) + (s - c) \ge 3\sqrt[3]{(s - a)(s - b)(s - c)}$$
or
$$3s - 2s = s \ge 3\sqrt[3]{(s - a)(s - b)(s - c)}$$
or
$$s^3 \ge 27(s - a)(s - b)(s - c).$$

Next.

$$s^4 \ge 27s(s-a)(s-b)(s-c) = 27\Delta^2,$$

so $s^2 \ge 3\sqrt{3}\Delta$ and $s \ge 3\sqrt{3}\frac{\Delta}{s} = 3\sqrt{3}r$.
Finally, $2s = a + b + c \ge 6\sqrt{3}r$, [WEIFFTTIE].

Theorem 8: Let $t=\sqrt[4]{27}=2.279507...$ Then $\left(\frac{1}{2}t\right)R\geqslant\sqrt{\Delta}\geqslant tr$. [WEIFFTTIE].

Proof: We have $r_a + r_b + r_c = 4R + r$ (Lemma 4) and $r_a r_b r_c = \frac{1}{r} \Delta^2$ (Lemma 11). Applying the AM-GM inequality, we get

$$r_a + r_b + r_c \ge 3\sqrt[3]{r_a r_b r_c}$$
or
$$4R + r \ge 3\sqrt[3]{\frac{\Delta^2}{r}}$$
or
$$r(4R + r)^3 \ge 27\Delta^2.$$

Using $\frac{1}{2}R \ge r$ this becomes $27R^4 \ge 16\Delta^2$ or $\frac{1}{2}tR \ge \sqrt{\Delta}$, as claimed. Also, applying the AM-GM inequality to $\frac{1}{r_a}$, $\frac{1}{r_b}$ and $\frac{1}{r_c}$ we get

$$\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \ge 3\sqrt[3]{\frac{1}{r_a} \cdot \frac{1}{r_b} \cdot \frac{1}{r_c}}$$

which by Lemmas 9 and 11 gives $\Delta^2 \ge 27r^4$ or $\sqrt{\Delta} \ge tr$. So $\frac{t}{2}R \ge \sqrt{\Delta} \ge tr$. [WEIFFTTIE].

Theorem 9: We have $4s^3 \ge 27\Delta R$. [WEIFFTTIE].

Proof: Since $2s = a + b + c \ge 3\sqrt[3]{abc}$, the result follows at once by Lemma 10.

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108.34 One sharpening of the Garfunkel-Bankoff inequality and some applications

Garfunkel-Bankoff inequality

For a triangle ABC we use the notation $\sum \tan^2 \frac{A}{2}$ and $\prod \sin \frac{A}{2}$ for the cyclic sum and the cyclic product respectively. Then we have

Theorem 1: In any triangle ABC holds

$$\sum \tan^2 \frac{A}{2} \geqslant 2 - 8 \prod \sin \frac{A}{2} + \left(1 - 8 \prod \sin \frac{A}{2}\right) \prod \tan^2 \frac{A}{2}. \tag{1}$$

Proof: By the well-known identities

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2}{s^2} - 2$$
, $\prod \sin \frac{A}{2} = \frac{r}{4R}$, $\prod \tan \frac{A}{2} = \frac{r}{s}$

where R, r and s are the circumradius, inradius and semiperimeter of the triangle, inequality (1) is transformed to

$$\frac{(4R+r)^2}{s^2} - 2 \ge 4 - \frac{2r}{R} + \frac{r^2}{s^2} \left(1 - \frac{2r}{R}\right)$$