

# CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine



## ACADEMIC SUPPLEMENT

### Optimizing Treatment for Patients With Schizophrenia: Targeting Positive Outcomes

Introduction

D.E. Casey

The Science of Antipsychotics: Mechanistic Insight

C.A. Tamminga

Management of Acute Psychosis: From Emergency to Stabilization

D.L. Zimbroff

Beyond Control of Acute Exacerbation:  
Enhancing Affective and Cognitive Outcomes

H.Y. Meltzer

Obesity, Diabetes, and Metabolic Syndrome:  
New Challenges in Antipsychotic Drug Therapy

E. Caballero

Factors in Antipsychotic Drug Selection:  
Tolerability Considerations

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Long-Term Treatment Goals: Enhancing Healthy Outcomes

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CNS Spectrums' editorial mission is to address relevant neuropsychiatric topics, including the prevalence of comorbid diseases among patients, and original research and reports that emphasize the profound diagnostic and physiologic connections made within the neurologic and psychiatric fields. The journal's goal is to serve as a resource to psychiatrists and neurologists seeking to understand and treat disturbances of cognition, emotion, and behavior as a direct consequence of central nervous system disease, illness, or trauma.



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### CONTINUING MEDICAL EDUCATION

- 29 This CME quiz on schizophrenia is accredited by Mount Sinai School of Medicine for 3 credit hours in Category 1.**

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In an effort to allow for the widest distribution of these guidelines, the authors have modified the originally printed material to more closely conform to the limitations of product labeling. For many of the drugs discussed herein, initiation at lower doses may increase tolerability and efficacy.

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