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Research Paper

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Abstract

In this article, an ultra-wideband printed flexible monopole antenna is proposed for indoor wireless communications. A flexible Rogers RO3003 is used as a substrate, and its performance is estimated for a flat state and when subject to bending along the y -axis. A 2.45 and 5.8 GHz dual-band textile artificial magnetic conductor (AMC) surface consisting of a 4×4 unit-cell array was integrated into antenna design with optimum separation distance to extend its potential applications to wearable on-body communications. The specific absorption rate (SAR) levels were numerically investigated using the Hugo human voxel model at both frequencies to evaluate the on-body safety level. Detailed analysis is presented for antenna designs of flat and bent states in free space and on the human body. The proposed UWB flexible antenna has the size of $41 \times 38 \times 0.25$ mm ($0.33\lambda_0 \times 0.31\lambda_0 \times 0.002\lambda_0$ at 2.45 GHz). It was added at a distance of 3 mm above a textile AMC surface of 99×99 mm. The integrated model is fabricated and experimentally characterized. Measured data and numerical results show that the impedance matching and radiation characteristics are slightly affected by introducing the bending and human body loading. With these remarkable features, the integrated model can be utilized for wireless indoor and wearable applications.

Introduction

Ultra-wideband (UWB) technology has been widely used since the Federal Communication Commission (FCC) specified a band of operation from 3.1 to 10.6 GHz in 2002 [1]. Due to its advantages of a wide spectrum of frequencies, low power communications, and high level of transmission data rates, UWB technology can be used in wearable applications [2].

Recently, wireless body area networks (WBANs) have been spread out because of the benefits that enable such types of networks to be used in several applications such as health-care monitoring, sports, and personal entertainment [3]. The wearable devices can be attached to specific areas on the human body such as the head, chest, back, leg, arm, and wrist [3]. On-body communications can be used to communicate between devices with small distances while off-body can be used to communicate between devices with large distances [4].

In wearable applications, UWB antennas are becoming more and more attractive for on-body short-range communication systems. For such applications, antennas should satisfy essential specifications such as low profile, flexibility, low cost, low specific absorption rate (SAR), and high gain with low back radiations [3]. Conventional antenna substrates with hard rigid are not convenient for wearable systems because they don't achieve flexibility features to users [5, 6]. Therefore, flexibility is a very important parameter in wearable antenna design. Textile materials are used as substrate materials for wearable antennas. Several types of wearable antennas which utilize textile [7–16] and flexible substrates [17–22] have been reported. In [7], a unidirectional textile UWB antenna with a full ground plane to reduce the SAR level is presented. The bending effect on the patch antenna performance operated at 2.4 GHz is studied in [8]. A dual-band slotted dipole antenna attached with a metasurface array operated at 2.45 and 5.8 GHz for wearable applications is introduced in [9]. In [10], a textile UWB with a hexagonal slot etched in the rectangular patch and operated from 2.8 to 10.9 GHz is discussed. A UWB textile antenna with a full ground plane to reduce the SAR and operated from 7 to 28 GHz is investigated in [11]. In [12], a textile UWB antenna operated from 2.9 to 11 GHz is introduced. A textile UWB with a circular patch radiator printed on the felt substrate and operated from 3.1 to 11.3 GHz is discussed in [13]. In [14], a textile band-notched UWB with a metamaterial structure operated from 3 to 11 GHz is introduced. A textile UWB antenna with a reconfigurable feature is introduced in [15]. In [16], a two ports textile UWB antenna printed on a cotton substrate is presented. In [17], a UWB slot antenna with a moon shape for head implants is proposed. UWB antenna printed on flexible Kapton

substrate is presented in [18]. A flexible UWB antenna with a full ground plane and patches with arc shape is presented in [21].

The wearable antenna is usually attached to the human body which affects the proposed frequency when it is bent or curved. Also, there is harmful back radiation can affect the human body. To reduce the SAR, increase the antenna gain and improve radiation efficiency, several structures have been utilized as insulating layers to protect the human body from harmful radiations of the antenna such as inserting electromagnetic band gap (EBG) [23–26], AMC [19, 22, 26, 27], and metamaterial (MTM) structures [20, 28, 29] between the antenna and the human body.

In this paper, a UWB monopole antenna built on a Rogers RO3003 flexible substrate is introduced for indoor wireless communications. The antenna is studied and evaluated for flat and bending states to validate the flexibility performance. A 4×4 textile AMC was integrated into the antenna design to enhance antenna gain and reduce the back radiation at two specific frequencies of 2.45 and 5.8 GHz to enable the antenna to be suitable for wearable on-body communications. Also, The SAR levels were numerically investigated using the Hugo human voxel model at both frequencies to evaluate the on-body safety level. The proposed antenna is presented for both flat and bent states in free space also on the human chest and arm. The proposed antenna is implemented and tested with a good matching between measured and simulated results. These results achieved the requirement of wearable antenna specifications.

Antenna structure and design evaluation

Antenna geometry and dimensions

The geometrical configuration of the proposed flexible UWB antenna is depicted in Fig. 1. A radiating monopole is printed on the top layer of the substrate and a partial ground plane is printed on the bottom layer. A 50Ω microstrip line is used to feed the proposed antenna, making a standalone printed monopole antenna. In order to make the design flexible and conformable, the proposed antenna employs a Rogers flexible material substrate, RO3003 with ϵ_r , $\tan \delta$, and thickness of 3, 0.0013, and 0.25 mm, respectively. The antenna is designed to satisfy ultra-wide bandwidth for indoor wireless communications. The optimal geometrical parameters values are as: $L_s = 38$ mm,

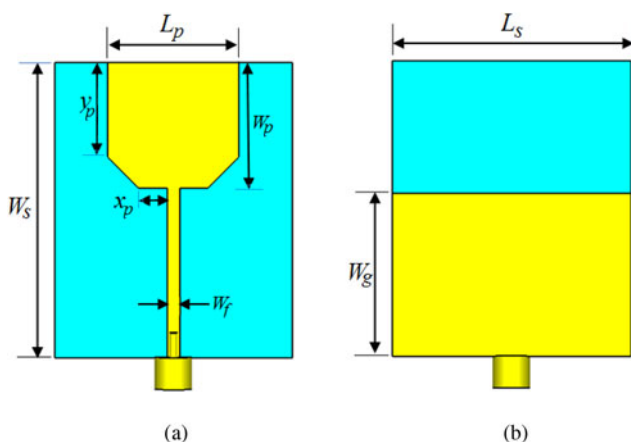


Fig. 1. The geometry of the proposed UWB flexible monopole antenna. (a) Top-view. (b) Bottom-view.

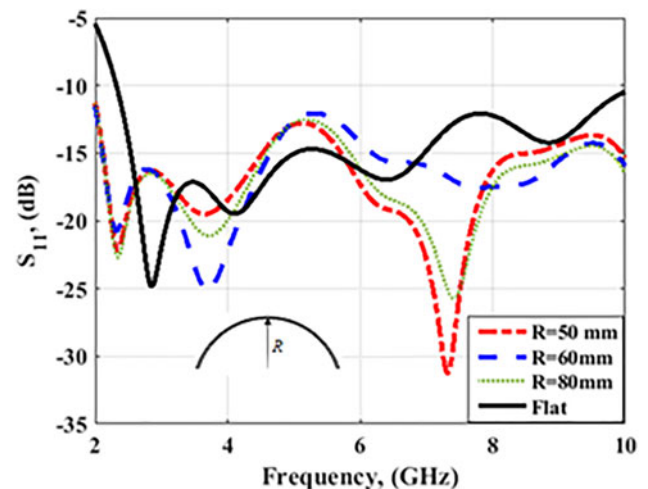


Fig. 2. Simulated $|S_{11}|$ of the suggested UWB flexible monopole antenna in a flat state and when subject to bending along the y -axis.

$W_s = 41$ mm, $W_g = 21$ mm, $L_p = 21$ mm, $W_p = 18$ mm, $W_f = 0.6$ mm, $x_p = 5.2$ mm, and $y_p = 15$ mm.

Operation mechanism and flexibility characteristics

The commercial simulator, CST Microwave Studio has been used to design and evaluate the proposed antenna performance. The simulated $|S_{11}|$ of the proposed antenna in a flat state (zero bending radius along the x - and y -axis) is illustrated in Fig. 2. The connector was taken into account in the simulation study. As shown in Fig. 2, the proposed antenna can achieve ultra-wide bandwidth ($|S_{11}| < 10$ dB) ranging from 2.4 to beyond 10 GHz, which covers the entire UWB bandwidth allocated by FCC (3.1 to 10.6 GHz).

The flexibility features of the proposed antenna depend on the flexibility properties of the substrate. As the designed antenna can be used for wearable medical applications, it should be conformal to the surfaces of different parts of the human body. To investigate this conformability and understand its impact on antenna performance, three different radii of curvature values, $R_y = 50$, 60, and 80 mm, were considered along the y -axis (in the W_s direction). For possible human body imitative, the curvature setup of the antenna was modeled in simulation upon a semi-cylinder filled with polystyrene (dielectric constant = 1.03) using a bending tool from CST Microwave Studio. Also, Fig. 2 shows the impedance bandwidth of the proposed antenna which is well maintained lower than -10 dB for all selected values of R_y , which indicated that the resonant frequencies appear to be independent of the antenna curvature radius.

Radiation characteristics

The radiation characteristics of the flexible antenna have been analyzed in simulation and taken at two frequencies, 2.45 and 5.8 GHz. The simulated normalized antenna radiation patterns in a flat state and when subject to bending for $R_y = 60$ mm are plotted in Fig. 3. As it can be seen, the proposed antenna has been shown robust performance to structural deformation along the y -axis. The simulated gain variations are shown in Fig. 4. The results show that the gain variations of the antenna are from 2 to 4.75 dBi within the entire frequency range.

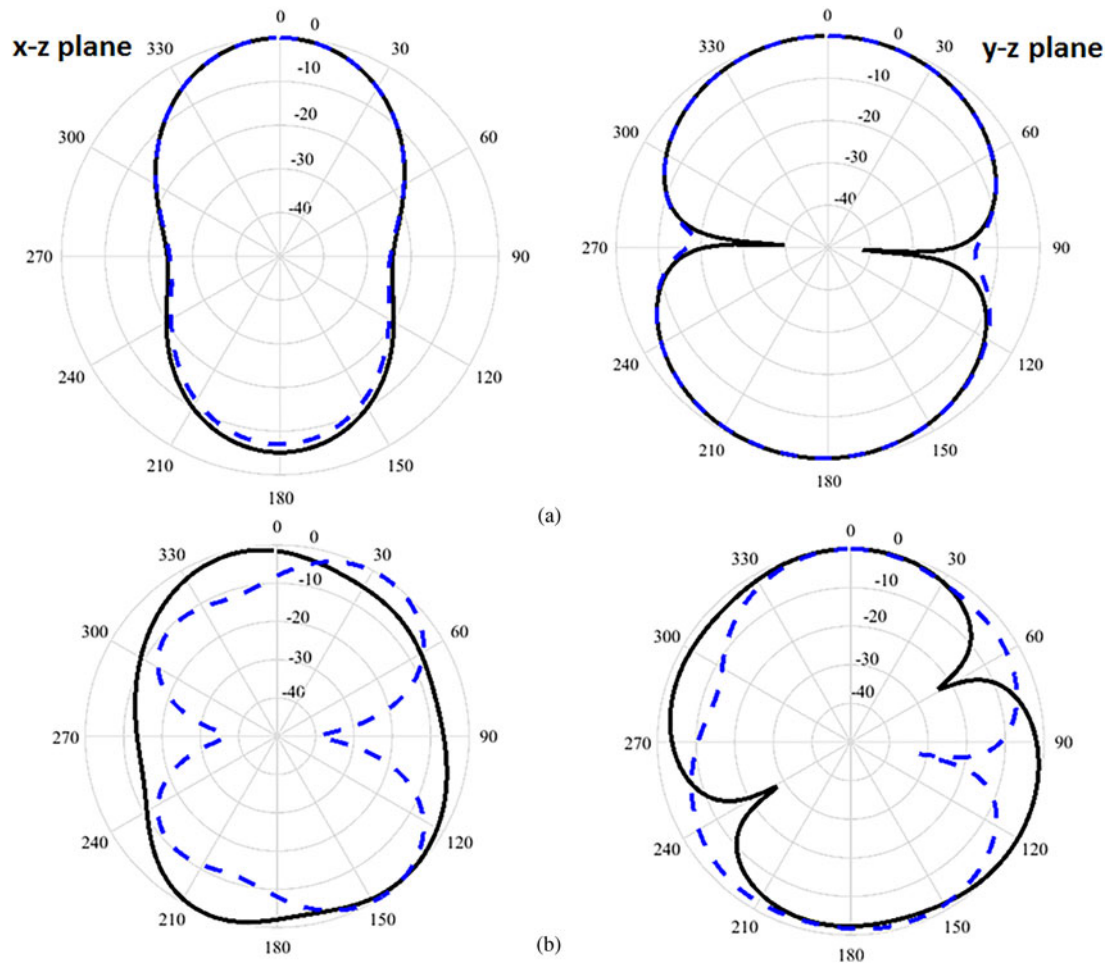


Fig. 3. Simulated normalized radiation patterns of the flexible antenna in a flat state (solid line) and when subjected to bending for $R_y = 60$ mm (dashed line) at (a) 2.45 GHz, (b) 5.8 GHz.

The AMC-backed antenna design

To extend the potential applications of the proposed flexible antenna to wearable on-body communications by reducing the back radiation on the human body, the antenna was integrated

with a textile AMC surface to behave like a high-impedance plane. In this section, the design methodology of the AMC unit-cell and the effect of backing the proposed antenna with a surface of a 4×4 unit-cell array in terms of impedance matching and antenna reflection coefficient $|S_{11}|$ performance for both flat and bend states are investigated.

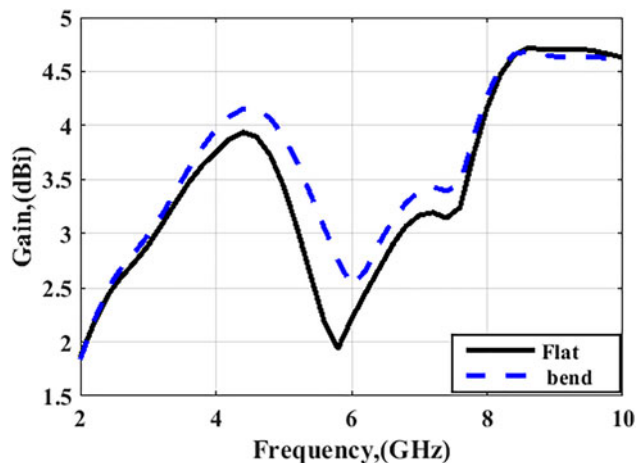


Fig. 4. Simulated peak gain versus frequency of the proposed UWB flexible monopole antenna in a flat state and when subjected to bending for $R_y = 60$ mm.

Design methodology of AMC unit-cell

The geometrical configuration of the proposed AMC unit-cell is depicted in Fig. 5. It consists of a dual square-loop structure. Such a configuration generates two different frequencies corresponding to the capacitance/inductance arising by each loop. The AMC unit-cell was constructed on pure cotton fabric with the dielectric constant of $\epsilon_r = 1.7$ and thickness of 1.8 mm (stack of two layers). The optimized cell dimensions to resonate at 2.45 and 5.8 GHz are listed in the caption of Fig. 5. These two frequencies were determined by the reflection phase behavior of the AMC surface. Figures 6(a) and 6(b) depict the numerical simulation setup of the AMC unit-cell and the obtained reflection phase behavior. As it can be seen in Fig. 6(b), the reflection phase is crossing the zero approximately coincide with the two frequencies of interest of 2.45 and 5.8 GHz. For further understanding of the operation mechanism, the simulated distributions of surface

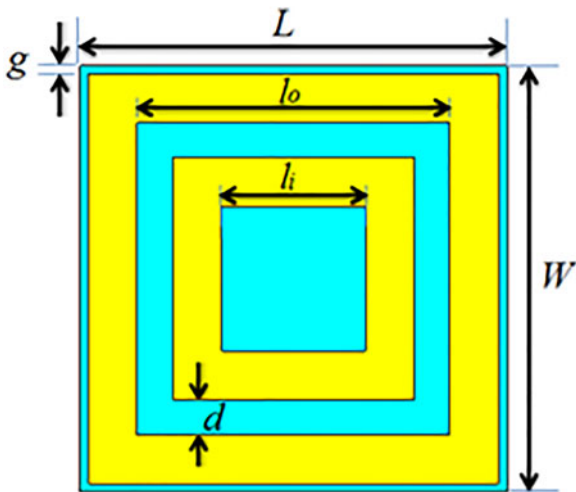
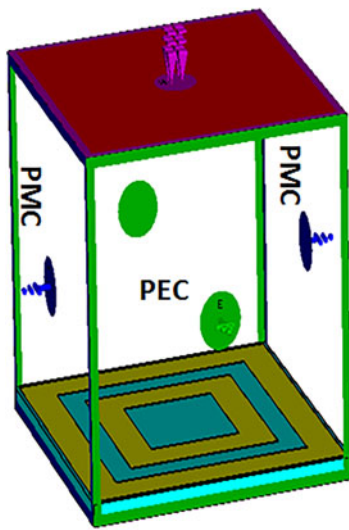


Fig. 5. Geometry and dimensions of the proposed dual square-loop AMC unit-cell ($L = 25$ mm, $W = 25$ mm, $l_o = 18.6$ mm, $l_i = 8.6$ mm, $g = 0.45$ mm, and $d = 2.1$ mm).

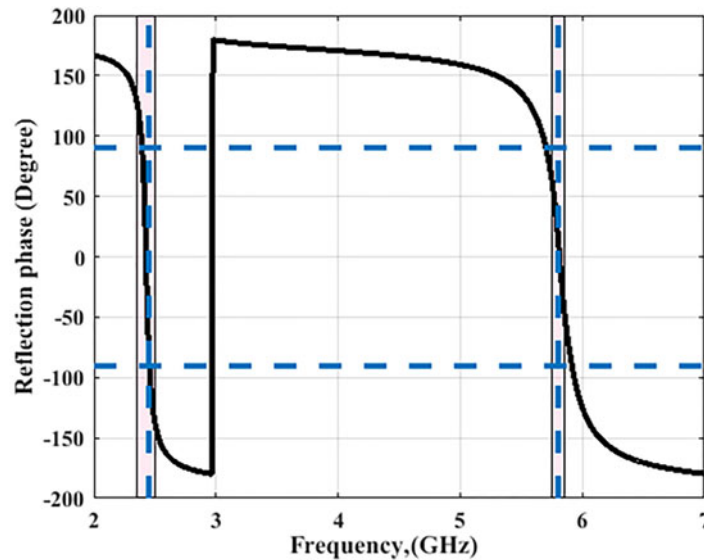
current at both two frequencies are examined in Fig. 7. The currents are collected in the outer square-loop at 2.45 GHz and in the inner square-loop at 5.8 GHz.

Operation mechanism of the integrated antenna

After designing the AMC unit-cell, the flexible antenna was added above 4×4 array surface with a separation distance of 3 mm. Such a distance has a significant impact on antenna performance and has been chosen along with array size by parametric study in terms of realized gain and radiation pattern. With 4×4 array size and 3 mm spacing, the overall dimensions of the integrated antenna is $99 \times 99 \times 4.8$ mm, which is about $0.8\lambda_0 \times 0.8\lambda_0 \times 0.04\lambda_0$ at 2.45 GHz. The geometry of the integrated antenna is shown in Fig. 8(a). The integrated antenna performance was examined also under a bending state with a value of $R_y = 60$ mm, representing arm curvature, as illustrated in Fig. 8(b). The simulation $|S_{11}|$ results for the integrated antenna for flat and bent states are shown in Figs 9(a) and 9(b), respectively. As it

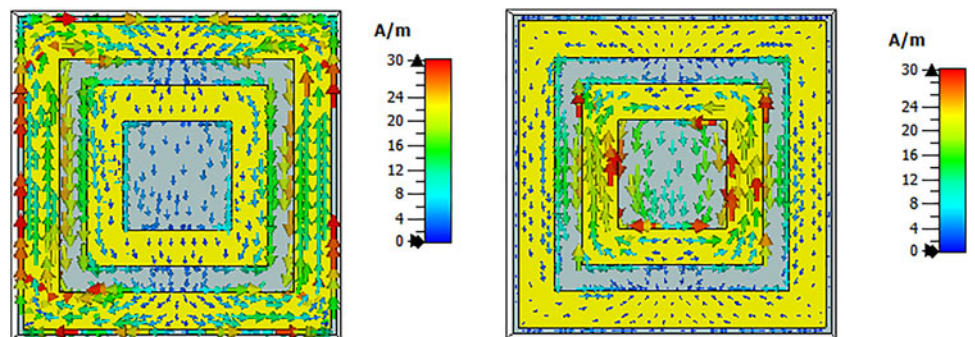


(a)



(b)

Fig. 6. AMC unit-cell (a) Numerical simulation model and (b) Simulated reflection phase of the AMC surface.



(a)

(b)

Fig. 7. Surface current distribution of the dual square-loop AMC unit-cell at (a) 2.45 and (b) 5.8 GHz.

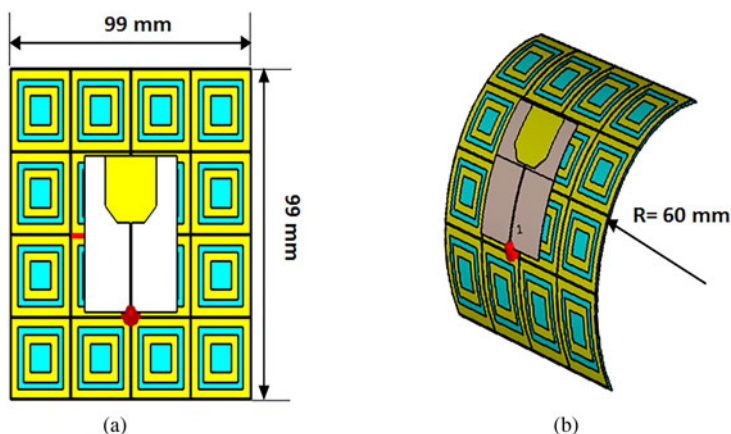


Fig. 8. Geometry of the proposed UWB flexible monopole antenna above 4 × 4 AMC surface. (a) Flat state. (b) Bent state with $R_y = 60$ mm.

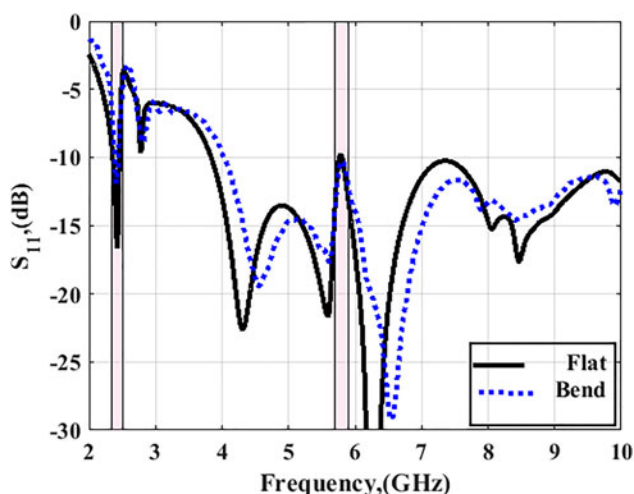


Fig. 9. Simulated $|S_{11}|$ of the UWB flexible monopole antenna above 4 × 4 AMC surface at flat and bent states with $R_y = 60$ mm.

can be seen in Fig. 9, the antenna in the two states can resonate at multi-band due to the ultra-wide bandwidth of the antenna. However, the antenna resonance bands include the two frequency bands of interest of 2.45 and 5.8 GHz, as more attractive frequencies for wearable applications.

Performance of the integrated antenna in the vicinity of the human body

The wearable antenna can be employed in free space with good performance; however, frequency shifts can be introduced when such type of antenna operates in the vicinity of the human body, which also may harm body tissues. To evaluate these effects in simulation, the voxel-based human model (Hugo) was used to emulate a real human body. For this evaluation, the integrated antenna of both flat and bent states was attached in the vicinity of the human body model as shown in Fig. 10. As it can be seen in Fig. 10, two different parts of the human body that are suitable to mount the antenna with the two states were chosen. The first part is the human back which is suitable for integrated antenna of the flat state and the other part is the human arm which is suitable for integrated antenna of bent state ($R_y = 60$ mm). The

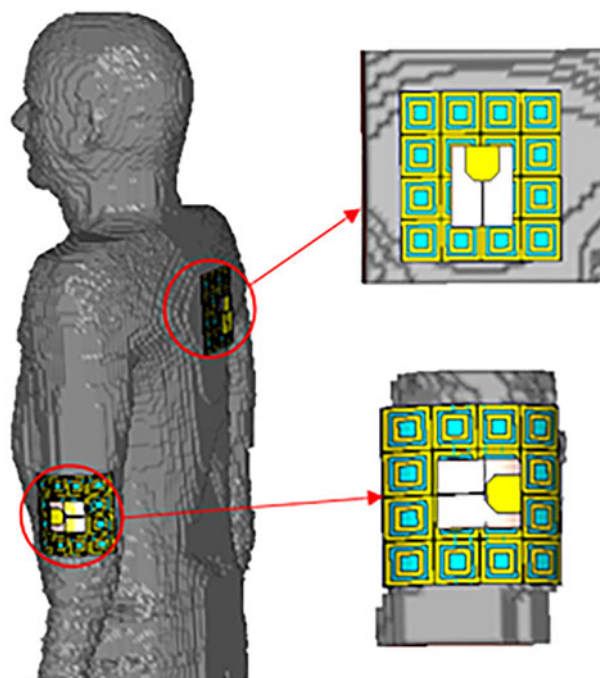


Fig. 10. The integrated antenna is placed on the back and arm of a CST Hugo voxel model of the human body.

integrated antenna system is placed 3 mm above the human body model for the two states. In this section, the integrated antenna performance in terms of impedance matching, radiation characteristics are investigated. For wearable safety, the SAR levels were calculated to evaluate the electromagnetic radiation leaks toward the human body.

Antenna matching

The impedance matching features of the integrated antenna of the two states were examined in terms of reflection coefficient $|S_{11}|$ to show the mismatch due to the presence of human body tissues. Figures 11(a) and 11(b) show the reflection coefficient $|S_{11}|$ characteristics of the integrated antenna in the vicinity of the human back and human arm, respectively. The results are shown in

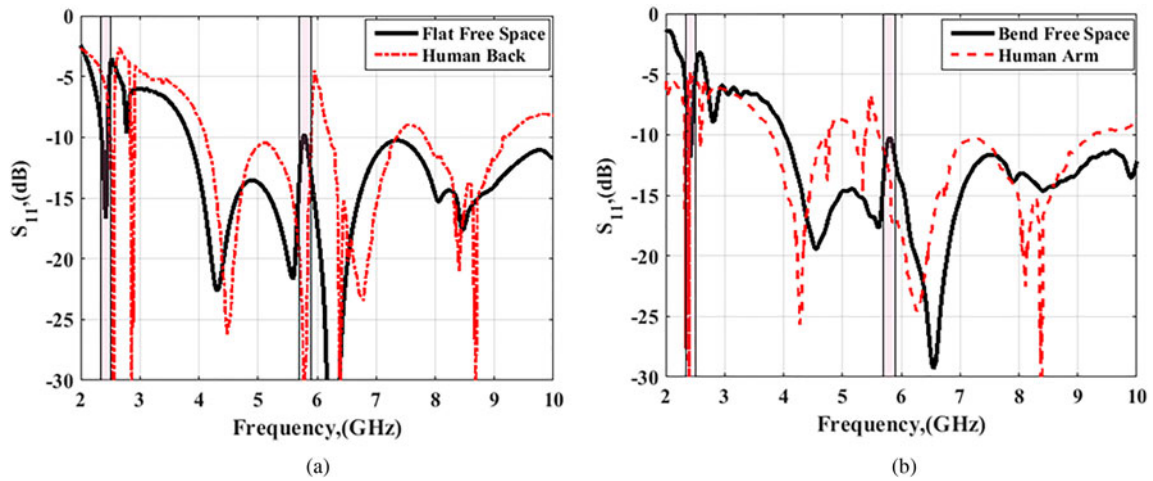


Fig. 11. Simulated $|S_{11}|$ characteristics of the integrated antenna in the vicinity of the human back and human arm in comparison to that evaluated in free space.

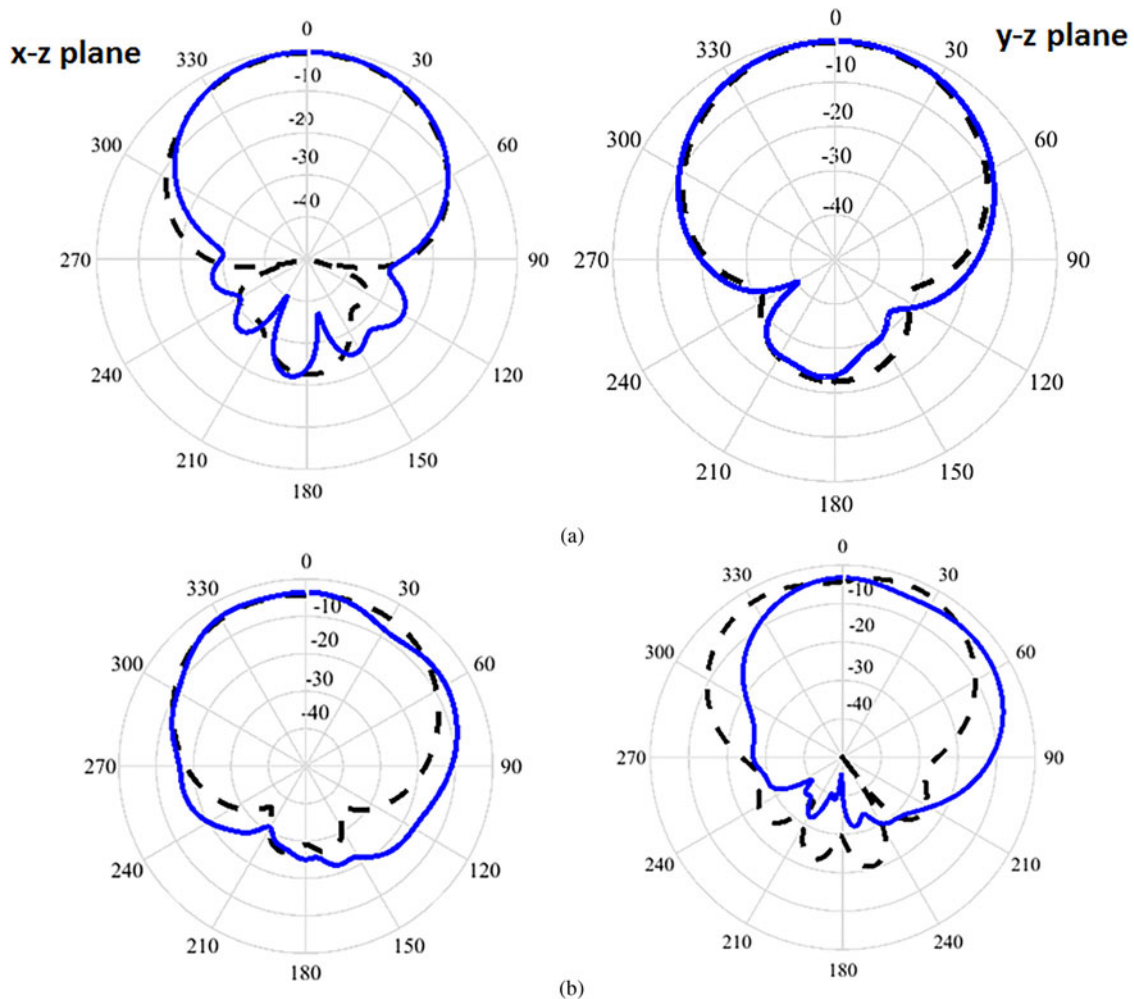


Fig. 12. Simulated radiation patterns of the flat integrated antenna placed on the human back (solid line) in comparison to that of free space (dashed line) at (a) 2.45 and (b) 5.8 GHz.

comparison to those evaluated in free space. Good matching for the two states of the antennas at the two operating frequencies 2.45 and 5.8 GHz has been observed.

Radiation characteristics

The far-field radiation characteristics of the integrated antenna at 2.45 and 5.8 GHz were simulated in xz - and yz -plane for both flat

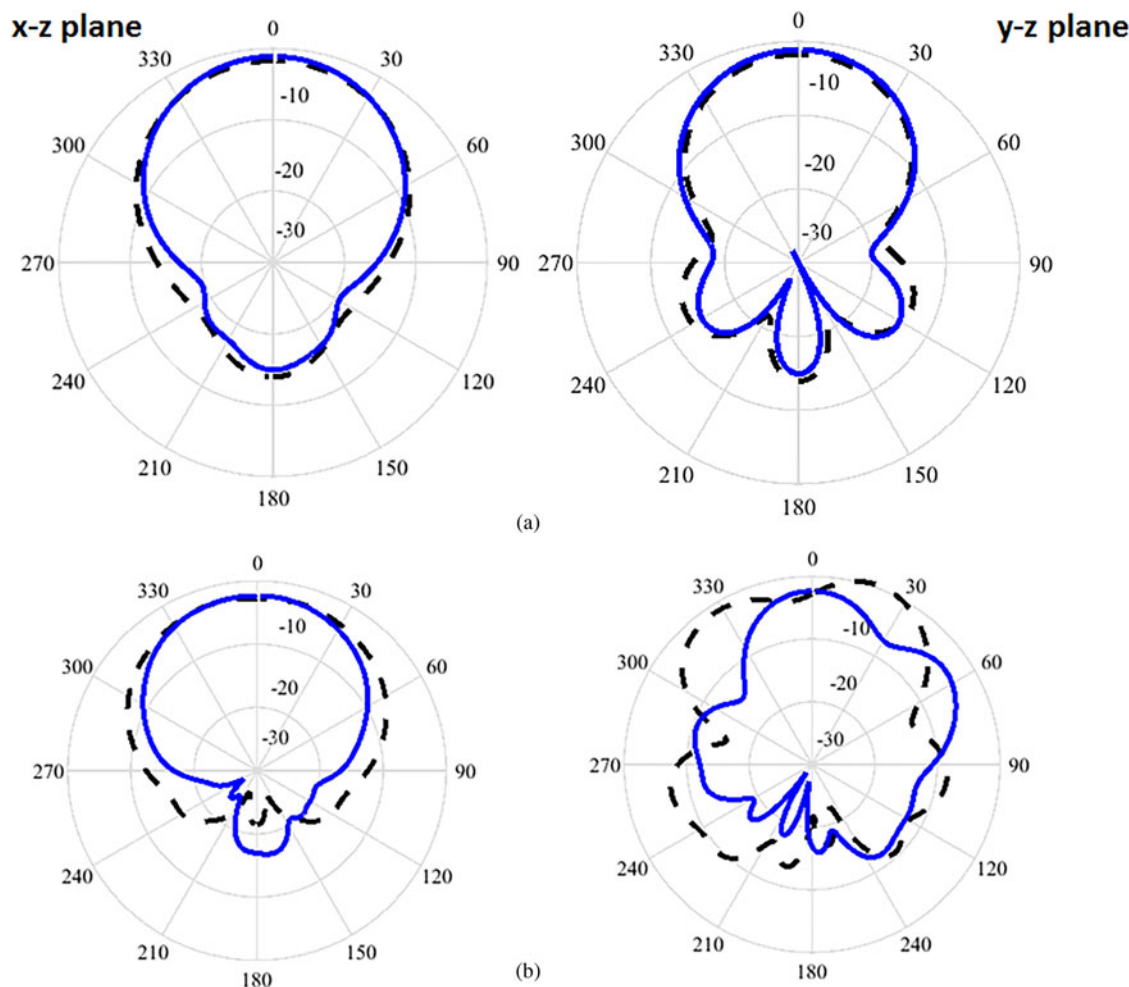


Fig. 13. Simulated radiation patterns of the bent integrated antenna placed on the human arm (solid line) in comparison to that of free space (dashed line) at (a) 2.45 and (b) 5.8 GHz.

and bent states and compared to those of free space. Results in Fig. 12 show that the radiation patterns of the flat integrated antenna are slightly affected by the human back. The peak gain of the integrated antenna in the free space equals 9 dBi, while its peak gain in the vicinity of the human back equals 8.9 dBi. Results in Fig. 13 show the same scenario for the antenna subjected to bending, in which the peak gain of the integrated antenna in the free space is 8.25 dBi, while the peak gain in the vicinity of the human arm is 8.2 dBi.

SAR evaluation

To fulfill its design purpose for wearable on-body communications, the integrated antenna is utilized to work in the vicinity of the human body. Since the human body is always being close to the antenna, thus, the antenna radiation effect on the body should be examined and the SAR distribution should be evaluated to ensure that its values fall at or below the acceptable level. According to the FCC, the standard value of SAR level is about 1.6 watts per kilogram (1.6 W/kg) over 1 gram of body tissue or 2.0 watts per kilogram (2 W/kg) over 10 grams of body tissue in countries that follow the Council of the European Union limit.

The SAR distributions of the integrated antenna at 2.45 and 5.8 GHz were evaluated for both the antenna states and compared to the standalone antenna. The power introduced to the antenna in each case equals 0.1 W. Figures 14(a) and 14(b) show the simulated averaged SAR values over 10 grams of the human back at 2.45 and 5.8 GHz for the flat antenna without and with the AMC surface, respectively. Results in Fig. 14(a) show for the standalone antenna, the SAR values are 1.36 and 1.75 W/kg at both frequencies, respectively, which are near the acceptable level of 2 W/kg. Results in Fig. 14(b) show that the SAR values of the integrated antenna are 0.147 and 0.12 W/kg at both frequencies, respectively, which fall within the acceptable level. The same fashion can be expected for the bent antenna system placed on the human arm. Figures 15(a) and 15(b) show the simulated averaged SAR values over 10 grams of the human arm at 2.45 and 5.8 GHz for the bent antenna without and with the AMC surface, respectively. Results in Fig. 15(a) show that the SAR values of the standalone antenna are 2.55 and 2.44 W/kg at both frequencies, respectively, which are above the acceptable level of 2 W/kg. Results in Fig. 15(b) show that, for the integrated antenna, the SAR values are significantly reduced to 0.0829 and 0.113 W/kg at both frequencies, respectively. From this study, it is observed that the SAR level is decreased after integrating the AMC surface with the antenna in both states.

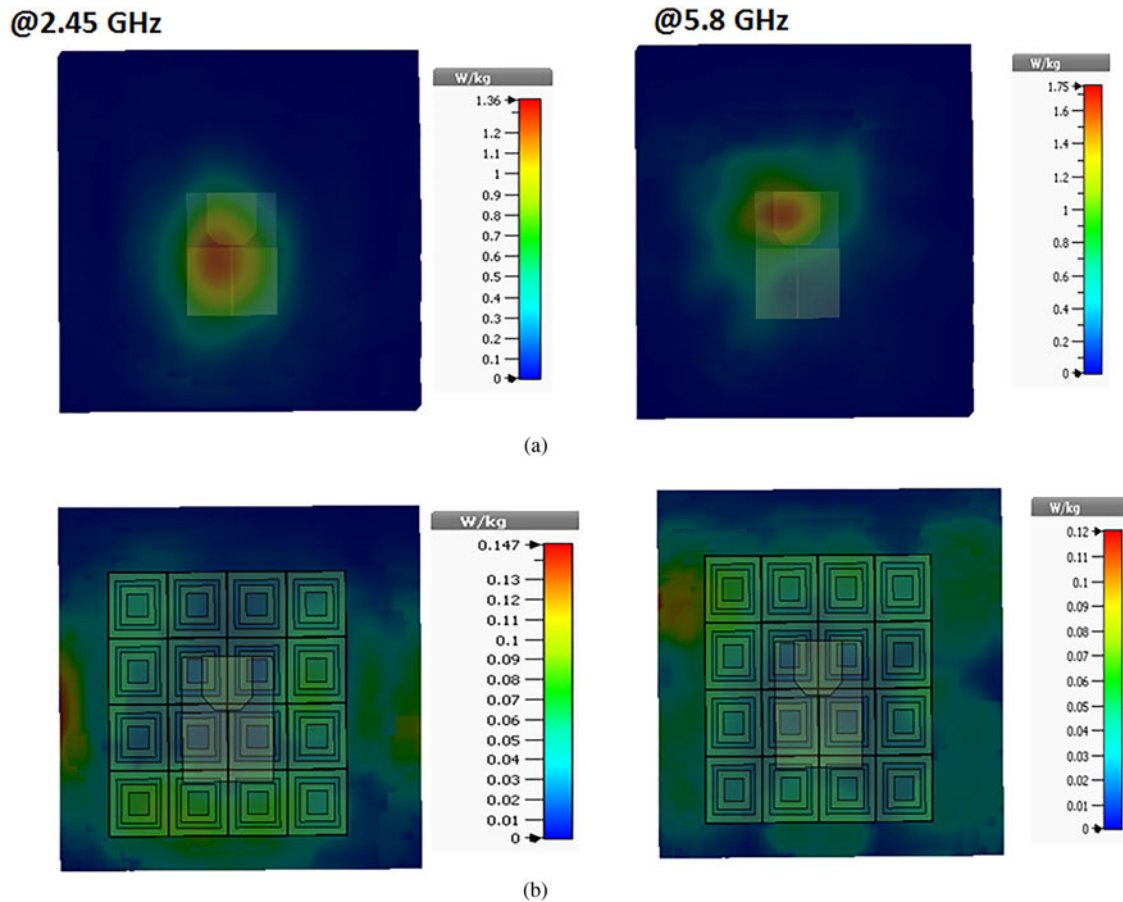


Fig. 14. SAR evaluation of the flat antenna placed on the human back at 2.45 and 5.8 GHz. (a) Without AMC surface. (b) With AMC surface.

Measurement of antenna performance characteristics

To verify the simulated results, prototypes were fabricated and tested. In this part of the work, two prototypes are tested for their performance characteristics. The first is the standalone flexible UWB antenna and the second is the complete integrated antenna (flexible UWB antenna backed by a textile AMC surface). To characterize the performance of the prototypes, two types of measurements in free space and the vicinity of the human body subjected to reflection coefficient $|S_{11}|$ and far-field radiation characteristics were performed. The $|S_{11}|$ was measured using a vector network analyzer Agilent N9918A to find the actual resonant frequencies of the antenna prototypes. The radiation characteristics were measured in a StarLab 18 anechoic chamber, using specific measurement fixtures, to obtain parameters such as far-field radiation patterns, gains, and radiation efficiency.

Free-space measurements

The proposed UWB flexible antenna was fabricated on Rogers RO3003 substrate and a 50Ω subminiature version A connector was integrated. A conductive layer adhesive with 0.035 mm thickness over a pure cotton fabric was used to fabricate the textile AMC surface. Photographs of the fabricated antenna prototypes without and with AMC surface in flat and bent states are shown in Fig. 16. The fabricated prototypes have been subject to measurement to validate the simulation predictions. The

simulated and measured frequency responses for the antenna without and with AMC surface in flat and bent states are shown in Figs 17 and 18, respectively. As aforementioned, for the bent state the curvature radius, $R_y = 60$ mm was chosen as a reasonable representation for the radius of the human arm. From the two figures, good agreement between the simulated results and measured data is observed. Measured results in Fig. 17 show that the flat antenna without AMC surface achieved measured impedance bandwidth ranging from 2.4 up to 10 GHz and the impedance bandwidth of the bent antenna is also maintained. Measured results in Fig. 18 show that the integrated design in the two states maintained the two resonance frequencies of interest at 2.45 and 5.8 GHz for the two states.

The measured radiation patterns of the antenna prototypes of the two states are then assessed in the xz - and yz -planes as shown in Figs 19 and 20 at 2.45 and 5.8 GHz, respectively. Photographs of the measurements setup are shown in Fig. 21. The measured peak gain and radiation efficiency values are listed in Table 1, which are close to the simulated values and show good agreement.

On-body measurements

For on-body measurements, the integrated antenna prototype was placed over a human back and human arm, as displayed in Fig. 22. Reflection coefficient $|S_{11}|$ characteristics were evaluated under the vicinity of the human back and arm, as shown in

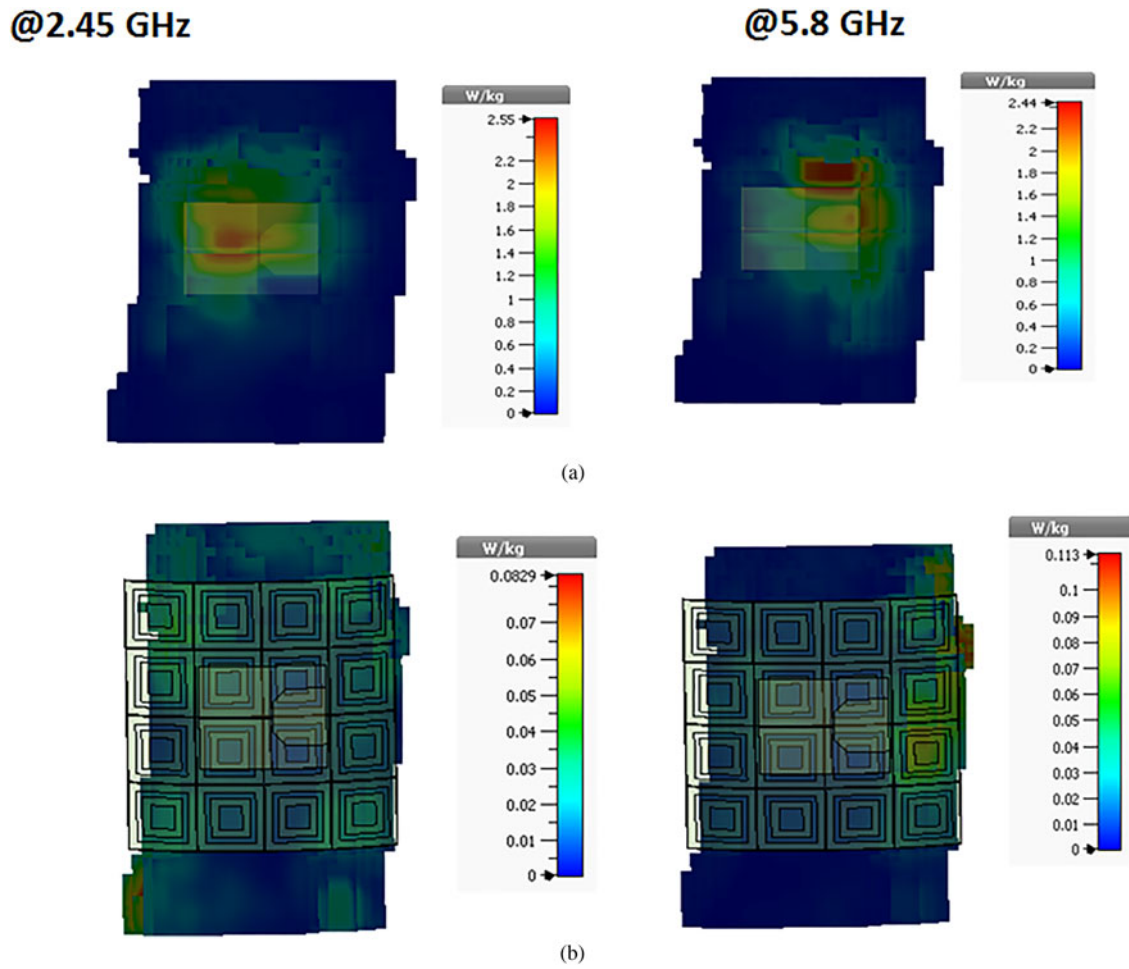


Fig. 15. SAR evaluation of the bent antenna ($R_y = 60$ mm) placed on the human arm at 2.45 and 5.8 GHz. (a) Without AMC surface. (b) With AMC surface.

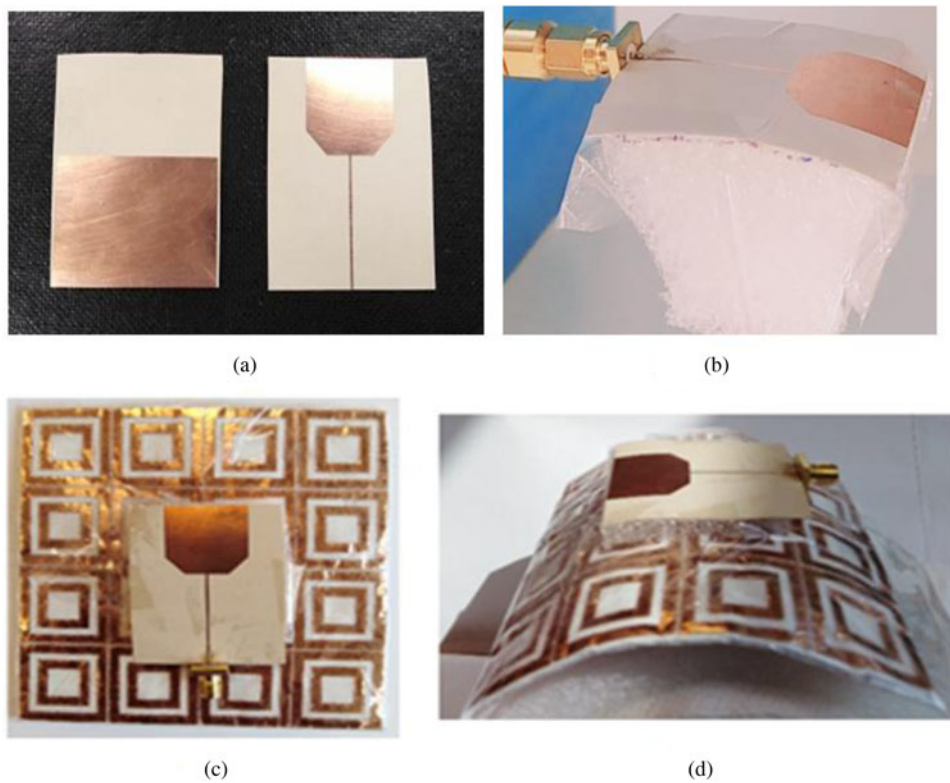


Fig. 16. Photograph of the fabricated antenna prototypes. (a) Standalone antenna in a flat state. (b) Standalone antenna in a bent state ($R_y = 60$ mm). (c) Integrated antenna in a flat state. (d) Integrated antenna in a bent state ($R_y = 60$ mm).

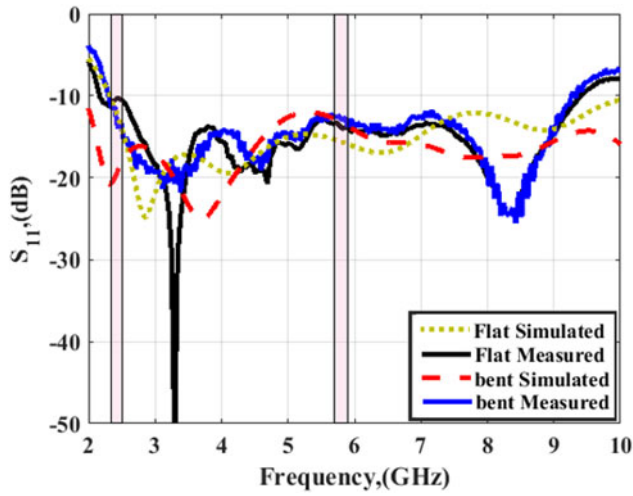


Fig. 17. Simulated and measured $|S_{11}|$ against frequency for the fabricated standalone antenna prototype in flat and bent ($R_b = 60$ mm) states.

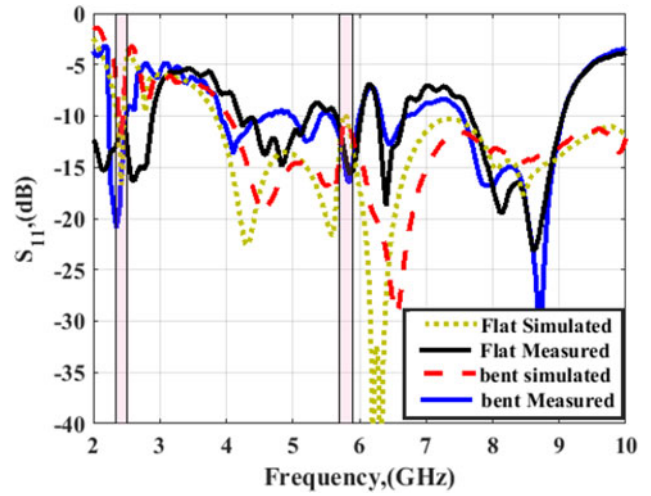


Fig. 18. Simulated and measured $|S_{11}|$ against frequency for the fabricated integrated antenna prototype in flat and bent ($R_b = 60$ mm) states.

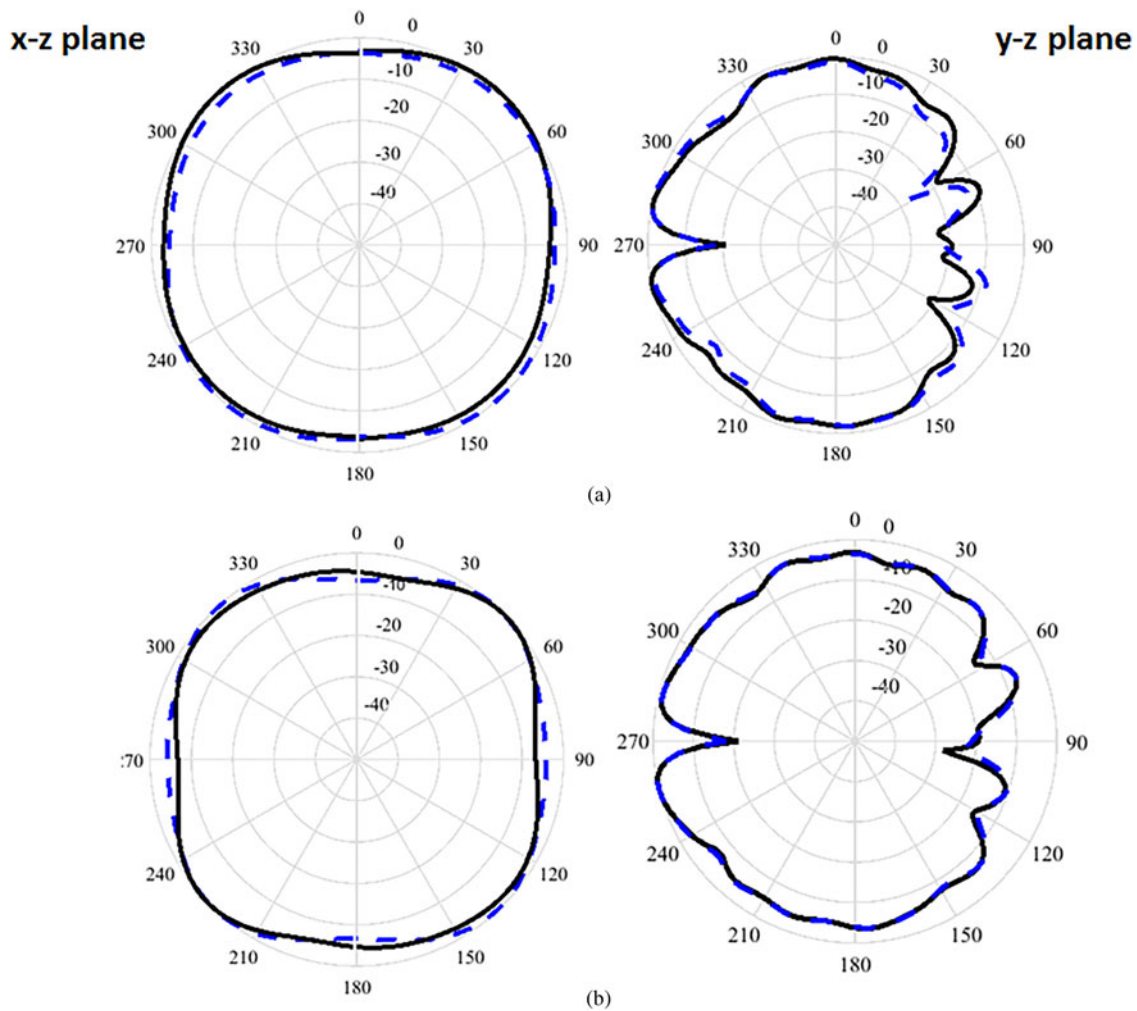


Fig. 19. Measured 2D gain radiation patterns of the standalone antenna in the flat state (solid line) and when subjected to bending (dashed line) at (a) 2.45 GHz and (c) 5.8 GHz.

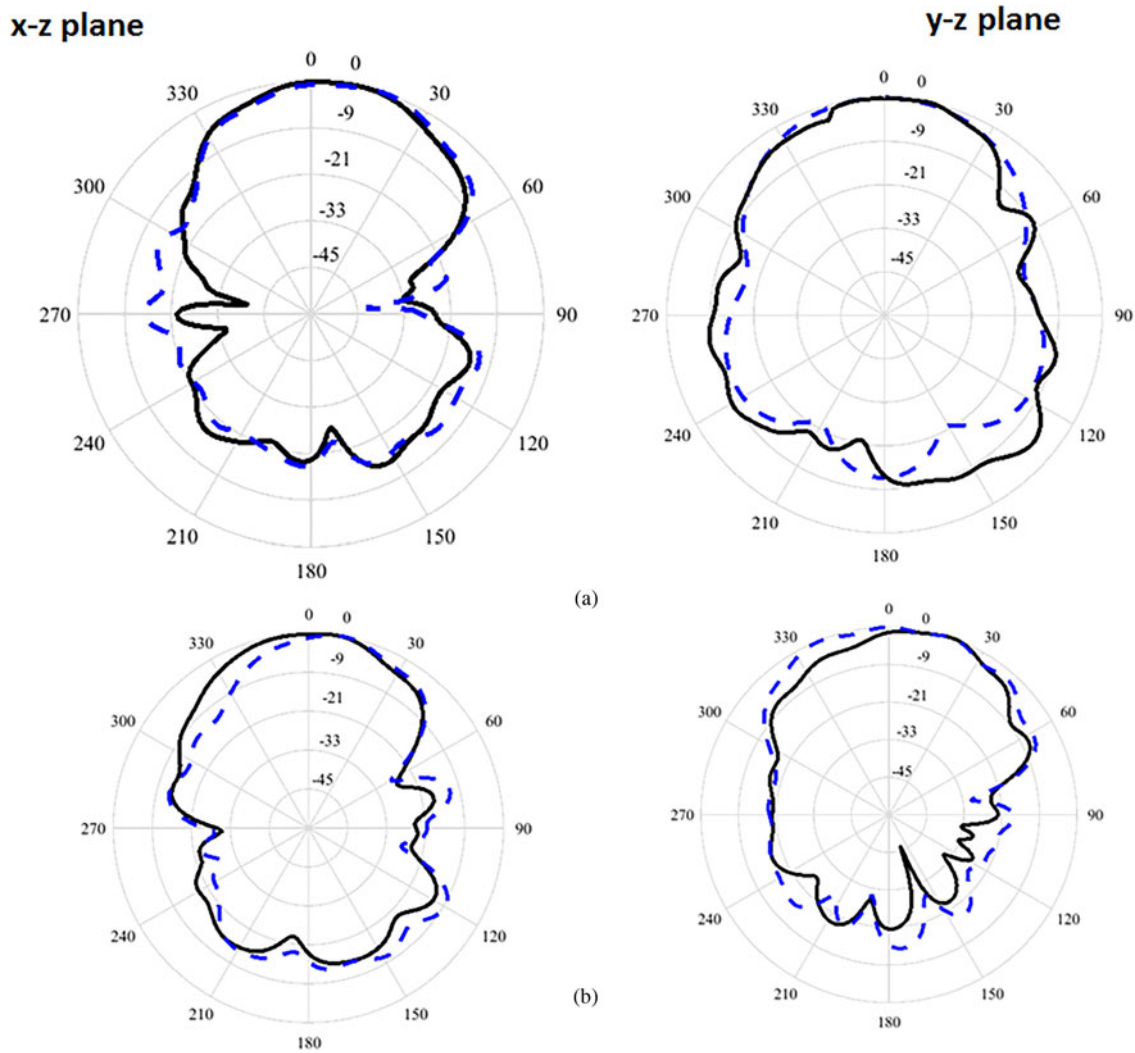


Fig. 20. Measured 2D gain radiation patterns of the integrated antenna in the flat state (solid line) and when subjected to bending (dashed line) at (a) 2.45 GHz and (c) 5.8 GHz.

Table 1. Simulated and measured peak gain and radiation efficiency of the proposed antenna designs at 2.45 and 5.8 GHz

Antenna design	At 2.45 GHz		At 5.8 GHz	
	Gain (dBi)/Efficiency (%)		Gain (dBi)/Efficiency (%)	
	Measured	Simulated	Measured	Simulated
Flat standalone antenna	2.36/85	2.53/97	3.26/83.5	2/91
Bent standalone antenna	2.36/83.5	2.53/96	3.3/81.7	2.75/90
Flat integrated antenna	8.5/72.03	9/80.5	7.76/70.4	8.1/79.2
Bent integrated antenna	8/70.1	8.25/76.1	7/70	7.28/74.5

Figs 23 and 24, respectively. The results are shown in comparison to those obtained using Hugo human voxel model. Good performance is obtained for the two positions with small differences between the results because of the fabrication and measurement process which cannot be overcome.

In the end, our work is compared to other designs as tabulated in Table 2. It is clear that our work has good performance, high

gain, and low SAR level which enable it to be used in wearable applications.

Conclusion

An integrated design consisting of a flexible antenna and a textile AMC surface spaced apart by 3 mm was demonstrated. The

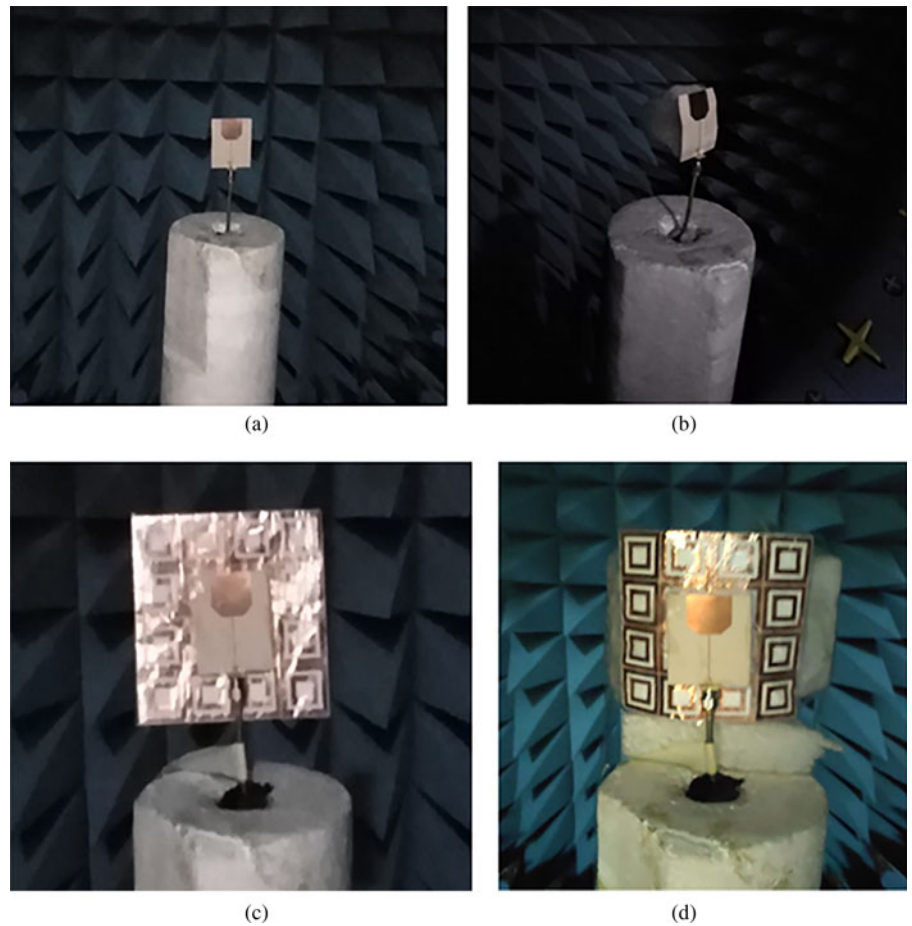


Fig. 21. Measurement set up of radiation characteristics of the fabricated antenna prototypes inside a StarLab 18 anechoic chamber. (a) Standalone antenna in a flat state. (b) Standalone antenna in a bent state ($R_y=60$ mm). (c) Integrated antenna in a flat state. (d) Integrated antenna in a bent state ($R_y=60$ mm).

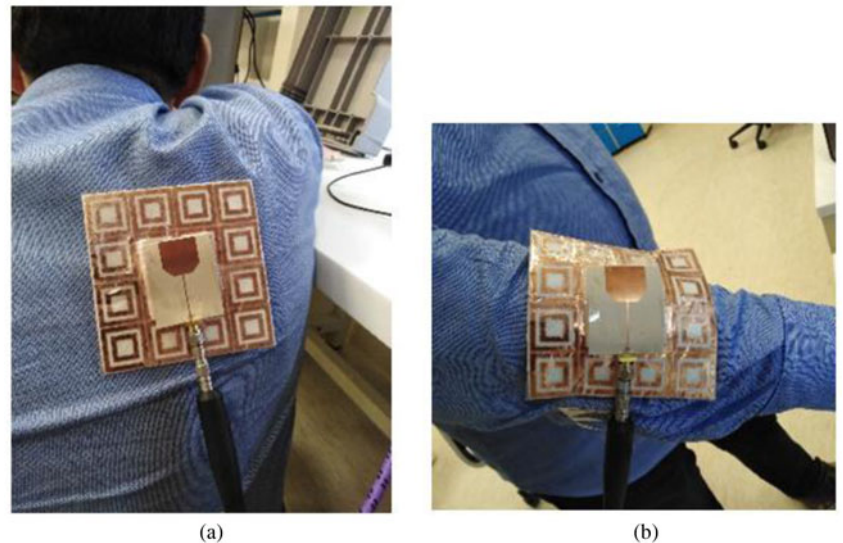


Fig. 22. On-body measurement set up of frequency response of the integrated antenna prototype placed on (a) Human back. (b) Human arm.

antenna was designed to operate over ultra-wide bandwidth ranging from 3 to 9 GHz and its flexible nature makes it convenient for a wide range of applications in the area of indoor wireless communications. While integrating the textile AMC surface makes the antenna feasible to be used for on-body communications. For design validation, an integrated model of

antenna and AMC surface was implemented and tested for different operation scenarios. The antenna performance has been validated by studying the bending conditions in the vicinity of the human body. All the measured data are in good agreement with that obtained via numerical analysis. Moreover, the evaluated SAR levels show that the proposed integrated model has

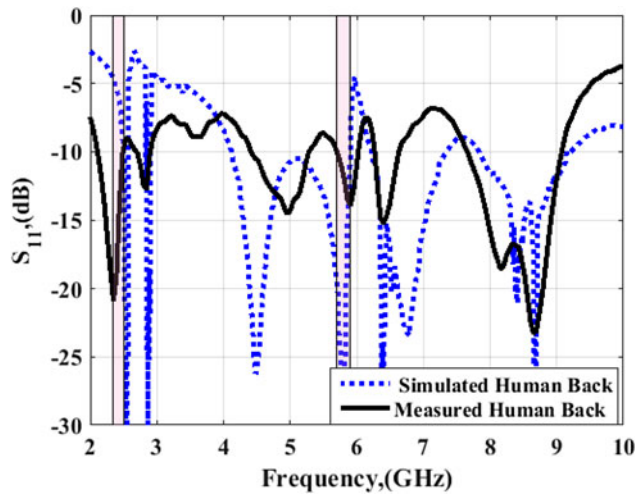


Fig. 23. Simulated and measured reflection coefficient $|S_{11}|$ characteristics against the frequency of the integrated antenna prototype placed on the vicinity of the human back.

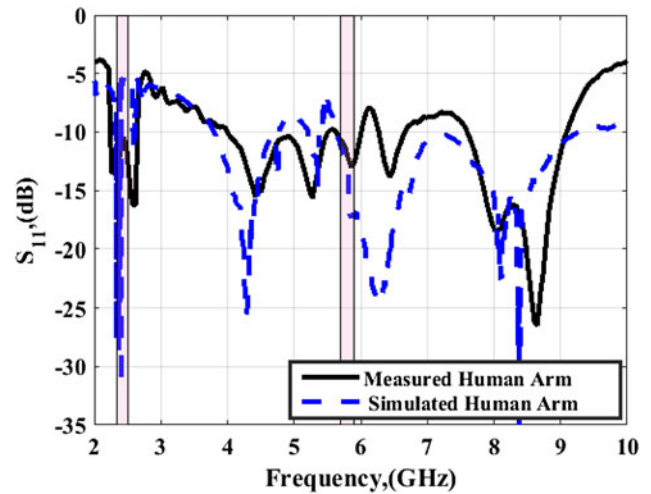


Fig. 24. Simulated and measured reflection coefficient $|S_{11}|$ characteristics against the frequency of the integrated antenna prototype placed on the vicinity of the human arm.

Table 2. Proposed wearable antenna versus selected recently designs

Ref.	Operating frequency (GHz)	Antenna size (mm ²)	Antenna substrate/thickness (mm)	Reflector type/Substrate	Reflector size (mm ²)	Gain (dBi)	Input power (W)/SAR (W/Kg)
[7]	3.1–11	80 × 61	ShieldIt conductive textile/0.17	Ground plane	80 × 61	7.2	0.5/1.21
[8]	2.36–2.4	101 × 96	nickel-plated polyester/2	Ground plane	101 × 96	3.1	NA
[9]	2.45/5.8	55 × 50	felt/3	AMC/felt	90 × 90	3/7	NA/0.08/0.05
[18]	1–8	48 × 34.9	polyimide/0.13	NA	NA	3.1	NA
[19]	2.4/3.3	89 × 83	RO3003/1.52	AMC/RO3003	89 × 83	6/3	0.1/0.29/0.29
[20]	2.45/5.8	30 × 25	polyimide/0.05	AMC/polyimide	72 × 72	5.2/7.7	NA/0.7/0.71
[21]	3.7–10.3	80 × 67	PDMS/3	Ground plane	NA	4	0.5/0.09
[22]	2.4	50 × 50	Latex/1	AMC/Latex	50 × 50	0.12	1/0.714
[23]	2.45	68 × 38	Rogers RT/duroid 5880/1.57	EBG/Rogers RT/duroid 5880	68 × 38	6.88	0.5/0.244
[24]	2.4	30 × 20	denim material/0.7	EBG/denim material	46 × 46	7.8	0.1/0.013
[25]	1.8/2.45	124 × 90	jean fabric/1	EBG/jean fabric	150 × 150	NA	0.1/0.024/0.016
[28]	2–16	50 × 43	FR4/0.15	Metamaterial/Rogers RT/duroid 5880	50 × 43	8	0.3/0.1
This work	2.4, 4–9	41 × 38	RO3003/0.25	AMC/pure cotton	99 × 99	9	0.1/0.08–0.14

been achieved the safety requirements for wearable medical applications.

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