



The Psychology of Embarrassment

R.J. EDELMANN, University of Surrey, UK

This book is about embarrassment, both as an everyday phenomenon and, in its chronic form, a disabling condition. It draws together research from clinical, social, personality and developmental psychology. It is structured around a central chapter which presents a model of embarrassment which emphasises the importance of both the social/cognitive and physiological/behavioural components in the perception and attribution of embarrassment to self and others.

Contents: Self-Presentation and Embarrassment; Social Predicaments and Embarrassment; Physiological and Behavioural Concomitants of Embarrassment; Embarrassment: Private Feeling or Social Act?; Developmental and Individual Differences; Social Implications of Embarrassment; Clinical Issues; Therapeutic Intervention.

0471914290 234pp April 1987 £24.50/\$45.85

Conduct Disorders of Childhood and Adolescence

A Social Learning Perspective 2nd Edition

M. HERBERT, University of Leicester, UK

An updated edition of this successful book which is about the grave problems of conduct and delinquency that beset children and adolescents and thereby their teachers and caregivers. It covers conduct and delinquent disorders such as hyperactivity, violence, truancy and theft, and not only examines theoretical issues and the findings in literature, but provides a step by step guide to treatment with special features on social skills training and parent training.

"... I do not know of any one book that handles so many key issues so thoroughly and I shall be referring to it constantly ..."

BRITISH JOURNAL OF SOCIAL WORK

0471912301 360pp April 1987

(Cloth) £28.00/\$52.40

047191231X 360pp April 1987

(Paper) £11.95/\$22.35

Ecological Studies of Family Life

A. VETTER and A. GALE, University of Southampton, UK, with S. LEWIS, C. JOLLY and S. REYNOLDS

Research on the family and family behaviour has largely been neglected by psychologists in recent years. This volume examines the reasons for that neglect and describes participant observation of family life. It is based on a fresh approach to family research, since the researchers lived in the family home for extended periods to observe family interaction. They evaluate existing theories of family behaviour and offer a critique of general system theory and its applications in research and clinical contexts.

0471912530 218pp April 1987 £22.00/\$41.15

Cognitive Processes and Pavlovian Conditioning in Humans

Edited by G. DAVEY, The City University, London, UK

This volume illustrates the recent theoretical developments in our understanding of conditioning processes in humans. Apart from describing the current state of our knowledge of Pavlovian conditioning in humans, this volume aims: (i) to attempt to integrate current models of human conditioning in non-human animals; (ii) to elucidate the relevance of contemporary human conditioning theory for psychopathology and psychotherapy techniques; and (iii) to emphasise that conditioning is a relatively complex cognitive information processing task quite unlike the simplistic mechanistic learning by which it has traditionally been portrayed.

047190791X 308pp April 1987 £30.00/\$56.10

Wiley books are available through your bookseller. Alternatively, order direct from Wiley (payment to John Wiley & Sons Ltd). Credit card orders accepted by telephone — (0243) 829121 or FREEFONE 3477.

JOHN WILEY & SONS LTD

BAFFINS LANE · CHICHESTER · W. SUSSEX PO19 1UD

University of London,
Institute of Psychiatry

Training Course in Cognitive Behavioural Therapy

There will be a training course in Cognitive Behavioural Therapy at the Institute of Psychiatry between January and June 1988. The course starts with a two day workshop on 22-23 January and thereafter every Friday morning between 9.30 am and 1.00 pm, until 10 June.

Students will be expected to treat patients under supervision, and will attend a series of academic seminars. Psychiatrists and post-qualification psychologists are likely to be particularly interested, though applicants from other professional disciplines will be considered. Numbers will be limited.

For further details apply to:

**The Registry,
Institute of Psychiatry,
De Crespigny Park,
Denmark Hill, London SE5 8AF**

Closing date for applications: 30 October 1987.

*For details of
advertising
in
this publication
please write to:*

Joy Clarke
Advertisement Manager

Academic Press Inc. (London) Ltd.,
24-28 Oval Road, London NW1 7DX
Tel: 01-267 4466



ACADEMIC PRESS



BEHAVIOURAL PSYCHOTHERAPY IN PRIMARY HEALTH CARE

Dr T. Carnwath and Dr J.D. Miller

November 1986, 416pp., \$70.00/£39.00 (UK only), ISBN: 0.12.160230.3

This book is intended for use as a manual by those wishing to practise behavioural psychotherapy in primary health care. No other book details practically tested procedures for managing all the commonly met psychological problems in primary care, and none approaches the matter from a behavioural point of view. This book can be used as a teaching manual for students in all professions involved in primary care, including general practitioners, social workers, community psychiatric nurses, psychologists and psychiatrists.

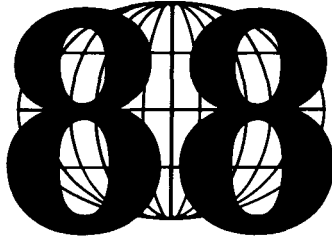
CONTENTS: Section 1. *The Problem. Behavioural Analysis. Problem-Solving. Working with Families. Skills Training. Relaxation. Exposure. Stimulus and Reinforcement Control. Symptom Prescription and Interference. Cognitive Therapy.* Section 2. *Depression. Assessment of Depression. Phobias and Obsessive Disorders. Anxiety. Sexual Dysfunction. Behavioural Medicine. Illness Behaviour and Treatment Adherence. Obesity. Alcohol Abuse. Controlled Drinking or Abstinence. Smoking. Insomnia.* Appendices. References. Index.

Prices are subject to change without notice

24-28 OVAL ROAD, LONDON NW1 7DX, ENGLAND • ORLANDO, FLORIDA 32887, U.S.A.

EDINBURGH

**BEHAVIOUR
THERAPY
W·O·R·L·D
CONGRESS**



5TH » 10TH SEPTEMBER

**A Major International Multi-disciplinary Congress
Addressing Developments in the Application of
Behavioural Approaches to Areas of
Social, Psychological & Medical Interest**

**PRE-CONGRESS WORKSHOPS
3RD & 4TH SEPTEMBER**

**Further information · WC BT '88 · ROD HOLLAND · 59 HEATH GARDENS
TWICKENHAM · MIDDLESEX TW1 4LY · ENGLAND**

HYPNOSE UND KOGNITION

Edited by Burkhard Peter and Christoph Kraiker

OFFERS AS A SPECIAL EDITION THE BIBLIOGRAPHY

„Psycho(physio)logical aspects and treatments of pain“

This issue contains more than 1600 entries up to the year 1986 and represents the most comprehensive bibliography to date, including summaries of most articles in the original language (90% in English). ISSN 0178-093X

HYPNOSE UND KOGNITION is a German-language Journal dealing with the foundations and clinical applications of hypnosis and cognitive psychology. It is published twice a year (in April and October). So far the following issues are available:

- Oct. 1984: Hypnotherapie bei Krebserkrankungen
- Apr. 1985: Hypnose und Familientherapie
- Oct. 1985: Sprechen, Denken, Fühlen
- Apr. 1986: Schmerzkontrolle
- Apr. 1986: Bibliographie: Psycho(physio)logische Aspekte und Behandlungen von Schmerz

You may order a subscription of this journal and you will get the bibliography without extra costs or you order the bibliography as a single issue. Payment is to be made by check in the currency of your country.

	US\$	c\$	A-£	£	FF	Lire	DM
Single issue rate for institutions:	8	11	12	5	56	12000	15
Single issue rate for individuals:	6	9	10	4	46	10000	12
Subscription rate for institutions:	12	17	18	8	86	19000	25
Subscription rate for individuals:	10	14	15	7	72	15000	20

(including shipping)

Please make your check payable to M.E.G.-Stiftung

Orders and payment may be sent to: M.E.G.-Stiftung
Konradstraße 16
D-8000 München 40
W-Germany

Instructions to Authors

1. **Submission.** Articles, written in English and not submitted for publication elsewhere, should be sent to Dr A. Desmond Poole, Department of Mental Health, The Queen's University of Belfast, Windsor House, Belfast City Hospital, Belfast BT9 7AB, Northern Ireland.

2. **Manuscript preparation.** Four complete copies of the manuscript must be submitted. Original figures should be supplied at the time of submission. Articles must be typed double-spaced throughout on standard sized paper (preferably A4) allowing wide margins all round. Where unpublished material, e.g. behaviour rating scales, therapy manuals, etc is referred to in an article, copies should be submitted to facilitate review.

Manuscripts will be sent out for review exactly as submitted. Authors who want a blind review should mark two copies of their article "review copy" omitting from these copies details of authorship.

Abbreviations where used must be standard. The *Système Internationale (SI)* should be used for all units; where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistic values and degrees of freedom [e.g. $F(1,34) = 123.07, P < 0.001$], but such information should preferably be included in tables rather than the main text.

Spelling must be consistent within an article, either using British usage (*The Shorter Oxford English Dictionary*), or American usage (*Webster's New Collegiate Dictionary*). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the *Style Manual for Biological Journals*.

Articles should conform to the following scheme:

(a) *Title page.* The title should phrase concisely the major issues. Author(s) to be given with departmental affiliations and addresses, grouped appropriately. A running head of no more than 40 characters should be indicated.

(b) *Summary.* This should summarize the article in no more than 200 words.

(c) *Text.* This should begin with an introduction, succinctly introducing the point of the paper to those interested in the general area of the journal. References within the text should be given in the form Jones and Smith (1973). Three or more authors should be given as Williams *et al.* (1973). Authors of the same surname should be distinguished by their initials. The approximate positions of tables and figures should be indicated in the text. Footnotes should be avoided where possible.

(d) *Reference note(s).* A list of all cited unpublished or limited circulation material, numbered in order of appearance in the text, giving as much information as possible about extant manuscripts.

(e) *References.* All citations in the text should be listed in strict alphabetical order according to surnames. Multiple references to the same author should be listed chronologically, using a, b, etc., for entries within the same year. Formats for journal articles, books and chapters should follow these examples:

BECKER, M. R. and GREEN, L. W. (1975). A family approach to compliance with medical treatment: A selective review of the literature. *International Journal of Health Education* 18, 173—182.

THORP, R. G. and WETZEL, R. J. (1969). *Behaviour Modification in the Natural Environment*. New York: Academic Press.

ROSKIES, E. and LAZARUS, R. S. (1980). Coping theory and the teaching of coping skills. In *Behavioural Medicine: Changing Health Lifestyles*, P. O. Davidson and S. M. Davidson (Eds), New York: Brunner/Mazel.

(f) *Footnotes.* The first, and preferably only, footnote will appear at the foot of the first page of each article, and subsequently may acknowledge previous unpublished presentation (e.g. dissertation, meeting paper), financial support, scholarly or technical assistance, or a change in affiliation. Its concluding (or only) paragraph must be the name and full mailing address of the author to whom reprint requests or other inquiries should be sent.

(g) *Tables.* Tables should be numbered and given explanatory titles.

(h) *Figure captions.* Numbered captions should be typed on a separate page.

(i) *Figures.* Original drawings or prints must be submitted for each line or half-tone illustration. Figures should be clearly labelled.

3. **Proofs, Reprints and Copyright.** Proofs of accepted articles will be sent to authors for the correction of printers' errors; author's alterations may be charged. Authors submitting a manuscript do so on the understanding that if it is accepted for publication exclusive copyright in the paper shall be assigned to the Society. In consideration of the assignment of copyright, 25 copies of each paper will be supplied. Further reprints may be ordered at extra cost; the copyright assignment form and the reprint order form will be sent with the proofs. The publishers will not put any limitation on the personal freedom of the author to use material contained in the paper in other works.

CONTENTS

DADDS, M. R., SANDERS, M. R. and JAMES, J. E. The Generalization of Treatment Effects in Parent Training with Multidistressed Parents	289
LINKE, S. and TAYLOR, D. Levels of Dependency of the Long-term Mentally Disabled in Community and Hospital Settings	314
THORPE, G. L., HECKER, J. E., CAVALLARO, L. A. and KULBERG, G. E. Insight Versus Rehearsal in Cognitive-Behaviour Therapy: A Crossover Study with Sixteen Phobics	319
HILL, P. and CHAMBERLAIN, P. Managing Difficult and Disruptive Behaviour in Residential Settings: The Use of Room Management	337
CRISP, A. G. and STURMEY, P. The Modification of Stereotyped and Self-injurious Behaviour by Room Management: Six Single Case Experiments	350
CALLIAS, M., FROSH, S. and MICHIE, S. Group Social Skills Training for Young Children in a Clinical Setting	367
NEWELL, R. J. Treatment of Irritable Bowel Syndrome by Exposure in Fantasy: A Case Report	381
ESPIE, C. A. and LINDSAY, W. R. Cognitive Strategies for the Management of Severe Sleep-Maintenance Insomnia: A Preliminary Investigation	388
BOOK REVIEWS	396