

# BJP The British Journal of Psychiatry Psych



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# BJP Psych

The British Journal of Psychiatry

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## Cover picture

Epidural by Terence Wilde

Terence uses black and white predominantly in his autobiographical work. He finds it gives clarity to what may otherwise be hard to decipher, particularly for the viewer. Terence finds that applying Monotone to express the shadow-self gives substance to his psyche and emotions in the form of bodies and faces. The absence of colour in his personal work helps bring a balance to the uneven see-saw of past and present life he finds himself sitting on.

Epidural was made last year; several weeks post op from surgery to replace my right knee. I don't recall the injection into my spine to block out pain; I didn't count backwards into unconsciousness or have side effects afterwards, I do remember where I went. A sanctuary underneath moving damp clouds, with the feeling of being back in my mother's womb. I also remember who I met there, please see illustration on front cover.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

