

Kick-Off Editorial for 2017: CNS Spectrums Is on the Move

Stephen M. Stahl

It has been 5 years since the transition of *CNS Spectrums* to Cambridge University Press and my editorship. What an exhilarating run it has been. Our impact factor has doubled twice, placing us in the upper tier of psychiatry journals as well as neurology journals now, with record numbers of downloads and citations year after year. We continue our association with the Neuroscience Education Institute, whose members get free full-text download access to the journal, whose poster presenters at the NEI Congress have their abstracts published as indexed and citable entries in the journal, and who sponsors and edits a

special CME issue with multiple articles every year. Those activities will continue moving forward as well.

As always, we rely on a fantastic group of field editors (Joe Goldberg, Carlos Zarate, Frank Tarazi, Tom Schwartz, and Thomas Schlaepfer) working with a wonderful editorial board and many, many reviewers who are incredibly generous with their time. A list of 2016 reviewers for *CNS Spectrums* is attached as Table 1, and with our great thanks. Our authors are nothing short of stellar, and our journal is now accessible to major medical libraries and institutions throughout the world. In September, the journal transitioned to the new online platform, “Cambridge Core,” which will provide our readers with an improved experience. Our senior editor Ann Avouris and our managing editor Lisa Arrington keep things at *CNS Spectrums* ticking like a clock and provide invaluable management and ideas to keep us moving forward.

So, what will change moving forward, and what will keep *CNS Spectrums* on the move? I have outlined some of our plans in Table 2. To begin, we will be rotating some

TABLE 1. *CNS Spectrums* 2016 peer reviewers

André Carvalho	Jean-Louis Millot
Andrea Cipriani	Jennifer O'Day
Andrea Fagiolini	José Menchón
Andrea Gaedigk	Joseph Goldberg
Andres Kanner	Katherine Burdick
Angel Montejo	Leonardo Fontenelle
Anna Comparelli	Leonardo Tondo
Antonio Barbosa	Loren Gianini
B. Mark Keegan	Luigi Janiri
Barbara Milrod	Marc Potenza
Bernhard Baune	Marco Mula
Bethany Brand	Mario Maj
Byron Creese	Mark Weiser
Carlos Blanco	Michael Ostacher
Charles Bowden	Michele Fornaro
Craig Nelson	Minoru Takeshima
Daniel Rosell	Mrigendra Das
Darin Dougherty	Neil Krishan Aggarwal
David Dunn	Norma Verdolini
David Goodman	Palmiero Monteleone
David Mischoulon	Paul Holtzheimer
Dina Popovic	Paulette Gillig
Domenico De Berardis	Philip Harvey
Dominique Drapier	Rajiv Tandon
Filho de Araújo	Rakesh Jain
Franco Mortara	Renato Alarcón
Gabriele Sani	Riccardo Degiorgi
Giulio Perugi	Richard Balon
Hal Wortzel	Veena Kumari
Helen Mayberg	Vita Dolzan
Howard Margolese	Wen-Jun Gao
Humberto Nicolini	Won-Myong Bahk
Jay Sapelkar	Yin Yao

TABLE 2. *CNS Spectrums* on the move

- Revamped editorial board
- New cover art
- Featuring more preclinical original data articles
- Encouraging more unsolicited manuscripts and fewer thematic issues
- Changing “Opinion Pieces” to “Perspectives” (short, readable reviews; see Table 3)
- Allowing longer, more scholarly reviews as well
- Publishing more Treatment Guidelines/Meta-Guidelines
- Using neuroscience-based nomenclature for psychotropic drugs
- Encouraging more submissions in previously popular areas for *CNS Spectrums*:
 - o OCD (obsessive compulsive disorder)
 - o impulsivity/compulsivity
 - o Forensics
 - o Violence
 - o psychopharmacology
 - o neuropharmacology/neurology/neuropsychiatry
 - o clinical trials
 - o questionnaires and rating scales
 - o cognition/ADHD (attention deficit hyperactivity disorder)
 - o neuroimaging
 - o neurostimulation

TABLE 3. Summary of article types and requirements

Article type	Length	Abstract	Figures/ Tables	Purpose/ features
Original research	6,000 words Up to 100 references	Structured <250 words No citations	Minimum 2 tables and/or figures	Original Research: Reports the results of a formal study based on original research. Structured abstract
Review article	No limit	Unstructured <250 words No citations	Minimum 2 tables and/or figures Maximum 6 tables and/or figures	Review: Written as a literature review of an established topic, as suggested by its name. Clinical Implication points
Perspectives	3,000 words 30-60 references	Unstructured <150 words No citations	Minimum 2 tables and/or figures Maximum 6 tables and/or figures	Perspective: A type of review that is a short, focused summary of a single recent advance, a sort of spotlight on the topic, which could be for example a single point hypothesis or a novel model. It can stimulate debate and new research.
Meta guidelines	6,000 words	Unstructured <250 words No citations	15-25 tables and/or figures	Meta guidelines: A meta-guideline. Is a "guideline of guidelines" put together by several leading figures in a field in which there are multiple competing guidelines that require synthesis and updating. Outlines diagnostic and treatment options and medications; Includes an abstract, introduction, and optional additional text.
Editorial	900-1,500 words	Unstructured 150 words	1 table or 1 figure (excluding invited guest editorials for thematic Issues)	Editorial: Introduces a new Idea or a particular theme, usually written by the editor-in-chief and occasionally submitted by a guest editor. A luminary In the field might also be approached to provide a guest editorial.

of our editorial board, with some new blood coming on board, and with some retirements to keep things fresh, and these announcements will be coming soon. We will also be featuring new cover art starting in 2017, and some changes to the formats of articles we accept (see Table 3). We especially continue to encourage original articles of new data, increasingly featuring preclinical studies of translational value as well as clinical studies, especially in popular areas already being published extensively in *CNS Spectrums* (see Table 2). For example, in the pipeline for

2017 are some very notable thematic issues including one on "Depression with Mixed Features," another on "Psychiatry and Terrorism," and yet another showcasing our second special issue on "Neuropsychiatry."

Hopefully, this kick-off editorial will help answer the question, "What is *CNS Spectrums*?" and will demonstrate that our journal is certainly on the move. I look forward to the exciting developments in store for us, and invite you all to submit your important work to our journal.