

1 NAVIGATING CHANGE: A COMPARATIVE ANALYSIS OF HEALTH
2 TECHNOLOGY ASSESSMENT REFORMS ACROSS AGENCIES – PROCESSES,
3 DRIVERS, AND INTERDEPENDENCIES

4 ***Running title:*** An Analysis of Reforms Across HTA Agencies

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24 **Abstract**

25 ***Objectives***

26 Health Technology Assessment (HTA) is a critical part of healthcare decision-making in
27 many countries. Changes in Methods and Processes (M&P) of HTA agencies can affect the
28 time and degree of patient access to treatments. Published literature focuses on the different
29 M&P adopted by HTA agencies, rather than on how these have come about over time. Our
30 study investigates key HTA reforms and explores their drivers and interdependencies in a set
31 of HTA agencies in Europe, Asia-Pacific, and North America.

32 ***Methods***

33 We conducted a targeted literature review on M&P guidelines and subsequent changes to
34 those, for 14 HTA agencies. We supplemented and validated initial findings with 29 semi-
35 structured interviews with country-specific experts. We used analytical tools to create process
36 maps, proactivity and influence networks, and clusters of HTA agencies.

37 ***Results***

38 We found that processes leading to M&P reforms follow similar steps across HTA agencies.
39 The three most important drivers to reforms were HTA practice and guidelines in other
40 countries; the healthcare policy, legal and political context within the agency's country; and
41 experience of challenges in the assessment by the HTA body itself. International
42 collaborations have the potential to accelerate the evolution of HTA systems and the
43 implementation of reforms.

44 ***Conclusion***

45 We identified PBAC (Australia), CDA-AMC (Canada), NICE (England), IQWiG (Germany),
46 and ZIN (the Netherlands) as HTA agencies which are catalysts of HTA reforms as well as
47 internationally influential. International collaborations may represent a useful route to
48 accelerate changes as long as they ensure wide stakeholder engagement at an early stage.

49 **Key words:** technology assessment; biomedical; health care evaluation mechanisms; policy;
50 methods.

51 **Introduction**

52 Health Technology Assessment (HTA) is a critical part of healthcare decision-making in
53 many countries. Current HTA agencies have different methods (their preferred technical
54 approaches and practices on how to conduct HTA) and processes (steps followed and
55 stakeholders involved in carrying out HTA). HTA methods and processes (M&P) can
56 significantly impact recommendations made by HTA agencies(1) and have wide-ranging
57 effects on patients, providers, industry, and society as a whole. HTA M&P can also influence
58 patient access to new treatments and impact research and development (R&D) investment
59 decisions. Therefore, HTA M&P should evolve in response to scientific advances, changes in
60 societal preferences, methodological developments, and challenging political contexts.

61 Published literature compares different agencies' M&P in a static way (international
62 comparison of HTA M&P at a particular point in time(2,3), and generally exploring a single
63 topic of interest(4–6)). Cross-border dynamics of HTA M&P (how guidelines evolve over
64 time) are less analyzed in the literature,(7) and usually focus on the emergence of HTA
65 organizations, publication of their first guidelines,(8–10) or refer to a specific topic.(11) Our
66 paper is the first attempt, to our knowledge, to document past full or partial HTA reforms,
67 analyze drivers and processes leading to these reforms, and show how HTA agencies
68 influenced each other in the development and reviews of their M&P guidelines.

69 Understanding what lies behind HTA reforms is important for stakeholders to identify
70 opportunities for engagement, inform evidence generation matching forthcoming HTA
71 requirements, and support policy discussions.

72 This paper seeks to identify and analyze recent changes in HTA M&P; to explore the
73 processes and drivers for these changes; and to analyze the dynamics between countries in

74 terms of proactivity in implementing changes and the degree of influence between them. We
 75 considered a sample of HTA agencies in Europe, Asia-Pacific, and North America, chosen as
 76 a representative model for the breadth of approaches to HTA implementation.

77 **Methods**

78 We conducted a targeted literature review and analyzed documents published from 2010 to
 79 2023 related to M&P guidelines as well as changes made to those guidelines. Our research
 80 focused on HTA programs for pharmaceuticals including medicines and vaccines, which
 81 starts when a product is selected for assessment, and concludes with a recommendation on
 82 funding within the healthcare system. Other types of health technologies (e.g., devices, digital
 83 therapeutics) and other activities which may be carried out by HTA agencies, including
 84 horizon scanning, were not included in the scope. We supplemented our findings with semi-
 85 structured interviews with country-specific HTA experts.

86 We investigated HTA agencies in 14 countries, as described in Box 1. These countries were
 87 chosen as examples of more established HTA agencies in Europe and the Asia-Pacific region.

Acronym	HTA agency - full name	Country
PBAC	Pharmaceutical Benefits Advisory Committee	Australia
KCE	Belgian Health Care Knowledge	Belgium
CDA-AMC	Canadian Agency for Drugs and Technologies in Health	Canada
DMC	Danish Medicines Council	Denmark
NICE	National Institute for Health and Care Excellence	England
HAS	Haute Autorité de Santé	France
IQWiG	Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen	Germany
AIFA	Agenzia Italiana del Farmaco	Italy
INFARMED	National Authority of Medicines and Health Products	Portugal
ACE	Agency for Care Effectiveness	Singapore
AEMPS	Agencia Española de Medicamentos y Productos Sanitarios	Spain
TLV	Dental and Pharmaceutical Benefits Agency	Sweden
CDE	Centre for Drug Evaluation	Taiwan
ZIN	National Health Care Institute	The Netherlands

Box 1: Full and abbreviated name of Health Technology Agencies for each country included in the study.

88

89 The pragmatic search of HTA agency websites and bibliographic databases was conducted in
90 two stages. The first stage identified relevant documents published by the HTA agencies of
91 interest and secondary literature relating to major changes in HTA M&P in general. In the
92 second stage, we identified information specific to changes in the following topics: discount
93 rates, modifiers, patient involvement in HTA (PI), real-world evidence (RWE), and surrogate
94 endpoints. These topics were deemed particularly dominant in the recent HTA debate, both
95 historically and with a view to assessing innovative medicines. Data was extracted on: the
96 timing of key M&P changes; qualitative descriptions of the policy changes and the agency's
97 positions on topics; drivers of reform; and references to other HTA agencies in the guidelines.
98 Further details on the search strategy and data extraction protocol are shown in
99 Supplementary material 1. Our findings relate to changes in HTA M&P in general and
100 specifically to the five HTA topics of interest.

101 Subsequently, we interviewed 29 experts with HTA experience with the agencies of interest
102 (two experts per agency and an additional expert from the EUnetHTA collaboration). The
103 interviews aimed to validate the literature review findings and elicit additional insights into
104 the local context, including the interviewees' views on the proactivity and influence of HTA
105 agencies, and opportunities and barriers to reforms. The interview guide is available in
106 Supplementary material 2.

107 We combined the findings from the literature review and interviews using several analytical
108 tools. First, we tabulated the timings of country-specific HTA M&P updates, distinguishing
109 between full and partial revisions. Second, we created a diagram to represent the process
110 followed by each HTA agency to consider, discuss, and implement changes in the methods
111 guidelines. Third, we created a framework that lists all the drivers that may trigger a review
112 of the M&P or lead to the implementation of changes. The framework was based on the
113 results from the literature review and validated through expert interviews. Fourth, we provide

114 the frequency that each driver in the framework was identified as an influence for changes in
115 country-specific HTA M&P guidelines. Fifth, we created a network diagram representing the
116 level of influence exerted by HTA agencies proxied by the number of times their M&P are
117 referenced in other HTA agencies' guidelines or related publications. We also created a
118 heatmap of HTA agency proactivity, which presents the relative order in which countries
119 implemented their first reform, by topic. Finally, we grouped HTA agencies regarding
120 proactiveness to changes in M&P and influence of those changes over other HTA agencies.
121 Dynamics between countries were identified by way of exploring (a) historical correlation
122 that may occur because of the timeline, (b) historical causation (i.e., M&P changes by an
123 HTA agency that are directly influenced by changes of another agency, and (c) prospective
124 collaboration or agreements between countries to align on M&P and share learnings.

125 **Results**

126 We selected a total of 374 publications across the literature searches. Supplementary material
127 3 presents the publication years of guidelines and updates identified in the review. We
128 differentiate between full revisions of HTA guidelines and partial updates (if changes are only
129 sought for specific sections in the guidelines). Before 2000, the agencies PBAC, CDA-AMC
130 (previously CADTH), INFARMED, and ZIN had already published their HTA M&P
131 guidelines - with full revisions in the case of PBAC and CDA-AMC.(12–16) By 2016, all the
132 countries in our list had their M&P guidelines published.(17–28) We also observe that the
133 revisions of these guidelines become more frequent over time.

134 ***Process followed for HTA M&P reviews***

135 Evidence on the reform process followed by PBAC, NICE, IQWiG, CDA-AMC, and DMC
136 was found primarily in the literature, and it was more formally defined compared to the
137 reform process followed by the other HTA agencies in scope, where interviewees' input was

138 key to retrieve it. As a result, there are varying opportunities and risks for stakeholder
139 interactions throughout each agency's process.

140 Our findings suggest that M&P reforms follow similar steps across HTA agencies, as depicted
141 in the process map that reflects the process for NICE M&P updates (see Figure 1) - although
142 timelines and the extent of stakeholder involvement may differ.(29–32) The process
143 illustrated in Figure 1 most applies to changes in the methods, as changes related to the
144 processes often sit separately.

145 The reform process is usually initiated by a review of existing methods, with emphasis on
146 identifying the evidence supporting the case for change. The next stage includes a draft
147 'proposal of change' document, informed by the review and prior informal discussions with
148 stakeholders to gather feedback and raise issues with the previous method updates. The
149 'proposal of change' document may be accompanied by stakeholder meetings for some
150 agencies to discuss findings and proposed changes (e.g., INFARMED and ZIN). A public
151 consultation usually follows in which stakeholders from industry, patient organizations,
152 academia, and members of the public are invited to share their views on the project. The
153 format of the stakeholder consultation may be via online questionnaires or in-person
154 interviews, in addition to several informal feedback points throughout the process. Feedback
155 is incorporated into the final HTA methods guideline, which is subsequently published.

156 Major HTA M&P updates tend to happen in a four-to-six-year cycle; nevertheless, when the
157 need for a methods update arises, these may be initiated outside of the update cycle. For
158 example, NICE's single technology appraisal process was introduced off-cycle in 2006 and
159 was motivated by industry demand; and future NICE methods updates will use a modular and
160 iterative approach when needed, to be more agile in reviewing and introducing updates in the
161 future.(33)

162 ***Framework of HTA M&P drivers***

163 We identified drivers of M&P reforms and categorized these into three themes: stakeholders,
164 country-specific context, and cross-border context. Stakeholders include HTA agencies,
165 academics, patient representatives, healthcare professionals, industry, and society. The
166 country-specific context refers to healthcare policy, legal and political context. For the cross-
167 border context, we highlighted the following drivers: scientific advances in health
168 technologies and/or change in the R&D process; regulatory approval process and pathways
169 changes; HTA practice or guidelines in other countries; and external shocks. Table 1 shows
170 the complete list of drivers of changes in HTA M&P, their description, and some examples
171 identified in the literature review.

172

173 ***Frequency of drivers by country***

174 The frequency of mentions of drivers, both in the literature and predominantly by
175 interviewees, in relation to a specific country, is presented in Table 2. The three most
176 important drivers are HTA practice or guidelines in other countries (18 instances across all
177 countries); the healthcare policy, legal and political context (16); and the HTA body itself
178 (15). International best practices are taken into consideration by most of the HTA agencies
179 explored in this study, except for AIFA and TLV, where evidence of this was not found.

180 Updates to guidelines can also be triggered by a change in national government and
181 subsequently policy, particularly for countries in which HTA M&P are closely intertwined
182 with legal statutes. For example, we identified that interest rates in the country impacted the
183 discount rate recommended by HAS and DMC.(34,35)

184 Stakeholders that drive M&P reforms include primarily the HTA body itself, followed jointly
185 by patients and industry, then academics, and lastly, society and healthcare professionals.

186 Many drivers stem from the need to improve on existing M&P for HTA, due to challenges

187 with assessment throughout the process as well as arising from the HTA body's internal
188 perception on the topics of interest. Academic position, generally sought directly by the HTA
189 agency, and updates to the methodology surrounding the topic were also shown to drive
190 changes to HTA M&P. In general, HTA agencies seek to understand stakeholders' needs and
191 opinions, and evidence-backed arguments from stakeholder groups can be a key driver to
192 change.

193 Scientific advances in certain health technologies or changes in R&D processes may simply
194 necessitate updated guidelines to assess the relevant intervention accurately; however, this
195 driver was only explicitly mentioned twice across all countries. We did not find evidence that
196 external shocks, such as the COVID-19 pandemic, and the regulatory approval process are a
197 cause of changes for the countries in scope.

198

199 *Influence exerted by other HTA agencies*

200 The number of times an HTA agency's M&P is referenced in another HTA agency's
201 guidelines or publications is used as a proxy for their level of influence. Figure 2 depicts the
202 direction of influence in a network diagram. PBAC, CDA-AMC, and NICE were referenced
203 as the most impactful, while AIFA, AEMPS, DMC, INFARMED, and ACE were not referred
204 to at all by other HTA bodies in scope.

205

206 *Heatmap of proactivity*

207 Figure 3 highlights which HTA agencies were first to implement changes to their guidelines
208 for each topic. The numbering indicates the relative position of their updates compared to the
209 other countries. In cases where HTA agencies changed their guidelines in the same year, they
210 were assigned the same relative position. Agencies that do not consider a topic at all in their

211 guidelines or have not changed their guidelines since 2010 are represented by white and grey
212 cells, respectively.

213 The HTA agencies that were first, second, or third movers in most topics are PBAC (first
214 mover in discount rates, modifiers, and surrogate endpoints); NICE and IQWiG (amongst the
215 top three movers in four topics), and CDA-AMC (three topics). AIFA, INFARMED, CDE,
216 and ZIN were each second or third movers in one topic but were later (fourth onwards) to
217 move across other topics, to have no change or not consider a topic at all in their guidelines.
218 KCE, DMC, ACE, and AEMPS were fifth or later to move, if at all; and TLV either had no
219 change or did not consider any of the topics.

220 The heatmap does not convey the level of innovation in an agency towards a specific topic,
221 suggest comparability, or express value judgment of different agencies or countries. Some
222 countries may have had well-established evaluation methods for some topics from the outset
223 and, therefore, did not require any changes, such as PBAC and TLV's stated positions on
224 accepting surrogate outcomes in the absence of final outcomes since 1995 and 2003,
225 respectively. The stance is comparable with current guidelines from other agencies that may
226 have enacted multiple or only fairly recent changes to reach the same position, such as
227 INFARMED.

228

229 ***Clusters of HTA agencies by proactivity and influence***

230 We grouped HTA agencies into three clusters based on our analysis of proactivity and
231 influence reported in previous sections, alongside insights provided by expert interviewees:
232 *catalysts* (NICE, PBAC, ZIN, CDA-AMC, and IQWiG), *traditionalists* (HAS, TLV, and
233 KCE), and *observers* (DMC, AIFA, INFARMED, ACE, AEMPS, and CDE).

234

235 ***Catalysts***

236 HTA agencies defined as *catalyst* are proactive in implementing M&P changes, and those
237 changes impact other HTA bodies. Our findings highlight that NICE is the most proactive
238 HTA agency, with more than four full revisions of its initial M&P guidelines. NICE is also
239 identified as the most influential amongst the included agencies, with ten other HTA agencies
240 (CDA-AMC,(36) HAS,(37) IQWiG,(38) AEMPS,(39) KCE,(18) DMC,(35)
241 INFARMED,(40) ACE,(41) CDE,(27) and ZIN)(28) referencing NICE in their guidelines.
242 Besides that, NICE International provides advisory services for international health
243 organizations, ministries, and government agencies(42) and is involved in an international
244 collaboration spanning three continents(43). NICE has also previously been actively involved
245 in EUnetHTA Joint Actions. (44)

246 Similar to NICE, PBAC stands out as a high-influence HTA body in our analysis. PBAC is
247 mentioned in the HTA guidelines of six other agencies (KCE,(18) CDA-AMC,(19) HAS,(37)
248 IQWiG,(45) AEMPS,(39) and ACE).(41) Our findings also identify PBAC as a first mover in
249 providing M&P guidelines updates related to discount rates, modifiers, and surrogate
250 endpoints.

251 While ZIN implemented reforms in all topics, these changes were introduced at a relatively
252 late stage – compared to the order of the agencies in our sample. ZIN has influenced the
253 M&P guidelines of three other agencies (HAS, (34), IQWiG, (38) and KCE).(46) While not
254 explicitly referenced in NICE’s 2022 M&P guidelines, ZIN’s proportional shortfall approach
255 to capturing severity as a modifier has most likely influenced NICE’s approach to accounting
256 for disease severity. (47) ZIN also shows involvement in multiple international
257 collaborations, such as the EUnetHTA Joint Clinical Assessment Committee, EUnetHTA21
258 and EU IVDR.(48–50)

259 CDA-AMC is also highly proactive in updating M&P guidelines around discount rates, RWE,
260 and surrogate endpoints. CDA-AMC is referenced in the HTA guidelines of six other
261 agencies (PBAC,(13) HAS,(51) IQWiG,(38) AEMPS,(39) INFARMED,(40) and ACE)(41)
262 and is involved in an international collaboration with 8 other global HTA agencies.(43) Our
263 results also identify IQWiG as a relatively proactive and influential HTA agency, though to a
264 lesser extent than the other *catalyst* agencies. HAS(34) and AEMPS(39) reference IQWiG in
265 their guidelines.

266

267 ***Traditionalists***

268 We label HTA agencies as *traditionalist* if they exert some degree of influence over other
269 HTA agencies and take a reactive approach to implementing changes in their M&P
270 guidelines. HAS published its first M&P guidelines in 2011, and we only identified one full
271 revision dating 2020. Topic-specific reforms were also relatively late within our sample,
272 suggesting that HAS is generally reactive to HTA reforms. We consider HAS influential, as it
273 is referenced in the guidelines of KCE,(18) IQWiG(38) and AEMPS,(39) and it contributes to
274 international initiatives through its involvement in EUnetHTA. HAS's early access process is
275 often referred by other agencies, such as AIFA.

276 We observed the limited proactivity of TLV and KCE in instigating reform. Since the
277 publication of the first M&P guidelines (TLV in 2003 and KCE in 2008), they were only
278 reviewed once (partial review for TVL in 2017 and full review for KCE in 2012). TLV and
279 KCE are considered moderately influential, as they are both referenced in HAS' guidelines
280 (37) and engaged in international collaborations, such as EUnetHTA and JNHB (Joint Nordin
281 HTA-Bodies) (in the case of TLV).(52)

282

283 **Observers**

284 We consider an HTA agency to be an *observer* if they are generally a ‘late mover’ in
285 implementing reforms and have little influence on other agencies’ M&P guidelines. For
286 example, INFARMED was one of the first European HTA agencies to formalize the HTA
287 M&P in a written document.(15) However, it has been a ‘late mover’ in reforms to HTA
288 topics (exception for patient involvement in HTA) and updated M&P guidelines only in 2019,
289 being less influential amongst the agencies in scope.

290 DMC, AIFA, and AEMPS have been ‘late movers’ in implementing topic-specific reforms,
291 and their M&P guidelines are not referenced by other agencies. DMC has shown signs of
292 gradual involvement in the international debate via EUnetHTA, as well as its recent entry into
293 the JNHB collaboration, while AIFA and AEMPS are engaged in the EUnetHTA
294 collaboration.

295 ACE and CDE are also ‘late-movers’ on M&P reforms. While ACE references CDE’s
296 guideline, no other agencies in this study have referred to ACE’s or CDE’s guidelines.

297

298 **Discussion**

299 Our research identified variations amongst agencies in how formal and structured their M&P
300 reform processes are. NICE is an example where there is a process with clear steps, including
301 stakeholder involvement and opportunities for their input. Other agencies have less
302 transparent or well-defined processes, which might make it challenging for external parties to
303 anticipate, get involved, and contribute. This could represent a key priority for HTA agencies
304 to address to ensure inclusivity and broad endorsement among local stakeholders.

305 Most of the drivers identified in the literature for change referred to the perspectives of
306 different stakeholders, such as academics, patients and HTA experts. We add that the

307 foundation of evidence-based reforms should also include recent, robust empirical evidence
308 (including societal preference studies) and methods development.

309 International collaborations have the potential to accelerate the evolution of HTA systems and
310 the implementation of reforms by enabling agencies to anticipate and address common
311 challenges in a timely and efficient manner. We observe an increase in international
312 collaborations between HTA agencies. A recent collaboration includes eight agencies across
313 Australia, Canada, and the UK, (43) which aims to improve work sharing and collaborate on
314 horizon scanning and methods development. Given that most agencies in this collaboration
315 were classed as *catalysts* in our analysis, the authors expect that they will provide
316 international leadership and be a crucial drive for HTA method evolution. EUnetHTA was one
317 of the first examples of joint HTA work and information sharing among a large number of
318 countries and some of its principles have informed the method guidelines for the Joint
319 Clinical Assessment (JCA), part of the Regulation of HTA in the European Union. We
320 anticipate that the latter will have a predominant role in shaping the M&P of HTA systems in
321 European member states in the coming years. Finally, Joint Nordic HTA Bodies (53)
322 (previously known as FINOSE) provides an example of how neighbour countries with similar
323 HTA systems can benefit from cooperation to promote convergence of methods and efficient
324 assessments. Going forward, collaborations should promote more streamlined and regular
325 updates, similar to the modular approach that NICE is implementing, and also pool resources
326 together to conduct initial literature reviews of HTA practices, identify emerging innovative
327 methods, select those suitable for HTA practice, and pilot them jointly.

328 Finally, to be fully successful, collaborations should ensure full and early involvement of
329 stakeholders, to increase the legitimacy of changes, improve evidence generation, and
330 facilitate implementation of reforms at the national level.

331 As a limitation, our literature review only included publications in English, which might have
332 led to the exclusion of relevant documents in local languages. Where identified as relevant by
333 experts, additional non-English documents were added and machine-translated (Google
334 Translate). Only a few documents related to CDE were professionally translated into English,
335 as machine translation was not deemed appropriate. Language bias could have also impacted
336 the reference to guidelines across HTA agencies, resulting in primarily English-speaking
337 agencies (NICE, PBAC and CDA-AMC) being more likely to be referenced by other
338 agencies, and hence being considered as *catalyst*.

339 We have tried to mitigate this by validating the literature results with interviews with experts
340 from all countries. An additional way to further limit this could be to include experts who
341 speak the language of each country considered in the writing process. Furthermore, we
342 encourage similar research to take place in other regions where the same languages are
343 spoken, such as Spanish-speaking communities in South America.

344 We also note that, as our study focuses on more established agencies in Europe and south-east
345 Asia, there is a risk that our choice of HTA agencies may not be representative of other areas
346 where HTA is in development or nascent. The exclusion of emerging HTA agencies could
347 also influence the generalizability of the conclusions.

348 The core literature review was run from January 2000 to April 2022. Additional updates
349 published between the end dates of the searches and September 2023 were identified on an ad
350 hoc basis. We also note that PBAC was amid a policy and methods review, at the time this
351 paper was written; therefore, its current reform processes and drivers might not be reflected
352 here.

353 Evidence on the drivers was not extensive. However, it is important to note that documents
354 related to past reforms are often removed from agency websites and specific factors leading

355 to individual reforms may only appear in agencies' committee or board papers that were not
356 included here. We did not make assumptions on potential interactions between drivers, only
357 reporting on how they were mentioned within the literature and by expert interviews.

358 The interview process was based on a limited sample size, meaning some experiences or
359 views on past reforms may not have been captured adequately or at all. We also restricted the
360 number of interviewees to two experts per HTA agency. This impacts the analysis of those
361 HTA agencies with less detailed or specific M&P guidelines, allowing for more room for
362 flexibility in practice. In those cases, our findings from the literature review do not entirely
363 align with the experts' opinion. For example, interviewees noted that TLV focuses on
364 changing the application of methodology in practice rather than changing the documented
365 guidelines; and this may explain the observed limited proactivity of the TLV in instigating
366 reforms.

367 Finally, it is important to remark that our results depict influence and proactivity in relative,
368 rather than absolute, terms. While the list of countries in scope is extensive, the relative
369 positions can change with the addition (or exclusion) of other HTA agencies to the scope. For
370 example, the interviews revealed that several countries in Latin America and Asia are
371 developing their M&P based on CDA-AMC guidelines; that PBAC's M&P guidelines serve
372 as a model for the HTA approach in Japan; and the influence of INFARMED amongst the
373 HTA agencies of Greece, Romania and Cyprus. However, those links were out of this
374 project's scope and are not reflected in our clustering exercise.

375 Further research should explore the impact of HTA reforms on a set of quantitative metrics,
376 including timelines to recommendations, degree of patient access to interventions and patient
377 outcomes; and qualitative ones, including quality of stakeholders' submissions and of the
378 decision-making process. Specifically in the context of EU HTA regulation, new research can

379 map its impact on national HTA M&P guidelines after a few years of implementation.
380 Collaborations across agencies and, more generally, the research community should define
381 and test optimal processes for M&P updates and their implementation. An example is
382 provided by the framework developed by Jiu et al (54) for the introduction of novel HTA
383 methods.

384

385 **Conclusion**

386 To our knowledge, our paper is the first attempt to document past full or partial HTA reforms
387 and analyze the drivers and processes leading to these, including how HTA agencies have
388 influenced each other in the development and reviews of their M&P guidelines. We identified
389 PBAC, CDA-AMC, NICE, IQWiG, and ZIN as HTA agencies which are catalysts of HTA
390 reforms as well as internationally prominent. NICE, PBAC and CDA-AMC are among the
391 agencies with most influence on the M&P guidance of other countries. International
392 collaborations (such as the recent one between HTA agencies in Australia, Canada, and the
393 UK, as well as the Nordic collaboration) represent a valuable route to accelerate changes and
394 ensure comprehensive stakeholder engagement at an early stage. These alliances could create
395 convergence between HTA guidelines and provide international leadership in methods
396 change. This could be beneficial for those agencies with limited or no guidance on certain
397 topics. However, their success depends on how national legislative framework and political
398 objectives are addressed.

399 Future research should assess how HTA reforms impact HTA systems aspects such as
400 timelines to develop recommendations, degree of patient access to interventions, and, in the
401 longer term, patient outcomes.

402

403

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420 Authors Ramiro Gilardino, Julie Van Bavel, Katherine Nelson and Melinda Goodall hold
421 shares/ stock options in Merck Sharp & Dohme Corp.

422 Author Gayathri Kumar holds shares/stock options in Eli Lilly & Company.

423 Author Ramiro Gilardino holds honorary roles as Co-Chair of HTAi Global Policy Forum
424 Task Force on Life Cycle Approaches for HTA and advisory board member for Americas
425 Health Foundation, Washington, DC is a Non-Executive Director of the Board of Directors at

- 426 ISPOR, in the US, and has received consulting fees from Celgene SARL, a Bristol Myers
427 Squibb Subsidiary in Switzerland. (June 2022-Jan 2023).

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Figure 1 Process to guidelines and methods review in NICE.

*Note that NICE process to M&P updates has changed to a modular approach where large reviews will no longer occur. We use this example because of its robustness and its relevance to past reviews, which are the focus of our analysis.

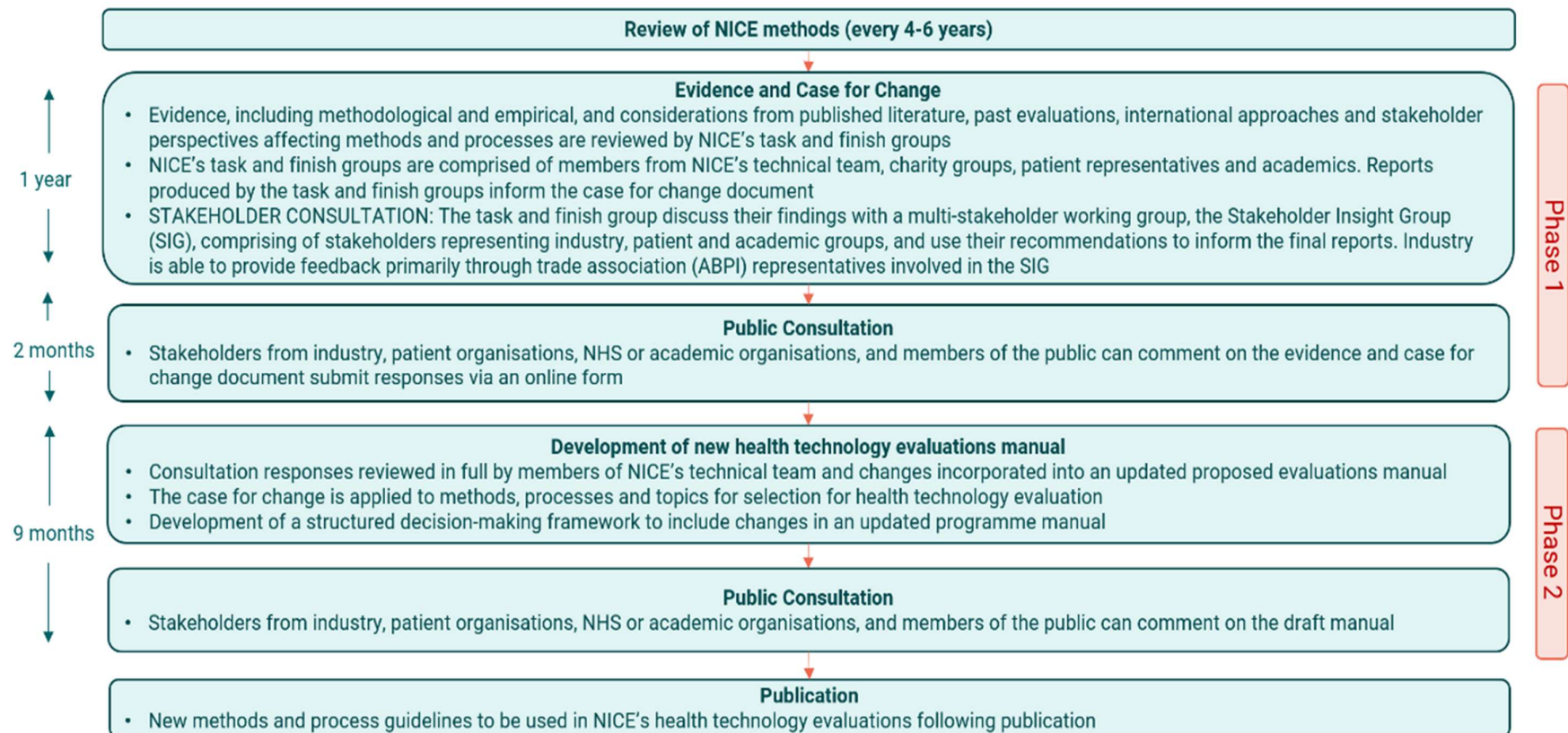


Table 1 List of drivers of changes in HTA M&P, description and examples.

Driver	Description	Example source
<i>Stakeholders</i>		
HTA agency	Experience or practical challenges in assessment Regular review process	“This revision... has involved substantial changes in many areas of the document. These changes have built on experience gained since the first revision of the guidelines was published in 1995 based on the experience of making decisions relying on cost-effectiveness.”(55) Guidelines “are usually reviewed annually with regard to any necessary revisions, unless errors in the document or relevant developments necessitate prior updating.”(56)
Academics	Publications on HTA M&P or methodological development by academic groups	“The revision process was driven by an external consultancy incorporating Australian and international experts reporting to a Guidelines Revision Steering Committee. It has benefited from extensive discussions among members of the Pharmaceutical Benefits Advisory Committee and its subcommittees, as well as a wide range of contributors from industry, government, academia and the community.”(17)
Patient representatives	Patient association positions	“[...] it is generally considered important for HTA decisions to be made with patients’ awareness. They suggested that the main drivers for this change are patient representatives.”
Healthcare professionals	Healthcare professional association positions	“In contrast, academic stakeholders, NHS organisations and NICE committee members were more supportive.”(17,33)
Industry	Industry trade association and individual companies’ positions	“On 6 September 2021, the Commonwealth entered into a new Strategic Agreement in relation to reimbursement, health technology assessment and other matters (Strategic Agreement) with Medicines Australia acting on behalf of the innovator medicines industry. Under clause 5.3 of the Strategic Agreement, it was agreed that the Commonwealth would support and resource a Health Technology Assessment Policy and Methods Review.”(57)

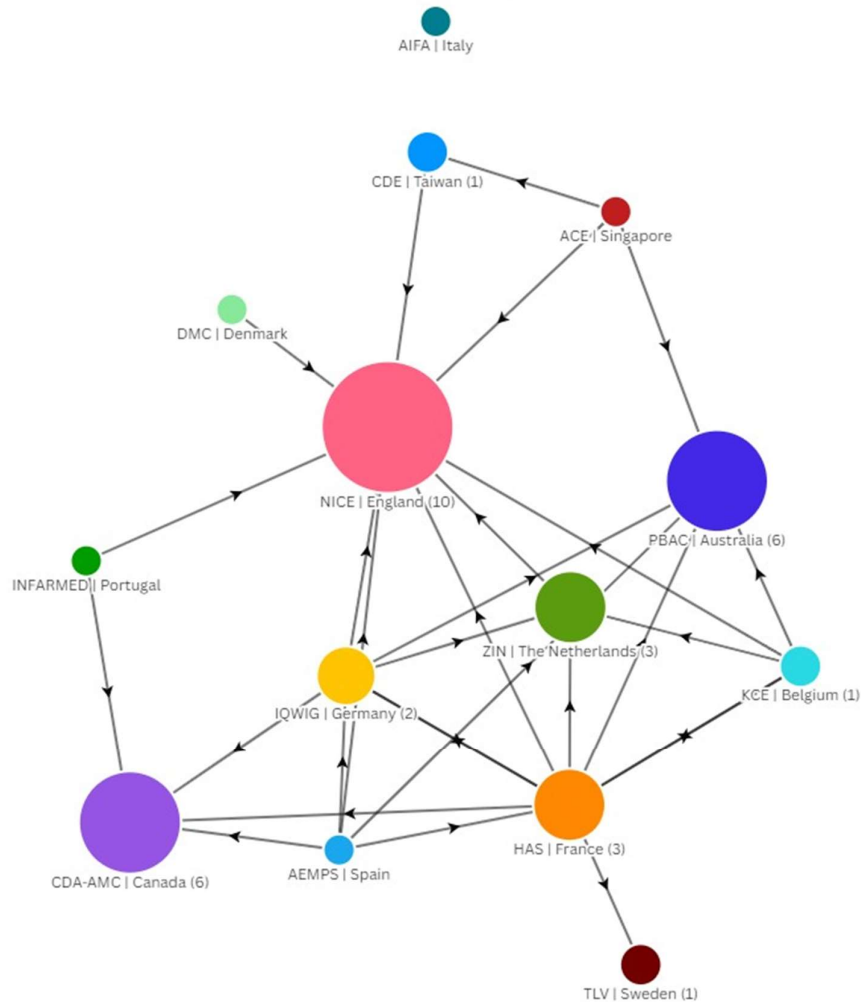
Society	Societal value judgements on healthcare provision, societal preference studies	“There is evidence that society values highly health benefits in severe diseases, and it is legitimate that NICE values benefits in line with this societal value”(33)
<i>Country-specific context</i>		
Healthcare policy, legal and political context	Change in HTA agency’s legal responsibilities	“Within the framework of the Act on the Reform of the Market for Medicinal Products at the beginning of 2011, the Institute’s responsibilities were extended to the assessment of the benefit of drugs with new active ingredients shortly after market entry... For this purpose, manufacturers must submit dossiers summarizing the results of studies... The new regulations in Section 35a SGB V are the basis for these assessments.”(22)
	Politician or policymaker willingness to address a health policy concern or set new policy objectives	“[The selection of criteria that appraisal committees take into account [has been an evolving process, partly informed by the deliberative process of the NICE Citizen’s Council and partly reflecting higher level concerns of the Department of Health and secretary of state.”(58)
<i>Cross-border context</i>		
Scientific advances in health technologies and/or change in the R&D process	Introduction of new types of health technologies	“[T]he change in the conditions underpinning the emergence of innovations reinforced the need to further increase the practice and quality of economic evaluation.”(34)
	Changes in global medicine development process	“This revision... reflects changes in the medicine development process internationally.”(17)
Regulatory approval process and pathways changes	Accelerate approvals	Feedback from an expert interviewee
HTA practice or guidelines in other countries	Emergence of guidelines overseas that drives best practice	“This was based on the NICE modifier, which corresponds to HTA practice or guidelines in other countries in our framework”(27)
External shocks	COVID-19, global economic crisis, inflation	Feedback from an expert interviewee

Table 2 Frequency of drivers, as mentioned in the literature and by interviewees, of M&P reform relating to key HTA topics, by country.
HTA: Health technology assessment; R&D: Research and development

Driver	PBAC	KCE	CDA-AMC	DMC	NICE	HAS	IQWiG	AIFA	INFARMED	ACE	AEMPS	TLV	CDE	ZIN	Total
Stakeholders															
HTA body	2	1	3		3		1	1	1		2			1	15
Academics	1		1		2				2						6
Patients			2		1	1								1	5
Healthcare professionals		1			1										2
Industry	1		1		1				2						5
Society	1	1			5										7
Country-specific context															
Healthcare policy, legal and political context		1	2	3	5			2	1				2		16
Cross-border context															
Scientific advances in health technologies and/or changes in the R&D process				1	1										2
Regulatory approval process and pathways changes															0
HTA practice or guidelines in other countries	1	2	1	1	3	1	1		3	1	1		1	2	18
External shocks															0
Total	6	6	10	5	22	2	2	3	9	1	3	0	3	4	

Figure 2 Network diagram of HTA agency influence.

who ● PBAC | Australia (6) ● CDA-AMC | Canada (6) ● NICE | England (10) ● HAS | France (3)
 ● IQWIG | Germany (2) ● AIFA | Italy ● AEMPS | Spain ● KCE | Belgium (1) ● DMC | Denmark
 ● INFARMED | Portugal ● ACE | Singapore ● TLV | Sweden (1) ● CDE | Taiwan (1) ● ZIN | The Netherlands (3)



Footnote: The direction of influence represented by the direction of the arrowhead. E.g., an arrow pointing from HAS to PBAC would mean that HAS mentions PBAC in its guideline. A double headed arrow indicates that both HTA agencies mention each other in their guidelines. E.g., CDA-AMC and PBAC. The number in brackets represents the number of times an agency is mentioned by other agencies included in the study; and the size of the nodes is proportional to that. Agencies that have no number in brackets are not mentioned by another agency. E.g., INFARMED. Likewise, agencies that neither mention nor are mentioned by another agency have no links. E.g., AIFA.

Figure 3 Heatmap of changes to HTA methods or processes.



Footnote: Heatmap depicts the relative ordering of M&P guidelines updates relating to each topic for the HTA agencies in scope. Grey cells indicate that there has been no change in the HTA agency's stance on the topic since 2010. Non-shaded cells denote that the HTA agency does not explicitly refer to the topic in their guidelines. Health technology assessment; NL: The Netherlands