## Palliative and Supportive Care Snowmelt

| cambridge.org/pax  | Malini M. Gandhi, B.S. 🔟   |
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| Poetry   | You saw the birds again, you tell me,  |
| Cite this article: Gandhi MM (2024).<br>Snowmelt. <i>Palliative and Supportive Care</i> 22,<br>628. https://doi.org/10.1017/<br>S1478951523001724<br>Received: 21 October 2023<br>Accepted: 05 November 2023<br>Email: malini_gandhi@hms.harvard.edu | <ul> <li>when I visit you early in the morning.</li> <li>Two golden birds with long necks,</li> <li>you think they may have been cranes.</li> <li>You noticed them last night in the hours before sleep,</li> <li>sitting in the corner behind your IV pole,</li> <li>so still you wondered how long they had been there.</li> <li>You watched them for many minutes, but then they flew</li> <li>up to the table folded over your bed,</li> <li>their wings huge and shimmering and streaked with pink,</li> <li>touching down briefly next to your packets of graham crackers</li> <li>before flying over to the window and disappearing.</li> <li>You point to the window and I walk over -</li> <li>blue-purple sky, snow on the sidewalks,</li> <li>slow lanes of traffic.</li> <li><i>I know they aren't real</i>, you tell me.</li> <li>You are sitting looking up at me, one leg dangling over the edge of the bed,</li> <li>one leg deep under the blankets.</li> <li>We have told you to press a button to call your nurse, each time you see something,</li> <li>to correlate with the EEG on your scalp tracking your brain waves.</li> <li>Reading the nurses' notes, that morning, while eating my bagel and cream cheese:</li> <li><i>1:27 pm - pt sushes button to notify RN that he has seen several squirrels</i></li> <li><i>4 pm - pt sees 3 black crows</i></li> <li>Once, you push your button not because you have seen something,</li> <li>but because your roommate started to make strange noises -</li> <li>When we thank you profusely, you say, <i>I was so worried about him</i>.</li> <li>Late in the aftermoon, we go to stick a needle in your back</li> <li>to sample some of the fluid around your spine.</li> <li>It takes us a long time to find the right place.</li> <li>The sunlight coming in from the window is very bright.</li> <li>You talk to us about the ocean in the town you grew up in.</li> <li>About the way it came up to the very edge of the buildings.</li> <li>In the evening, I walk past gutters of melting snow.</li> <li>In the laundry room at home, I watch my white coat in the d</li></ul> |

**Competing interests.** MMG has no conflicts of interest to report.

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