

# CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine



## Novel Pharmacotherapies for Alcoholism

### **Clinical Management of Alcohol Withdrawal**

*H. Myrick and R. F. Anton*

### **Role of Serotonin and Serotonin-Selective Pharmacotherapy in Alcohol Dependence**

*H. M. Pettinati, D. Oslin, and K. Decker*

### **Opioid Antagonists and Alcoholism Treatment**

*R. M. Swift*

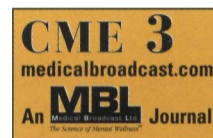
### **Acamprosate for the Treatment of Alcohol Dependence: A Review of Double-Blind, Placebo-Controlled Trials**

*B. Mason and R. L. Ownby*

### **Combination Pharmacotherapy in Alcoholism: A Novel Treatment Approach**

*C. K. Farren, A. H. Rezvani, D. Overstreet, and S. O'Malley*

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# More physicians are diagnosing Alzheimer's disease.....



\*The most common adverse events leading to discontinuation in clinical trials with ARICEPT® (donepezil HCl) were nausea, diarrhea, and vomiting. Clinical studies of ARICEPT® have shown no increase, relative to placebo, in the incidence of either peptic ulcer disease or gastrointestinal bleeding. Nevertheless, cholinesterase inhibitors may be expected to increase gastric acid secretion. Therefore, patients (especially those at increased risk for developing ulcers — eg, history of ulcer disease, receiving concurrent nonsteroidal anti-inflammatory drugs) should be monitored closely for gastrointestinal bleeding. In clinical trials, syncopal episodes have been reported in association with the use of ARICEPT® (2% vs 1% for placebo).

# That's why they're prescribing ARICEPT® (donepezil HCl)

## CLINICALLY PROVEN TO ENHANCE COGNITIVE FUNCTION

With over 700,000 patient starts, ARICEPT® is the world's most-prescribed therapy for the treatment of mild to moderate Alzheimer's disease. Remember ARICEPT® for these important benefits:

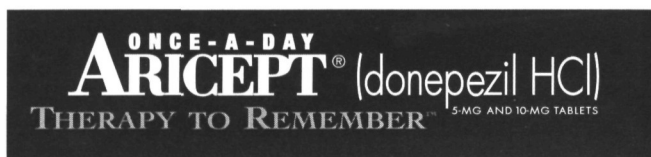
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- **No titration required**
- **Excellent safety profile**
- **Well-tolerated therapy\***

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**ARICEPT®**  
(donepezil HCl)  
5-MG AND 10-MG TABLETS

**THERAPY TO REMEMBER™**

*Please see brief summary of prescribing information  
on the last page of this advertisement.*





**ARICEPT® (Donepezil Hydrochloride Tablets)**

**Brief Summary**—see package insert for full prescribing information. **INDICATIONS AND USAGE** ARICEPT® is indicated for the treatment of mild to moderate dementia of the Alzheimer's type. **CONTRAINDICATIONS** ARICEPT® is contraindicated in patients with known hypersensitivity to donepezil hydrochloride or to piperidine derivatives. **WARNINGS** **Anesthesia:** ARICEPT®, as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia. **Cardiovascular Conditions:** Because of their pharmacological action, cholinesterase inhibitors may have vagotonic effects on heart rate (eg, bradycardia). The potential for this action may be particularly important to patients with "sick sinus syndrome" or other supraventricular cardiac conduction conditions. Syncopal episodes have been reported in association with the use of ARICEPT®. **Gastrointestinal Conditions:** Through their primary action, cholinesterase inhibitors may be expected to increase gastric acid secretion due to increased cholinergic activity. Therefore, patients should be monitored closely for symptoms of active or occult gastrointestinal bleeding, especially those at increased risk for developing ulcers, eg, those with a history of ulcer disease or those receiving concurrent nonsteroidal anti-inflammatory drugs (NSAIDs). Clinical studies of ARICEPT® have shown no increase, relative to placebo, in the incidence of either peptic ulcer disease or gastrointestinal bleeding. ARICEPT®, as a predictable consequence of its pharmacological properties, has been shown to produce diarrhea, nausea, and vomiting. These effects, when they occur, appear more frequently with the 10 mg/day dose than with the 5 mg/day dose. In most cases, these effects have been mild and transient, sometimes lasting one to three weeks, and have resolved during continued use of ARICEPT®. **Genitourinary:** Although not observed in clinical trials of ARICEPT®, cholinomimetics may cause bladder outflow obstruction. **Neurological Conditions:** Seizures: Cholinomimetics are believed to have some potential to cause generalized convulsions. However, seizure activity also may be a manifestation of Alzheimer's Disease. **Pulmonary Conditions:** Because of their cholinomimetic actions, cholinesterase inhibitors should be prescribed with care to patients with a history of asthma or obstructive pulmonary disease. **PRECAUTIONS** **Drug-Drug Interactions** **Drugs Highly Bound to Plasma Proteins:** Drug displacement studies have been performed *in vitro* between this highly bound drug (96%) and other drugs such as furosemide, digoxin, and warfarin. ARICEPT® at concentrations of 0.3-10 µg/mL did not affect the binding of furosemide (5 µg/mL), digoxin (2 ng/mL), and warfarin (3 µg/mL) to human albumin. Similarly, the binding of ARICEPT® to human albumin was not affected by furosemide, digoxin and warfarin. **Effect of ARICEPT® on the Metabolism of Other Drugs:** No *in vivo* clinical trials have investigated the effect of ARICEPT® on the clearance of drugs metabolized by CYP 3A4 (eg, cisapride, terfenadine) or by CYP 2D6 (eg, imipramine). However, *in vitro* studies show a low rate of binding to these enzymes (mean K<sub>d</sub> about 50-130 µM), that, given the therapeutic plasma concentrations of donepezil (164 nM), indicates little likelihood of interference. Whether ARICEPT® has any potential for enzyme induction is not known. Formal pharmacokinetic studies evaluated the potential of ARICEPT® for interaction with theophylline, cimetidine, warfarin and digoxin. No significant effects on the pharmacokinetics of these drugs were observed. **Effect of Other Drugs on the Metabolism of ARICEPT®:** Ketoconazole and quinidine, inhibitors of CYP450, 3A4 and 2D6, respectively, inhibit donepezil metabolism *in vitro*. Whether there is a clinical effect of these inhibitors is not known. Inducers of CYP 2D6 and CYP 3A4 (eg, phenytoin, carbamazepine, dexamethasone, rifampin, and phenobarbital) could increase the rate of elimination of ARICEPT®. Formal pharmacokinetic studies demonstrated that the metabolism of ARICEPT® is not significantly affected by concurrent administration of digoxin or cimetidine. **Use with Anticholinergics:** Because of their mechanism of action, cholinesterase inhibitors have the potential to interfere with the activity of anticholinergic medications. **Use with Cholinomimetics and Other Cholinesterase Inhibitors:** A synergistic effect may be expected when cholinesterase inhibitors are given concurrently with succinylcholine, similar neuromuscular blocking agents or cholinergic agonists such as bethanechol. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Carcinogenicity studies of donepezil have not been completed. Donepezil was not mutagenic in the Ames reverse mutation assay in bacteria. In the chromosome aberration test in cultures of Chinese hamster lung (CHL) cells, some clastogenic effects were observed. Donepezil was not clastogenic in the *in vivo* mouse micronucleus test. Donepezil had no effect on fertility in rats at doses up to 10 mg/kg/day (approximately 8 times the maximum recommended human dose on a mg/m<sup>2</sup> basis). **Pregnancy** **Pregnancy Category C:** Teratology studies conducted in pregnant rats at doses up to 16 mg/kg/day (approximately 13 times the maximum recommended human dose on a mg/m<sup>2</sup> basis) and in

**Table 2. Adverse Events Reported in Controlled Clinical Trials in at Least 2% of Patients Receiving ARICEPT® and at a Higher Frequency Than Placebo-treated Patients**

Body System/Adverse Event	Placebo (n=355)	ARICEPT® (n=747)
<b>Percent of Patients With Any Adverse Event</b>	<b>72</b>	<b>74</b>
<b>Body as a Whole</b>		
Headache	9	10
Pain, Various Locations	8	9
Fatigue	6	7
Fatigue	3	5
<b>Cardiovascular System</b>		
Syncope	1	2
<b>Digestive System</b>		
Nausea	6	11
Diarrhea	5	10
Vomiting	3	5
Anorexia	2	4
<b>Hemic and Lymphatic System</b>		
Echymosis	3	4
<b>Metabolic and Nutritional Systems</b>		
Weight Decrease	1	3
<b>Musculoskeletal System</b>		
Muscle Cramps	2	6
Arthritis	1	2
<b>Nervous System</b>		
Insomnia	6	9
Dizziness	6	8
Depression	<1	3
Abnormal Dreams	0	3
Somnolence	<1	2
<b>Urogenital System</b>		
Frequent Urination	1	2

**Other Adverse Events Observed During Clinical Trials** ARICEPT® has been administered to over 1700 individuals during clinical trials worldwide. Approximately 1200 of these patients have been treated for at least 3 months and more than 1000 patients have been treated for at least 6 months. Controlled and uncontrolled trials in the United States included approximately 900 patients. In regards to the highest dose of 10 mg/day, this population includes 650 patients treated for 3 months, 475 patients treated for 6 months and 116 patients treated for over 1 year. The range of patient exposure is from 1 to 1214 days. Treatment emergent signs and symptoms that occurred during 3 controlled clinical trials and two open-label trials in the United States were recorded as adverse events by the clinical investigators using terminology of their own choosing. To provide an overall estimate of the proportion of individuals having similar types of events, the events were grouped into a smaller number of standardized categories using a modified COSTART dictionary and event frequencies were calculated across all studies. These categories are used in the listing below. The frequencies represent the proportion of 900 patients from these trials who experienced that event while receiving ARICEPT®. All adverse events occurring at least twice are included, except for those already listed in Tables 1 or 2, COSTART terms too general to be informative, or events less likely to be drug caused. Events are classified by body system and listed using the following definitions: **frequency adverse events**—those occurring in at least 1/100 patients; **infrequent adverse events**—those occurring in 1/100 to 1/1000 patients. These adverse events are not necessarily related to ARICEPT® treatment and in most cases were observed at a similar frequency in placebo-treated patients in the controlled studies. No important additional adverse events were seen in studies conducted outside the United States. **Body as a Whole:** *Infrequent:* influenza, chest pain, toothache; *Infrequent:* fever, edema face, periorbital edema, hernia hiatal, abscess, cellulitis, chills, generalized coldness, head fullness, listlessness. **Cardiovascular System:** *Frequent:* hypertension, vasodilation, atrial fibrillation, hot flashes, hypotension; *Infrequent:* angina pectoris, postural hypotension, myocardial infarction, AV block (first degree), congestive heart failure, arteritis, bradycardia, peripheral vascular disease, supraventricular tachycardia, deep vein thrombosis. **Digestive System:** *Frequent:* fecal incontinence, gastrointestinal bleeding, bloating, epigastric pain; *Infrequent:* eructation, gingivitis, increased appetite, flatulence, periodontal abscess, cholelithiasis, diverticulitis, drooling, dry mouth, fever sore, gastritis, irritable colon, tongue edema, epigastric distress, gastroenteritis, increased transaminases, hemorrhoids, ileus, increased thirst, jaundice, melena, polydipsia, duodenal ulcer, stomach ulcer. **Endocrine System:** *Infrequent:* diabetes mellitus, goiter. **Hemic and Lymphatic System:** *Infrequent:* anemia, thrombocytopenia, thrombocytopenia, eosinophilia, erythrocytopenia. **Metabolic and Nutritional Disorders:** *Frequent:* dehydration; *Infrequent:* gout, hypokalemia, increased creatine kinase, hyperglycemia, weight increase, increased lactate dehydrogenase. **Musculoskeletal System:** *Frequent:* bone fracture; *Infrequent:* muscle weakness, muscle fasciculation. **Nervous System:** *Frequent:* delusions, tremor, irritability, paresthesia, aggression, vertigo, ataxia, increased libido, restlessness, abnormal crying, nervousness, aphasia; *Infrequent:* cerebrovascular accident, intracranial hemorrhage, transient ischemic attack, emotional lability, neuralgia, coldness (localized), muscle spasm, dysphoria, gait abnormality, hypertension, hypokinesia, neurodermatitis, numbness (localized), paranoia, dysarthria, dysphasia, hostility, decreased libido, melancholia, emotional withdrawal, nystagmus, pacing. **Respiratory System:** *Frequent:* dyspnea, sore throat, bronchitis; *Infrequent:* epistaxis, postnasal drip, pneumonia, hyperventilation, pulmonary congestion, wheezing, hypoxia, pharyngitis, pleurisy, pulmonary collapse, sleep apnea, snoring. **Skin and Appendages:** *Frequent:* pruritus; diaphoresis, urticaria; *Infrequent:* dermatitis, erythema, skin discoloration, hyperkeratosis, alopecia, fungal dermatitis, herpes zoster, hirsutism, skin striae, night sweats, skin ulcer. **Special Senses:** *Frequent:* cataract, eye irritation, vision blurred; *Infrequent:* dry eyes, glaucoma, earache, tinnitus, blepharitis, decreased hearing, retinal hemorrhage, otitis externa, otitis media, bad taste, conjunctival hemorrhage, ear buzzing, motion sickness, spots before eyes. **Urogenital System:** *Frequent:* urinary incontinence, nocturia; *Infrequent:* dysuria, hematuria, urinary urgency, metrorrhagia, cystitis, enuresis, prostate hypertrophy, pyelonephritis, inability to empty bladder, breast fibroadenosis, fibrocystic breast, mastitis, pyuria, renal failure, vaginitis. **Postintroduction Reports** Voluntary reports of adverse events temporally associated with ARICEPT® that have been received since market introduction that are not listed above, and that there is inadequate data to determine the causal relationship with the drug include the following: abdominal pain, agitation, cholecystitis, confusion, convulsions, hallucinations, heart block, hemolytic anemia, hyponatremia, pancreatitis, and rash. **OVERDOSAGE** Because strategies for the management of overdose are continually evolving, it is advisable to contact a Poison Control Center to determine the latest recommendations for the management of an overdose of any drug. As in any case of overdose, general supportive measures should be utilized. Overdosage with cholinesterase inhibitors can result in cholinergic crisis characterized by severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory depression, collapse and convulsions. Increasing muscle weakness is a possibility and may result in death if respiratory muscles are involved. Tertiary anticholinergics such as atropine may be used as an antidote for ARICEPT® overdose. Intravenous atropine sulfate titrated to effect is recommended: an initial dose of 1.0 to 2.0 mg IV with subsequent doses based upon clinical response. Atypical responses in blood pressure and heart rate have been reported with other cholinomimetics when co-administered with quaternary anticholinergics such as glycopyrrolate. It is not known whether ARICEPT® and/or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis, or hemofiltration). Dose-related signs of toxicity in animals included reduced spontaneous movement, prone position, staggering gait, lacrimation, clonic convulsions, depressed respiration, salivation, miosis, tremors, fasciculation and lower body surface temperature. **DOSSAGE AND ADMINISTRATION** The dosages of ARICEPT® shown to be effective in controlled clinical trials are 5 mg and 10 mg administered once per day. Controlled clinical trials indicate that the 10 mg dose, with a one week titration, is likely to be associated with a higher incidence of cholinergic adverse events than the 5 mg dose. Because steady state is not achieved for 15 days and because the incidence of such effects may be influenced by the rate of dose escalation, treatment with a dose of 10 mg should not be contemplated until patients have been on a daily dose of 5 mg for 4 to 6 weeks. Whether or not to employ a dose of 10 mg is a matter of prescriber and patient preference. ARICEPT® should be taken in the evening, just prior to retiring, and may be taken with or without food.

Revised September, 1998

**Table 1. Comparison of Rates of Adverse Events in Patients Titrated to 10 mg/day Over 1 and 6 Weeks**

Adverse Event	No titration		One-week titration	Six-week titration
	Placebo (n=315)	5 mg/day (n=311)	10 mg/day (n=315)	10 mg/day (n=269)
Nausea	6%	5%	19%	6%
Diarrhea	5%	8%	15%	9%
Insomnia	6%	6%	14%	6%
Fatigue	3%	4%	8%	3%
Vomiting	3%	3%	8%	5%
Muscle Cramps	2%	6%	8%	3%
Anorexia	2%	3%	7%	3%

pregnant rabbits at doses up to 10 mg/kg/day (approximately 16 times the maximum recommended human dose on a mg/m<sup>2</sup> basis) did not disclose any evidence for a teratogenic potential of donepezil. However, in a study in which pregnant rats were given up to 10 mg/kg/day (approximately 8 times the maximum recommended human dose on a mg/m<sup>2</sup> basis) from day 17 of gestation through day 20 postpartum, there was a slight increase in still births and a slight decrease in pup survival through day 4 postpartum at this dose; the next lower dose tested was 3 mg/kg/day. There are no adequate or well-controlled studies in pregnant women. ARICEPT® should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nursing Mothers** It is not known whether donepezil is excreted in human breast milk. ARICEPT® has no indication for use in nursing mothers. **Pediatric Use** There are no adequate and well-controlled trials to document the safety and efficacy of ARICEPT® in any illness occurring in children. **ADVERSE REACTIONS** **Adverse Events Leading to Discontinuation** The rates of discontinuation from controlled clinical trials of ARICEPT® due to adverse events for the ARICEPT® 5 mg/day treatment groups were comparable to those of placebo-treatment groups at approximately 5%. The rate of discontinuation of patients who received 7-day escalations from 5 mg/day to 10 mg/day, was higher at 13%. The most common adverse events leading to discontinuation, defined as those occurring in at least 2% of patients and at twice the incidence seen in placebo patients were nausea (1% [5 mg] and 3% [10 mg] vs 1% [placebo]), diarrhea (1% [5 mg] and 3% [10 mg] vs 0% [placebo]), and vomiting (<1% [5 mg] and 2% [10 mg] vs <1% [placebo]). **Most Frequent Adverse Clinical Events Seen in Association with the Use of ARICEPT®** The most common adverse events, defined as those occurring at a frequency of at least 5% in patients receiving 10 mg/day and twice the placebo rate, are largely predicted by ARICEPT®'s cholinomimetic effects. These include nausea, diarrhea, insomnia, vomiting, muscle cramp, fatigue, and anorexia. These adverse events were often of mild intensity and transient, resolving during continued ARICEPT® treatment without the need for dose modification. There is evidence to suggest that the frequency of these common adverse events may be affected by the rate of titration. An open-label study was conducted with 269 patients who received placebo in the 15- and 30-week studies. These patients were titrated to a dose of 10 mg/day over a 6-week period. The rates of common adverse events were lower than those seen in patients titrated to 10 mg/day over one week in the controlled clinical trials and were comparable to those seen in patients on 5 mg/day. See Table 1 for a comparison of the most common adverse events following one week and six week titration regimens. **Adverse Events Reported in Controlled Trials** The events cited reflect experience gained under closely monitored conditions of clinical trials in a highly selected patient population. In actual clinical practice or in other clinical trials, these frequency estimates may not apply, as the conditions of use, reporting behavior, and the kinds of patients treated may differ. Table 2 lists treatment emergent signs and symptoms that were reported in at least 2% of patients in placebo-controlled trials who received ARICEPT® and for which the rate of occurrence was greater for ARICEPT® assigned than placebo assigned patients. In general, adverse events occurred more frequently in female patients and with advancing



# CNS SPECTRUMS

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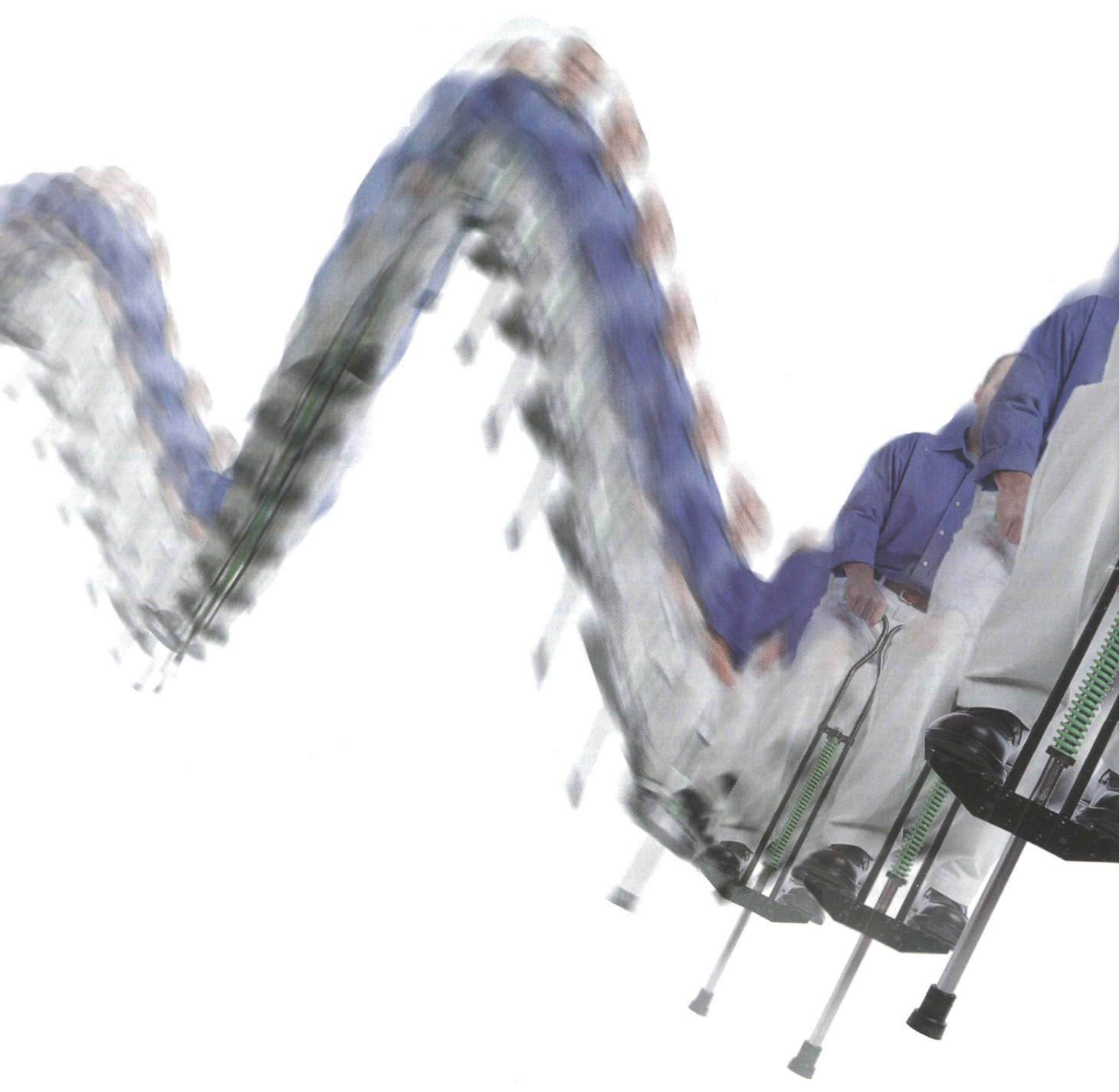
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## **Why expose your patients to the “ups and downs” of traditional carbamazepine therapy?**

Peak-to-trough fluctuations in patients receiving immediate-release carbamazepine three times daily can be as great as 2.5 fold<sup>1</sup>



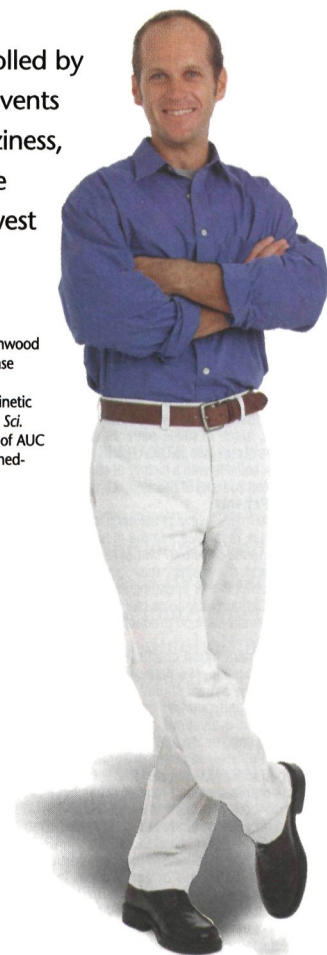
## Switch to Carbatrol®—Second-generation delivery system design that targets the limitations of conventional carbamazepine<sup>1-6</sup>

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- Peak-to-trough fluctuations are not compromised<sup>3,4</sup>
- Smooth, consistent plasma concentrations<sup>3,4</sup>
- Extensive drug dispersion, dissolution, and absorption<sup>2</sup>
- Predictable bioavailability<sup>5</sup>
- BID dosing<sup>6</sup>
- No generic equivalent<sup>2</sup>

Absence seizures (petit mal) do not appear to be controlled by carbamazepine. The most frequently reported adverse events (particularly during the initial phases of therapy) are dizziness, drowsiness, unsteadiness, nausea, and vomiting. Adverse events can be minimized by initiating therapy at the lowest possible effective dose.

**References:** 1. Jensen PK, Moller A, Gram L, Jenson NO, Dam M. Pharmacokinetic comparison of two carbamazepine slow-release formulations. *Acta Neurol Scand.* 1990;82:135-137. 2. Data on file, Shire Richwood Inc. 3. Garnett WR, Levy B, McLean AM, et al. Pharmacokinetic evaluation of twice-daily extended-release carbamazepine (CBZ) and four-times-daily immediate-release CBZ in patients with epilepsy. *Epilepsia.* 1998;39(3):274-279. 4. Stevens RE, Limsakun T, Evans G, Mason DH. Controlled, multidose, pharmacokinetic evaluation of two extended-release carbamazepine formulations (Carbatrol® and Tegretol-XR®). *J Pharm Sci.* 1998;87(12):1531-1534. 5. Mahmood I, Chamberlin N. A limited sampling method for the estimation of AUC and C<sub>max</sub> of carbamazepine and carbamazepine epoxide following a single and multiple dose of a sustained-release product. *Br J Clin Pharmacol.* 1998;45:241-246. 6. Carbatrol package insert, Shire Richwood Inc.

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**Carbatrol®**  
carbamazepine extended-release capsules  
200 mg capsule ~ 300 mg capsule

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**THE BACKLASH OF WITHDRAWAL:  
A SENSITIVE MATTER**

**22-32**

“A disturbing and controversial issue surrounding the treatment of AW is that nonpharmacologic detoxification may lead to alcohol-induced neurotoxicity. Studies have shown that during AW there is an increase in excitatory neurotransmission and corticosteroid activity, both of which can be toxic to nerve cells. This may be cumulative and express itself following repeated alcohol relapses and withdrawals in the form of increased neuronal sensitization, or AW-induced kindling. Kindling refers to the process by which repeated, subthreshold electrical or pharmacologic stimulation of certain parts of the brain can lead to behavioral changes that are more severe over time. Therefore, while AW may at times appear to be mild in its severity and self-limited in its course such that it can be treated nonpharmacologically, this approach may have long-term deleterious consequences for patients who may experience future withdrawal episodes. In fact, data suggest that moderate to severe AW should be treated with medication both to decrease patient discomfort and to protect against possible sensitization resulting from abrupt withdrawal of alcohol from the brain.”

**WILLPOWER OR GENE POWER?**

**33-46**

“Alcohol dependence is considered a complex multidimensional disorder. While alcohol consumption has been linked to 5-HT systems, it is not assumed that all individuals who drink excessively or meet diagnostic criteria for alcohol dependence have clinically significant 5-HT abnormalities. In Pettinati’s 1996 review of 5-HT pharmacotherapy for alcohol dependence, she concluded that few of the clinical trials had targeted alcohol-dependent individuals who had clearly defined characteristics suggestive of 5-HT dysregulation. Thus, if 5-HT pharmacotherapy were given to alcohol-dependent individuals with a high probability of 5-HT abnormalities, it is plausible that a more robust treatment response might be observed in selected study groups than has been reported with these agents in studies to date. For example, 5-HT pharmacotherapies might result in greater reductions in alcohol consumption if they were prescribed for alcohol-dependent individuals who concomitantly exhibit some or all of the behaviors that are suggestive of 5-HT dysregulation, such as depression, anxiety, compulsive and/or impulsive behaviors, etc. In addition, individuals with abnormalities in neurotransmission may be genetically predisposed to alcohol dependence and may prove to be better responders to 5-HT pharmacotherapy than a more heterogeneous patient group with alcohol dependence. If it is confirmed that 5-HT pharmacotherapy works best in one or more alcohol subtypes, this could explain the inconsistency in results across the growing number of clinical trials of 5-HT pharmacotherapy for reducing alcohol consumption in heterogeneous, alcohol-dependent populations.”

**OPIOID ANTAGONISTS:  
THE TROJAN HORSE OF ALCOHOLISM  
TREATMENTS**

**49-57**

“Opioid antagonists may also reduce alcohol consumption by altering neuroendocrine responses to alcohol. Ethanol consumption is associated with activation of the hypothalamic-pituitary-adrenal axis and release of adrenocorticotrophic hormone (ACTH),  $\beta$ -endorphins, and glucocorticoids. It is hypothesized that some of the positive mood effects of alcohol are mediated through this neuroendocrine mechanism. The acute administration of opioid antagonists, such as naltrexone, naloxone, and nalmefene, also activates this axis and produces increases in ACTH, cortisol, and  $\beta$ -endorphins. Patients receiving regular doses of naltrexone have been shown to have higher serum cortisol levels. Thus, treatment with opioid antagonists may reduce alcohol consumption by mimicking the effects of alcohol on the neuroendocrine system.”

**ACAMPROSATE:**

**A RELAPSE-PREVENTION MEDICATION**

**58-69**

“Fourteen of 16 double-blind, placebo-controlled European trials found that alcohol-dependent outpatients treated with acamprosate had a significantly greater rate of treatment completion, longer time to first drink, higher abstinence rate, and/or longer cumulative abstinence duration compared with patients treated with placebo. Effect sizes were variable, but outcomes typically favored acamprosate over placebo in terms of primary study end points and secondary measures of GGT and/or other clinical or biological outcome measures. Additionally, high rates of medication compliance supported the acceptability of acamprosate and the tid dosing schedule in patients with alcohol dependence.”

**MIXOLOGY: PERFECTING A COCKTAIL  
OF PHARMACOLOGIC AGENTS**

**70-76**

“Evidence points to the involvement of a number of neurochemical systems in alcoholism. These systems, including the opioid, serotonergic, and dopaminergic systems, may have a final common pathway in the mesolimbic dopaminergic system. Preclinical studies to date demonstrate that combination pharmacotherapy can be more potent and, in some cases, more specific in reducing alcohol intake than monotherapy. These results show that a mixture of low-dose naltrexone (an opioid antagonist), fluoxetine (a serotonergic compound), and TA-0910 (a dopaminergic compound) is more potent than any of these drugs individually in suppressing alcohol intake without development of tolerance in alcohol-preferring rats.”

REFERENCES: 1. Swanson J, Wigal S, Greenhill L, et al. Analog classroom assessment of Adderall in children with ADHD. *J Am Acad Child Adolesc Psychiatry*. May 1998;37(5):519-526. 2. Data on file, Shire Richwood Inc. Analysis of open-label data collected from March 1995 through February 1996. 3. ADDERALL package insert, Shire Richwood Inc.

# ADDERALL® II

5 mg, 10 mg, 20 mg & 30 mg TABLETS  
(Mixed Salts of a Single-Entity Amphetamine Product)  
Dextroamphetamine Sulfate Amphetamine Sulfate  
Dextroamphetamine Saccharate Amphetamine Aspartate

## ADDERALL® TABLETS II BRIEF SUMMARY

AMPHETAMINES HAVE A HIGH POTENTIAL FOR ABUSE. ADMINISTRATION OF AMPHETAMINES FOR PROLONGED PERIODS OF TIME MAY LEAD TO DRUG DEPENDENCE AND MUST BE AVOIDED. PARTICULAR ATTENTION SHOULD BE PAID TO THE POSSIBILITY OF SUBJECTS OBTAINING AMPHETAMINES FOR NON-THERAPEUTIC USE OR DISTRIBUTION TO OTHERS, AND THE DRUGS SHOULD BE PRESCRIBED OR DISPENSED SPARINGLY.

**INDICATIONS: Attention Deficit Disorder with Hyperactivity:** ADDERALL is indicated as an integral part of a total treatment program which typically includes other remedial measures (psychological, educational, social) for a stabilizing effect in children with behavioral syndrome characterized by the following group of developmentally inappropriate symptoms: moderate to severe distractibility, short attention span, hyperactivity, emotional lability, and impulsivity. The diagnosis of this syndrome should not be made with finality when these symptoms are only of comparatively recent origin. Nonlocalizing (soft) neurological signs, learning disability and abnormal EEG may or may not be present, and a diagnosis of central nervous system dysfunction may or may not be warranted. **In Narcolepsy: CONTRAINDICATIONS:** Advanced arteriosclerosis, symptomatic cardiovascular disease, moderate to severe hypertension, hyperthyroidism, known hypersensitivity or idiosyncrasy to the sympathomimetic amines, glaucoma. Agitated states. Patients with a history of drug abuse. During or within 14 days following the administration of monoamine oxidase inhibitors (hypertensive crises may result). **WARNINGS:** Clinical experience suggests that in psychotic children, administration of amphetamine may exacerbate symptoms of behavior disturbance and thought disorder. Data are inadequate to determine whether chronic administration of amphetamine may be associated with growth inhibition; therefore, growth should be monitored during treatment. **Usage in Nursing Mothers:** Amphetamines are excreted in human milk. Mothers taking amphetamines should be advised to refrain from nursing. **PRECAUTIONS: General:** Caution is to be exercised in prescribing amphetamines for patients with even mild hypertension. The least amount feasible should be prescribed or dispensed at one time in order to minimize the possibility of overdose. **Information for Patients:** Amphetamines may impair the ability of the patient to engage in potentially hazardous activities such as operating machinery or vehicles; the patient should therefore be cautioned accordingly. **Drug Interactions: Acidifying agents -** Gastrointestinal acidifying agents (guanethidine, reserpine, glutamic acid HCl, ascorbic acid, fruit juices, etc.) lower absorption of amphetamines. **Urinary acidifying agents -** (ammonium chloride, sodium acid phosphate, etc.) increase the concentration of the ionized species of the amphetamine molecule, thereby increasing urinary excretion. Both groups of agents lower blood levels and efficacy of amphetamines. **Adrenergic blockers -** Adrenergic blockers are inhibited by amphetamines. **Alkalinizing agents -** Gastrointestinal alkalinizing agents (sodium bicarbonate, etc.) increase absorption of amphetamines. Urinary alkalinizing agents (acetazolamide, some thiazides) increase the concentration of the non-ionized species of the amphetamine molecule, thereby decreasing urinary excretion. Both groups of agents increase blood levels and therefore potentiate the actions of amphetamines. **Antidepressants, tricyclic -** Amphetamines may enhance the activity of tricyclic or sympathomimetic agents; d-amphetamine with desipramine or protriptyline and possibly other tricyclics cause striking and sustained increases in the concentration of d-amphetamine in the brain; cardiovascular effects can be potentiated. **MAO inhibitors -** MAOI antidepressants, as well as a metabolite of furazolidone, slow amphetamine metabolism. This slowing potentiates amphetamines, increasing their effect on the release of norepinephrine and other monoamines from adrenergic nerve endings; this can cause headaches and other signs of hypertensive crisis. A variety of neurological toxic effects and malignant hyperpyrexia can occur, sometimes with fatal results. **Antihistamines -** Amphetamines may counteract the sedative effect of antihistamines. **Antihypertensives -** Amphetamines may antagonize the hypotensive effects of antihypertensives. **Chlorpromazine -** Chlorpromazine blocks dopamine and norepinephrine reuptake, thus inhibiting the central stimulant effects of amphetamines, and can be used to treat amphetamine poisoning. **Ethosuximide -** Amphetamines may delay intestinal absorption of ethosuximide. **Haloperidol -** Haloperidol blocks dopamine and norepinephrine reuptake, thus inhibiting the central stimulant effects of amphetamines. **Lithium carbonate -** The anorectic and stimulatory effects of amphetamines may be inhibited by lithium carbonate. **Meperidine -** Amphetamines potentiate the analgesic effect of meperidine. **Methenamine therapy -** Urinary excretion of amphetamines is increased, and efficacy is reduced, by acidifying agents used in methenamine therapy. **Norepinephrine -** Amphetamines enhance the adrenergic effect of norepinephrine. **Phenobarbital -** Amphetamines may delay intestinal absorption of phenobarbital; co-administration of phenobarbital may produce a synergistic anticonvulsant action. **Phenytin -** Amphetamines may delay intestinal absorption of phenytin; co-administration of phenytin may produce a synergistic anticonvulsant action. **Propoxyphene -** In cases of propoxyphene overdose, amphetamine CNS stimulation is potentiated and fatal convulsions can occur. **Veratrum alkaloids -** Amphetamines inhibit the hypotensive effect of veratrum alkaloids. **Drug/Laboratory Test Interactions:** • Amphetamines can cause a significant elevation in plasma corticosteroid levels. This increase is greatest in the evening. • Amphetamines may interfere with urinary steroid determinations. **Carcinogenesis/Mutagenesis:** Mutagenicity studies and long-term studies in animals to determine the carcinogenic potential of amphetamine, have not been performed. **Pregnancy - Teratogenic Effects:** Pregnancy Category C. Amphetamine has been shown to have embryotoxic and teratogenic effects when administered to A/Jax mice and C57BL mice in doses approximately 41 times the maximum human dose. Embryotoxic effects were not seen in New Zealand white rabbits given the drug in doses 7 times the human dose nor in rats given 12.5 times the maximum human dose. While there are no

adequate and well-controlled studies in pregnant women, there has been one report of severe congenital bony deformity, tracheoesophageal fistula, and anal atresia (water association) in a baby born to a woman who took dextroamphetamine sulfate with lovastatin during the first trimester of pregnancy. Amphetamines should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nonteratogenic Effects:** Infants born to mothers dependent on amphetamines have an increased risk of premature delivery and low birth weight. Also, these infants may experience symptoms of withdrawal as demonstrated by dysphoria, including agitation, and significant lassitude. **Pediatric Use:** Long-term effects of amphetamines in children have not been well established. Amphetamines are not recommended for use in children under 3 years of age with Attention Deficit Disorder with Hyperactivity described under INDICATIONS AND USAGE. Amphetamines have been reported to exacerbate motor and phonic tics and Tourette's syndrome. Therefore, clinical evaluation for tics and Tourette's syndrome in children and their families should precede use of stimulant medications. Drug treatment is not indicated in all cases of Attention Deficit Disorder with Hyperactivity and should be considered only in light of the complete history and evaluation of the child. The decision to prescribe amphetamines should depend on the physician's assessment of the chronicity and severity of the child's symptoms and their appropriateness for his/her age. Prescription should not depend solely on the presence of one or more of the behavioral characteristics. When these symptoms are associated with acute stress reactions, treatment with amphetamines is usually not indicated. **ADVERSE REACTIONS: Cardiovascular:** Palpitations, tachycardia, elevation of blood pressure. There have been isolated reports of cardiomyopathy associated with chronic amphetamine use. **Central Nervous System:** Psychotic episodes at recommended doses (rare), overstimulation, restlessness, dizziness, insomnia, euphoria, dyskinesia, dysphoria, tremor, headache, exacerbation of motor and phonic tics and Tourette's syndrome. **Gastrointestinal:** Dryness of the mouth, unpleasant taste, diarrhea, constipation, other gastrointestinal disturbances. Anorexia and weight loss may occur as undesirable effects when amphetamines are used for other than the anorectic effect. **Allergic:** Urticaria. **Endocrine:** Impotence, changes in libido. **DRUG ABUSE AND DEPENDENCE:** Dextroamphetamine sulfate is a Schedule II controlled substance. Amphetamines have been extensively abused. Tolerance, extreme psychological dependence, and severe social disability have occurred. There are reports of patients who have increased the dosage to many times that recommended. Abrupt cessation following prolonged high dosage administration results in extreme fatigue and mental depression; changes are also noted on the sleep EEG. Manifestations of chronic intoxication with amphetamines include severe dermatoses, marked insomnia, irritability, hyperactivity, and personality changes. The most severe manifestation of chronic intoxication is psychosis, often clinically indistinguishable from schizophrenia. This is rare with oral amphetamines. **OVERDOSAGE:** Individual patient response to amphetamines varies widely. While toxic symptoms occasionally occur as an idiosyncrasy at doses as low as 2 mg, they are rare with doses of less than 15 mg; 30 mg can produce severe reactions, yet doses of 400 to 500 mg are not necessarily fatal. In rats, the oral LD50 of dextroamphetamine sulfate is 96.8 mg/kg. **Symptoms:** Manifestations of acute overdose with amphetamines include restlessness, tremor, hyperreflexia, rapid respiration, confusion, assaultiveness, hallucinations, panic states, hyperpyrexia and rhabdomyolysis. Fatigue and depression usually follow the central stimulation. Cardiovascular effects include arrhythmias, hypertension or hypotension and circulatory collapse. Gastrointestinal symptoms include nausea, vomiting, diarrhea, and abdominal cramps. Fatal poisoning is usually preceded by convulsions and coma. **Treatment:** Consult with a Certified Poison Control Center for up to date guidance and advice. Management of acute amphetamine intoxication is largely symptomatic and includes gastric lavage, administration of activated charcoal, administration of a cathartic and sedation. Experience with hemodialysis or peritoneal dialysis is inadequate to permit recommendation in this regard. Acidification of the urine increases amphetamine excretion, but is believed to increase risk of acute renal failure if myoglobinuria is present. If acute, severe hypertension complicates amphetamine overdose, administration of intravenous phentolamine (Regitine<sup>®</sup>, Novartis) has been suggested. However, a gradual drop in blood pressure will usually result when sufficient sedation has been achieved. Chlorpromazine antagonizes the central stimulant effects of amphetamines and can be used to treat amphetamine intoxication. **DOSE AND ADMINISTRATION:** Regardless of indication, amphetamines should be administered at the lowest effective dosage and dosage should be individually adjusted. Late evening doses should be avoided because of the resulting insomnia. **Attention Deficit Disorder with Hyperactivity:** Not recommended for children under 3 years of age. In children from 3 to 5 years of age, start with 2.5 mg daily; daily dosage may be raised in increments of 2.5 mg at weekly intervals until optimal response is obtained. In children 6 years of age and older, start with 5 mg once or twice daily; daily dosage may be raised in increments of 5 mg at weekly intervals until optimal response is obtained. Only in rare cases will it be necessary to exceed a total of 40 mg per day. Give first dose on awakening; additional doses (1 or 2) at intervals of 4 to 6 hours. Where possible, drug administration should be interrupted occasionally to determine if there is a recurrence of behavioral symptoms sufficient to require continued therapy. **Narcolepsy:** Usual dose 5 mg to 60 mg per day in divided doses, depending on the individual patient response. Narcolepsy seldom occurs in children under 12 years of age; however, when it does, dextroamphetamine sulfate may be used. The suggested initial dose for patients aged 6-12 is 5 mg daily; daily dose may be raised in increments of 5 mg at weekly intervals until optimal response is obtained. In patients 12 years of age and older, start with 10 mg daily; daily dosage may be raised in increments of 10 mg at weekly intervals until optimal response is obtained. If bothersome adverse reactions appear (e.g., insomnia or anorexia), dosage should be reduced. Give first dose on awakening; additional doses (1 or 2) at intervals of 4 to 6 hours. **Rx only.**

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Want Their “Undivided Attention” This School Year?

## DURATION OF ACTION INCREASES WITH DOSE OF ADDERALL®<sup>1</sup>

Published study results (n=29):

- **ADDERALL** produced a statistically significant, dose-related increase in objective measures of behavior (number of age-appropriate math problems attempted and math problems correct) as compared to placebo<sup>1</sup>
- The duration of action of **ADDERALL** effects on behavior were dose dependent<sup>1</sup>
- No unusual or serious side effects were noted in this study<sup>1</sup>

**ADDERALL** usage data (n=611) indicate that **OVER 90%** of patients can be maintained on a dosage frequency of 1-2 times per day<sup>2\*</sup>

**ADDERALL** is generally well-tolerated—adverse reactions have seldom been reported (most frequently reported adverse reactions include anorexia, insomnia, stomach pain, headache, irritability, and weight loss)<sup>3</sup>

As with most psychostimulants indicated for ADHD, the possibility of growth suppression and the potential for precipitating motor tics and Tourette’s syndrome exists with **ADDERALL** treatment and, in rare cases, exacerbations of psychosis have been reported. Since amphetamines may have a high potential for abuse, **ADDERALL** should only be prescribed as part of an overall multimodal treatment program for ADHD with close physician supervision.

\*Thirty-four patients receiving greater than 40 mg per day were excluded from this analysis.

Please see references and brief summary of prescribing information on adjacent page.

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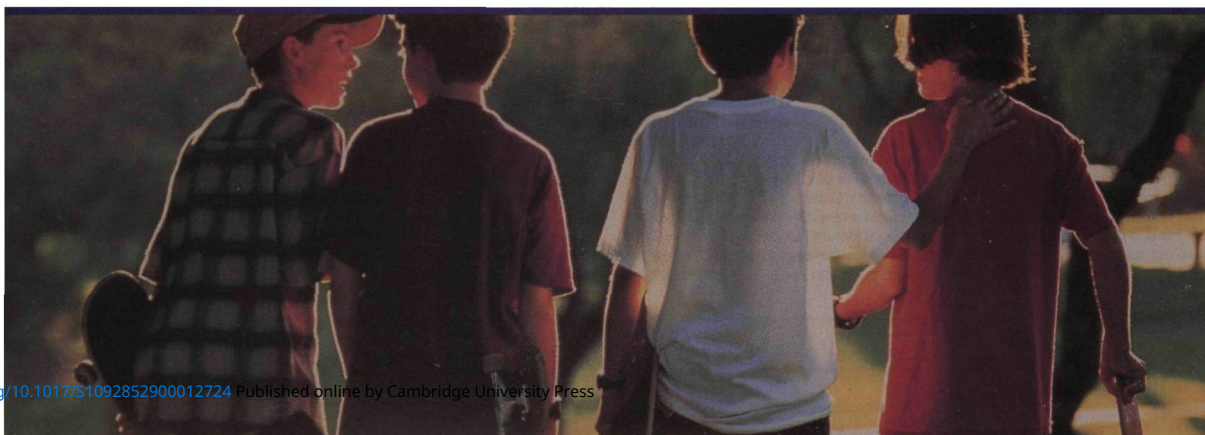
# ADDERALL® (II)

**5 mg, 10 mg, 20 mg & 30 mg TABLETS**  
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Dextroamphetamine Sulfate      Amphetamine Sulfate  
Dextroamphetamine Saccharate      Amphetamine Aspartate

August 1998

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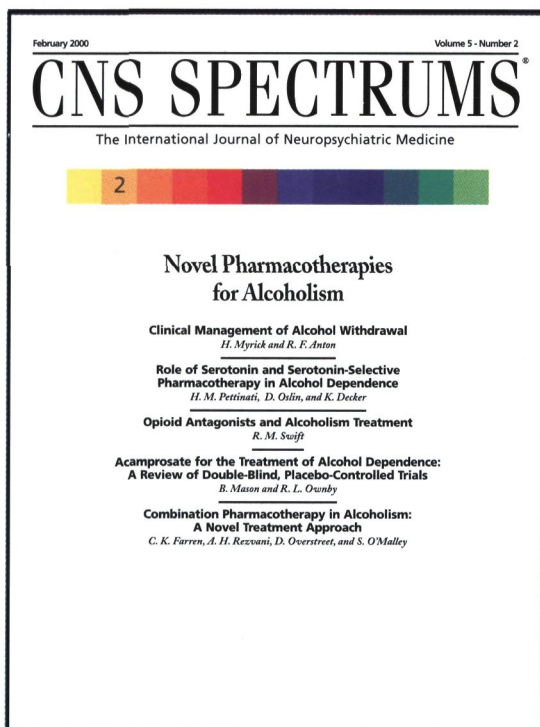
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



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oral solution 1 mg/mL **RISPERIDONE**



