

P-1178 - WHAT CAN WE OFFER THE OUTPATIENTS? MENTAL HEALTH CARE OUTPATIENT SERVICES IN WROCLAW, POLAND

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Introduction: The mental health system reform agenda has a core objective of delivering better health and social care for all. National Programme of Mental Health which has been lately legally supported by the government (28.12.2010) strictly depicts direction of health care development. The main goals of National Programme of Mental Health are:

1. Promotion mental health and prevention of mental disorders.
2. Provision of support and easy access to psychiatric health care and other forms of care necessary for living in families and society.
3. Development of research and information about mental health.

Objectives: To assess the availability and quality of psychosocial rehabilitation for outpatients in Wroclaw, Poland (second goal of National Programme of Mental Health).

Methods: Quality assessment: interviews with beneficiaries, interviews with employees (social workers, psychologists, therapists), analyses of programmes and interventions, analyses of distribution of mental health care services.

Results: Availability and access to psychiatric services financed by public mental health resources and NGO differs. Lack of standardisation in programmes' assessment prior to their implementation results in hardships in coordination of activities and beneficiaries' support in use of suitable training or services.

Conclusions: There is a need of coordination in service planning and access to rehabilitative activities for mentally disturbed people/ patients.