

PW01-245 - **COMPARATIVE STUDY OF PSYCHOLOGICAL HEALTH, PROBABILITY OF SELF-SUICIDE RISK AND PROBABILITY OF DRUGS ADDICTION IN UNIVERSITY STUDENTS**

M. Shafiei Amiri¹, A. Homayouni², T. Ahmadi³

¹*Psychology, Islamic Azad University & Young Researchers Club Roudehen Branch, Roudehen,*

²*Psychology, Islamic Azad University, Bandargaz Branch, Bandargaz,* ³*Psychology, Islamic Azad University & Young Researchers Club, Qhaemshahr Branch, Qhaemshahr, Iran*

Introduction: The present research is designed and performed by the aim of comparative study of psychological health level, probability of drugs addiction in girl and boy university students.

Methods: Random sample includes 200 persons who 120 persons were girl and 80 persons were boy university students who were compared. All students, General health Questionnaire (GHQ) and Probability of Self-suicide and Probability of Drugs Addiction (PSSPDA) have been deducted from central office of science Ministry consultation questionnaire.

Results: Independent T-test was used; Test results show that anxiety level, depression, physical complaints and disturbed social interaction is meaningfully greater more severe in girl university students than boy university students. Also, results showed that drugs addiction in boy university students is meaningfully greater than in girl university students. Also, probability of self-suicide risk is meaningfully greater in girl university students than boy university students.

Discussion: Findings indicated that most university students who embark to self-suicide or come to addict drugs, are worry about their educational improvement and situation and most persons who commit to self-suicide, are affected by emotional problems such as depression, anxiety and unpleasurable relationships, addiction to drugs and alcohol, unemployment, loneliness and guilt emotions. Therefore, it could be said that transfer nature of lives of most university students is accompanied by the experience of stress exposure for them. In this way, most students are accompanied by stress exposure experience. In this way, most university students come to addict drugs in order to decrease the stress.