

NONPHARMACOLOGICAL APPROACHES TO TREATMENT OF COGNITIVE FUNCTIONS IN PATIENS WITH MILD AND MODERATE DEMENTIA

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Introduction: Dementia is severe mental disorder which should be treated both with pharmacological and non-pharmacological approaches.

Objectives, aims: To evaluate the effectiveness of non-pharmacological approaches influencing cognitive functions we used in routine practice in inpatient women psychogeriatric ward in Mental hospital in Kromeriz and satisfaction with these activities in hospitalised patients.

Methods: At the beginning and at the end of hospitalisation was used range of Mini-Mental State Examination (MMSE) and Clock Drawing Test (CDT) to make an indicative assessment of cognitive functions, and at the end of hospitalization was used a controlled interview.

Results: At the end of hospitalisation there was no significant evidence of improving cognitive functions (short period of research is the most probable reason). Nevertheless, psychotherapeutic activities were evaluated by clients positively.

Conclusion: Non-pharmacological approaches have important position in treatment of dementia, together with pharmacological and support therapy.