

P02-318 - **STRESS, MENTAL DISORDERS & IBS"**

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Objective: The aim of this study was to find relationship between life events stress, mental disorders and irritable bowel syndrome.

Methods: This descriptive and cross sectional study was performed during six months on the 76 patients IBS. The life events stress or Paykel ,GHQ-28 and Rome III criteria and clinical interview was used assessment.

Results: The differences were statistically significant between life events stress and mental disorders with IBS ($P < 0/05$).

Conclusion: Psychology distress and life events stressor is important component of the IBS symptom experience and should be considered when treatment strategies are designed.

Keyword: Stress, Mental disorders, Irritable bowel syndrome.