

References

- Adler, A. (2016). Teaching well-being increases academic performance: evidence from Bhutan, Mexico, and Peru. Publicly Accessible Penn Dissertations, University of Pennsylvania.
- Adler, M. D., Dolan, P., and Kavetsos, G. (2017). Would you choose to be happy? Tradeoffs between happiness and the other dimensions of life in a large population survey. *Journal of Economic Behavior & Organization*, 139, 60–73.
- Ahmadiani, M., and Ferreira, S. (2019). Environmental amenities and quality of life across the United States. *Ecological Economics*, 164, 106341.
- Ahmedani, B. K., Peterson, E. L., Wells, K. E., and Williams, L. K. (2013). Examining the relationship between depression and asthma exacerbations in a prospective follow-up study. *Psychosomatic Medicine*, 75(3), 305–310.
- Akay, A., Constant, A., and Giulietti, C. (2014). The impact of immigration on the well-being of natives. *Journal of Economic Behavior & Organization*, 103(C), 72–92.
- Aknin, L. B., Barrington-Leigh, C. P., Dunn, J. F., Helliwell, J. F., Burns, J., Biswas-Diener, R., . . . and Norton, M. I. (2013). Prosocial spending and well-being: Cross-cultural evidence for a psychological universal. *Journal of Personality and Social Psychology*, 104(4), 635.
- Aknin, L. B., Broesch, T., Hamlin, J. K., and Van de Vondervoort, J. W. (2015). Prosocial behavior leads to happiness in a small-scale rural society. *Journal of Experimental Psychology: General*, 144(4), 788.
- Aknin, L. B., Hamlin, J. K., and Dunn, E. W. (2012). Giving leads to happiness in young children. *PLoS ONE*, 7(6), e39211.
- Aknin, L. B., Whillans, A. V., Norton, M. I., and Dunn, E. W. (2019). Happiness and prosocial behavior: an evaluation of the evidence. In J. E. De Neve, J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2019* (pp. 67–86). Sustainable Development Solutions Network.
- Alabrese, E., Becker, S. O., Fetzer, T., and Novy, D. (2019). Who voted for Brexit? Individual and regional data combined. *European Journal of Political Economy*, 56, 132–150.
- Albertsen, K., Garde, A. H., Nabe-Nielsen, K., Hansen, Å. M., Lund, H., and Hvid, H. (2014). Work-life balance among shift workers: Results from an intervention study about self-rostering. *International Archives of Occupational and Environmental Health*, 87(3), 265–274.
- Alcock, I., White, M. P., Wheeler, B. W., Fleming, L. E., and Depledge, M. H. (2014). Longitudinal effects on mental health of moving to greener and less green urban areas. *Environmental Science & Technology*, 48(2), 1247–1255.
- Alesina, A., and Glaeser, E. (2004). *Fighting Poverty in the US and Europe: A World of Difference*: Oxford University Press.
- Alesina, A., and La Ferrara, E. (2000). Participation in heterogeneous communities. *The Quarterly Journal of Economics*, 115(3), 847–904.

- Alesina, A., and La Ferrara, E. (2002). Who trusts others? *Journal of Public Economics*, 85(2), 207–234.
- Algan, Y., Beasley, E., Cohen, D., and Foucault, M. (2018). The rise of populism and the collapse of the left-right paradigm: lessons from the 2017 French presidential election. CEPR Discussion Paper 13103. CEPR, London, UK.
- Allcott, H., Braghieri, L., Eichmeyer, S., and Gentzkow, M. (2020). The welfare effects of social media. *American Economic Review*, 110(3), 629–676.
- Alvarez-Diaz, A., Gonzalez, L., and Radcliff, B. (2010). The politics of happiness: On the political determinants of quality of life in the American states. *The Journal of Politics*, 72(3), 894–905.
- Amabile, T. M., Barsade, S. G., Mueller, J. S., and Staw, B. M. (2005). Affect and creativity at work. *Administrative Science Quarterly*, 50(3), 367–403.
- Amato, P.R., and Bruce K. (1991) Parental divorce and the well-being of children: A meta-analysis. *Psychological Bulletin*, 110(1), 26–46.
- Andersson, G. (2016). Internet-delivered psychological treatments. *Annual Review of Clinical Psychology*, 12, 157–179.
- Andrews, F. M., and Withey, S. B. (1976). Measuring global well-being. *Social Indicators of Well-Being* (pp. 63–106). Springer.
- Angrave, D., and Charlwood, A. (2015). What is the relationship between long working hours, over-employment, under-employment and the subjective well-being of workers? Longitudinal evidence from the UK. *Human Relations*, 68(9), 1491–1515.
- Angrist, J. D., and Levy, V. (1999). Using Maimonides' Rule to estimate the effect of class size on scholastic achievement. *Quarterly Journal of Economics*, 114(2), 533–575.
- Angrist, J. D., and Pischke, J. S. (2008). *Mostly Harmless Econometrics*. Princeton University Press.
- Anisman, H., Zaharia, M. D., Meaney, M. J., and Merali, Z. (1998). Do early-life events permanently alter behavioral and hormonal responses to stressors? *International Journal of Developmental Neuroscience*, 16(3–4), 149–164.
- Anusic, I., Yap, S. C., and Lucas, R. E. (2014). Testing set-point theory in a Swiss national sample: Reaction and adaptation to major life events. *Social Indicators Research*, 119(3), 1265–1288.
- Appleyard, D., and Lintell, M. (1972). The environmental quality of city streets: The residents' viewpoint. *Journal of the American Institute of Planners*, 38(2), 84–101.
- Arampatzi, E., Burger, M., Ianchovichina, E., Röhricht, T., and Veenhoven, R. (2018). Unhappy development: Dissatisfaction with life on the eve of the Arab Spring. *Review of Income and Wealth*, 64, S80–S113.
- Artz, B. M., Goodall, A. H., and Oswald, A. J. (2017). Boss competence and worker well-being. *IIR Review*, 70(2), 419–450.
- Atkinson, A. B. (1970). On the measurement of inequality. *Journal of Economic Theory*, 2(3), 244–263.
- Ayuso-Mateos, J. L., Miret, M., Caballero, F. F., Olaya, B., Haro, J. M., Kowal, P., and Chatterji, S. (2013). Multi-country evaluation of affective experience: Validation of an abbreviated version of the day reconstruction method in seven countries. *PLoS One*, 8(4), e61534.
- Ayuso-Mateos, J. L., Nuevo, R., Verdes, E., Naidoo, N., and Chatterji, S. (2010). From depressive symptoms to depressive disorders: The relevance of thresholds. *British Journal of Psychiatry*, 196, 365–371. doi:10.1192/bjp.bp.109.071191.

- Azeez, R. O., Jayeoba, F., and Adeoye, A. O. (2016). Job satisfaction, turnover intention and organizational commitment. *Journal of Management Research*, 8(2), 102–114.
- Baer, R. A. (2003). Mindfulness training as a clinical intervention: A conceptual and empirical review. *Clinical Psychology: Science and Practice* 10(2): 125–143.
- Bakosh, L. S., Snow, R. M., Tobias, J. M., Houlihan, J. L., and Barbosa-Leiker, C. (2016). Maximizing mindful learning: Mindful awareness intervention improves elementary school students' quarterly grades. *Mindfulness*, 7(1), 59–67.
- Bandiera, O., Fischer, G., Prat, A., and Ytsma, E. (2017). Do women respond less to performance pay? Building evidence from multiple experiments. CEPR Discussion Paper (11724). Centre for Economic Policy Research.
- Banerjee, R., Weare, K., and Farr, W. (2014). Working with 'social and emotional aspects of learning' (SEAL): Associations with school ethos, pupil social experiences, attendance, and attainment. *British Educational Research Journal*, 40(4), 718–742.
- Barlow, D. H., and Durand, V. M. (2009). *Abnormal Psychology: An Integrative Approach*. Wadsworth Cengage Learning.
- Barracough, B., Bunch, J., Nelson, B., and Sainsbury, P. (1974). A hundred cases of suicide: Clinical aspects. *British Journal of Psychiatry*, 125, 355–373.
- Barrington-Leigh, C. (2022). Trends in conceptions of progress and well-being. In J. F. Helliwell, R. Layard, J. Sachs and J. E. S (Eds.). *World Happiness Report 2022* (n.p.). Sustainable Development.
- Bartels, M. (2015). Genetics of wellbeing and its components satisfaction with life, happiness, and quality of life: A review and meta-analysis of heritability studies. *Behavior Genetics*, 45 (2), 137–156.
- Bartels, M., and Boomsma, D. I. (2009). Born to be happy? The etiology of subjective well-being. *Behavior Genetics*, 39(6), 605–615.
- Bartolini, S., Bilancini, E., and Sarracino, F. (2016). Social capital predicts happiness over time. In S. Bartolini, E. Bilancini, L. Bruni and P. L. Porta (Eds). *Policies for Happiness* (pp. 175–198). Oxford University Press.
- Baselmans, B. M., Jansen, R., Ip, H. F., van Dongen, J., Abdellaoui, A., van de Weijer, M. P., . . . and Bartels, M. (2019). Multivariate genome-wide analyses of the well-being spectrum. *Nature Genetics*, 51(3), 445–451.
- Baumeister, D., Akhtar, R., Ciufolini, S., Pariante, C. M., and Mondelli, V. (2016). Childhood trauma and adulthood inflammation: A meta-analysis of peripheral C-reactive protein, interleukin-6 and tumour necrosis factor- α . *Molecular Psychiatry*, 21(5), 642–649.
- Beck, A. T. (Ed.). (1979). *Cognitive Therapy of Depression*. Guilford Press.
- Beck, A. T. (2006). How an anomalous finding led to a new system of psychotherapy. *Nature Medicine* 12(10): 1139–1141.
- Beck, J. S., and Beck, A. T. (2011). *Cognitive Behavior Therapy*. Guilford Press.
- Beck, R., and Harter, J. (2014). Why great managers are so rare. *Gallup Business Journal*, 25.
- Bell, D. N., and Blanchflower, D. G. (2011). Young people and the Great Recession. *Oxford Review of Economic Policy*, 27(2), 241–267.
- Bellet, C. (2019). The McMansion effect: Top house size and positional externalities in US suburbs. SSRN 3378131.
- Bellet, C., De Neve, J. E., and Ward, G. (2020). Does employee happiness have an impact on productivity? Saïd Business School WP. WP 2019-13.
- Belsky, J. (2016). The differential susceptibility hypothesis: Sensitivity to the environment for better and for worse. *JAMA Pediatrics*, 170(4), 321–322.

- Benjamin, D. J., Heffetz, O., Kimball, M. S., and Rees-Jones, A. (2012). What do you think would make you happier? What do you think you would choose? *American Economic Review*, 102 (1), 2083–2110.
- Bennett, K., and Dorjee, D. (2016). The impact of a Mindfulness-Based Stress Reduction Course (MBSR) on well-being and academic attainment of sixth-form students. *Mindfulness* 7, 105–114.
- Ben-Shahar, T. (2007). *Happier: Learn the Secrets to Daily Joy and Lasting Fulfillment*. McGraw-Hill.
- Bentham, J. (1970). *An Introduction to the Principles of Morals and Legislation (1789)*. J. H Burns and H. L. A. Hart (Eds.). T. Payne & Son.
- Bentham, J. (2002). *Rights, Representation, and Reform: Nonsense upon Stilts and Other Writings on the French Revolution* (Vol. 15). Oxford University Press.
- Berg, J. M., Dutton, J. E., and Wrzesniewski, A. (2013). Job crafting and meaningful work. In B. J. Dik, Z. S. Byrne and M. F. Steger (Eds.). *Purpose and meaning in the workplace* (pp. 81–104). American Psychological Association.
- Berniell, M. I., and Bietenbeck, J. (2017). The effect of working hours on health. SSRN. IZA Discussion Paper No. 10524.
- Besley, T., and Burgess, R. (2002). The political economy of government responsiveness: Theory and evidence from India. *The Quarterly Journal of Economics*, 117(4), 1415–1451.
- Besley, T., and Persson, T. (2011). *Pillars of Prosperity*. Princeton University Press.
- Besley, T., Dann, C., and Persson, T. (2021). State capacity and development clusters. *VoxEU CEPR*. www.voxeu.org/article/state-capacity-and-development-clusters.
- Bessa, I., Charlwood, A., and Valizade, D. (2020). Do unions cause job dissatisfaction? Evidence from a quasi-experiment in the United Kingdom, *British Journal of Industrial Relations*, 1–29.
- Betz, W., and Simpson, N. (2013). The effects of international migration on the well-being of native populations in Europe. *IZA Journal of Migration*, 2(1), 1–21.
- Binder, M., and Freytag, A. (2013). Volunteering, subjective well-being and public policy. *Journal of Economic Psychology*, 34, 97–119.
- Birkjær M., and Kaats M. (2019). in *Er sociale Medier Faktisk en Truss for Unges Trivsel? [Does Social Media Really Pose a Threat to Young People's Well-Being?]*. N.M.H.R. Institute (Eds.). Nordic Co-operation.
- Biswas-Diener, R., Vittersø, J., and Diener, E. (2005). Most people are pretty happy, but there is cultural variation: The Inughuit, the Amish, and the Maasai. *Journal of Happiness Studies*, 6 (3), 205–226.
- Bjørnskov, C., Dreher, A., and Fischer, J. A. (2010). Formal institutions and subjective well-being: Revisiting the cross-country evidence. *European Journal of Political Economy*, 26(4), 419–430.
- Blakemore, S. J. (2018). *Inventing Ourselves: The Secret Life of the Teenage Brain*. Black Swan.
- Blanchflower, D. G., and Bryson, A. (2020). Now unions increase job satisfaction and well-being (No. w27720). National Bureau of Economic Research.
- Blanchflower, D. G., and Oswald, A. J. (2004). Money, sex and happiness: An empirical study. *Scandinavian Journal of Economics*, 106(3), 393–415.
- Blanchflower, D. G., and Oswald, A. J. (2019a). Do humans suffer a psychological low in midlife? Two approaches (with and without controls) in seven data sets. In M. Rojas (Ed). *The Economics of Happiness* (pp. 439–453). Springer.

- Blanchflower, D. G., and Oswald, A. J. (2019b). Unhappiness and pain in modern America: A review essay, and further evidence, on Carol Graham's Happiness for All? *Journal of Economic Literature*, 57(2), 385–402.
- Blasi, J., Freeman, R., and Kruse, D. (2016). Do broad-based employee ownership, profit sharing and stock options help the best firms do even better? *British Journal of Industrial Relations*, 54(1), 55–82.
- Bloom, N., Liang, J., Roberts, J., and Ying, Z. J. (2015). Does working from home work? Evidence from a Chinese experiment. *The Quarterly Journal of Economics*, 130(1), 165–218.
- Bloom, N., and Van Reenen, J. (2010). Why do management practices differ across firms and countries? *Journal of Economic Perspectives*, 24(1), 203–224. doi: 10.1257/jep.24.1.203.
- Blumenthal, S. J. (1988). Suicide: A guide to risk factors, assessment, and treatment of suicidal patients. *Medical Clinics of North America*, 72, 937–971.
- Blundell, R., Dias, M. C., Meghir, C., and Van Reenen, J. (2004). Evaluating the employment impact of a mandatory job search program. *Journal of the European Economic Association*, 2(4), 569–606.
- Böckerman, P., Bryson, A., Kauhanen, A., and Kangasniemi, M. (2016). Does job support make workers happy? Working Paper No. 16-16. Department of Quantitative Social Science-UCL Institute of Education, University College London.
- Böckerman, P., and Ilmakunnas, P. (2012). The job satisfaction-productivity nexus: A study using matched survey and register data. *ILR Review*, 65(2), 244–262.
- Bond, T. N., and Lang, K. (2019). The sad truth about happiness scales. *Journal of Political Economy*, 127(4), 1629–1640.
- Borjas, G. (1979). Job satisfaction, wages, and unions. *Journal of Human Resources*, 14(1), 21–40.
- Boskin, M. J., and Sheshinski, E. (1978). Optimal redistributive taxation when individual welfare depends upon relative income. *The Quarterly Journal of Economics*, 589–601.
- Bouckennooghe, D., Raja, U., and Butt, A. N. (2013). Combined effects of positive and negative affectivity and job satisfaction on job performance and turnover intentions. *The Journal of Psychology*, 147(2), 105–123.
- Bowlby, J. (1969). *Attachment and Loss: Attachment*. Basic Books.
- Boyce, C. J., Wood, A. M., Banks, J., Clark, A. E., and Brown, G. D. (2013). Money, well-being, and loss aversion: Does an income loss have a greater effect on well-being than an equivalent income gain? *Psychological Science*, 24(12), 2557–2562.
- Bradburn, N. M. (1969). *The Structure of Psychological Well-Being*. Aldine.
- Bravo, I. M. (2016). The usefulness of subjective well-being to predict electoral results in Latin America. In *Handbook of Happiness Research in Latin America* (pp. 613–632). Springer.
- Brayfield, A. H., and Crockett, W. H. (1955). Employee attitudes and employee performance. *Psychological Bulletin*, 52(5), 396.
- Breza, E., Kaur, S., and Shamdasani, Y. (2018). The morale effects of pay inequality. *The Quarterly Journal of Economics*, 133(2), 611–663.
- Brodeur, A., Clark, A. E., Fleche, S., and Powdthavee, N. (2021). COVID-19, lockdowns and well-being: Evidence from Google Trends. *Journal of Public Economics*, 193, 104346.
- Broome, J. (2004). *Weighing Lives*. Oxford University Press.
- Brough, P., and O'Driscoll, M. P. (2010). Organizational interventions for balancing work and home demands: An overview. *Work & Stress*, 24(3), 280–297.
- Brown, D. E. (1991). *Human Universals*. Temple University Press.

- Bryson, A., Clark, A. E., Freeman, R. B., and Green, C. P. (2016). Share capitalism and worker wellbeing. *Labour Economics*, 42, 151–158.
- Bryson, A., and Davies, R. (2019). Accounting for geographical variance in the union satisfaction gap. *Industrial Relations Journal*, 50(2); 104–125.
- Bryson, A., Forth, J., and Stokes, L. (2017). Does employees' subjective well-being affect workplace performance? *Human Relations*, 70(8), 1017–1037.
- Bryson, A., and MacKerron, G. (2017). Are you happy while you work? *The Economic Journal*, 127(599), 106–125.
- Bubonya, M., Cobb-Clark, D. A., and Wooden, M. (2014). A family affair: Job loss and the mental health of spouses and adolescents (No. 8588). Institute of Labour Economics (IZA).
- Budolfson, M. B., Anthoff, D., Dennig, F., Errickson, F., Kuruc, K., Spears, D., and Dubash, N. K. (2021). Utilitarian benchmarks for emissions and pledges promote equity, climate and development. *Nature Climate Change*, 11(10), 827–833.
- Bureau of Labor Statistics (2014). American Time Use Survey 2010, 2012, and 2013 Multi-Year Well-Being Module Microdata Files. www.bls.gov/tus/wbdatafiles_1013.htm.
- Business Roundtable (2019). Business roundtable redefines the purpose of a corporation to promote 'an economy that serves all Americans'. Business Roundtable. www.businessroundtable.org/business-roundtable-redefines-the-purpose-of-a-corporation-to-promote-an-economy-that-serves-all-americans.
- Butz, S., Kieslich, P. J., and Bless, H. (2017). Why are conservatives happier than liberals? Comparing different explanations based on system justification, multiple group membership, and positive adjustment. *European Journal of Social Psychology*, 47(3), 362–372.
- Cadoret, R. J., Yates, W. R., Woodworth, G., and Stewart, M. A. (1995). Genetic-environmental interaction in the genesis of aggressivity and conduct disorders. *Archives of general psychiatry*, 52(11), 916–924.
- Camerer, C., Babcock, L., Loewenstein, G., and Thaler, R. (1997). Labor supply of New York City cabdrivers: One day at a time. *The Quarterly Journal of Economics*, 112(2), 407–441.
- Campbell, A., Converse, P., and Rodgers, W. (1976) *The Quality of American Life: Perceptions, Evaluations, and Satisfaction*. Russell Sage Foundation.
- Cantril, H. (1965). *The Pattern of Human Concerns*. Rutgers University Press.
- Card, D., Kluge, J., and Weber, A. (2018). What works? A meta-analysis of recent active labour market program evaluations. *Journal of the European Economic Association*, 16(3), 894–931.
- Card, D., Mas, A., Moretti, E., and Saez, E. (2012). Inequality at work: The effect of peer salaries on job satisfaction. *American Economic Review*, 102(6), 2981–3003.
- Carleton, T. A., and Hsiang, S. M. (2016). Social and economic impacts of climate. *Science*, 353(6304), 9837–1–9837–15.
- Carlson, M. C., Kuo, J. H., Chuang, Y.-F., Varma, V. R., Harris, G., Albert, M. S., Erickson, K. I., Kramer, A. F., Parisi, J. M., and Xue, Q.-L. (2015). Impact of the Baltimore Experience Corps trial on cortical and hippocampal volumes, alzheimer's and dementia: *The Journal of the Alzheimer's Association*, 11(11), 1340–1348.
- Carroll, J. (2007). Most Americans 'very satisfied' with their personal lives. Gallup website, 31 December, 389–412.
- Carroll, N. (2007). Unemployment and psychological well-being. *Economic Record*, 83(262), 287–302.
- Case, A., and Deaton, A. (2020). *Deaths of Despair and the Future of Capitalism*. Princeton University Press.

- Caspi, A., McClay, J., Moffitt, T. E., Mill, J., Martin, J., Craig, I. W., . . . and Poulton, R. (2002). Role of genotype in the cycle of violence in maltreated children. *Science*, 297(5582), 851–854.
- Chatterjee, K., Chng, S., Clark, B., Davis, A., De Vos, J., Ettema, D., . . . and Reardon, L. (2020). Commuting and wellbeing: A critical overview of the literature with implications for policy and future research. *Transport Reviews*, 40(1), 5–34.
- Cheng, T. C., Powdthavee, N., and Oswald, A. J. (2017). Longitudinal evidence for a midlife nadir in human well-being: Results from four data sets. *The Economic Journal*, 127(599), 126–142.
- Chetty, R., Hendren, N., and Katz, L. F. (2016). The effects of exposure to better neighborhoods on children: New evidence from the Moving to Opportunity experiment. *American Economic Review*, 106(4), 855–902.
- Cheung, F., Kube, A., Tay, L., Diener, E., Jackson, J. J., Lucas, R. E., . . . and Leung, G. M. (2020). The impact of the Syrian conflict on population well-being. *Nature Communications*, 11(1), 1–10.
- Chida, Y., Hamer, M., Wardle, J., and Steptoe, A. (2008). Do stress-related psychosocial factors contribute to cancer incidence and survival? *Nature Clinical Practice (Oncology)*, 5(8), 466–475. doi:10.1038/ncponc1134.
- Chiles, J. A., Lambert, M. J., and Hatch, A. L. (1999). The impact of psychological interventions on medical cost offset: A meta-analytic review. *Clinical Psychology: Science and Practice*, 6(2), 204–220.
- Chilvers, C., Dewey, M., Fielding, K., Gretton, V., Miller, P., Palmer, B., . . . and Harrison, G. (2001). Antidepressant drugs and generic counselling for treatment of major depression in primary care: Randomised trial with patient preference arms. *BMJ*, 322(7289), 772.
- Chisholm, D., Sweeny, K., Sheehan, P., Rasmussen, B., Smit, F., Cuijpers, P., and Saxena, S. (2016). Scaling-up treatment of depression and anxiety: A global return on investment analysis. *The Lancet Psychiatry*, 3(5), 415–424.
- Choi, J., Laibson, D., and Madrian, B. C. (2006). *Saving for Retirement on the Path of Least Resistance, in Behavioral Public Finance: Toward a New Agenda*. E. McCaffrey and J. Slemrod (Eds.). Russell Sage Foundation.
- Christakis, N. A., and Fowler, J. H. (2007). The spread of obesity in a large social network over 32 years. *New England Journal of Medicine*, 357(4), 370–379.
- Clark, A. E. (2003). Unemployment as a social norm: Psychological evidence from panel data. *Journal of Labour Economics*, 21(2), 323–351.
- Clark, A. E., and Díaz Serrano, L. (2020). The Long-run effects of housing on well-being.
- Clark, A. E., Flèche, S., Layard, R., Powdthavee, N., and Ward, G. (2017). The key determinants of happiness and misery. CEP Discussion Paper, London School of Economics.
- Clark, A. E., Flèche, S., Layard, R., Powdthavee, N., and Ward, G. (2018). *The Origins of Happiness: The Science of Wellbeing over the Life Course*. Princeton University Press.
- Clark, A. E., Frijters, P., and Shields, M. A. (2008). Relative income, happiness, and utility: An explanation for the Easterlin paradox and other puzzles. *Journal of Economic literature*, 46(1), 95–144.
- Clark, A. E., and Georgellis, Y. (2013). Back to baseline in Britain: Adaptation in the British household panel survey. *Economica*, 80(319), 496–512.
- Clark, A. E., Layard, R., and Senik, C. (2012). The causes of happiness and misery. In *World Happiness Report 2012*. J. F. Helliwell, R. Layard and J. Sachs (Eds.). Sustainable Development Solutions Network.

- Clark, A. E., and Lelkes, O. (2009). Let us pray: Religious interactions in life satisfaction. PSE Working Paper No 2009-01. Paris School of Economics.
- Clark, A. E., and Lepinteur, A. (2019). The causes and consequences of early-adult unemployment: Evidence from cohort data. *Journal of Economic Behavior & Organization*, 166, 107–124.
- Clark, B., Chatterjee, K., Martin, A., and Davis, A. (2020). How commuting affects subjective wellbeing. *Transportation*, 47(6), 2777–2805.
- Clark, D. M. (2018). Realizing the mass public benefit of evidence-based psychological therapies: The IAPT program. *Annual Review of Clinical Psychology*, 14, 159–183.
- Clark, D. M., Canvin, L., Green, J., Layard, R., Pilling, S., and Janecka, M. (2018). Transparency about the outcomes of mental health services (IAPT approach): An analysis of public data. *The Lancet*, 391(10121), 679–686.
- Clark, D. M., Ehlers, A., Hackmann, A., McManus, F., Fennell, M., Grey, N., . . . and Wild, J. (2006). Cognitive therapy versus exposure and applied relaxation in social phobia: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 74(3), 568.
- Clark, D. M., Layard, R., and Smithies, R. (2009). Improving access to psychological therapy: Initial evaluation of two UK demonstration sites. CEP Discussion Paper 897. London School of Economics.
- Clifton, J., and Harter, J. (2019) *It's the Manager*. Gallup Press.
- Coghill, R. C. (2010). Individual differences in the subjective experience of pain: New insights into mechanisms and models. *Headache: The Journal of Head and Face Pain*, 50(9): 1531–1535.
- Coghill, R. C., McHaffie, J. G., and Yen, Y. F. (2003). Neural correlates of interindividual differences in the subjective experience of pain. *Proceedings of the National Academy of Sciences*, 100(14), 8538–8542.
- Cohen, S., Miller, G. E., and Rabin, B. S. (2001). Psychological stress and antibody response to immunization: A critical review of the human literature. *Psychosomatic Medicine*, 63(1), 7–18.
- Cohn, A., Maréchal, M. A., Tannenbaum, D., and Zünd, C. L. (2019). Civic honesty around the globe. *Science*, 365(6448), 70–73.
- Cole-King, A., and Harding, K. G. (2001). Psychological factors and delayed healing in chronic wounds. *Psychosomatic Medicine*, 63(2), 216–220.
- Collier, P. (2013). *Exodus: How Migration Is Changing Our World*. Oxford University Press.
- Cooper, C., and Dewe, P. (2008). Well-being – absenteeism, presenteeism, costs and challenges. *Occupational Medicine*, 58(8), 522–524.
- Cotofan, M., Cassar, L., Dur, R., and Meier, S. (2021a). Macroeconomic conditions when young shape job preferences for life. *The Review of Economics and Statistics*. doi.org/10.1162/rest_a_01057.
- Cotofan, M., De Neve, J. E., Golin, M., Kaats, M., and Ward, G. (2021b). Work and well-being during COVID-19: Impact, inequalities, resilience, and the future of work. In J. F. Helliwell, R. Layard, J. Sachs and J. E. De Neve (Eds.). *World Happiness Report 2021* (p. 153). The Earth Institute.
- Crépon, B., Duflo, E., Gurgand, M., Rathelot, R., and Zamora, P. (2013). Do labour market policies have displacement effects? Evidence from a clustered randomized experiment. *The Quarterly Journal of Economics*, 128(2), 531–580.
- Creswell, J. D., Taren, A. A., Lindsay, E. K., Greco, C. M., Gianaros, P. J., Fairgrieve, A., . . . and Ferris, J. L. (2016). Alterations in resting-state functional connectivity link mindfulness

- meditation with reduced interleukin-6: a randomized controlled trial. *Biological Psychiatry*, 80(1), 53–61.
- Dahl, C. J., Wilson-Mendenhall, C. D., and Davidson, R. J. (2020). The plasticity of well-being: A training-based framework for the cultivation of human flourishing. *Proceedings of the National Academy of Sciences*, 117(51), 32197–32206.
- Dahl, M. S., and Pierce, L. (2019). Pay-for-performance and employee mental health: Large sample evidence using employee prescription drug usage. *Academy of Management Discoveries*, 26 February.
- Danese, A., and Widom, C. S. (2020). Objective and subjective experiences of child maltreatment and their relationships with psychopathology. *Nature Human Behaviour*, 4(8), 811–818.
- Danese, A., Pariante, C. M., Caspi, A., Taylor, A., and Poulton, R. (2007). Childhood maltreatment predicts adult inflammation in a life-course study. *Proceedings of the National Academy of Sciences*, 104(4), 1319–1324.
- Danner, D., Snowden, D., and Friesen, W. (2001). Positive emotions in early life and longevity: Findings from the nun study. *Journal of Personality and Social Psychology*, 80, 804–813.
- Dasgupta, P., Managi, S., and Kumar, P. (2021). The inclusive wealth index and sustainable development goals. *Sustainability Science*, 1–5.
- Davidson, R. J., and Schuyler, B. S. (2015). Neuroscience of happiness. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2015* (pp. 88–105). Sustainable Development Solutions Network.
- Davidson, R. J., Kabat-Zinn, J., Schumacher, J., Rosenkranz, M., Muller, D., Santorelli, S. F., . . . and Sheridan, J. F. (2003). Alterations in brain and immune function produced by mindfulness meditation. *Psychosomatic Medicine*, 65(4), 564–570.
- Davis, R. S. (2012) Unionization and work attitudes: How union commitment influences public sector job satisfaction. *Public Administration Review*, 73(1), 74–84.
- Daykin, N., Mansfield, L., Payne, A., Kay, T., Meads, C., D’Innocenzo, G., . . . and Victor, C. (2017). What works for wellbeing in culture and sport? Report of a DELPHI process to support coproduction and establish principles and parameters of an evidence review. *Perspectives in Public Health*, 137(5), 281–288.
- de Lazari-Radek, K., and Singer, P. (2017). *Utilitarianism: A Very Short Introduction*: Oxford University Press.
- De Neve, J. E. (2018). Work and well-being: A global perspective. *Global Happiness and Well-Being Policy Report 2018*.
- De Neve, J. E., Clark, A. E., Krekel, C., Layard, R., and O’donnell, G. (2020). Taking a wellbeing years approach to policy choice. *BMJ*, 371.
- De Neve, J. E., Diener, E., Tay, L., and Xuereb, C. (2013). The objective benefits of subjective well-being. In J. F. Helliwell, R. Layard, and J. Sachs (Eds.). *World Happiness Report 2013*. Sustainable Development Solutions Network.
- De Neve, J. E., and Krekel, C. (2020). Cities and happiness: a global ranking and analysis. In D. E. Neve, J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2020*. Sustainable Development Solutions Network.
- De Neve, J. E., and Oswald, A. J. (2012). Estimating the influence of life satisfaction and positive affect on later income using sibling fixed effects. *Proceedings of the National Academy of Sciences*, 109(49), 19953–19958.
- De Neve, J. E., and Sachs, J. D. (2020). The SDGs and human well-being: A global analysis of synergies, trade-offs, and regional differences. *Scientific Reports*, 10(1), 1–12.

- De Neve, J. E., and Ward, G. (2017). Happiness at work. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2017*. Sustainable Development Solutions Network.
- De Neve, J. E., Ward, G., De Keulenaer, F., Van Landeghem, B., Kavetsos, G., and Norton, M. I. (2018). The asymmetric experience of positive and negative economic growth: Global evidence using subjective well-being data. *Review of Economics and Statistics*, 100(2), 362–375.
- Deacon, B. J., and Abramowitz, J. S. (2005). Patients' perceptions of pharmacological and cognitive-behavioral treatments for anxiety disorders. *Behavior Therapy*, 36, 139–145.
- Deaton, A., and Cartwright, N. (2018). Understanding and misunderstanding randomized controlled trials. *Social Science & Medicine*, 210, 2–21.
- Deci, E. L., and Ryan, R. M. (1985). *Intrinsic Motivation and Self-Determination in Human Behavior*. Plenum.
- Deci, E. L., and Ryan, R. M. (2000). The 'what' and 'why' of goal pursuits: Human needs and the self-determination of behavior. *Psychological Inquiry*, 11(4), 227–268.
- Dee, T. S., and M. R. West (2011). The non-cognitive returns to class size. *Educational Evaluation and Policy Analysis*, 33(1), 23–46.
- Delhey J. (2014) Domain satisfaction. In A.C. Michalos (Ed.). *Encyclopedia of Quality of Life and Well-Being Research*. Springer. doi.org/10.1007/978-94-007-0753-5_769.
- Department for Education (DfE) (2012). The impact of Sure Start local programmes on seven year olds and their families. National Evaluation of Sure Start Team, Research Report DFE-RR220. London, Department for Education.
- Department of Housing, Communities and Local Government (2014). Housing and well-being report. English Housing Survey 2014. Office for National Statistics.
- Deters, F. G., and Mehl, M. R. (2013). Does posting Facebook status updates increase or decrease loneliness? An online social networking experiment. *Social Psychological and Personality Science*, 4(5), 579–586.
- Di Tella, R., and MacCulloch, R. (2005). Partisan social happiness. *The Review of Economic Studies*, 72(2), 367–393.
- Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95(3), 542–575.
- Diener, E., Inglehart, R., and Tay, L. (2013). Theory and validity of life satisfaction scales. *Social Indicators Research*, 112(3), 497–527.
- Diener, E., and Lucas, R. E. (1999). Personality and subjective well-being. In D. Kahneman, E. Diener and N. Schwarz (Eds.). *Well-Being* (pp. 213–229). Russell Sage Foundation.
- Diener, E., Suh, E. M., Smith, H., and Shao, L. (1995). National differences in reported subjective well-being: Why do they occur? *Social Indicators Research*, 34(1), 7–32.
- Diener, E., Tay, L., and Myers, D. G. (2011). The religion paradox: If religion makes people happy, why are so many dropping out? *Journal of Personality and Social Psychology*, 101(6), 1278.
- DiJulio B., Hamel, L, Munana C., and Brodie M. (2018). Loneliness and social isolation in the United States, the United Kingdom, and Japan: An international survey. Report to the Kaiser Family Foundation and The Economist.
- Dohmen, T., Falk, A., Fliessbach, K., Sunde, U., and Weber, B. (2011). Relative versus absolute income, joy of winning, and gender: Brain imaging evidence. *Journal of Public Economics*, 95(3–4), 279–285.
- Dolan, P., and Testoni, S. (2017a). Music, singing and wellbeing. What Works Centre for Wellbeing.

- Dolan, P., and Testoni, S. (2017b). The relationship between engagement in sport or physical activity and subjective wellbeing among healthy young adults. What Works Centre for Wellbeing.
- Dolan, P. (2014). *Happiness by Design: Finding Pleasure and Purpose in Everyday Life*. Penguin.
- Dolan, P. (2019). *Happy Ever After: Escaping the Myth of the Perfect Life*. Penguin.
- Dolan, P., and Kahneman, D. (2008). Interpretations of utility and their implications for the valuation of health. *Economic Journal*, 118(525), 215–234.
- Dolan, P., Krekel, C., Shreedhar, G., Lee, H., Marshall, C., and Smith, A. (2021). Happy to help: The welfare effects of a nationwide micro-volunteering programme. Centre for Economic Performance DP1772. London School of Economics.
- Dolan, P., and Laffan, K. (2016). Bad air days: The effects of air quality on different measures of subjective well-being. *Journal of Benefit-Cost Analysis*, 7(1), 147–195.
- Dolan, P., Metcalfe, R., and Powdthavee, N. (2008). Electing happiness: Does happiness affect voting and do elections affect happiness? Department of Economics and Related Studies. University of York.
- Donegani, C. P., and McKay S. (2012). Is there a paradox of lower job satisfaction among trade union members? European evidence. *Transfer: European Review of Labour and Research* 18(4), 471–489.
- Duncan, G. J., and Brooks-Gunn J. (Eds.). (1999). *Consequences of Growing up Poor*. Russell Sage Foundation.
- Dunn, E. W., Aknin, L. B., and Norton, M. I. (2008). Spending money on others promotes happiness. *Science*, 319(5870), 1687–1688.
- Dunning, D. L., Griffiths, K., Kuyken, W., Crane, C., Foulkes, L., Parker, J., and Dalgleish, T. (2019). Research review: The effects of mindfulness-based interventions on cognition and mental health in children and adolescents – a meta-analysis of randomized controlled trials. *Journal of Child Psychology and Psychiatry*, 60(3), 244–258.
- Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., and Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. *Child Development*, 82(1), 405–432.
- Dustmann, C., and Fasani, F. (2016). The effect of local area crime on mental health. *The Economic Journal*, 126(593), 978–1017.
- Dutton, J. E. (2003). *Energize Your Workplace: How to Create and Sustain High-Quality Connections at Work*. Jossey-Bass.
- Dutton, J. E., and Ragins, B. R. (2007). *Exploring Positive Relationships at Work*. Lawrence Erlbaum Associates.
- Easterlin, R. A. (1974). Does economic growth improve the human lot? Some empirical evidence. In *Nations and Households in Economic Growth* (pp. 89–125). Academic Press.
- Easterlin, R. A., and O'Connor, K. (2020). The Easterlin paradox. IZA Discussion Paper No. 13923.
- Easterlin, R. A., Wang, F., and Wang, S. (2017). Growth and happiness in China, 1990–2015. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2017* (pp. 48–83). Sustainable Development Solutions Network.
- Edmans, A. (2012). The link between job satisfaction and firm value, with implications for corporate social responsibility. *Academy of Management Perspectives*, 26(4), 1–19.
- Eisenberger, N. I., Lieberman, M. D., and Williams, K. D. (2003). Does rejection hurt? An fMRI study of social exclusion. *Science*, 302(5643), 290–292.

- Eley, T. C., Hudson, J. L., Creswell, C., Tropeano, M., Lester, K. J., Cooper, P., . . . and Collier, D. A. (2012). Therapygenetics: The 5HTTLPR and response to psychological therapy. *Molecular Psychiatry*, 17(3), 236–237.
- Ellison, C. G. (1991). Religious involvement and subjective well-being. *Journal of Health and Social Behavior*, 80–99.
- Epstein, N. B., LaTaillade, J. J., Werlinich, C. A. (2015). Couple therapy for partner aggression. In J. L. L. A. S. Gurman, D. K. Snyder (Eds.). *Clinical Handbook of Couple Therapy* (5th ed., pp. 389–411). Guilford Press.
- Esping-Andersen, G. (1990). *The Three Worlds of Welfare Capitalism*. Princeton University Press.
- EU Council (2019). The economy of wellbeing: Creating opportunities for people's wellbeing and economic growth (13171/19). Brussels: Council of the European Union. <https://data.consilium.europa.eu/doc/document/ST-13171-2019-INIT/en/pdf>.
- Evans, D. (2003). *Placebo: The Belief Effect*. HarperCollins.
- Fearon, R. P., and G. I. Roisman (2017). Attachment theory: Progress and future directions. *Current Opinion in Psychology*, 15, 131–136.
- Fehr, E., and Fischbacher U. (2003). The nature of human altruism. *Nature* 425(23 October), 785–791.
- Feinberg, M. E., Jones, D. E., Kan, M. L., and Goslin, M. C. (2010). Effects of family foundations on parents and children: 3.5 years after baseline. *Journal of Family Psychology*, 24(5), 532.
- Ferejohn, J. (1986). Incumbent performance and electoral control. *Public Choice*, 50(1), 5–25.
- Ferris, L. J., Jetten, J., Hornsey, M. J., and Bastian, B. (2019). Feeling hurt: Revisiting the relationship between social and physical pain. *Review of General Psychology*, 23(3), 320–335.
- Flavin, P. (2019). State government public goods spending and citizens' quality of life. *Social Science Research*, 78, 28–40.
- Flavin, P., and Keane, M. J. (2012). Life satisfaction and political participation: Evidence from the United States. *Journal of Happiness Studies*, 13(1), 63–78.
- Flavin, P., Pacek, A. C., and Radcliff, B. (2011). State intervention and subjective well-being in advanced industrial democracies. *Politics & Policy*, 39(2), 251–269.
- Flavin, P., Pacek, A. C., and Radcliff, B. (2014). Assessing the impact of the size and scope of government on human well-being. *Social Forces*, 92(4), 1241–1258.
- Flèche, S. (2017a). Teacher quality, test scores and non-cognitive skills: Evidence from primary school teachers in the UK. CEP Discussion Paper No. 1472. Centre for Economic Performance.
- Flèche, S. (2017b). The welfare consequences of centralization: Evidence from a quasi-natural experiment in Switzerland. *Review of Economics and Statistics*, 1–45.
- Flèche, S., Clark, A. E., and Lekfuangfu, W. (2021) The long-lasting effects of family and childhood on adult wellbeing: Evidence from British cohort data. *Journal of Economic Behavior & Organization*, 181, 290–311.
- Fleurbaey, M., and Schwandt, H. (2015). Do People Seek to Maximize Their Subjective Well-Being? IZA Discussion Paper No.9450.
- Fonagy, P. (2015). The effectiveness of psychodynamic psychotherapies: an update. *World Psychiatry*, 14(2), 137–150.
- Ford, T., Collishaw, S., Meltzer, H., and Goodman, R. (2007). A prospective study of childhood psychopathology: Independent predictors of change over three years. *Social Psychiatry and Psychiatric Epidemiology*, 42(12), 953–961.
- Ford, T., Goodman, R., and Meltzer, H. (2004). The relative importance of child, family, school and neighbourhood correlates of childhood psychiatric disorder. *Social Psychiatry and Psychiatric Epidemiology*, 39(6), 487–496.

- Ford, T., Hayes, R., Byford, S., Edwards, V., Fletcher, M., Logan, S., . . . and Ukoumunne, O. C. (2019). The effectiveness and cost-effectiveness of the Incredible Years[®] Teacher Classroom Management programme in primary school children: Results of the STARS cluster randomised controlled trial. *Psychological Medicine*, 49(5), 828–842.
- Foresight Mental Capital and Wellbeing Project (2008). Final project report. The Government Office for Science, London. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/292450/mental-capital-wellbeing-report.pdf.
- Fortin, N., Helliwell, J. F., and Wang, S. (2015). How does subjective well-being vary around the world by gender and age. In J. F. Helliwell, R. Layard and J. Sachs (Eds.), *World Happiness Report 2015* (pp. 42–75). Sustainable Development Solutions Network.
- Fournier, J. C., DeRubeis, R. J., Amsterdam, J., Shelton, R. C., and Hollon, S. D. (2014). Gains in employment status following antidepressant medication or cognitive therapy for depression. *British Journal of Psychiatry*, 206(4), 332–338.
- Fowler, J. H., and Christakis, N. A. (2008). Dynamic spread of happiness in a large social network: Longitudinal analysis over 20 years in the Framingham Heart Study. *BMJ*, 337.
- Frank, R. H. (1988). *Passions within Reason: The Strategic Role of the Emotions*. Norton.
- Fredrickson, B. (2013). *Love 2.0: How Our Supreme Emotion Affects Everything We Feel, Think, Do, and Become*. Avery.
- Fredrickson, B. L. (2000). Cultivating positive emotions to optimize health and well-being. *Prevention & Treatment*, 3(1), Article 1.
- Fredrickson, B. L. (2004). The broaden-and-build theory of positive emotions. *Philosophical Transactions of the Royal Society of London. Series B: Biological Sciences*, 359(1449), 1367–1377.
- Fredrickson, B. L., and C. Branigan (2005). Positive emotions broaden the scope of attention and thought-action repertoires. *Cognition & Emotion* 19(3), 313–332.
- Fredriksson, P., Öckert, B., and Oosterbeek, H. (2013). Long-term effects of class size. *The Quarterly Journal of Economics*, 128(1), 249–285.
- Freeman, R. B. (1978). Job satisfaction as an economic variable. *American Economic Review*, 68(2), 135–141.
- Freeman, R. B., and J. Medoff, (1984). *What Do Unions Do?* Basic Books.
- Frey, B. S. (2008). *Happiness: A Revolution in Economics*. MIT Press.
- Frey, B. S. (2010). *Happiness: A Revolution in Economics*. MIT Press.
- Frey, B. S., Benz, M., and Stutzer, A. (2004). Introducing procedural utility: Not only what, but also how matters. *Journal of Institutional and Theoretical Economics (JITE)/Zeitschrift für die gesamte Staatswissenschaft*, 377–401.
- Frijters, P., and Beaton, T. (2012). The mystery of the U-shaped relationship between happiness and age. *Journal of Economic Behavior & Organization*, 82(2–3), 525–542.
- Frijters, P., Clark, A. E., Krekel, C., and Layard, R. (2020). A happy choice: Wellbeing as the goal of government. *Behavioural Public Policy*, 4(2), 126–165.
- Frijters, P., Geishecker, I., Haisken-DeNew, J. P., and Shields, M. A. (2006). Can the large swings in Russian life satisfaction be explained by ups and downs in real incomes? *Scandinavian Journal of Economics*, 108(3), 433–458.
- Frijters, P., Haisken-DeNew, J. P., and Shields, M. A. (2004). Investigating the patterns and determinants of life satisfaction in Germany following reunification. *Journal of Human Resources*, 39(3), 649–674.
- Frijters, P., Johnston, D. W., and Shields, M. A. (2011). Happiness dynamics with quarterly life event data. *Scandinavian Journal of Economics*, 113(1), 190–211.

- Frijters, P., and Krekel, C. (2021). *A Handbook for Wellbeing Policy-Making in the UK: History, Measurement, Theory, Implementation, and Examples*. Oxford University Press.
- Fujita, F., and Diener, E. (2005). Life satisfaction set point: Stability and change. *Journal of Personality and Social Psychology*, 88(1), 158.
- Garde, A. H., Albertsen, K., Nabe-Nielsen, K., Carneiro, I. G., Skotte, J., Hansen, S. M., . . . and Hansen, Å. M. (2012). Implementation of self-rostering (the PRIO project): Effects on working hours, recovery, and health. *Scandinavian Journal of Work, Environment & Health*, 314–326.
- Gautier, P., Muller, P., van der Klaauw, B., Rosholm, M., and Svarer, M. (2018). Estimating equilibrium effects of job search assistance. *Journal of Labour Economics*, 36(4), 1073–1125.
- Genesove, D., and Mayer, C. (2001). Loss aversion and seller behavior: Evidence from the housing market. *The Quarterly Journal of Economics*, 116(4), 1233–1260.
- Giattino, C., Ortiz-Ospina, E., and Roser, M. (2013). Working hours. OurWorldInData.org. <https://ourworldindata.org/working-hours>
- Gibbons, S., Mourato, S., and Resende, G. M. (2014). The amenity value of English nature: A hedonic price approach. *Environmental and Resource Economics*, 57(2), 175–196.
- Gilbert, D. (2009). *Stumbling on Happiness*. Vintage Canada.
- Gilbert, D. T., and Wilson, T. D. (2000). Miswanting: Some problems in the forecasting of future affective states. In J. P. Forgas (Ed.). *Studies in Emotion and Social Interaction, Second Series. Feeling and thinking: The Role of Affect in Social Cognition* (pp. 178–197). Cambridge University Press.
- Gimenez-Nadal, J. I., and Sevilla, A. (2012). Trends in time allocation: A cross-country analysis. *European Economic Review*, 56(6), 1338–1359.
- Glaeser, E. L., Gottlieb, J. D., and Ziv, O. (2016). Unhappy cities. *Journal of Labor Economics*, 34(S2), S129–S182.
- Glaeser, E. L., Laibson, D. I., Scheinkman, J. A., and Soutter, C. L. (2000). Measuring trust. *The Quarterly Journal of Economics*, 115(3), 811–846. doi:10.1162/003355300554926.
- Goetzke, F., and Islam, S. (2017). Testing for spatial equilibrium using happiness data. *Journal of Regional Science*, 57(2), 199–217.
- Goff, L., Helliwell, J. F., and Mayraz, G. (2018). Inequality of subjective well-being as a comprehensive measure of inequality. *Economic Inquiry*, 56(4), 2177–2194. doi:10.1111/ecin.12582.
- Golder, S. A., and Macy, M. W. (2011). Diurnal and seasonal mood vary with work, sleep, and daylength across diverse cultures. *Science*, 333(6051), 1878–1881.
- Goleman, D. (1995). *Emotional Intelligence*. Bantam Books.
- Goleman, D., and Davidson, R. (2017). *The Science of Meditation: How to Change your Brain, Mind and Body*. Penguin UK.
- Goodman, R., and Scott, S. (2012). *Child and Adolescent Psychiatry*. John Wiley & Sons.
- Graham, C. (2012). *Happiness around the World: The Paradox of Happy Peasants and Miserable Millionaires*. Oxford University Press.
- Grant, A. M. (2008). The significance of task significance: Job performance effects, relational mechanisms, and boundary conditions. *Journal of Applied Psychology*, 93(1), 108.
- Groh, A. M., Roisman, G. I., Booth-LaForce, C., Fraley, R. C., Owen, M. T., Cox, M. J., and Burchinal, M. R. (2014). Stability of attachment security from infancy to late adolescence. *Monographs of the Society for Research in Child Development*, 79(3), 51–66.
- Gross, J. (2010). SEAL: The big experiment. *Better: Evidence-Based Education*, 2(2): 6–7.

- Gruber, J. H., and Mullainathan, S. (2005). Do cigarette taxes make smokers happier. *The BE Journal of Economic Analysis & Policy*, 5(1), n.p.
- Gruber, J., Lordan, G., Pilling, S., Propper, C., and Saunders, R. (2019). Quantifying the impact on hospital use of a national psychological treatment programme (IAPT) for patients with long-term chronic conditions: A difference-in-differences analysis. Imperial College Business School. Mimeo.
- Hallam, S., Rhamie, J., and Shaw, J. (2006). Evaluation of the primary behaviour and attendance pilot. London. Department for Education and Skills.
- Halpern, D. (1995). *Mental Health and the Built Environment: More than Bricks and Mortar?* Taylor & Francis.
- Hamermesh, D. S., Kawaguchi, D., and Lee, J. (2017). Does labor legislation benefit workers? Well-being after an hours reduction. *Journal of the Japanese and International Economies*, 44, 1–12.
- Hamilton, W. D. (1971). Geometry for the selfish herd. *Journal of Theoretical Biology*, 31(2), 295–311.
- Hanh, T. N. (2001). *Anger: Buddhist Wisdom for Cooling the Flames*. Rider.
- Hanh, T. N. (2008). *The Miracle Of Mindfulness: The Classic Guide to Meditation* (reprint). Rider.
- Hanh, T. N., and K. Weare (2017). *Happy Teachers Change the World: A Guide for Cultivating Mindfulness in Education*. Parallax Press.
- Hanniball, K. B., Viljoen, J. L., Shaffer, C. S., Bhatt, G., Tweed, R., Akin, L. B., . . . and Dooley, S. (2021). The role of life satisfaction in predicting youth violence and offending: A prospective examination. *Journal of Interpersonal Violence*, 36(11–12), 5501–5529.
- Hanson, R. (2016). *Hardwiring Happiness: The New Brain Science of Contentment, Calm, and Confidence*. Harmony.
- Hanushek, E. A. (1999). Some findings from an independent investigation of the Tennessee STAR experiment and from other investigations of class size effects. *Educational Evaluation and Policy Analysis*, 21(2), 143–163.
- Happy Planet Index (2016). *A Global Index of Sustainable Wellbeing*. New Economics Foundation.
- Harbaugh, W. T., Mayr, U., and Burghart, D. R. (2007). Neural responses to taxation and voluntary giving reveal motives for charitable donations. *Science*, 316(5831), 1622–1625.
- Hare, R. M. (1981). *Moral Thinking: Its Levels, Method, and Point*. Clarendon Press; Oxford University Press.
- Harju, J., Jäger, S., and Schoefer, B. (2021). Voice at work (No. w28522). National Bureau of Economic Research.
- Harsanyi, J. (1955a). Cardinal utility in welfare economics and in the theory of risk-taking. *Journal of Political Economy*, 61(5), 413–433.
- Harsanyi, J. (1955b). Cardinal welfare, individualistic ethics, and interpersonal comparisons of utility. *Journal of Political Economy*, 63(4), 309–321.
- Harter, J., and Adkins, A. (2015). Employees want a lot more from their managers. Gallup. www.gallup.com/workplace/236570/employees-lot-managers.aspx.
- Harter, J. K., Schmidt, F. L., Asplund, J. W., Killham, E. A., and Agrawal, S. (2010). Causal impact of employee work perceptions on the bottom line of organizations. *Perspectives on Psychological Science*, 5(4), 378–389.
- Haworth, C. M., and Davis, O. S. (2014). From observational to dynamic genetics. *Frontiers in Genetics*, 5, 6.

- Haworth, C. M., Nelson, S. K., Layous, K., Carter, K., Jacobs Bao, K., Lyubomirsky, S., and Plomin, R. (2016). Stability and change in genetic and environmental influences on well-being in response to an intervention. *PlosOne*, 11(5), e0155538.
- Headey, B. (2006). *Revising Set-Point Theory and Dynamic Equilibrium Theory to Account for Long-Term Change*. DIW.
- Healy, A., and Malhotra, N. (2013). Retrospective voting reconsidered. *Annual Review of Political Science*, 16, 285–306.
- Healy, A. J., Malhotra, N., and Mo, C. H. (2010). Irrelevant events affect voters' evaluations of government performance. *Proceedings of the National Academy of Sciences*, 107(29), 12804–12809.
- Heatheron, T. F., and Wagner, D. D. (2011). Cognitive neuroscience of self-regulation failure. *Trends in Cognitive Sciences*, 15(3), 132–139.
- Heckman, J. J., Moon, S. H., Pinto, R., Savelyev, P. A., and Yavitz, A. (2010). The rate of return to the HighScope Perry Preschool Program. *Journal of public Economics*, 94(1–2), 114–128.
- Heller, A. S., Johnstone, T., Light, S. N., Peterson, M. J., Kolden, G. G., Kalin, N. H., and Davidson, R. J. (2013). Relationships between changes in sustained fronto-striatal connectivity and positive affect in major depression resulting from antidepressant treatment. *American Journal of Psychiatry*, 170(2), 197–206. doi:10.1176/appi.ajp.2012.12010014.
- Helliwell, J. F. (2003). How's life? Combining individual and national variables to explain subjective well-being. *Economic Modelling*, 20(2), 331–360.
- Helliwell, J. F. (2007). Well-being and social capital: Does suicide pose a puzzle? *Social Indicators Research*, 81(3), 455–496. doi:10.1007/s11205-006-0022-y.
- Helliwell, J. F. (2021). Measuring and using happiness to support public policies. In M. T. Lee, L. D. Kubzansky and T. J. VanderWeele (Eds.), *Measuring Well-Being: Interdisciplinary Perspectives from the Social Sciences and the Humanities* (pp. 20–93). Oxford University Press.
- Helliwell, J. F., Aknin, L. B., Shiple, H., Huang, H., and Wang, S. (2018). Social capital and prosocial behaviour as sources of well-being. In E. Diener, S. Oishi and L. Tay (Eds.), *Handbook of Well-Being*. DEF.
- Helliwell, J. F., and Huang, H. (2008). How's your government? International evidence linking good government and well-being. *British Journal of Political Science*, 38(4), 595–619.
- Helliwell, J. F., Huang, H., Grover, S., and Wang, S. (2014). Good governance and national well-being: What are the linkages? OECD Working Papers on Public Governance, No. 25.
- Helliwell, J. F., Huang, H., Grover, S., and Wang, S. (2018). Empirical linkages between good governance and national well-being. *Journal of Comparative Economics*, 46(4), 1332–1346.
- Helliwell, J. F., Huang, H. and Wang, S. (2016). The distribution of world happiness. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2016* (pp. 8–49). Sustainable Development Solutions Network.
- Helliwell, J. F., Huang, H., and Wang, S. (2017). Social Foundations of World Happiness. In J. F. Helliwell, R. Layard and J. Sachs (Eds.), *World Happiness Report 2017* (pp. 8–47). Sustainable Development Solutions Network.
- Helliwell, J. F., Huang, H., and Wang, S. (2019). Changing world happiness. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2019* (pp. 11–46). Sustainable Development Solutions Network.
- Helliwell, J. F., Huang, H., Wang, S., and Norton, M. (2020). Social environments for world happiness. In J. F. Helliwell, R. Layard, J. Sachs and J. E. De Neve (Eds.). *World Happiness Report 2020* (pp. 13–45). Sustainable Development Solutions Network.

- Helliwell, J. F., Huang, H., Wang, S., and Norton, M. (2021). World happiness, trust and deaths under COVID-19. In J. F. Helliwell, R. Layard, J. Sachs and J. E. De Neve, (Eds.). *World Happiness Report 2021* (pp. 13–56). Sustainable Development Solutions Network.
- Helliwell, J. F., Huang, H., Wang, S., and Shiplett, H. (2018). International migration and world happiness. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2018* (pp. 13–44). Sustainable Development Solutions Network.
- Helliwell, J. F., Layard, R., and Sachs, J. (2012). *World Happiness Report*. Sustainable Development Solutions Network.
- Helliwell, J. F., Layard, R., and Sachs, J. (Eds.). (2018). *World Happiness Report 2018*. New York: Sustainable Development Solutions Network.
- Helliwell, J. F., and Putnam, R. D. (2004). The social context of well-being. *Philosophical Transactions of the Royal Society of London. Series B: Biological Sciences*, 359(1449), 1435–1446.
- Helliwell, J. F., and Wang, S. (2010). Trust and well-being (No. w15911). National Bureau of Economic Research.
- Helliwell, J. F., and Wang, S. (2012). The state of world happiness. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2012* (pp. 10–57). Sustainable Development Solutions Network.
- Helliwell, J. F., and Wang, S. (2014). Weekends and subjective well-being. *Social Indicators Research*, 116(2), 389–407.
- Herrin, J., Witters, D., Roy, B., Riley, C., Liu, D., and Krumholz, H. M. (2018). Population well-being and electoral shifts. *PLoSOne*, 13(3), e0193401.
- Hetschko, C. (2016). On the misery of losing self-employment. *Small Business Economics*, 47(2), 461–478.
- Hetschko, C., Knabe, A., and Schöb, R. (2019). Looking back in anger? Retirement and unemployment scarring. *Demography*, 56(3), 1105–1129.
- Hetschko, C., Knabe, A., and Schöb, R. (2021). Happiness, work, and identity (No. 783). GLO Discussion Paper.
- Hicks, J. R. (1940). The valuation of the social income. *Economica*, 7(26), 105–124.
- Hills, T. T., Proto, E., Sgroi, D., and Seresinhe, C. I. (2019). Historical analysis of national subjective wellbeing using millions of digitized books. *Nature Human Behaviour*, 3(12), 1271–1275.
- HM Treasury (2020). *The Green Book: Central Government Guidance on Appraisal and Evaluation*. OGL Press.
- HM Treasury. (2021). *Wellbeing Guidance for Appraisal: Supplementary Green Book Guidance*. OGL Press
- Hollon, S. D., and Beck, A. T. (2013). Cognitive and cognitive-behavioral therapies. *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 6, 393–442.
- Holt-Lunstad, J., Smith, T. B., and Layton, J. B. (2010). Social relationships and mortality risk: A meta-analytic review. *PLoS Medicine*, 7(7), e1000316.
- Holt-Lunstad, J., Smith, T. B., Baker, M., Harris, T., and Stephenson, D. (2015). Loneliness and social isolation as risk factors for mortality: A meta-analytic review. *Perspectives on Psychological Science*, 10(2), 227–237.
- Hölzel, B. K., Carmody, J., Vangel, M., Congleton, C., Yerramsetti, S. M., Gard, T., and Lazar, S. W. (2011). Mindfulness practice leads to increases in regional brain gray matter density. *Psychiatry Research: Neuroimaging*, 191(1), 36–43.
- Hoxby, C. M. (2000). The effects of class size on student achievement: New evidence from population variation. *Quarterly Journal of Economics*, 115(4), 1239–1285.

- Humphrey, N., Lendrum, A., and Wigelsworth, M. (2010). Social and emotional aspects of learning (SEAL) programme in secondary schools: National evaluation. Department for Education. DFE Research Report (RR049).
- Huppert, F. A. (2009). Psychological well-being: Evidence regarding its causes and consequences. *Applied Psychology: Health and Well-Being*, 1(2), 137–164.
- Hutter, N., Schnurr, A., and Baumeister, H. (2010). Healthcare costs in patients with diabetes mellitus and comorbid mental disorders – a systematic review. *Diabetologia*, 53, 2470–2479. doi:10.1007/s00125-010-1873-y.
- Iaffaldano, M. T., and Muchinsky, P. M. (1985). Job satisfaction and job performance: A meta-analysis. *Psychological Bulletin*, 97(2), 251.
- Ialongo, N. S., Werthamer, L., Kellam, S. G., Brown, C. H., Wang, S., and Lin, Y. (1999). Proximal impact of two first-grade preventive interventions on the early risk behaviors for later substance abuse, depression, and antisocial behavior. *American Journal of Community Psychology*, 27(5), 599–641.
- Ildstad, M., Torvik, F. A., Borren, I., Rognum, K., Røysamb, E., and Tambs, K. (2015). Mental distress predicts divorce over 16 years: The HUNT study. *BMC Public Health*, 15(1), 1–10.
- Ifcher, J., Zarghamee, H., and Graham, C. (2018). Local neighbors as positives, regional neighbors as negatives: Competing channels in the relationship between others' income, health, and happiness. *Journal of Health Economics*, 57, 263–276.
- Inglehart, R. F., and Norris, P. (2016). Trump, Brexit, and the rise of populism: Economic have-nots and cultural backlash. SSRN Papers.
- Inglehart, R. F., and Norris, P. (2017). Trump and the populist authoritarian parties: The silent revolution in reverse. *Perspectives on Politics*, 15(2), 443–454.
- International Labour Organization (2018). *Women and Men in the Informal Economy: A Statistical Picture*, 3rd ed. International Labour Organization.
- Isen, A. M., Daubman, K. A., and Nowicki, G. P. (1987). Positive affect facilitates creative problem solving. *Journal of Personality and Social Psychology*, 52(6), 1122.
- Ivlevs, A., and Veliziotis, M. (2018). Local-level immigration and life satisfaction: The EU enlargement experience in England and Wales. *Environment and Planning A: Economy and Space*, 50(1), 175–193.
- Jacobs, T. L., Epel, E. S., Lin, J., Blackburn, E. H., Wolkowitz, O. M., Bridwell, D. A., . . . and Saron, C. D. (2011). Intensive meditation training, immune cell telomerase activity, and psychological mediators. *Psychoneuroendocrinology*, 36(5), 664–681.
- Jahoda, M. (1981). Work, employment, and unemployment: Values, theories, and approaches in social research. *American Psychologist*, 36(2), 184.
- Jaidka, K., Giorgi, S., Schwartz, H. A., Kern, M. L., Ungar, L. H., and Eichstaedt, J. C. (2020). Estimating geographic subjective well-being from Twitter: A comparison of dictionary and data-driven language methods. *Proceedings of the National Academy of Sciences*, 117(19), 10165–10171.
- Jakobsson, N., Persson, M., and Svensson, M. (2013). Class-size effects on adolescents' mental health and well-being in Swedish schools. *Education Economics*, 21(3), 248–263.
- Jamshidi, J., Williams, L. M., Schofield, P. R., Park, H. R., Montalto, A., Chilver, M. R., . . . and Gatt, J. M. (2020). Diverse phenotypic measurements of wellbeing: Heritability, temporal stability and the variance explained by polygenic scores. *Genes, Brain and Behavior*, 19(8), e12694.
- Jebb, A. T., Tay, L., Diener, E., and Oishi, S. (2018). Happiness, income satiation and turning points around the world. *Nature Human Behaviour*, 2(1), 33–38.

- Jefferson, T. (1809). Thomas Jefferson to the Republicans of Washington County, Maryland, 31 March 1809. Founders Online. <https://founders.archives.gov/documents/Jefferson/03-01-02-0088>.
- Jennings, P. A., and Greenberg, M. T. (2009). The prosocial classroom: Teacher social and emotional competence in relation to student and classroom outcomes. *Review of Educational Research*, 79(1), 491–525.
- Judge, T. A., Thoresen, C. J., Bono, J. E., and Patton, G. K. (2001). The job satisfaction–job performance relationship: A qualitative and quantitative review. *Psychological Bulletin*, 127(3), 376.
- Kahneman, D. (2011). *Thinking, Fast and Slow*. Allen Lane.
- Kahneman, D., Knetsch, J. L., and Thaler, R. H. (1990). Experimental tests of the endowment effect and the Coase theorem. *Journal of Political Economy*, 98(6), 1325–1348.
- Kahneman, D., Krueger, A. B., Schkade, D. A., Schwarz, N., and Stone, A. A. (2004). A survey method for characterizing daily life experience: The day reconstruction method. *Science*, 306(5702), 1776–1780.
- Kahneman, D., Ritov, I., and Schkade, D. A. (2000). Economic preferences or attitude expressions? An analysis of dollar responses to public issues. In D. Kahneman and A. Tversky (Eds.), *Choices, Values and Frames*. Cambridge University Press; Russell Sage Foundation.
- Kaiser, C., and Vendrik, M. C. M. (2020). How threatening are transformations of happiness scales to subjective wellbeing research? INET Oxford Working Paper No. 2020-19.
- Kaldor, N. (1939). Welfare propositions of economics and interpersonal comparisons of utility. *The Economic Journal*, 549–552.
- Kameråde, D., Wang, S., Burchell, B., Balderson, S. U., and Coutts, A. (2019). A shorter working week for everyone: How much paid work is needed for mental health and well-being? *Social Science & Medicine*, 241, 112353.
- Katon, W. J. (2003). Clinical and health services relationships between major depression, depressive symptoms, and general medical illness. *Society of Biological Psychiatry*, 54, 216–226. doi:10.1016/S0006-3223(90)00273-7.
- Katz, L. F., and Krueger, A. B. (2019). The rise and nature of alternative work arrangements in the United States, 1995–2015. *ILR Review*, 72(2), 382–416.
- Kellam, S. G., Mackenzie, A. C., Brown, C. H., Poduska, J. M., Wang, W., Petras, H., and Wilcox, H. C. (2011). The good behavior game and the future of prevention and treatment. *Addiction Science & Clinical Practice*, 6(1), 73.
- Kelly, E. L., Moen, P., Oakes, J. M., Fan, W., Okechukwu, C., Davis, K. D., . . . and Casper, L. M. (2014). Changing work and work-family conflict: Evidence from the work, family, and health network. *American Sociological Review*, 79(3), 485–516.
- Kendler, K. S., Walters, E. E., Neale, M. C., Kessler, R. C., Heath, A. C., and Eaves, L. J. (1995). The structure of the genetic and environmental risk factors for six major psychiatric disorders in women: Phobia, generalized anxiety disorder, panic disorder, bulimia, major depression, and alcoholism. *Archives of General Psychiatry*, 52(5), 374–383.
- Kessler, J. B., McClellan, A., Nesbit, J., and Schotter, A. (2021). Short-term fluctuations in incidental happiness and economic decision-making: Experimental evidence from a sports bar. *Experimental Economics*, 1–29.
- Kessler, R. C., Berglund, P., Demler, O., Jin, R., Merikangas, K. R., and Walters, E. E. (2005a). Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 62, 593–602.

- Kessler, R. C., Chiu, W. T., Demler, O., Merikangas, K. R., and Walters, E. E. (2005b). Prevalence, severity, and comorbidity of 12-month DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 62(6), 617–627.
- Keyes, C. L., Shmotkin, D., and Ryff, C. D. (2002). Optimizing well-being: The empirical encounter of two traditions. *Journal of Personality and Social Psychology*, 82(6), 1007–1022.
- Kiecolt-Glaser, J. K., Marucha, P.T., Malarkey, W.B., Mercado, A. M., Glaser R. (1995). Slowing of wound healing by psychological stress. *Lancet*. 346 (8984): 1194–1196.
- Kim-Cohen, J., Caspi, A., Moffitt, T. E., Harrington, H., Milne, B. J., and Poulton, R. (2003). Prior juvenile diagnoses in adults with mental disorder: Developmental follow-back of a prospective-longitudinal cohort. *Archives of General Psychiatry*, 60, 709–17.
- Kind, M., and Haisken-DeNew, J. P. (2012). Unexpected victims: How parents' unemployment affects their children's life satisfaction (No. wp2012n02). Melbourne Institute of Applied Economic and Social Research. The University of Melbourne.
- King, D., Browne, J., Layard, R., O'Donnell, G., Rees, M., Stern, N., and Turner, A. (2015). A Global Apollo Programme to combat climate change.
- King, V. (2016). *10 Keys to Happier Living*. Headline.
- Kirby, J. N., Tellegen, C. L., and Steindl, S. R. (2017). A meta-analysis of compassion-based interventions: Current state of knowledge and future directions. *Behavior Therapy*, 48(6), 778–792.
- Kling, J., Ludwig, J., and Katz, L. (2005). Neighborhood effects on crime for female and male youth: Evidence from a randomized housing voucher experiment. *Quarterly Journal of Economics*, 120(1), 87–130.
- Knabe, A., and Rätzl, S. (2011). Quantifying the psychological costs of unemployment: The role of permanent income. *Applied Economics*, 43(21), 2751–2763.
- Knabe, A., Schöb, R., and Weimann, J. (2017). The subjective well-being of workfare participants: Insights from a day reconstruction survey. *Applied Economics*, 49(13), 1311–1325.
- Knack, S. (2001). Trust, associational life and economic performance. In J. Helliwell and A. Bonikowska (Eds.), *The Contribution of Human and Social Capital to Sustained Economic Growth and Well-Being*. HRDC; OECD.
- Knies, G. (2012). Life satisfaction and material well-being of children in the UK (No. 2012-15). ISER working paper series.
- Kok, B. E., Coffey, K. A., Cohn, M. A., Catalino, L. I., Vacharkulksemsuk, T., Algeo, S. B., . . . and Fredrickson, B. L. (2013). How positive emotions build physical health: Perceived positive social connections account for the upward spiral between positive emotions and vagal tone. *Psychological Science*, 24(7), 1123–1132.
- Kral, T. R., Davis, K., Korponay, C., Hirshberg, M. J., Hoel, R., Tello, L. Y., . . . and Davidson, R. J. (2022). Absence of structural brain changes from mindfulness-based stress reduction: Tow combined randomized controlled trials. *Science Advances*, 8(20), n.p.
- Krekel, C., De Neve, J. E., Fancourt, D., and Layard, R. (2020) A local community course that raises mental wellbeing and pro-sociality. CEP Discussion Papers (1671). Centre for Economic Performance, London School of Economics.
- Krekel, C., Kolbe, J., and Wüstemann, H. (2016). The greener, the happier? The effect of urban land use on residential well-being. *Ecological Economics*, 121, 117–127.
- Krekel, C., and MacKerron, G. (2020). How environmental quality affects our happiness. In D. E. Neve, J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2020*. Sustainable Development Solutions Network.

- Krekel, C., Ward, G., and De Neve, J. E. (2019). Employee well-being, productivity, and firm performance: evidence and case studies. In *Global Happiness and Well-Being Policy Report*.
- Krueger, A. B. (2003). Economic considerations and class size. *Economic Journal* 113(485), F34–F63.
- Krueger, A. B. (2007). Are we having fun yet? Categorizing and evaluating changes in time allocation. *Brookings Papers on Economic Activity*. No. 2, 193–217.
- Krueger, A. B. (Ed.). (2009). *Measuring the Subjective Well-Being of Nations: National Accounts of Time Use and Well-Being*. University of Chicago Press.
- Krueger, A. B., and Stone, A. A. (2008). Assessment of pain: A community-based diary survey in the USA. *The Lancet*, 371(9623), 1519–1525.
- Krueger, A. B., and D. Schkade (2008). The reliability of subjective well-being measures. *Journal of Public Economics*, 92, 1833–1845.
- Kruse, D. L., Freeman, R. B., and Blasi, J. R. (2010). *Shared Capitalism at Work: Employee Ownership, Profit and Gain Sharing, and Broad-Based Stock Options*. University of Chicago Press.
- Kubzansky, L. D., Huffman, J. C., Boehm, J. K., Hernandez, R., Kim, E. S., Koga, H. K., . . . and Labarthe, D. R. (2018). Positive psychological well-being and cardiovascular disease: JACC health promotion series. *Journal of the American College of Cardiology*, 72(12), 1382–1396
- Kuo, F. E., and Sullivan, W. C. (2001b). Aggression and violence in the inner city: Effects of environment via mental fatigue. *Environment and Behavior*, 33(4), 543–571.
- Kuo, F. E., and Sullivan, W. C. (2001b). Environment and crime in the inner city: Does vegetation reduce crime? *Environment and Behavior*, 33(3), 343–367.
- Kuyken, W., Ball, S., Crane, S., Canuli, P., Jones, B., Montero-Marin, J., ... MYRIAD Team. (2022). Effectiveness of universal school-based mindfulness training compared with normal school provision on teacher mental health and school climate: Results of the MYRIAD cluster randomised controlled trial. *Evidence-Based Mental Health*, 25(3), 125–134.
- Kuznets, S. (1934). *National Income, 1929–1932*. NBER.
- Lades, L. K., Laffan, K., Daly, M., and Delaney, L. (2020). Daily emotional well-being during the COVID-19 pandemic. *British Journal of Health Psychology*, 25(4), 902–911.
- Laibson, D. (1998). Life-cycle Consumption and hyperbolic discount functions. *European Economic Review Papers and Proceedings* 42(3–5), 861–871.
- Lane, T. (2017). How does happiness relate to economic behaviour? A review of the literature. *Journal of Behavioral and Experimental Economics* 68, 62–78.
- Langella, M., and Manning, A. (2016). Diversity and neighbourhood satisfaction. *Economic Journal*, 129(624), 3219–3255.
- Langenkamp, A. (2021). Lonely hearts, empty booths? The relationship between loneliness, reported voting behavior and voting as civic duty. *Social Science Quarterly*, 102(4), 1239–1254.
- Layard, R. (1980). Human satisfactions and public policy. *The Economic Journal*, 90(360), 737–750.
- Layard, R. (2006). Happiness and public policy: A challenge to the profession. *Economic Journal*, 116(March), C24–C33.
- Layard, R., and Clark, D. M. (2014). *Thrive: The Power of Evidence-Based Psychological Therapies*. Penguin.
- Layard, R., and Dunn, J., (2009). *A Good Childhood: Searching for Values in a Competitive Age*. Penguin UK.

- Layard, R., and Glaister, S. (1994). *Cost-Benefit Analysis*. Cambridge University Press.
- Layard, R., Nickell, S., and Jackman, R. (1991). *Unemployment: Macroeconomic Performance and the Labour Market*. Oxford University Press.
- Layard, R., Nickell, S., and Jackman, R. (2005). *Unemployment: Macroeconomic Performance and the Labour Market*. Oxford University Press.
- Layard, R., Mayraz, G., and Nickell, S. J. (2008). The marginal utility of income. *Journal of Public Economics*, 92(8–9), 1846–1857.
- Layard, R., Mayraz, G., and Nickell, S. J. (2010). Does relative income matter? Are the critics right? In E. Diener, J. F. Helliwell and D. Kahneman (Eds.). *International Differences in Well-Being* (pp. 139–165). Oxford University Press.
- Layard, R., and Oparina, E. (2021). Living long and living well: The WELLBY approach. In J. F. Helliwell, R. Layard, J. Sachs and J. E. De. Neve (Eds.). *World Happiness Report 2021* (p. 191). Sustainable Development Solutions Network.
- Layard, R., and Walters, A. A. (1978). *Microeconomic Theory*. McGraw-Hill.
- Layard, R., and Ward, G. (2020). *Can We Be happier? Evidence and Ethics*. Penguin UK.
- Lazear, E. P. (2000). Performance pay and productivity. *American Economic Review*, 90(5), 1346–1361. doi: 10.1257/aer.90.5.1346.
- Lazear, E. P., Shaw, K. L., and Stanton, C. T. (2015). The value of bosses. *Journal of Labor Economics*, 33(4), 823–861.
- Lee, H., and Singh, G. K. (2020). Inequalities in life expectancy and all-cause mortality in the United States by levels of happiness and life satisfaction: A longitudinal study. *International Journal of Maternal and Child Health and AIDS*, 9(3), 305.
- Leichsenring F., Salzer, S., Jaeger, U., Kächele, H., Kreische, R., Leweke, F., . . . and Leibing E. (2010). Short-term psychodynamic psychotherapy and cognitive-behavioral therapy in generalized anxiety disorder: A randomized, controlled trial. *Focus*, 8(1), 66–74.
- LePine, J. A., Podsakoff, N. P., and LePine, M. A. (2005). A meta-analytic test of the challenge stressor–hindrance stressor framework: An explanation for inconsistent relationships among stressors and performance. *Academy of Management Journal*, 48(5), 764–775.
- Lepinteur, A. (2019). The shorter workweek and worker wellbeing: Evidence from Portugal and France. *Labour Economics*, 58, 204–220.
- Levinson, A. (2012). Valuing public goods using happiness data: The case of air quality. *Journal of Public Economics*, 96(9–10), 869–880.
- Lewis-Beck, M. S., and Nadeau, R. (2011). Economic voting theory: Testing new dimensions. *Electoral Studies*, 30(2), 288–294.
- Lewis-Beck, M. S., and Stegmaier, M. (2018). Economic voting. In R. D. Congelton, B. Grofman and S. Voigt (Eds.). *The Oxford Handbook of Public Choice* (vol. 1, p. 247). Oxford University Press.
- Liberini, F., Oswald, A. J., Proto, E., and Redoano, M. (2017b). Was Brexit caused by the unhappy and the old? (No. 11059). Institute of Labor Economics (IZA).
- Liberini, F., Redoano, M., and Proto, E. (2017a). Happy voters. *Journal of Public Economics*, 146, 41–57.
- Lieberman, M. D. (2013). *Social: Why Our Brains Are Wired to Connect*. Oxford University Press.
- Lim, C., and Putnam, R. D. (2010). Religion, social networks, and life satisfaction. *American Sociological Review*, 75(6), 914–933.
- Lim, L., Radua, J., and Rubia, K. (2014). Gray matter abnormalities in childhood maltreatment: A voxel-wise meta-analysis. *American Journal of Psychiatry*, 171(8), 854–863.

- Lindholm, A. (2020). Does subjective well-being affect political participation? *Swiss Journal of Sociology*, 46(3), 467–488.
- Lindqvist, E., Östling, R., and Cesarini, D. (2020). Long-run effects of lottery wealth on psychological well-being. *The Review of Economic Studies*, 87(6), 2703–2726.
- List, J. A. (2003). Does market experience eliminate market anomalies? *The Quarterly Journal of Economics*, 118(1), 41–71.
- Loewenstein, G., O'Donoghue, T., and Rabin, M. (2003). Projection bias in predicting future utility. *The Quarterly Journal of Economics*, 118(4), 1209–1248.
- Loewenstein, G., and Schkade, D. (1999). Wouldn't it be nice? Predicting future feelings. In D. Kahneman, R. Diener and N. Schwarz (Eds). *Well-Being: The Foundations of Hedonic Psychology* (pp. 85–105). Russell Sage Foundation.
- Longhi, S. (2014). Cultural diversity and subjective well-being. *IZA Journal of Migration*, 3(1), 13.
- Lordan, G., and McGuire, A. J. (2019). Widening the high school curriculum to include soft skill training: Impacts on health, behaviour, emotional wellbeing and occupational aspirations. CEP Discussion Paper 1630, Centre for Economic Performance, London School of Economics.
- Lorenzini, J. (2015). Subjective well-being and political participation: A comparison of unemployed and employed youth. *Journal of Happiness Studies*, 16(2), 381–404.
- Ludwig, J., Duncan, G. J., Genetian, L. A., Katz, L. F., Kessler, R. C., Kling, J. R., and Sanbonmatsu, L. (2012). Neighborhood effects on the long-term well-being of low-income adults. *Science*, 337(6101), 1505–1510.
- Ludwig, J., Duncan, G. J., Genetian, L. A., Katz, L. F., Kessler, R. C., Kling, J. R., and Sanbonmatsu, L. (2013). Long-term neighborhood effects on low-income families: Evidence from moving to opportunity. *American Economic Review*, 103(3), 226–231.
- Luechinger, S. (2009). Valuing air quality using the life satisfaction approach. *Economic Journal*, 119, 482–515.
- Lykken, D., and Tellegen, A. (1996). Happiness is a stochastic phenomenon. *Psychological Science*, 7(3), 186–189.
- Lyubomirsky, S. (2008). *The How of Happiness: A Scientific Approach to Getting the Life You Want*. Penguin Press.
- Lyubomirsky, S., King, L., and Diener, E. (2005a). The benefits of frequent positive affect: Does happiness lead to success? *Psychological Bulletin*, 131(6), 803.
- Lyubomirsky, S., Sheldon, K. M., and Schkade, D. (2005b). Pursuing happiness: The architecture of sustainable change. *Review of General Psychology*, 9(2), 111–131.
- Macchia, L., and Oswald, A. J. (2021). Physical pain, gender, and the state of the economy in 146 nations. *Social Science & Medicine*, 287, 114332.
- Maddison, D., and Rehdanz, K. (2011). The impact of climate on life satisfaction. *Ecological Economics*, 70(12), 2437–2445.
- Maguire, E. A., Gadian, D. G., Johnsrude, I. S., Good, C. D., Ashburner, J., Frackowiak, R. S., and Frith, C. D. (2000). Navigation-related structural change in the hippocampi of taxi drivers. *Proceedings of the National Academy of Sciences*, 97(8), 4398–4403.
- Marcus, J. (2013). The effect of unemployment on the mental health of spouses: Evidence from plant closures in Germany. *Journal of Health Economics*, 32(3), 546–558.
- Martela, F., Greve, B., Rothstein, B., and Saari, J. (2020). The Nordic exceptionalism: what explains why the Nordic Countries are constantly among the happiest in the world. J. F. Helliwell, R. Layard, J. D. Sachs and J. E. De Neve (Eds.). *World Happiness Report* (pp. 128–145). Sustainable Development Solutions Network.

- Martela, F., and Riekkari, T. J. (2018). Autonomy, competence, relatedness, and beneficence: A multicultural comparison of the four pathways to meaningful work. *Frontiers in Psychology*, 9, 1157.
- Marx, K. (1947). Wage-labour and capital. Lecture to the German Workingmen's Club of Brussels in 1847.
- Mas, A., and Pallais, A. (2017). Valuing alternative work arrangements. *American Economic Review*, 107(12), 3722–3759.
- Maslow, A. H. (1948). 'Higher' and 'lower' needs. *The Journal of Psychology*, 25(2), 433–436.
- Maslow, A. H. (1954). The instinctoid nature of basic needs. *Journal of Personality*, 22, 326–347.
- Mazzucato, M. (2015). *The Entrepreneurial State: Debunking Public vs. Private Sector Myths* (Vol. 1): Anthem Press.
- McHugh, R. K., Whitton, S. W., Peckham, A. D., Welge, J. A., and Otto, M. W. (2013). Patient preference for psychological versus pharmacologic treatment of psychiatric disorders: a meta-analytic review. *Journal of Clinical Psychiatry*, 74(6), 595–602.
- McManus, S., Bebbington, P., Jenkins, R., and Brugha, T. (2016). Mental health and wellbeing in England. Adult Psychiatric Morbidity Survey 2014.
- Meade, J. (1955). *Theory of International Economic Policy (Vol. 2): Trade and Welfare*. Oxford University Press.
- Meier, S., and Stutzer, A. (2008). Is volunteering rewarding in itself? *Economica*, 75(1), 39–59.
- Melhuish, E., Belsky, J., Leyland, A. H., Barnes, J., and National Evaluation of Sure Start Research Team. (2008). Effects of fully-established Sure Start Local Programmes on 3-year-old children and their families living in England: a quasi-experimental observational study. *The Lancet*, 372(9650), 1641–1647.
- Mellor-Marsá, B., Miret, M., Abad, F. J., Chatterji, S., Olaya, B., Tobiasz-Adamczyk, B., . . . and Caballero, F. F. (2016). Measurement invariance of the day reconstruction method: Results from the COURAGE in Europe project. *Journal of Happiness Studies*, 17(5), 1769–1787.
- Mendolia, S. (2014). The impact of husband's job loss on partners' mental health. *Review of Economics of the Household*, 12(2), 277–294.
- Menesini, E., and Salmivalli, C. (2017). Bullying in schools: The state of knowledge and effective interventions. *Psychology, Health & Medicine*, 22(supp. 1), 240–253.
- Messner, S. F., and Rosenfeld, R. (1997). Political restraint of the market and levels of criminal homicide: A cross-national application of institutional-anomie theory. *Social Forces*, 75(4), 1393–1416.
- Methot, J. R., Lepine, J. A., Podsakoff, N. P., and Christian, J. S. (2016). Are workplace friendships a mixed blessing? Exploring tradeoffs of multiplex relationships and their associations with job performance. *Personnel Psychology*, 69(2), 311–355.
- Metzler, H., Rimé, B., Pellert, M., Niederkrotenthaler, T., Di Natale, A., and Garcia, D. (2021). Collective emotions during the COVID-19 outbreak. doi.org/10.31234/osf.io/qejxv.
- Michel, C., Sovinsky, M., Proto, E., and Oswald, A. J. (2019). Advertising as a major source of human dissatisfaction: Cross-national evidence on one million Europeans. In M. Rojas (Ed.). *The Economics of Happiness* (pp. 217–239). Springer.
- Michel, J.-B., Shen, Y. K., Aiden, A. P., Veres, A., Gray, M. K., Pickett, J. P., . . . and Aiden, E. L. (2011). *Quantitative Analysis of Culture Using Millions of Digitized Books*. 331(6014), 176–182. doi:10.1126/science.1199644.

- Michels, N., Van de Wiele, T., Fouhy, F., O'Mahony, S., Clarke, G., & Keane, J. (2019). Gut microbiome patterns depending on children's psychosocial stress: Reports versus biomarkers. *Brain, Behavior, and Immunity*, 80, 751–762.
- Mistry, R. S., Vandewater, E. A., Huston, A. C., and McLoyd, V. C. (2002). Economic well-being and children's social adjustment: The role of family process in an ethnically diverse low-income sample. *Child Development*, 73(3), 935–951.
- Moen, P., Kelly, E. L., Fan, W., Lee, S. R., Almeida, D., Kossek, E. E., and Buxton, O. M. (2016). Does a flexibility/support organizational initiative improve high-tech employees' well-being? Evidence from the work, family, and health network. *American Sociological Review*, 81(1), 134–164.
- Moen, P., Kelly, E. L., Lee, S. R., Oakes, J. M., Fan, W., Bray, J., . . . and Buxton, O. (2017). Can a flexibility/support initiative reduce turnover intentions and exits? Results from the work, family, and health network. *Social Problems*, 64(1), 53–85.
- Montgomery, C. (2013). *Happy City: Transforming Our Lives through Urban Design*. Macmillan.
- Moore, D., Benham-Clarke, S., Kenchington, R., Boyle, C., Ford, T., Hayes, R., and Rogers, M. (2019). Improving behaviour in schools. Evidence Review. Education Endowment Foundation. London.
- Moore, S. E., Norman, R. E., Suetani, S., Thomas, H. J., Sly, P. D., and Scott, J. G. (2017). Consequences of bullying victimization in childhood and adolescence: A systematic review and meta-analysis. *World Journal of Psychiatry*, 7(1), 60.
- Mudde, C. (2007). *Populist Radical Right Parties in Europe*. Cambridge University Press.
- Muldoon, J. (2012). The Hawthorne legacy: A reassessment of the impact of the Hawthorne studies on management scholarship, 1930–1958. *Journal of Management History*, 18(1), 105–119.
- Murabito, J. M., Zhao, Q., Larson, M. G., Rong, J., Lin, H., Benjamin, E. J., . . . and Lunetta, K. L. (2018). Measures of biologic age in a community sample predict mortality and age-related disease: The Framingham Offspring Study. *The Journals of Gerontology: Series A*, 73(6), 757–762.
- Murthy, V. H. (2020). *Together: The Healing Power of Human Connection in a Sometimes Lonely World*. Harper Wave.
- Mykletun, A., Bjerkeset, O., Prince, M., Dewey, M., and Stewart, R. (2009). Levels of anxiety and depression as predictors of mortality: the HUNT study. *The British Journal of Psychiatry*, 195(2), 118–125.
- Napier, J. L., and Jost, J. T. (2008). Why are conservatives happier than liberals? *Psychological Science*, 19(6), 565–572.
- Naylor, C., Parsonage, M., McDaid, D., Knapp, M., Fossey, M., and Galea, A. (2012). Long-term conditions and mental health: The cost of co-morbidities. www.kingsfund.org.uk/sites/files/kf/field/field_publication_file/long-term-conditions-mental-health-cost-comorbidities-naylor-feb12.pdf.
- Nelson, C. A., Zeanah, C. H., Fox, N. A., Marshall, P. J., Smyke, A. T., and Guthrie, D. (2007). Cognitive recovery in socially deprived young children: The Bucharest Early Intervention Project. *Science*, 318(5858), 1937–1940.
- Ng, J. W. J., Vaithilingam, S., and Rangel, G. J. (2017). The role of life satisfaction on election voting preferences in Malaysia. *Asian Journal of Social Science*, 45(1–2), 149–175.
- NHS Digital (2021). Annual Report on IAPT services for 2020/21. UK. <https://digital.nhs.uk/data-and-information/publications/statistical/psychological-therapies-annual-reports-on-the-use-of-iapt-services/annual-report-2020-21>.

- Nicholson, A., Kuper, H., and Hemingway, H. (2006). Depression as an aetiologic and prognostic factor in coronary heart disease: A meta-analysis of 6,362 events among 146,538 participants in 54 observational studies. *European Heart Journal*, 27, 2763–2774. doi:10.1093/eurheartj/ehl338.
- Nikolova, M., and Ayhan, S. H. (2019). Your spouse is fired! How much do you care? *Journal of Population Economics*, 32(3), 799–844.
- Nikolova, M., and Nikolaev, B. N. (2021). Family matters: The effects of parental unemployment in early childhood and adolescence on subjective well-being later in life. *Journal of Economic Behavior & Organization*, 181, 312–331.
- Nowakowski, A. (2021). Do unhappy citizens vote for populism? *European Journal of Political Economy*, 68, 101985.
- Nozick, R. (1974). *Anarchy, State, and Utopia*. Basic Books.
- Nussbaum, M., and Sen, A. (Eds.). (1993). *The Quality of Life*. Clarendon Press.
- O'Connor, K. J. (2017). Happiness and welfare state policy around the world. *Review of Behavioral Economics*, 4(4), 397–420.
- Ochsen, C., and Welsch, H. (2012). Who benefits from labor market institutions? Evidence from surveys of life satisfaction. *Journal of Economic Psychology*, 33(1), 112–124.
- Odean, T. (1998). Are investors reluctant to realize their losses? *The Journal of Finance*, 53(5), 1775–1798.
- Odermatt, R., and Stutzer, A. (2015). Smoking bans, cigarette prices and life satisfaction. *Journal of Health Economics*, 44, 176–194.
- Odermatt, R., and Stutzer, A. (2019). (Mis-) predicted subjective well-being following life events. *Journal of the European Economic Association*, 17(1), 245–283.
- O'Donnell, G., Deaton, A., Durand, M., Halpern, D., and Layard, R. (2014). Wellbeing and policy. Legatum Institute, London.
- OECD (2013). OECD Guidelines on measuring subjective well-being.
- OECD (2017). PISA 2015 Results (Volume III. Wellbeing).
- OECD (2018). PISA 2018 Results (Volume III).
- OECD (2020). Job retention schemes during the COVID-19 lockdown and beyond. Paris: Organization for Economic Co-operation and Development. www.oecd.org/coronavirus/policy-responses/job-retention-schemes-during-the-covid-19-lockdown-and-beyond-0853ba1d.
- Ogbonnaya, C., and Daniels, K. (2017). Good work, wellbeing and changes in performance outcomes: Illustrating the effects of good people management practices with an analysis of the National Health Service.
- Oishi, S., Schimmack, U., and Diener, E. (2012). Progressive taxation and the subjective well-being of nations. *Psychological Science*, 23(1), 86–92.
- Ojeda, C. (2015). Depression and political participation. *Social Science Quarterly*, 96(5), 1226–1243.
- Okbay, A., Baselmans, B. M., De Neve, J. E., Turley, P., Nivard, M. G., Fontana, M. A., . . . and Rich, S. S. (2016). Genetic variants associated with subjective well-being, depressive symptoms, and neuroticism identified through genome-wide analyses. *Nature Genetics*, 48(6), 624–633.
- Onraet, E., Van Assche, J., Roets, A., Haesevoets, T., and Van Hiel, A. (2017). The happiness gap between conservatives and liberals depends on country-level threat: A worldwide multilevel study. *Social Psychological and Personality Science*, 8(1), 11–19.
- Onraet, E., Van Hiel, A., & Dhont, K. (2013). The relationship between right-wing ideological attitudes and psychological well-being. *Personality and Social Psychology Bulletin*, 39(4), 509–522.

- ONS (2018). Estimating the impact urban green space has on property prices. www.ons.gov.uk/economy/nationalaccounts/uksectoraccounts/compendium/economicreview/july2018/estimatingtheimpacturbangreenspacehasonpropertyprice.
- Orben, A. (2020). Teenagers, screens and social media: A narrative review of reviews and key studies. *Social Psychiatry and Psychiatric Epidemiology*, 55(4), 407–414.
- Ortiz-Ospina, E., and Roser, M. (2020). Loneliness and Social Connections. OurWorldInData.org. www.ourworldindata.org/social-connections-and-loneliness.
- Oswald, A. J. (2008). On the curvature of the reporting function from objective reality to subjective feelings. *Economics Letters*, 100(3), 369–372.
- Oswald, A. J., Proto, E., and Sgroi, D. (2015). Happiness and productivity. *Journal of Labour Economics*, 33(4), 789–822.
- Otake, K., Shimai, S., Tanaka-Matsumi, J., Otsui, K., and Fredrickson, B. L. (2006). Happy people become happier through kindness: A counting kindnesses intervention. *Journal of Happiness Studies*, 7(3), 361–375.
- Ott, J. C. (2010). Good governance and happiness in nations: Technical quality precedes democracy and quality beats size. *Journal of Happiness Studies*, 11(3), 353–368.
- Ott, J. C. (2011). Government and happiness in 130 nations: Good governance fosters higher level and more equality of happiness. *Social Indicators Research*, 102(1), 3–22.
- Pacek, A. C., and Radcliff, B. (2008). Welfare policy and subjective well-being across nations: An individual-level assessment. *Social Indicators Research*, 89(1), 179–191.
- Pan, A., Sun, Q., Okereke, O. I., Rexrode, K. M., and Hu, F. B. (2011). Depression and risk of stroke morbidity and mortality: A meta-analysis and systematic review. *JAMA*, 306(11), 1241–1249.
- Parfit, D. (1984). *Reasons and Persons*. Oxford University Press.
- Pargament, K. I. (2002). The bitter and the sweet: An evaluation of the costs and benefits of religiousness. *Psychological Inquiry*, 13(3), 168–181.
- Park, S., and Mattison, R. (2009). Therapeutic influences of plants in hospital rooms on surgical recovery. *Hortscience*, 44, 102–105.
- Parks, G. (2000). The High/Scope Perry Preschool Project. Office of Juvenile Justice and Delinquency Prevention. Washington, DC, U.S. Department of Justice. October.
- Patten, S. B., Williams, J. V. A., Lavorato, D. H., Modgill, G., Jetté, N., and Eliasziw, M. (2008). Major depression as a risk factor for chronic disease incidence: Longitudinal analyses in a general population cohort. *General Hospital Psychiatry*, 30, 407–413. doi:10.1016/j.genhosppsych.2008.05.001.
- Paul, G. L. (1966). *Insight vs. Desensitisation in Psychotherapy: An Experiment in Anxiety Reduction*. Stanford University Press.
- Perez-Truglia, R. (2015). A Samuelsonian validation test for happiness data. *Journal of Economic Psychology*, 49, 74–83.
- Perez-Truglia, R. (2020). The effects of income transparency on well-being: Evidence from a natural experiment. *American Economic Review*, 110(4), 1019–1054.
- Persson, T., and Tabellini, G. (2002). *Political Economics: Explaining Economic Policy*. MIT Press.
- Peterson, C. (1999). Personal control and well-being. In D. Kahneman, E. Diener and N. Schwarz (Eds.). *Well-Being: The Foundation of Hedonic Psychology*. Russell Sage Foundation.
- Pew Research Center (2017). Political typology reveals deep fissures on the Right and Left. Pew Research Center. www.pewresearch.org/politics/2017/10/24/political-typology-reveals-deep-fissures-on-the-right-and-left.

- Pfeffer, J., and Davis-Blake, A. (1990). Unions and job satisfaction: An alternative view. *Work and Occupations*, 17(3): 259–283.
- Pinker, S. (2011). *The Better Angels of Our Nature: The Decline of Violence in History and Its Causes*. Penguin Books.
- Pinker, S. (2018). *Enlightenment Now: The Case for Reason, Science, Humanism, and Progress*. Viking.
- Pirralha, A. (2018). The link between political participation and life satisfaction: A three wave causal analysis of the German SOEP household panel. *Social Indicators Research*, 138(2), 793–807.
- Pleck, J. H., and Masciadrelli B. P. (2004). Paternal involvement by US residential fathers: Levels, sources, and consequences. In M. E. Lamb (Ed.), *The Role of the Father in Child Development* (pp. 222–271). John Wiley & Sons.
- Plomin, R., DeFries, J. C., McClearn, G. E., and McGuffin, P. (2013). *Behavioral Genetics* (6th ed.). Worth.
- Pluess, M. (Ed.). (2015). *Genetics of Psychological Well-Being: The Role of Heritability and Genetics in Positive Psychology*. Series in Positive Psychology. Oxford University Press.
- Powdthavee, N., and Vernoit, J. (2013). Parental unemployment and children's happiness: A longitudinal study of young people's well-being in unemployed households. *Labour Economics*, 24, 253–263.
- Pryce, J., Albertsen, K., and Nielsen, K. (2006). Evaluation of an open-rota system in a Danish psychiatric hospital: A mechanism for improving job satisfaction and work–life balance. *Journal of Nursing Management*, 14(4), 282–288.
- Przybylski, A. K., and L. Bowes (2017). Cyberbullying and adolescent well-being in England: A population-based cross-sectional study. *The Lancet Child & Adolescent Health*, 1(1), 19–26.
- Putnam, R. D. (2007). E Pluribus Unum: Diversity and community in the twenty-first century. The 2006 Johan Skytte Prize Lecture. *Scandinavian Political Studies*, 30(2), 137–174. doi:10.1111/j.1467-9477.2007.00176.x.
- Rabin, M. (1998). Psychology and economics. *Journal of Economic Literature* 36: 11–46.
- Rabin, M. (2000). Risk aversion and expected-utility theory: A calibration theorem. *Econometrica*, 68(5), 1281–1292.
- Radcliff, B. (2001). Politics, markets, and life satisfaction: The political economy of human happiness. *American Political Science Review*, 939–952.
- Radcliff, B. (2013). *The Political Economy of Human Happiness: How Voters' Choices Determine the Quality of Life*. Cambridge University Press.
- Raichle, M. E., MacLeod, A. M., Snyder, A. Z., Powers, W. J., Gusnard, D. A., and Shulman, G. L. (2001). A default mode of brain function. *Proceedings of the National Academy of Sciences*, 98(2), 676–682.
- Raphael, D. D. (1969). *British Moralists 1650–1800*. Clarendon Press.
- Rath, T. (2006). *Vital Friends: The People You Can't Afford to Live Without*. Gallup Press.
- Rawls, J. (1971). *A Theory of Justice*. Harvard University Press.
- Ricard, M. (2015). *Altruism: The Power of Compassion to Change Yourself and the World*. Little, Brown and Company.
- Rietveld, C. A., Cesarini, D., Benjamin, D. J., Koellinger, P. D., De Neve, J. E., Tiemeier, H., . . . and Bartels, M. (2013). Molecular genetics and subjective well-being. *Proceedings of the National Academy of Sciences*, 110(24), 9692–9697.
- Ricketta, M. (2008). The causal relation between job attitudes and performance: A meta-analysis of panel studies. *Journal of Applied Psychology*, 93(2), 472.

- Rilling, J. K., Gutman, D. A., Zeh, T. R., Pagnoni, G., Berns, G. S., and Kilts, C. D. (2002). A neural basis for social cooperation. *Neuron*, 35(2), 395–405.
- Robbins, L. (1932). The nature and significance of economic science. *The Philosophy of Economics: An Anthology*, 1, 73–99.
- Roest, A. M., Martens, E. J., Denollet, J., and De Jonge, P. (2010). Prognostic association of anxiety post myocardial infarction with mortality and new cardiac events: A meta-analysis. *Psychosomatic Medicine*, 72, 563–569. doi:10.1097/PSY.0b013e181dbff97.
- Rollman, B. L., Belnap, B. H., Mazumdar, S., Houck, P. R., Zhu, F., Gardner, W., . . . and Shear, M. K. (2005). A randomized trial to improve the quality of treatment for panic and generalized anxiety disorders in primary care. *Archives of General Psychiatry*, 62(12), 1332–1341.
- Rosling, H. (2019). *Factfulness*. Flammarion.
- Roth, A., and Fonagy, P. (Eds.). (2005). *What Works for Whom? A Critical Review of Psychotherapy Research*. 2nd ed. Guilford Press.
- Rothbard, N. P., and Wilk, S. L. (2011). Waking up on the right or wrong side of the bed: Start-of-workday mood, work events, employee affect, and performance. *Academy of Management Journal*, 54(5), 959–980.
- Røysamb, E., and Nes, R. B. (2018). The genetics of wellbeing. In E. Diener, S. Oishi and L. Tay. (Eds.). *Handbook of Well-Being*. DEF.
- Røysamb, E., Nes, R. B., Czajkowski, N. O., and Vassend, O. (2018). Genetics, personality and wellbeing. A twin study of traits, facets and life satisfaction. *Scientific Reports*, 8(1), 1–13.
- Rudolf, R., and Kang, S. J. (2015). Lags and leads in life satisfaction in Korea: When gender matters. *Feminist Economics*, 21(1), 136–163.
- Runciman, W. G. (1966). *Relative Deprivation and Social Justice*. Routledge; Kegan Paul.
- Rush, A. J., Beck, A. T., Kovacs, M., and Hollon, S. (1977). Comparative efficacy of cognitive therapy and pharmacotherapy in the treatment of depressed outpatients. *Cognitive Therapy and Research*, 1(1), 17–37.
- Ryan, R. M., and Deci, E. L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. *American Psychologist*, 55, 68–78.
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57, 1069–1081.
- Ryff, C. D., and Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69(4), 719.
- Ryff, C. D., and Singer, B. (1998). The contours of positive human health. *Psychological Inquiry*, 9, 1–28.
- Ryff, C. D., and Singer, B. (2003). The role of emotion on pathways to positive health. *Handbook of Affective Sciences*, 1083–1104.
- Sachs, J. D. (2014). Climate change and intergenerational well-being. *The Oxford Handbook of the Macroeconomics of Global Warming*, 248–259.
- Sacks, D. W., Stevenson, B., and Wolfers, J. (2010). Subjective well-being, income, economic development and growth (Working Paper No. 16441). www.nber.org/papers/w16441.
- Sacks, D. W., Stevenson, B., and Wolfers, J. (2012). The new stylized facts about income and subjective well-being. *Emotion*, 12(6), 1181.
- Sadler, K., Vizard, T., Ford, T., Marcheselli, F., Pearce, N., Mandalia, D., . . . and McManus, S. (2018). Mental Health of Children and Young People in England, 2017. Trends and characteristics. Leeds, UK: NHS Digital.

- Salmivalli, C., and E. Poskiparta (2012). KiVa antibullying program: Overview of evaluation studies based on a randomized controlled trial and national rollout in Finland. *International Journal of Conflict and Violence (IJCV)*, 6(2), 293–301.
- SAMHSA (2019). 2017 National Survey of Drug Use and Health (NSDUH). www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health.
- Satin, J. R., Linden, W., and Phillips, M. J. (2009). Depression as a predictor of disease progression and mortality in cancer patients: A meta-analysis. *Cancer*, 115, 5349–5361. doi:10.1002/cncr.24561.
- Schkade, D. A., and Kahneman, D. (1998). Does living in California make people happy? A focusing illusion in judgments of life satisfaction. *Psychological Science*, 9(5), 340–346.
- Schlenker, B. R., Chambers, J. R., and Le, B. M. (2012). Conservatives are happier than liberals, but why? Political ideology, personality, and life satisfaction. *Journal of Research in Personality*, 46(2), 127–146.
- Schneider, D., and Harknett, K. (2019). Consequences of routine work-schedule instability for worker health and well-being. *American Sociological Review*, 84(1), 82–114.
- Schoon, I., Hansson, L., and Salmela-Aro, K. (2005). Combining work and family life: Life satisfaction among married and divorced men and women in Estonia, Finland, and the UK. *European Psychologist*, 10(4), 309.
- Schutte, N. S., and Malouff, J. M. (2014). A meta-analytic review of the effects of mindfulness meditation on telomerase activity. *Psychoneuroendocrinology*, 42, 45–48.
- Schwartz, S. (1970). Elicitation of moral obligation and self-sacrificing behaviour: An experimental study of volunteering to be a bone marrow donor. *Journal of Personality and Social Psychology*, 15, 283–93.
- Scruton, R. (1982). *Kant, Oxford Paperbacks*. Oxford University Press.
- Seligman, M. E. P. (2002). *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfilment*. Free Press.
- Seligman, M. E. P. (2011). *Flourish: A Visionary New Understanding of Happiness and Well-Being*. Free Press.
- Semrau, M., Evans-Lacko, S., Alem, A., Ayuso-Mateos, J. L., Chisholm, D., Gureje, O., . . . and Thornicroft, G. (2015). Strengthening mental health systems in low- and middle-income countries: The Emerald programme. *BMC Medicine*, 13(1), 79.
- Sen, A. (1970). *Collective Choice and Social Welfare*. North-Holland.
- Sen, A. (1999). *Development as Freedom*. Knopf.
- Sen, A. (2009). *The Idea of Justice*. Allen Lane.
- Sen, A., and Williams, B. (Eds.). (1982). *Utilitarianism and Beyond*. Cambridge University Press.
- Seresinhe, C. I., Preis, T., MacKerron, G., and Moat, H. S. (2019). Happiness is greater in more scenic locations. *Scientific Reports*, 9(1), 1–11.
- Shakya, H. B., and Christakis, N. A. (2017). Association of Facebook use with compromised well-being: A longitudinal study. *American Journal of Epidemiology*, 185(3), 203–211.
- Singer, P. (1981). *The Expanding Circle: Ethics and Sociobiology*. Oxford University Press.
- Singer, P. (1995). *Animal Liberation*. Random House.
- Singla, D. R., Kohrt, B. A., Murray, L. K., Anand, A., Chorpita, B. F., and Patel, V. (2017). Psychological treatments for the world: Lessons from low- and middle-income countries. *Annual Review of Clinical Psychology*, 13, 149–181.
- Smart, J. J. C., and Williams, B. (1973). *Utilitarianism: For and Against*. Cambridge University Press.

- Smith, T. B., McCullough, M. E., and Poll, J. (2003). Religiousness and depression: Evidence for a main effect and the moderating influence of stressful life events. *Psychological Bulletin*, 129(4), 614.
- Soares, S., Bonnet, F., and Berg, J. (2021). Working from home during the COVID-19 pandemic: Updating global estimates using household survey data. VOX, CEPR Policy Portal. www.voxeu.org/article/working-home-during-covid-19-pandemic-updated-estimates.
- Solnick, S. J., and Hemenway, D. (1998). Is more always better? A survey on positional concerns. *Journal of Economic Behavior & Organization*, 37(3), 373–383.
- Sorkin, A. R. (2016) ‘Brexit’ vote and Donald Trump’s surge reflect discontent. *The New York Times*. www.nytimes.com/2016/03/01/business/dealbook/brexit-vote-and-donald-trumps-surge-reflect-discontent.html.
- Specht, J., Egloff, B., and Schmukle, S. C. (2011). Stability and change of personality across the life course: The impact of age and major life events on mean-level and rank-order stability of the Big Five. *Journal of Personality and Social Psychology*, 101(4), 862.
- Steptoe, A., Hamer, M., and Chida, Y. (2007). The effects of acute psychological stress on circulating inflammatory factors in humans: a review and meta-analysis. *Brain, Behavior, and Immunity*, 21(7), 901–912.
- Steptoe, A., and J. Wardle (2012). Enjoying life and living longer. *Archives of Internal Medicine*, 172(3), 273–275.
- Steptoe, A., Wardle, J., and Marmot, M. (2005). Positive affect and health-related neuroendocrine, cardiovascular, and inflammatory processes. *Proceedings of the National Academy of Sciences*, 102(18), 6508–6512.
- Stern, N. (2015). *Why Are We Waiting? The Logic, Urgency, and Promise of Tackling Climate Change*. MIT Press.
- Stern, N., Peters, S., and Bakhshi, V. (2010). The Stern Review: Government Equalities Office, Home Office.
- Stevenson, B., and Wolfers, J. (2008). Happiness inequality in the United States. *The Journal of Legal Studies*, 37(S2), S33–S79.
- Stevenson, B., and Wolfers, J. (2009). The paradox of declining female happiness. *American Economic Journal: Economic Policy*, 1(2), 190–225.
- Stigler, G. J., and Becker, G. S. (1977). De gustibus non est disputandum. *The American Economic Review*, 67(2), 76–90.
- Stolle, D., Soroka, S., and Johnston, R. (2008). When does diversity erode trust? Neighborhood diversity, interpersonal trust and the mediating effect of social interactions. *Political Studies*, 56(1), 57–75.
- Stutzer, A., and Frey, B. S. (2006). Political participation and procedural utility: An empirical study. *European Journal of Political Research*, 45(3), 391–418.
- Stutzer, A., and Frey, B. S. (2008). Stress that doesn’t pay: The commuting paradox. *Scandinavian Journal of Economics*, 110(2), 339–366.
- Suchak, M., Eppley, T. M., Campbell, M. W., Feldman, R. A., Quarles, L. F., and de Waal, F. B. (2016). How chimpanzees cooperate in a competitive world. *Proceedings of the National Academy of Sciences*, 113(36), 10215–10220.
- Suomi, S. J. (1997). Early determinants of behaviour: Evidence from primate studies. *British Medical Bulletin*, 53(1), 170–184.
- Suppa, N. (2021). Unemployment and subjective well-being (No. 760). GLO Discussion Paper.

- Tan, E. J., Xue, Q.-L., Li, T., Carlson, M. C., and Fried, L. P. (2006). Volunteering: A physical activity intervention for older adults – the experience Corps program in Baltimore. *Journal of Urban Health*, 83(5), 954–969.
- Tavits, M. (2008). Representation, corruption, and subjective well-being. *Comparative Political Studies*, 41(12), 1607–1630.
- Tay, L., and Diener, E. (2011). Needs and subjective well-being around the world. *Journal of Personality and Social Psychology*, 101(2), 354.
- Tellegen, A., Lykken, D. T., Bouchard, T. J., Wilcox, K. J., Segal, N. L., and Rich, S. (1988). Personality similarity in twins reared apart and together. *Journal of Personality and Social Psychology*, 54(6), 1031.
- Tenney, E. R., Poole, J. M., and Diener, E. (2016). Does positivity enhance work performance? Why, when, and what we don't know. *Research in Organizational Behavior*, 36, 27–46.
- Tett, R. P., and Meyer, J. P. (1993). Job satisfaction, organizational commitment, turnover intention, and turnover: Path analyses based on meta-analytic findings. *Personnel Psychology*, 46(2), 259–293.
- Thaler, R. H. (2015). *Misbehaving: The Making of Behavioural Economics*. Penguin Books.
- Thaler, R. H., and Sunstein, C. R. (2008). *Nudge: Improving Decisions about Health, Wealth, and Happiness*. Yale University Press.
- Theodossiou, I. (1998). The effects of low-pay and unemployment on psychological well-being: A logistic regression approach. *Journal of Health Economics*, 17(1), 85–104.
- Tims, M., Derks, D., and Bakker, A. B. (2016). Job crafting and its relationships with person – job fit and meaningfulness: A three-wave study. *Journal of Vocational Behavior*, 92, 44–53.
- Toffolutti, V., McKee, M., Clark, D. M., and Stuckler, D. (2019). The economic and mental health impact of IAPT: Pragmatic trial in three English regions. *European Journal of Public Health*, 29(Suppl. 4), 185–047.
- Tromholt, M. (2016). The Facebook experiment: Quitting Facebook leads to higher levels of well-being. *Cyberpsychology, Behavior, and Social Networking*, 19(11), 661–666.
- Tversky, A., and Kahneman, D. (1992). Advances in prospect theory: Cumulative representation of uncertainty. *Journal of Risk and Uncertainty*, 5(4), 297–323.
- Twenge, J. M. (2017). *iGen: Why Today's Super-Connected Kids Are Growing up Less Rebellious, More Tolerant, Less Happy – and Completely Unprepared for Adulthood – and What That Means for the Rest of Us*. Atria Books.
- Ulrich, R. S. (1984). View through a window may influence recovery from surgery. *Science*, 224(4647), 420–421.
- United Nations, Department of Economic and Social Affairs, Population Division (2018). World Urbanization Prospects: The 2018 Revision, Online Edition. <https://population.un.org/wup/>.
- US Business Roundtable (2019). Statement on the purpose of a corporation. <https://opportunity.businessroundtable.org/ourcommitment>.
- Uslaner, E. M. (2012). *Segregation and Mistrust: Diversity, Isolation, and Social Cohesion*. Cambridge University Press.
- Van de Weijer, M., de Vries, L., and Bartels, M. (2020). *Happiness and Wellbeing: The Value and Findings from Genetic Studies*. Mimeo.
- Van Kessel, S. (2015). *Populist Parties in Europe: Agents of Discontent?* Springer.
- Van Praag, B. M. S., and Baarsma, B. E. (2005). Using happiness surveys to value intangibles: The case of airport noise. *Economic Journal*, 115(500), 224–246.

- van Schaik, D. J. F., Klijn, A. F. J., van Hout, H. P. J., van Marwijk, H. W. J., Beekman, A. T. F., de Haan, M., and van Dyck, R. (2004). Patients' preferences in the treatment of depressive disorder in primary care. *General Hospital Psychiatry*, 26, 184–189.
- Van Wingerden, J., Bakker, A. B., and Derks, D. (2017). Fostering employee well-being via a job crafting intervention. *Journal of Vocational Behavior*, 100, 164–174.
- Veenhoven, R. (1988). The utility of happiness. *Social Indicators Research*, 20(4), 333–353.
- Veenhoven, R. (2012). Cross-national differences in happiness: Cultural measurement bias or effect of culture? *International Journal of Wellbeing*, 2(4), 333–353.
- Veldkamp, S. A., Boomsma, D. I., de Zeeuw, E. L., van Beijsterveldt, C. E., Bartels, M., Dolan, C. V., and van Bergen, E. (2019). Genetic and environmental influences on different forms of bullying perpetration, bullying victimization, and their co-occurrence. *Behavior Genetics*, 49(5), 432–443.
- Verduyn, P., Ybarra, O., Réisibois, M., Jonides, J., and Kross, E. (2017). Do social network sites enhance or undermine subjective well-being? A critical review. *Social Issues and Policy Review*, 11(1), 274–302.
- Volkow, N. D., Tomasi, D., Wang, G.-J., Fowler, J. S., Telang, F., Goldstein, R. Z., . . . and Alexoff, D. (2011). Positive emotionality is associated with baseline metabolism in orbito-frontal cortex and in regions of the default network. *Molecular Psychiatry*, 16(8), 818–825. doi:10.1038/mp.2011.30.
- Von Beyme, K. (1985). *Political Parties in Western Democracies*. Gower.
- Wang, P. S., Berglund, P., Olfson, M., Pincus, H. A., Wells, K. B., and Kessler, R. C. (2005). Failure and delay in initial treatment contact after first onset of mental disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 62, 603–613.
- Wang, S., Mak, H. W., and Fancourt, D. (2020). Arts, mental distress, mental health functioning and life satisfaction: Fixed-effects analyses of a nationally-representative panel study. *BMC Public Health*, 20(1), 1–9.
- Ward, G. (2019). Happiness and voting behaviour. In J. F. Helliwell, R. Layard and J. Sachs (Eds.). *World Happiness Report 2019* (pp. 46–65). Sustainable Development Solutions Network.
- Ward, G. (2020). Happiness and voting: Evidence from four decades of elections in Europe. *American Journal of Political Science*, 64(3), 504–518.
- Ward, G. (2022). Happiness at Work: Essays on subjective wellbeing in the workplace and labor market. *Doctoral dissertation*. Massachusetts Institute of Technology.
- Ward, G., De Neve, J. E., Ungar, L. H., and Eichstaedt, J. C. (2020). (Un) happiness and voting in US presidential elections. *Journal of Personality and Social Psychology*, 120(2), 370–383.
- Washbrook, E., Gregg, P., and Propper, C. (2014). A decomposition analysis of the relationship between parental income and multiple child outcomes. *Journal of the Royal Statistical Society. Series A (Statistics in Society)*, 757–782.
- Weare, K. (2000). *Promoting Mental, Emotional, and Social Health: A Whole School Approach*. Psychology Press.
- Weinstein, N. D. (1982). Community noise problems: Evidence against adaptation. *Journal of Environmental Psychology*, 2(2), 87–97.
- Weinstein, N. D., Przybylski, A. K., and Ryan, R. M. (2009). Can nature make us more caring? Effects of immersion in nature on intrinsic aspirations and generosity. *Personality and Social Psychology Bulletin*, 35(10), 1315–1329.

- Weitz-Shapiro, R., and Winters, M. S. (2011). The link between voting and life satisfaction in Latin America. *Latin American Politics and Society*, 53(4), 101–126.
- Wellcome Global Monitor (2021). The role of science in mental health. <https://wellcome.org/news/what-role-science-mental-health-insights-wellcome-global-monitor>.
- Wells, K. B., Sherbourne, C., Schoenbaum, M., Duan, N., Meredith, L., Unutzer, J., . . . and Rubenstein, L. V. (2000). Impact of disseminating quality improvement programs for depression in managed primary care: A randomized controlled trial. *JAMA*, 283(2), 212–220.
- Welsch, H. (2006). Environment and happiness: Valuation of air pollution using life satisfaction data. *Ecological Economics*, 58(4), 801–813.
- White, J. B., Langer, E. J., Yariv, L., and Welch, J. C. (2006). Frequent social comparisons and destructive emotions and behaviors: The dark side of social comparisons. *Journal of Adult Development*, 13(1), 36–44.
- White, M. P., Alcock, I., Wheeler, B. W., and Depledge, M. H. (2013). Would you be happier living in a greener urban area? A fixed-effects analysis of panel data. *Psychological Science*, 24(6), 920–928.
- Wilkinson, R., and Pickett, K. (2009). *The Spirit Level: Why More Equal Societies Almost Always Do Better*. Allen Lane.
- Wilkinson, R., and Pickett, K. (2018). *The Inner Level: How More Equal Societies Reduce Stress, Restore Sanity and Improve Everybody's Wellbeing*: Penguin.
- Williams, J. M. G. (2001). *Suicide and Attempted Suicide*. Penguin.
- Williams, J. M. G., and Penman, D. (2011). *Mindfulness: A Practical Guide to Finding Peace in a Frantic World*. Piatkus.
- Williams, J. M. G., and Kabat-Zinn, J. (Eds.). (2013). *Mindfulness: Diverse Perspectives on Its Meaning, Origins and Applications*. Routledge.
- Wilson, S. J., and Lipsey, M. W. (2007). School-based interventions for aggressive and disruptive behavior: Update of a meta-analysis. *American Journal of Preventive Medicine*, 33(2), S130–S143.
- Wilson, S. J., Woody, A., and Kiecolt-Glaser, J. K. (2018). Inflammation as a Biomarker Method in Lifespan Developmental Methodology. In O. Raddick (Ed.), *Oxford Research Encyclopedia of Psychology*. Oxford University Press, n.p.
- Wilson, T. (2011). *Redirect: The Surprising New Science of Psychological Change*. Penguin UK.
- Winkelmann, L., and Winkelmann, R. (1995). Happiness and unemployment: A panel data analysis for Germany. *Applied Economics Quarterly*, 41(4), 293–307.
- Winkelmann, L., and Winkelmann, R. (1998). Why are the unemployed so unhappy? Evidence from panel data. *Economica*, 65(257), 1–15.
- Witte, C. T., Burger, M. J., and Ianchovichina, E. (2019). Subjective well-being and peaceful uprisings. The World Bank.
- Wolke, D., Copeland, W. E., Angold, A., and Costello, E. J. (2013). Impact of bullying in childhood on adult health, wealth, crime, and social outcomes. *Psychological Science*, 24(10), 1958–1970.
- Wootton, R. E., Davis, O. S., Mottershaw, A. L., Wang, R. A. H., and Haworth, C. M. (2017). Genetic and environmental correlations between subjective wellbeing and experience of life events in adolescence. *European Child & Adolescent Psychiatry*, 26(9), 1119–1127.
- World Health Organisation (WHO). (2009). Promoting gender equality to prevent violence against women. World Health Organization. https://apps.who.int/iris/bitstream/handle/10665/44098/9789241597883_eng.pdf?sequence=1&isAllowed=y.

- World Health Organisation (WHO) (2014). Preventing suicide: a global imperative. Geneva. https://apps.who.int/iris/bitstream/handle/10665/131056/9789241564779_eng.pdf.
- World Health Organisation (WHO). (2017). Depression and other common mental disorders: Global health estimates. <http://apps.who.int/iris/bitstream/handle/10665/254610/WHO-MSD-MER-2017.2-eng.pdf?sequence=1>.
- Yeung, W. J., Linver, M. R., and Brooks–Gunn, J. (2002). How money matters for young children’s development: Parental investment and family processes. *Child Development*, 73 (6), 1861–1879.
- Yip, W., Subramanian, S. V., Mitchell, A. D., Lee, D. T., Wang, J., and Kawachi, I. (2007). Does social capital enhance health and well-being? Evidence from rural China. *Social Science & Medicine*, 64(1), 35–49.
- Zaccaro, A., Piarulli, A., Laurino, M., Garbella, E., Menicucci, D., Neri, B., and Gemignani, A. (2018). How breath-control can change your life: A systematic review on psychophysiological correlates of slow breathing. *Frontiers in Human Neuroscience*, 12, 353.
- Zajonc, R. B. (1968). Attitudinal effects of mere exposure. *Journal of Personality and Social Psychology*, 9(2p2), 1.
- Zhong, Y., and Chen, J. (2002). To vote or not to vote: An analysis of peasants’ participation in Chinese village elections. *Comparative Political Studies*, 35(6), 686–712.