

# BJP The British Journal of Psychiatry psych



**Safety planning-type interventions for suicide prevention: meta-analysis**

Nuij et al

**Dissociative identity disorder: out of the shadows at last?**

Reinders et al

**Subthreshold post-traumatic stress disorder as a risk factor for post-traumatic stress disorder: results from a sample of USA veterans**

Pietrzak et al

**Media guidelines for the responsible reporting and depicting of non-suicidal self-injury**

Westers et al

# BJPsych

The British Journal of Psychiatry

ISSN 0007 - 1250

**Editor** Kamaldeep Bhui CBE**Deputy Editors**

Matthew Broome  
William Lee  
(Research Integrity Editor)  
Gin Malhi  
(Editorials Editor)  
Giles Newton-Howes  
(Reviews Editor)  
Rachel Uptegrove

**Associate Editors**

Shehzad Ali  
Jonathan Bisson  
Elena Garraida  
Joseph Hayes  
Philipp Homan  
Edgar Jones  
Helen Killaspy  
Anne Lingford-Hughes  
Philip McGuire  
Francis Anthony O'Neill  
Zena Samaan  
Jan Scott  
James Shearer  
Bart Sheehan  
Najma Siddiqi  
Mustafa Soomro

**Editorial Advisors**

Sarah Byford  
John Geddes  
Martin Knapp

**International Editorial Board**

Regi T. Alexander (UK)  
(Book Reviews Editor)  
Allan Beveridge (UK)  
Alec Buchanan (USA)  
Colin Campbell (UK)  
(Correspondence Editor)  
(Analysis Editor)  
Mary Cannon (Ireland)

Patricia Casey (Ireland)  
Rakesh K Chadda (India)  
Andrew Cheng (Taiwan)  
Erika Comasco (Sweden)  
John Cookson (UK)  
Pim Cuijpers (The Netherlands)  
David Curtis (UK)  
Kimberlie Dean (Australia)  
Colin Drummond (UK)  
Emilio Fernandez Egea (UK)  
Sinan Guloksuz  
(The Netherlands)  
Peter Haddad (UK)  
Judith Harrison (UK)  
Madelyn Hicks (USA)  
Cyrus Ho (Singapore)  
Louise Howard (UK)  
Khalida Ismail (UK)  
Navneet Kapur (UK)  
Eirini Karyotaki  
(The Netherlands)  
Kenneth Kaufman (USA)  
Steve Kisely (Australia)  
Ivan Koychev (UK)  
Rajeev Krishnadas (UK)  
Stephen Lawrie (UK)  
Glyn Lewis (UK)  
Kwame McKenzie (Canada)  
Marco Mula (UK)  
Roger Mulder (New Zealand)  
Aileen O'Brien (UK)  
(Analysis Editor)  
Claire de Oliveira (UK)  
Martin Orrell (UK)  
Femi Oyebode (UK)  
(Book Reviews Editor)  
(Executive Contents Editor)  
Sarah Peters (UK)  
Michael Phillips (China)  
Mariana Pinto Da Costa (UK)  
Alexandra Pitman (UK)  
Rahul Rao (UK)  
(Highlights Editor)  
Thomas Schulze (Germany)

Frauke Schultze-Lutter  
(Germany)  
Sukhwinder Shergill (UK)  
Emily Simonoff (UK)  
Athula Sumathipala (UK)  
Eric Tan (Australia)  
Nori Takei (Japan)  
Leila Tarokh (Switzerland)  
Derek Tracy (UK)  
(Editor for Public Engagement and Education)  
Stuart Watson (UK)  
Richard Williams (UK)  
Kiriakos Xenitidis (UK)  
(Correspondence Editor)  
Allan Young (UK)  
Melvyn Zhang Weibin  
(Singapore)  
Yaara Zisman-Ilani (USA)

**Trainee Editors**

Katherine Adlington  
Angharad de Cates  
Laura McWhirter

**Statistical Advisors**

Eva Petkova  
Min Yang

**Staff**

*Head of Publishing*  
Elizabeth Hay  
*Managing Editor*  
Alice Shuttleworth  
*Senior Publications Coordinator*  
Dianndra Roberts

**Past Editors**

Eliot Slater 1961–72  
Edward H. Hare 1973–77  
John L. Crammer 1978–83  
Hugh L. Freeman 1984–93  
Greg Wilkinson 1994–2003  
Peter Tyrer 2003–13

**Subscriptions**

*British Journal of Psychiatry* (ISSN 0007-1250) is published monthly. The six issues starting January 2021 comprise Volume 218, the six issues starting July 2021 comprise Volume 219. Orders from non-members of the College, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press, Journals Fulfillment Department, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK, email journals@cambridge.org; or in the USA, Canada and Mexico, to Cambridge University Press, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA, email subscriptions\_newyork@cambridge.org. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

The annual subscription prices (including delivery by air but excluding VAT) for Volumes 218/219 are as follows:

	INSTITUTIONS	INDIVIDUALS
Print and online	£589/\$1049	£475/\$739
Online only	£483/\$740	£308/\$481

Single issues are £57 (US\$101 in the USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Claims for missing issues should be made immediately on receipt of the subsequent issue.

Queries from College members about missing or faulty copies should be sent to Customer Services, Cambridge University Press, email journals\_societies@cambridge.org, tel. +44 (0)1223 326070.

**USPS ID Statement**

The *British Journal of Psychiatry*, ISSN 0007-1250, is published monthly by Cambridge University Press, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK. The US annual subscription price is \$976 print and online/\$688 online only for institutions and \$687 print and online/\$447 online only for individuals. Airfreight and mailing in the USA by agent named World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Periodicals postage paid at Brooklyn, NY 11256. US Postmaster: Send address changes to The *British Journal of Psychiatry*, World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Subscription records are maintained at Cambridge University Press, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK. Air Business Ltd is acting as our mailing agent.

**Online access**

*British Journal of Psychiatry* is hosted on the Cambridge Core service at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry>.

Information about the College's publications is available at <https://www.rcpsych.ac.uk>.

**Instructions to authors**

Full instructions to authors are given at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry/information/instructions-contributors>.

**Advertising**

Correspondence and copy should be addressed to: Stephen H. P. Mell, Advertising Manager, PTM Publishers Ltd, 41 Hart Close, Uckfield, East Sussex TN22 2DA, UK (email [advertising@ptmpublishers.com](mailto:advertising@ptmpublishers.com); tel. 020 8642 0162)

Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

©The Royal College of Psychiatrists 2021. Unless so stated, material in the *British Journal of Psychiatry* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any error of omission or fact.

Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see [www.fsc.org](http://www.fsc.org) for information.



The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a charity registered in England and Wales (228636) and in Scotland (SC038369)). The Journal publishes original work in all fields of psychiatry. Manuscripts for publication should be submitted online at <https://mc.manuscriptcentral.com/bjpsych>.

All papers in this journal are peer-reviewed. No person is permitted to take any role in the peer-review of a paper in which they have an interest, defined as follows: fees or grants from, employment by, consultancy for, shared ownership in, or any close relationship with, an organisation whose interests, financial or otherwise, may be affected by the publication of the paper.



- A29 Editorial Board  
A31 Highlights of this issue

## Editorials

- 413 **Dissociative identity disorder: out of the shadows at last?**  
Antje A. T. S. Reinders and Dick J. Veltman
- 415 **Media guidelines for the responsible reporting and depicting of non-suicidal self-injury**  
Nicholas J. Westers, Stephen P. Lewis, Janis Whitlock, Heather T. Schatten, Brooke Ammerman, Margaret S. Andover and Elizabeth E. Lloyd-Richardson

## Review

- 419 **Safety planning-type interventions for suicide prevention: meta-analysis**  
Chani Nuij, Wouter van Ballegooijen, Derek de Beurs, Dilfa Juniar, Annette Erlangsen, Gwendolyn Portzky, Rory C. O'Connor, Johannes H. Smit, Ad Kerkhof and Heleen Riper

## Paper

- 427 **Efficacy of the Zero Suicide framework in reducing recurrent suicide attempts: cross-sectional and time-to-recurrent-event analyses**  
Nicolas J. C. Stapelberg, Jerneja Svetcic, Ian Hughes, Alice Almeida-Crasto, Taralina Gae-e-Atefi, Neeraj Gill, Diana Grice, Ravikumar Krishnaiah, Luke Lindsay, Carla Patist, Heidy Van Engelen, Sarah Walker, Matthew Welch, Sabine Woerwag-Mehta and Kathryn Turner

## Short Report

- 437 **Psychological distress, self-harm and attempted suicide in UK 17-year olds: prevalence and sociodemographic inequalities**  
Praveetha Patalay and Emla Fitzsimons

## Papers

- 440 **Using machine learning to predict suicide in the 30 days after discharge from psychiatric hospital in Denmark**  
Tammy Jiang, Anthony J. Rosellini, Erzsébet Horváth-Puhó, Brian Shiner, Amy E. Street, Timothy L. Lash, Henrik T. Sørensen and Jaimie L. Gradus

- 447 **psychiatry in history – Meduna's Mixture: surreal ecstasy or perplexing abreaction**  
Jack Wellington, Alexander Wellington and Grace Wellington

- 448 **Unravelling the contribution of complex trauma to psychopathology and cognitive deficits: a cohort study**  
Stephanie J. Lewis, Karestan C. Koenen, Antony Ambler, Louise Arseneault, Avshalom Caspi, Helen L. Fisher, Terrie E. Moffitt and Andrea Danese

## Short Report

- 456 **Subthreshold post-traumatic stress disorder as a risk factor for post-traumatic stress disorder: results from a sample of USA veterans**  
Robert H. Pietrzak, Frances G. Javier, John H. Krystal and Steven M. Southwick

- 459 **psychiatry in literature – Epidemics: A Journal of the Plague Year, London, 1665 – by Daniel Defoe**  
Greg Wilkinson

- 460 **psychiatry in pictures – Hugh Diamond, the father of psychiatric photography**  
Sara Wetzler

## Columns

- 462 Correspondence  
464 Ten books  
467 Book Review  
468 Contents of *BJPsych Advances*  
469 Kaleidoscope

## Cover picture

Wonderland (detail), 2020

© Graham Foster

This cover is a small detail taken from a large commissioned Alice in Wonderland painting depicting the Mad Hatter's tea party. I enjoy painting in a somewhat surreal style, so the dreamlike, almost hallucinogenic qualities of the story really appealed. The recent advancement of therapy involving various hallucinogens such as psilocybin seems to tie in well with this painting!

Website: [www.grahamfoster.com](http://www.grahamfoster.com)

Instagram/Facebook: Graham Foster Art

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott Street, London, E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

