

purposes can be fulfilled without undermining their fundamental differences.

In relation to Dr Beckett's suggestion about identification by 'cheese-bite' it should be remembered that many substance misusers are edentulous by the age of 25–30!

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Health gain among psychiatric patients

Sir: The point made by Elisabeth Ashbridge and Steven Milne, concerning 'The Health of the Nation and suicide prevention', (*Psychiatric Bulletin*, February 1994, **18**, 110), is an important one. I would, however, suggest that the main reason that the Department of Health has placed such emphasis on a significant reduction in suicide rates by the year 2000, is simply that there is a lack of information about what, apart from surviving suicide, constitutes health gain for mentally ill people.

With this in mind, the University of Wales College of Medicine, School of Nursing Studies, has established a major research project throughout Wales, which is designed to measure not only the extent to which mentally ill people who are cared for and treated in the community, experience health gain, but also to assess the nature and composition of health gain.

This study will be replicated in Holland and elsewhere in Europe in order to produce comparative international data. A first report may be expected in January 1995. While the project will not necessarily serve to reduce suicide rates, it may throw light upon the behaviour characteristics and coping ability of those who commit suicide, compared with those who do not. More notably, it will serve to show that suicide is but one, and not necessarily the most important, aspect of health gain (or loss) among psychiatric patients in the community.

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Alternative uses for old hospitals

Sir: 'The Fire at Long Grove Hospital' (*Psychiatric Bulletin*, February 1994, **18**, 94–95) as reported by Henry Rollin indicts those responsible for the "wanton disregard paid to the security of an historic building" and must raise concerns in many parts of the world where major hospital closures have occurred.

In Western Australia, the first asylum to close did so in 1905, and continued in use for various

purposes until now it forms the Fremantle Arts Centre. The Claremont Mental Hospital built in 1905 closed in 1985. The main core of the buildings has since remained derelict and vandalised. The architect was Charles Grainger, father of Percy, and responsible for many significant public buildings in Perth. Nevertheless 90% of his work at Claremont has been demolished, and land sold for housing. The government has recently agreed to fund restoration of the main hall and administrative buildings to develop a community centre. Fortunately the building has escaped the fate of Long Grove, but more by chance than design. In 1992 I visited the hospital in England where I trained as a psychiatric registrar in 1967, St John's, Stone, only to find it boarded up and unused.

It seems urgent that, if these buildings are to be preserved, not only as history, but as resources that the community may want to put better alternative uses, then feasible ideas and options need to be considered. This process could be facilitated if evidence exists of successful alternative uses.

Perhaps the loss of Long Grove might stimulate attention to ways of preserving these old buildings, not as mental hospitals, but as civic resources. Collaboration between architects, historians and psychiatrists could be a fruitful alternative to the sad photographs of Long Grove.

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'Quality in the Psychotherapy Service'

Sir: We recently discussed the paper by F. Denman (*Psychiatric Bulletin*, February 1994, **18**, 80–82) and, while we acknowledge the difficulties inherent in auditing psychiatric practice, and particularly in auditing psychotherapeutic practice, we wish to raise the following concerns.

Our major concern was that while the paper intended to pass as a "scientific analysis", it appeared subjective in the language used to describe the work in which value judgements were expressed. As an example, "sadly four therapists used no definitive interpretations" and "this is a disappointing figure, particularly because the rater's impression from listening to the tapes was that there were many communicative 'misfires' which could profitably have been investigated but which were left to lie". We were given no direct accounts of clinical material which would have helped to anchor the paper in clinical practice and to convince us of the subjective assessment of the raters.

The author seemed to be putting forward criteria by which to judge "good practice in cognitive