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## **A Romanian Online Platform for Patients with Depressive Disorder [Www.Depresiv.Ro](http://Www.Depresiv.Ro)**

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### **Introduction**

Major depressive disorder is a disabling condition and nowadays is one of the major causes of morbidity worldwide. The internet is a commonly used source of information related to mental health, with elevated use among those with a history of mental health problems. Consumers frequently use the internet to gather mental health information, indicating they like the '24/7' access to data as well as the anonymity the internet affords.

### **Objectives**

The goal of this presentation is to point out the challenges our team had to manage in order to create an online platform about depression and the results obtained.

### **Methods**

The site [www.depresiv.ro](http://www.depresiv.ro) was created by a multidisciplinary team. It is intended to be simple and with a great visual impact.

### **Results**

The platform is a reliable information tool for patients, families and also for mental health specialists. It gathers information about depressive disorder and it has an interactive concept with a question and answer module and a screening section that uses a web app with the Hospital Anxiety and Depression Scale.

### **Conclusions**

With a monthly traffic of approximately 12000 users and more than 3000 Hospital Anxiety and Depression Scales completed in just 3 months it is clear that use of internet could help both patients and caregivers obtaining accurate information about depression. The increasing role of internet as an information source should be used by psychiatrists in order to provide education about this relatively high incidence disorder that is depression.