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Solution-based biophysical characterization of conformation change in structure-switching aptamers

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Abstract

Structure-switching aptamers have become ubiquitous in several applications, notably in analytical devices such as biosensors, due to their ease of supporting strong signaling. Aside from their ability to bind specifically with their respective target, this class of aptamers also undergoes a conformational rearrangement upon target recognition. While several well-studied and early-developed aptamers (e.g., cocaine, ATP, and thrombin) have been found to have this structure-switching property, the vast majority do not. As a result, it is common to try to engineer aptamers into switches. This proves challenging in part because of the difficulty in obtaining structural and functional information about aptamers. In response, we review various readily available biophysical characterization tools that are capable of assessing structure switching of aptamers. In doing so, we delve into the fundamentals of these different techniques and detail how they have been utilized in characterizing structure-switching aptamers. While each of these biophysical techniques alone has utility, their real power to demonstrate the occurrence of structural change with ligand binding is when multiple techniques are used. We hope that through a deeper understanding of these techniques, researchers will be better able to acquire biophysical information about their aptamer–ligand systems and accelerate the translation of aptamers into biosensors.

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Introduction

Aptamers are short, single-stranded nucleic acids that are selected to bind molecular targets, including small molecules, proteins, and cells. They are produced via an *in vitro* evolutionary process coined systematic evolution of ligands by exponential enrichment (SELEX; DeRosa et al., [2023\)](#page-11-0). Using SELEX, aptamers have been produced to bind their target, often with high specificity and affinity. Similar to their naturally occurring counterparts, riboswitches, some aptamers derived from SELEX can have an additional function: an ability to undergo a binding-induced conformational change (Nutiu and Li, [2005](#page-12-0); Morse, [2007](#page-12-1); Oh et al., [2010](#page-12-2); Yang et al., [2016](#page-13-0)).

Structure-switching aptamers are advantageous for the development of biosensors. Their ability to undergo a binding-induced conformational rearrangement can be easily transduced into measurable optical or electrochemical signals (Lau and Li, [2014\)](#page-12-3). Analogous to receptors found in nature, this class of aptamers can support signaling that is inherently independent of surface fouling, a process detrimental to the long-term stability of biosensors. Additionally, target

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binding kinetics (on and off rates) to these aptamers is relatively fast, especially in the case of small molecules. As a result, structureswitching aptamers help support continuous, real-time, and rapid (<5 min) measurements of clinically relevant targets (drugs, steroids, chemotherapeutics, antibiotics, etc.) directly in undiluted complex matrices, such as whole blood and even in the body for prolonged periods (Kwon et al., [2020;](#page-11-1) Cánovas et al., [2022](#page-11-2); Xie et al., [2022;](#page-13-1) Alkhamis et al., [2024](#page-11-3)). These unprecedented capabilities are thus paving the way toward the development of point-of-care diagnostic tools to solve the paradigm of personalized medicine.

Considering the importance of structure-switching aptamers in such applications, we first look at aptamers that have been discovered to inherently undergo a conformational change upon ligand binding and review the secondary and tertiary structure motifs they adopt. Since many aptamers must be engineered post-SELEX to possess a structure-switching function, we look at biophysical methods, structural, binding, and fluorescent techniques, capable of determining that structural changes occur when aptamers bind their target.

Structure-switching aptamers

For the purpose of this review, we define structure-switching aptamers as nucleic acid sequences that undergo a structural change with target binding. This may be from a structured free state to a differently structured bound state or ones that undergo binding-induced folding. In the latter case, an aptamer goes from a free state to a bound state that is less dynamic or where more of the nucleotides are in a region of defined secondary structure. The structural changes incurred by aptadefined secondary structure. The structural changes incurred by apta-
mers can thus be of various scales. For instance, the MN4 cocaine-
binding aptamer already adopts a structure in the free state and
undergoes small conf binding aptamer already adopts a structure in the free state and undergoes small conformational rearrangements with target binding alter the tertiary structure of the aptamer. The MN19 cocaine-binding aptamer, in contrast, transitions from an unstructured or dynamic free state and undergoes a large structural change in which a new stem (stem 1) forms (Cekan et al., [2009](#page-11-4); Neves et al., [2010\)](#page-12-4).

There are a variety of secondary structural changes that aptamers can undergo with ligand-induced folding. A first and wellstudied case is of aptamers that form a three-way junction due to target binding ([Figure 1](#page-1-0)a). Examples of this are the MN19 cocainebinding aptamer and the related MS2 steroid-binding aptamers. These aptamers contain a loosely folded stem in the free state, which upon binding their target transition to three-way junction conformations (Reinstein et al., [2011](#page-12-5), [2013;](#page-12-6) Neves et al., [2017](#page-12-7)). A second well-studied case is where ligand-binding triggers folding of the aptamer into a G-quadruplex ([Figure 1](#page-1-0)b). The 15-nucleotide thrombin-binding (Li et al., [2002](#page-12-8); Lin et al., [2011\)](#page-12-6), serotonin-binding and ochratoxin A-binding aptamers (Yang et al., [2011;](#page-13-2) Nakatsuka et al., [2018](#page-12-9); Xu et al., [2022](#page-13-3)) are examples of this where they transition from an unfolded free state to a G-quadruplex structure. A third common case is when an internal loop of the aptamer becomes more structured [\(Figure 1](#page-1-0)c). The 27-nucleotide ATP-binding, the caffeine-binding and glucose-binding DNA aptamers (Nakatsuka et al., [2018;](#page-12-9) Huang and Liu, [2022;](#page-11-5) Lu et al., [2022\)](#page-12-10) are examples of a system in which a stem with a large asymmetrical internal loop is found in the free state. For the ATP-binding DNA aptamer, the internal loop becomes more ordered as additional base pairs form when the aptamer binds its ligand (Lin and Patel, [1997\)](#page-12-11).

While several aptamers have been discovered to inherently undergo a conformational change upon ligand binding, such as the ATP-binding DNA aptamer (Lin and Patel, [1997\)](#page-12-11), they more commonly must be engineered post-SELEX to possess this ability. This can be done by: (1) splitting sequences into two or more strand fragments, referred to as split-aptamers ([Figure 1](#page-1-0)d), (2) hybridizing with a complementary strand, a molecular beacon approach, or (3) truncating using exonuclease digestion. Examples of developing split aptamers are numerous, and include the ATP, cocaine, codeine, and thrombin-binding aptamers. Each has been made as split aptamers in which fragments remain separate in the free state and then assemble or hybridize upon target binding to form the spin aptainers are numerous, and include the ATP, cocaine,
codeine, and thrombin-binding aptamers. Each has been made as
split aptamers in which fragments remain separate in the free state
and then assemble or hybridize up et al., [2012;](#page-12-13) Kent et al., [2013;](#page-11-6) Liu et al., [2014](#page-12-14); Bing et al., [2017;](#page-11-7) Debiais et al., [2020\)](#page-11-8). Exonuclease digestion has been developed by the Xiao group to introduce structure switching into selected aptamers by reacting the aptamer in the presence of its ligand with a DNA exonuclease to determine the structured core of the

Figure 1. Different types of aptamer conformational changes induced by ligand binding. (a) Three-way junction formation. (b) G-quadruplex formation. (c) Reduction in internal loop size. (d) Assembly of split aptamer strands.

aptamer. Though useful, this technique has not yet been widely adopted (Canoura et al., [2018;](#page-11-9) Wang et al., [2018](#page-12-15); Alkhamis et al., [2023\)](#page-11-10).

Given that many aptamers are natively unable to undergo structural rearrangement, we review analytical tools that provide such information with the hopes that this will support researchers in engineering aptamers to become structure switching.

Structural and binding methods to assess structureswitching in aptamers

Nuclear magnetic resonance spectroscopy

Nuclear magnetic resonance (NMR) spectroscopy is a solutionbased technique where a sample is placed in a strong external magnetic field enabling certain nuclei in the sample to be studied. For nucleic acid aptamers, these nuclei are ${}^{1}H$, ${}^{13}C$, ${}^{15}N$, and ${}^{31}P$. These spin ½ nuclei will resonate at a frequency that depends on their chemical identity and their specific local environment. ¹H nuclei are particularly easy to examine due to their high natural abundance and are rich in information about their local environment. In contrast, nuclei such as 13 C and 15 N are more difficult to work with due to their low natural abundance, though isotopically enriched DNA and RNA aptamer samples can be prepared (Zimmer and Crothers, [1995;](#page-13-4) Le et al., [2015;](#page-12-16) Dayie et al., [2022;](#page-11-11) Wang et al., [2024](#page-12-17)). Due to the analytical capabilities offered by NMR spectroscopy, it has been used to determine the three-dimensional structures of a number of DNA and RNA aptamers, both free and ligand-bound (Sakamoto, [2017](#page-12-18); Xu et al., [2022](#page-13-3), [2023](#page-13-5)). While determining the structure of free and bound forms of aptamers is a clear way to determine conformational change that occurs with binding, it is not necessary to determine a three-dimensional structure to discover if conformational change occurs with ligand binding.

One-dimensional (1D)¹H NMR can provide valuable information on the structural changes of aptamers with target binding through studying the peaks of imino protons. Imino proton signals of aptamers typically arise in ¹H NMR spectra when protected from exchange with bulk water by being hydrogen bonded such as in base pairs (Sakamoto, [2017](#page-12-18)). Imino protons are located downfield between 10 and 15 ppm, which sets them apart from other proton signals in the spectra (Sakamoto, [2017](#page-12-18)). When performing a titration of an aptamer with its ligand, one obtains a series of $1D¹H$ NMR spectra ranging from the free to ligand-bound aptamer. Depending on the appearance and/or disappearance of certain signals, this can provide information on the ability of the aptamer to undergo a change in structure as hydrogen-bonded nucleotides get formed or broken.

Two-dimensional (2D) NMR experiments are useful in assigning signals to particular nuclei in aptamers through their ability to interact with other nuclei. This is typically achieved using 2D Nuclear Overhauser Effect Spectroscopy (NOESY) in which the imino proton signals from ¹H NMR can be correlated to specific bases within the structure of the aptamer (Wüthrich, [1986;](#page-13-6) Lin and Patel, [1997](#page-12-11)). A detailed comparison of the free and ligand-bound imino proton spectra often yields insights into structural changes incurred by the aptamer upon ligand binding. An increase in the number of imino proton signals with ligand addition suggests that the aptamer forms new base pairs with ligand binding (Churcher et al., [2020\)](#page-11-12). Conversely, a decrease in the number of imino proton signals indicates that the aptamer may lose base pairs during binding. A narrowing and sharpening of imino proton peaks during

titration can demonstrate that the aptamer adopts a more welldefined structure upon ligand binding (Neves et al., [2017\)](#page-12-7). Overall, 1D¹H NMR in conjunction with imino proton assignments from 2D NOESY can be used to effectively probe target-induced conformational changes of aptamers.

Neves et al. ([2010\)](#page-12-4) performed $1D¹H NMR$ to monitor a titration of the three-way junction MN19 and MN4 cocaine-binding aptamers with cocaine to show that MN19 undergoes structural switching while MN4 does not. In the ¹H NMR spectra of the MN19 aptamer, the imino proton signals were broader and fewer in number in the free state compared to the cocaine-bound state ([Figure 2](#page-3-0)a). With cocaine addition, the imino proton signals sharpened and new imino proton peaks corresponding to G29, G30, G31, and T32 became visible. These ¹H NMR spectral changes demonstrated that the MN19 aptamer is loosely folded in the free state and forms stem 1 of its three-way junction structure and two GA mismatches upon cocaine binding. In contrast, there was little change in the sharpness and total number of imino proton peaks of the MN4 aptamer between its free and cocaine-bound states ([Figure 2](#page-3-0)b). Although the imino protons of G31 and T32 were visible for both the free and cocaine-bound MN4 aptamer, they changed chemical shift in the presence of cocaine. These peaks likely shifted position with cocaine addition due to their proximity to the cocaine-binding site of the MN4 aptamer. This ¹H NMR titration provided evidence that the MN4 aptamer is prefolded in the free state and retains its three-way junction structure when binding cocaine. Previous ¹H NMR studies involving the titration of quinine have also shown the structure-switching binding mechanism of the MN19 aptamer and the prefolded nature of the MN4 aptamer is retained (Reinstein et al., [2013\)](#page-12-6).

1D¹H NMR can be used to study the ligand-induced conformational changes of aptamers with internal loops and hairpin struc-tures. Lin and Patel ([1997](#page-12-11)) performed 1D ¹H NMR to study a titration of the 27-nucleotide AMP-binding DNA aptamer with adenosine monophosphate (AMP). In the absence of AMP, broad imino proton signals were observed in the aptamer's asymmetrical internal loop. When the aptamer bound two AMP molecules, the imino proton signals of the internal loop narrowed and new imino proton signals appeared. These ¹H NMR spectral changes demonstrated that AMP binding induces the formation of six new mismatched base pairs, causing the aptamer's internal loop to decrease in size. Additionally, Robertson et al. ([2000\)](#page-12-19) used $1D¹H NMR$ to monitor a titration of the argininamide-binding DNA aptamer with its target. When argininamide was added to the aptamer, new imino proton signals in the ¹H NMR spectra became visible that corresponded to bases in the loop of the aptamer's hairpin. Further analysis with NOESY data showed that argininamide binding causes three new base pairs to form in the loop and facilitates formation of the aptamer's binding pocket.

Aside from demonstrating base pair formation, 1D¹H NMR can be used to show a decrease in the number of base pairs with ligand binding. Oguro et al. ([2017\)](#page-12-20) performed 1D ^{1}H NMR to study conformational changes of the SL_2 RNA spermine-binding aptamer in the presence of its target. The aptamer has a two stem-loop structure consisting of a terminal-side stem (T-Stem) and loop-side stem. With spermine addition, six imino proton signals disappeared from the ¹H NMR spectrum of the aptamer and five of these signals corresponded to bases in the T-Stem. This indicated that spermine binding by the aptamer may induce a structural change in which base pairs or the loop of the T-Stem open. Further homonuclear Hart-From the FI NMK spectrum of the aptamer and five of these signals
corresponded to bases in the T-Stem. This indicated that spermine
binding by the aptamer may induce a structural change in which base
pairs or the loop of t structured nature of the T-Stem is important for spermine binding.

Figure 2. Cocaine binding by MN19 and MN4 cocaine-binding aptamers monitored by 1D¹H NMR. The region of the NMR spectra shown focuses on the imino resonances. (a) Spectra of the MN19 cocaine-binding aptamer titrated with cocaine. (b) Spectra of the MN4 cocaine-binding aptamer titrated with cocaine. The NMR spectra of the MN19 aptamer demonstrates structural change with ligand binding by the appearance of new imino peaks for G29 (blue dot), G30 (orange dot), G31 (green dot), and T32 (red dot) that are not observed in the free spectrum. The NMR spectra of the prefolded MN4 aptamer shows chemical shift changes in imino peaks for G31 (green dot) and T32 (red dot) but not the appearance of new peaks. Spectra were acquired at 1.6 mM for MN19 and 1.0 mM for MN4 at 5°C in 5 mM KHPO₄, 245 mM KCl (pH 6.8) and 90% H₂O/10% ²H₂O. The molar ratios of aptamer to cocaine are indicated.

1D¹H NMR can also be employed to study G-quadruplex forming aptamers in the presence of their ligand. Bing et al. ([2017\)](#page-11-7) conducted a 1D¹H NMR study to investigate the structural changes of the codeine-binding aptamer with its target. The ¹H NMR spectra of the free aptamer had broad and small peaks between 10 and
12 ppm. This indicated that the unbound aptamer may adopt several
different quadruplex species. The spectrum also had broad peaks
between 8.6–8.8 ppm and 13–14 p 12 ppm. This indicated that the unbound aptamer may adopt several different quadruplex species. The spectrum also had broad peaks triplex. With the addition of codeine, the NMR spectral peaks

narrowed and became well-resolved, showing a quadruplex and triplex. These NMR spectral changes suggested that codeine binding induces the aptamer to form a well-defined unique triplex-quadru-plex structure. Similarly, Xu et al. ([2022](#page-13-3)) performed 1D¹H NMR to examine the structural changes of a 36-nucleotide ochratoxin-binding aptamer with its target. The ¹H NMR spectra of the free aptamer showed broad imino proton signals between 10 and 14 ppm, suggesting the existence of duplex and G-quadruplex forms without a defined structure. In the presence of ochratoxin, the imino proton

signals sharpened and new peaks became visible between 10 and 14 ppm. This suggested that ochratoxin binding induces the aptamer to adopt a well-defined, stabilized duplex-quadruplex structure.

Isothermal titration calorimetry

Isothermal titration calorimetry (ITC) is a powerful label-free method to quantify the affinity and thermodynamic parameters
of target binding by aptamers (Feig, 2007; Slavkovic and Johnson,
2018, 2023). ITC measures the heat change that occurs during an
aptamer–ligand binding interact of target binding by aptamers (Feig, [2007;](#page-11-13) Slavkovic and Johnson, [2018,](#page-12-21) [2023\)](#page-12-22). ITC measures the heat change that occurs during an sample cell containing the aptamer. The resulting ITC thermogram gives the total heat change per injection and allows determination of the binding constant, stoichiometry, and enthalpy change. ITC can be used to demonstrate a ligand-induced folding mechanism of sample cen containing the aptainer. The resulting ITC thermogram
gives the total heat change per injection and allows determination
of the binding constant, stoichiometry, and enthalpy change. ITC
can be used to demonstrat heat capacity of binding (ΔC_p). ITC is performed to measure the enthalpy change of ligand binding (ΔH) by the aptamer over a range of temperatures (Velázquez-Campoy et al., [2004](#page-12-23)). The enthalpy changes are plotted as a function of temperature and fit to a linear plot. The change in heat capacity ($\Delta C_p = \Delta H / \Delta T$) can be obtained from the slope of this line.

Burial of nonpolar surfaces away from an aqueous solvent is associated with a negative ΔC_p value (Spolar and Record Jr., 1994). During ligand binding, both burial of the ligand and ligand-induced folding of the aptamer can result in a reduction in the solvent accessible nonpolar surface area (Lin et al., [2008\)](#page-12-19). The magnitude of the ITC-derived ΔC_p of one aptamer can be compared with another aptamer when binding the same ligand. This comparison is especially relevant when considering two aptamers derived from the same parent aptamer, such as the MN4/MN19 cocaine-binding aptamer pair ([Figure 2\)](#page-3-0). The ligand would be expected to bury a similar apolar surface area when binding these related aptamers. Therefore, the aptamer with a greater negative ΔC_p may undergo ligand-induced folding and conformational rearrangements that

bury more of its nonpolar surface. This method has been applied to studying the cocaine, adenosine and runt domain-binding aptamers among others (Neves *et al.*, [2010](#page-12-4); Reinstein *et al.*, [2011](#page-12-5), [2013;](#page-12-6) Amano et al., [2016;](#page-11-14) Zhang et al., [2017](#page-13-7)).

Reinstein et al. [\(2013](#page-12-6)) investigated quinine binding by the MN19 and MN4 cocaine-binding aptamers through determining their changes in heat capacity from ITC experiments. The MN19 aptamer, with a three base-pair stem 1, was found to have a more negative ΔC_p when binding quinine than the MN4 aptamer with a six base-pair stem 1 [\(Table 1\)](#page-4-0). Quinine is thought to have comparable apolar surface area burial when binding both aptamers. Thus, the larger magnitude of ΔC_p for MN19 was attributed to a ligand-induced folding mechanism that involves more nonpolar surface area of the aptamer being buried with aptamer folding, upon quinine binding. In contrast, the MN4 aptamer is prefolded prior to quinine binding. A similar trend was observed with a larger negative ΔC_p obtained for the short stem 1 MN6 cocaine-binding aptamer binding cocaine and the short stem 1 MS2 aptamer binding deoxycholic acid [\(Table 1](#page-4-0)) (Neves et al., [2010](#page-12-4); Reinstein et al., [2011](#page-12-5)). For each of these cocainebinding aptamers with a short stem 1, the more negative ΔC_p provides evidence of aptamer folding with ligand binding.

Zhang et al. ([2017\)](#page-13-7) studied the binding mechanism of a two-site adenosine triphosphate (ATP)-binding DNA aptamer named Apt2a and a single-site variant aptamer named Apt1a. The enthalpy changes of Apt2a and Apt1a binding adenosine were measured over a range of temperatures by ITC to obtain their heat capacity changes. Apt2a had a greater magnitude of negative ΔC_p than Apt1a ([Table 1](#page-4-0)), indicating a relatively larger conformational rearrangement of Apt2a with adenosine binding than Apt1a. Similarly, Amano et al. ([2016](#page-11-14)) examined binding of the AML1 transcription factor runt domain (RD) to the aptamers named S4-S and RDE. Both aptamers exhibited ligand-induced conformational changes with a large negative ΔC_p . The greater magnitude of ΔC_p for the S4-S aptamer relative to the RDE aptamer indicates that more apolar surface area burial and structural change took place upon S4-S binding RD.

Table 1. ITC-derived heat capacity changes (ΔC_p) of aptamer–ligand binding interactions

Aptamer	Ligand	ΔC_p (cal mol ⁻¹ K ⁻¹)	Binding notes	Reference
MN4	Cocaine	-557 ± 29	Prefolded	Neves et al., 2010
MN ₆	Cocaine	-922 ± 51	Ligand-induced folding	Neves et al., 2010
MN4	Ouinine	-377 ± 55	Prefolded	Reinstein et al., 2013
MN19	Quinine	-798 ± 91	Ligand-induced folding	Reinstein et al., 2013
WC.	Deoxycholic acid	-94 ± 75	Prefolded	Reinstein et al., 2011
MS ₂	Deoxycholic acid	-753 ± 200	Ligand-induced folding	Reinstein et al., 2011
Apt1a	Adenosine	-340	1 binding site stabilized	Zhang et al., 2017
Apt ₂ a	Adenosine	-720	2 binding sites stabilized, internal bubble/bulge	Zhang et al., 2017
RDE	AML1 transcription factor runt domain	-520 ± 50	Smaller conformational change of aptamer	Amano et al., 2016
$S4-S$	AML1 transcription factor runt domain	-820 ± 140	Greater conformational change of aptamer	Amano et al., 2016
Malachite green aptamer	Malachite green	$-1,130$	Greater conformational change of aptamer	Sokoloski et al., 2012
Malachite green aptamer	Tetramethylrosamine	-450	Smaller conformational change of aptamer	Sokoloski et al., 2012
Purine riboswitch	Purine	-810	Binding site rearrangement	Gilbert et al., 2006
Tyrosinamide aptamer	Tyrosinamide	-495	Conformational change, induced fit	Lin et al., 2008
L-argininamide aptamer	L-argininamide	-116 ± 29	Binding site stabilization, 2 bp stabilized	Bishop et al., 2007

Another way to investigate ligand-induced conformational changes is to compare ITC-derived ΔC_p values for two different ligands binding the same aptamer. Sokoloski et al. ([2012\)](#page-12-24) performed ITC to obtain heat capacity changes for malachite green (MG) and tetramethylrosamine (TMR) binding to the malachite green RNA aptamer. The binding of MG was found to have a 2.5 fold larger magnitude for its negative heat capacity change than TMR ([Table 1](#page-4-0)). This indicates that greater conformational changes occurred with the aptamer binding MG compared to TMR. This result was consistent with their finding that the MG-bound aptamer had a greater change in solvent accessible surface area than the TMR-bound aptamer by 250 \AA^2 . This change in surface area represented 4.8% of the total accessible surface area. The ITC-derived ΔC_p values of various aptameters area than the IR-bound aptamer by 250 Å². This change in surface area resented 4.8% of the total accessible surface area.
The ITC-derived ΔC_p values of various apta

pairs are summarized in [Table 1](#page-4-0) along with whether structural change occurs during their binding interactions. There is no specific threshold or cut-off value for negative ΔC_p that indicates whether an aptamer is structure-switching or not. Thus, it is best to compare the relative magnitude of negative ΔC_p for pairs of aptamers binding the same ligand rather than evaluating the absolute ΔC_p values of aptamers. When comparing two aptamers binding the same ligand, the aptamer with a significantly larger negative ΔC_p indicates that it undergoes greater conformational change with ligand binding. This trend is observed between pairs of MN4 and MN19 aptamers binding quinine, the WC and MS2 aptamers binding deoxycholic acid and the Apt1a and Apt2a aptamers binding adenosine ([Table 1\)](#page-4-0).

Circular dichroism spectroscopy

Circular dichroism (CD) spectroscopy is a low-resolution structural technique that is used to study the secondary structure of macromolecules (Chang et al., [2012\)](#page-11-17). CD spectroscopy measures the difference in the absorption of right-handed and left-handed circularly polarized light by optically active biological molecules, such as proteins and nucleic acids. Distinct CD spectral patterns have been identified for various nucleic acid secondary structures, including Aform, B-form, and Z-form helices as well as for the different arrangements formed by DNA G-quadruplexes. These characteristic spectra have peaks in molar ellipticity at particular wavelengths (Kypr et al., [2009;](#page-11-2) Chang et al., [2012](#page-11-17)). For example, parallel G-quadruplexes typically have CD spectra with a maximum at 260 nm (Kypr et al., [2009;](#page-11-2) Chang et al., [2012\)](#page-11-17). In contrast, antiparallel G-quadruplexes have CD spectra with a maximum at 295 nm and a minimum at 260 nm. Structure-switching DNA aptamers may undergo conformational changes between different secondary structures as a result of ligand binding. Therefore, CD spectroscopy can be used to effectively monitor these ligand-induced structural changes by comparing the CD spectra of free and ligand-bound aptamers.

One way that CD spectroscopy can indicate ligand-induced conformational changes of an aptamer is by a shift in the wavelength of peaks between the free and ligand-bound CD spectra (Lin et al., [2011;](#page-12-6) Nakatsuka et al., [2018](#page-12-9)). Lin et al. [\(2011\)](#page-12-6) used CD to study the secondary structural changes of a 15-nucleotide thrombin-binding aptamer upon binding thrombin. CD spectra of the aptamer alone showed a minimum at 245 nm and a maximum at 280 nm, indicating a B-form DNA conformation. When thrombin was added, shifts of these minimum and maximum peaks occurred to 260 nm and 295 nm, respectively. A new maximum in the CD spectra also became visible at 254 nm. This suggested that the aptamer undergoes a conformational change from B-form DNA to an antiparallel G-quadruplex when binding thrombin (Kypr et al., [2009;](#page-11-2) Lin et al., [2011](#page-12-6)). Similarly, Nakatsuka et al. [\(2018](#page-12-9)) used CD to investigate the secondary structural rearrangements of a dopamine-binding aptamer upon binding its target. CD spectral shifts showed that dopamine binding by the aptamer causes it to change from a duplex to a different secondary structure. A shift in wavelength indicating structural change with ligand binding by an aptamer was also seen for the vancomycin-binding aptamer vanco-4-trunc (Dauphin-Ducharme et al., [2019\)](#page-11-18).

In addition to CD spectral shifts, changes in the intensity of CD peaks at a given wavelength can indicate conformational changes of aptamers (Chang et al., [2012](#page-11-17); Mehennaoui et al., [2019;](#page-12-25) Aljohani et al., [2020;](#page-11-19) Xie et al., [2022](#page-13-1); Xu et al., [2022;](#page-13-3) Wu et al., [2023](#page-13-8); Alkhamis et al., [2024\)](#page-11-3). Xie et al. [\(2022](#page-13-1)) used CD to demonstrate the target-induced structural changes of several truncated methamphetamine (MAMP)-binding aptamers. The researchers removed bases from both ends of the original MAMP-binding aptamer to generate destabilized 36 and 38 oligonucleotide versions. CD was performed on the aptamer variants in the free and target-bound states to characterize their conformational changes. Both truncated variants showed an increase in the intensity of a CD maximum at 290 nm with MAMP addition, suggesting structural changes with MAMP binding. The 38-oligonucleotide variant had the largest peak intensity increase, indicating that it undergoes the greatest conformational change of the variants studied. Furthermore, Xu et al. [\(2022\)](#page-13-3) conducted CD experiments to monitor the structural changes of a 33 oligonucleotide ochratoxin A (OTA)-binding aptamer. CD spectra of the free OTA-binding aptamer showed the general pattern of an antiparallel G-quadruplex in the presence of $Na⁺$ and $Mg²⁺$ ions. A significant increase in the intensity of a CD minimum around 260 nm was observed upon OTA addition. This provided evidence in combination with NMR studies that OTA binding induces the aptamer to form a well-defined unique antiparallel G-quadruplex structure. Similarly, Yang et al. [\(2011\)](#page-13-2) and Fadock and Manderville ([2017\)](#page-11-20) performed CD experiments that demonstrate antiparallel Gquadruplex formation of the OTA-binding aptamer with OTA addition. Finally, an example of an aptamer going from unstructured in the free state, with no discernable peaks in the CD spectrum, to a structured ligand-bound aptamer is the methotrexate-binding apta-mer from the Plaxco group (Wu et al., [2023\)](#page-13-8).

Thermal melt analysis

Ultraviolet–visible (UV) absorption spectroscopy is a classic biophysical method that can be used to study the thermal stability of macromolecules by monitoring their unfolding when heated (Mergny and Lacroix, [2003\)](#page-12-26). Duplex nucleic acids have a maximum UV absorption at 260 nm and exhibit hyperchromicity as their absorbance at 260 nm increases upon denaturation. During a thermal unfolding experiment monitored by UV, the absorbance of a nucleic acid sample at 260 nm is measured as a function of temperature as shown in [Figure 3.](#page-6-0) A sigmoidal thermal melt curve indicates the transition of the nucleic acid from a folded duplex conformation to an unfolded single-stranded state (solid line; [Figure 3\)](#page-6-0). However, a straight line thermal melt suggests that the nucleic acid originally exists in a single-stranded state and little or no unfolding occurs during heating (dashed line; [Figure 3\)](#page-6-0). UV melting curves can be obtained individually for free and ligand-bound aptamers and compared. A change from a straight line UV melt curve for a free aptamer to a sigmoidal UV melt curve for a ligand-bound aptamer provides evidence of ligand-induced folding of the aptamer.

Neves et al. ([2017\)](#page-12-7) used UV-spectroscopy to investigate how the length of stem 1 of the three-way junction cocaine-binding aptamer

Figure 3. Example of UV thermal melt curves of an aptamer that undergoes ligandinduced folding. UV thermal melt curve of an unfolded free aptamer shown by the dashed line. UV thermal melt curve of a folded ligand-bound aptamer shown by the solid line.

affects its ligand-induced conformational change. The authors performed UV thermal melts on cocaine-binding aptamers with different lengths of stem 1. For the OR8 aptamer with a stem 1 of two base pairs and the MN19 aptamer with a stem 1 of three base pairs, the free aptamers exhibited straight line UV thermal melts rather than sigmoidal curves. This suggested that OR8 and MN19 aptamers are not completely folded in their unbound state, but rather loosely or partially folded. Hence, there is no visible transition to an unfolded state when the temperature increases. In contrast, UV melts of these two aptamers bound to quinine exhibited sigmoidal denaturation curves with measurable melt temperatures (Neves et al., [2017](#page-12-7)). This indicated that OR8 and MN19 aptamers are folded when bound to the ligand quinine and transition to an unfolded state during heating. Overall, these results provide support for the ligand-induced folding mechanism of OR8 and MN19 cocainebinding aptamers and provide a guide when looking at other aptamers that may undergo ligand-induced folding.

Differential scanning calorimetry (DSC) is a technique that can be used in a complementary fashion to UV-based melts to measure the thermal stability of both free and ligand-bound aptamers. In addition to an unfolding temperature, DSC also provides a wealth of thermodynamic data for folding and unfolding. DSC methods have been applied to the cocaine-binding aptamer system of MN4 and MN19 to investigate the difference between an unfolded unbound aptamer (free MN19) and a folded bound aptamer (cocaine or quinine-bound MN19). There was a negligible unfolding signal for the free MN19 aptamer while an unfolding peak was observed, as expected, for the structured ligand-bound MN19 aptamer (Harkness et al., [2016\)](#page-11-21).

Small-angle X-ray scattering

Small-angle X-ray scattering (SAXS) is a method used to characterize the global structure of biological macromolecules by providing information on their molecular size, shape, and oligomeric state (Baird and Ferré-D'Amaré, [2014](#page-11-22)). In a SAXS experiment, the intensities of scattered X-rays by a sample of the biological molecule are measured as a function of the scattering angle. From the SAXS data, parameters such as the radius of gyration (R_{ϱ}) can be obtained as an indication of the overall size of the biological molecule (Kikhney and Svergun, [2015\)](#page-11-23). The R_{α} represents the root mean square distance of the molecule in relation to its centre of mass. SAXS data can also be used to produce a pairwise distance

distribution function (PDDF), which represents the distribution of distances between pairs of atoms within the macromolecule and provides its maximum diameter (D_{max}) . Additionally, SAXS data can be utilized to generate three-dimensional ab initio low-resolution reconstructions of the shape of the biomolecule. SAXS can effectively provide insight into ligand-induced folding and compaction of aptamers by comparing SAXS-derived R_{α} , PDDFs and ab initio models of free and ligand-bound aptamers.

SAXS has been widely used to investigate the conformational changes of riboswitches in response to metabolite binding (Lipfert et al., [2007;](#page-12-27) Baird and Ferré-D'Amaré, [2010;](#page-11-24) Baird et al., [2010;](#page-11-25) Chen et al., [2011](#page-11-26)). Chen et al. ([2011\)](#page-11-26) used SAXS to follow the structural changes of the SAM-II riboswitch in response to binding its metabolite S-adenosyl methionine (SAM). Upon addition of SAM, the riboswitch undergoes compaction with a decreased R_g from 31.7 to 20.7 Å and reduced D_{max} from 112 Å to 70 Å. Low resolution ab initio modeling revealed that the aptamer domain of the unbound riboswitch exists in an elongated conformation whereas the aptamer domain of the riboswitch bound to SAM exhibits a more compact structure. Complementary 1D NMR experiments demonstrated that the SAM-II riboswitch compaction induced by metabolite-binding is associated with secondary and tertiary structural changes.

Baird and Ferré-D'Amaré [\(2010](#page-11-24)) also performed SAXS to study the global structural changes of the E. coli thiM thiamine pyrophosphate (TPP)-responsive riboswitch aptamer domain with metabolite binding. At physiologic Mg^{2+} concentrations, the TPP-responsive riboswitch alone had an R_g of 27.5 Å and addition of its metabolite TPP resulted in a reduced R_g of 24.1 Å. Lowresolution ab initio reconstructions from SAXS data supported this ligand-induced compaction as it showed that the unbound TPPresponsive riboswitch had a more elongated form than the riboswitch bound to its metabolite. Thus, SAXS experiments suggested that the thiM TPP-responsive riboswitch aptamer domain acquires distinct free and metabolite-bound conformations. Baird and Ferré-D'Amaré ([2010\)](#page-11-24) and Baird et al. ([2010](#page-11-25)) also used SAXS to show that the class I SAM-responsive riboswitch and cyclic diguanylate riboswitch aptamer domains undergo compaction and global conformational changes upon binding their metabolites.

In addition to its application in studying riboswitches, SAXS has been used to investigate the conformational changes of in vitro selected DNA aptamers in response to ligand binding. Reinstein et al. [\(2013\)](#page-12-6) performed SAXS to study the ligand-induced folding of the MN19 cocaine-binding aptamer in comparison to the prefolded MN4 cocaine-binding aptamer. PDDFs for the MN19 aptamer showed notable differences between its free, quininebound and cocaine-bound forms. For example, a shoulder at approximately 35 Å was visible in the PDDF of the free MN19 aptamer but absent in the quinine-bound and cocaine-bound forms of the aptamer. Additionally, a larger amount of variation was found among SAXS-derived ab initio reconstructions for these three forms of the MN19 aptamer compared to the MN4 aptamer. Together, these SAXS findings provide support for the ligand-induced conformational changes of the MN19 aptamer when binding quinine and cocaine.

Schmidt et al. [\(2020](#page-12-27)) also used SAXS to investigate the interaction of the L-RNA aptamer NOX-B11 with its target, active ghrelin. SAXS-derived ab initio reconstructions of the NOX-B11 aptamer alone showed an elongated structure with a length of about 7.7 nm and diameter of 4 nm. In contrast, ab initio models of the NOX-B11-ghrelin complex revealed a more compact structure with a shorter length of about 5.8 nm and diameter of 4.2 nm. PDDFs

also demonstrated that the NOX-B11-ghrelin complex is more compact as it had a smaller D_{max} of approximately 6.2 nm relative to NOX-B11 alone with a D_{max} of 7.8 nm. Overall, these SAXS data reveal that the NOX-B11 aptamer undergoes a conformational change to a more compact form as a result of binding ghrelin.

Native ion mobility-mass spectrometry

Native mass spectrometry coupled to ion mobility (IM-MS) is a valuable biophysical method to study non-covalent assemblies in Native ion mobility-mass spectrometry
Native mass spectrometry coupled to ion mobility (IM-MS) is a
valuable biophysical method to study non-covalent assemblies in
the gas-phase, including aptamer–ligand interactions (Koni berg et al., [2013](#page-11-27); Largy et al., [2022\)](#page-12-28). Electrospray ionization can take biomolecular complexes from solution into the gas-phase with their native conformation retained for passage through ion mobility and mass spectrometers. Native IM-MS provides insight into the binding stoichiometry as well as the size, shape, and mass of the noncovalent complex (Allison et al., [2020\)](#page-11-28).

Daems et al. ([2021](#page-11-29)) used native IM-MS to study quinine-binding by a set of different cocaine-binding aptamers. Native IM-MS measurements were taken for free and quinine-bound aptamers in 5+ ionization modes and their arrival times were extracted as a measure of ion mobility. Significant arrival time increases were ing by a set of different cocaine-binding aptamers. Native IM-MS
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measure of ion mobility. Signi measurements were taken for free and quinine-bound aptamers in
5+ ionization modes and their arrival times were extracted as a
measure of ion mobility. Significant arrival time increases were
observed for the aptamer–quini quinine complex could not alone account for these arrival time differences. Daems et al. proposed that the increased arrival times were partly due to conformational changes of the aptamer with ligand binding that causes a slight elongation of its gas-phase structure. Specifically, the MN19 aptamer had an arrival time increase of 6.4% whereas the MN4 aptamer had a smaller arrival time increase of 4.2%. The larger arrival time difference for the MN19 aptamer suggested that its loosely folded-free structure undergoes greater structural change when binding quinine. In contrast, the MN4 aptamer with a more rigid, prefolded structure undergoes less conformational change with ligand binding as shown by its smaller arrival time difference. These results are consistent with NMR, ITC, and SAXS studies discussed earlier in this review that demonstrate the ligand-induced conformational changes of the MN19 aptamer (Neves et al., [2010](#page-12-4); Reinstein et al., [2013\)](#page-12-6).

Fluorescence-based methods

Aptamers are frequently employed in fluorescent biosensors to detect and quantify specific ligand concentrations (Wang et al., [2011\)](#page-12-29). These fluorescence-based methods are more often used as a detection method for an analyte rather than a method to demonstrate the occurrence of structural change with ligand binding. In these applications, the aptamer is often tagged, and structural change is assumed to occur based on the change in fluorescent output. These sensors can produce a measurable change in fluorescence that coincides with a fluorescently labeled aptamer's conformational changes upon target binding. In this way, the fluorescence output indicates the extent of ligand binding and allows measurement of ligand concentrations. Fluorescent biosensors often use fluorescence quenching or de-quenching and fluorescence resonance energy transfer (FRET) as distance-dependent phenomena to report on an aptamer's structural changes with ligand binding.

Fluorescence quenching occurs when an excited fluorophore in close proximity to a non-fluorescent quencher transfers its energy to the quencher without emission of light (Lyklema, [2000\)](#page-12-30). This phenomenon is measured as a decrease in fluorescence intensity of the fluorophore's emission by fluorescence spectroscopy. Alternatively, when a fluorophore is moved away from a quencher, fluorescence de-quenching takes place, and the fluorescence intensity of the fluorophore increases. FRET, on the other hand, involves a transfer of energy from an excited donor fluorophore to a second nearby acceptor fluorophore that then emits fluorescence (Kaur et al., [2020;](#page-11-30) Lyklema, [2000](#page-12-30)). For FRET to happen, the emission spectrum of the donor must have sufficient overlap with the absorption spectrum of the acceptor and the two fluorophores must be about 1–10 nm apart. FRET is detected by a reduction in the excited donor's fluorescence intensity and an increase in the acceptor's emission fluorescence intensity by fluorescence spectroscopy. The ratio of fluorescence emission between the two fluorophores serves as a measure of the FRET signal. Fluorescence quenching and FRET can both be used to monitor structural changes of aptamers upon ligand binding in fluorescent sensors. Feagin et al. [\(2018\)](#page-11-28) classified the use of structure-switching aptamers in fluorescent biosensors into several types of applications, including aptamer beacons, strand-displacement methods, and split aptamers (Feagin et al., [2018\)](#page-11-28). It is possible that measurement of fluorescent lifetime, as opposed to intensity, may be used as a way to probe changes in fluorescent properties.

Fluorescence quenching and FRET-based aptamer beacon sensors

Many structure-switching aptamers have been employed in fluorescent aptamer beacons. In an aptamer beacon, ligand binding to an aptamer causes conformational changes that alter the distance between the aptamer's covalently attached fluorophore and quencher or second fluorophore, resulting in a measurable change in fluorescence [\(Figure 4](#page-7-0)) (Perez-Gonzalez et al., [2016\)](#page-12-31). Hamaguchi et al. ([2001\)](#page-11-31) used the thrombin-binding aptamer to design a fluorescent turn-on aptamer beacon that detects thrombin [\(Figure 4\)](#page-7-0).

Figure 4. Fluorescent turn-on aptamer beacon. Structural change of aptamer with ligand binding results in an increase in fluorescent output (i.e., fluorescence dequenching) by separating its fluorophore and quencher-labeled ends (complementary nucleotides added to the 5' end of the thrombin-binding aptamer are shown in red) (Hamaguchi et al., [2001](#page-11-31)).

Complementary nucleotides were introduced to the 5['] end of the aptamer to hybridize with its $3'$ end and form a closed hairpin. The fluorophore (fluorescein) and quencher (dabcyl) were attached to the $5'$ and $3'$ ends of the aptamer, respectively. It was hypothesized that the closed stem-loop would be stable in the absence of thrombin and thrombin-binding would shift the equilibrium toward a G-quadruplex structure in which the fluorophore and quencher become separated [\(Figure 4\)](#page-7-0). Without thrombin, minimal fluorescence was detected due to fluorescence quenching in the closed hairpin. However, addition of thrombin to saturating concentrations resulted in a 2.5-fold enhancement in fluorescence intensity for the beacon construct that was extended by five nucleotides. This rise in fluorescence provided evidence of the thrombin-induced structural change of the aptamer from a closed hairpin to G-quadruplex conformation.

Li et al. [\(2002](#page-12-8)) also employed the thrombin-binding aptamer to construct their quenching-based turn-off aptamer beacon ([Figure 5](#page-8-0)). Binding thrombin shifts the equilibrium of the aptamer from a random coil conformation to a G-quadruplex state. The two ends of the aptamer were labeled with carboxyfluorescein (FAM) as fluorophore and dabcyl as quencher such that they were far away in the random coil, but close together in the G-quadruplex conformation. Addition of thrombin was found to reduce the fluorescence intensity of the aptamer beacon by 60%. This indicated that the fluorophore and quencher came together by the thrombin-induced conformational change of the aptamer to a G-quadruplex. A similarly designed turn-off aptamer beacon that uses fluorescence quenching demonstrates the structure-switching binding mechanism of the dopamine-binding aptamer (Liu et al., [2021](#page-12-21)).

In addition, FRET-based aptamer beacons have been used to show ligand-induced conformational changes of a variety of aptamers (Li et al., [2002,](#page-12-8) [2008;](#page-12-32) Ueyama et al., [2002;](#page-12-33) Liu et al., [2021](#page-12-21)). Li et al. ([2008\)](#page-12-32) designed a FRET-based biosensor using the angiogenin-binding aptamer [\(Figure 6\)](#page-8-1). Binding angiogenin shifts the equilibrium of the aptamer from an unfolded random coil to a folded structure that resembles a stem-loop. In the aptamer beacon, the $5'$ and $3'$ ends of the aptamer were modified with FAM as the donor and carboxytetramethylrhodamine (TAMRA) as the acceptor, respectively. The labeled $5'$ and $3'$ termini were far apart in the random coil, but close together in the stem-loop secondary structure. When angiogenin was added, there was an enhanced FRET signal detected. The fluorescence intensity of the acceptor TAMRA at 577 nm increased while that of the donor FAM at 520 nm decreased in the presence of angiogenin. This provided evidence that angiogenin binding induced a structural change in the aptamer to a stem-loop that brought together its FAM and TAMRAlabeled termini for energy transfer. FRET-based aptamer beacons have also been designed using thrombin, dopamine and K⁺-binding aptamers and demonstrate their ligand-induced conformational changes (Li et al., [2002](#page-12-8); Ueyama et al., [2002](#page-12-33); Liu et al., [2021\)](#page-12-21).

Fluorescent aptamer sensors using complementary displacement strand

Nutiu et al. developed a general method for creating fluorescent signaling aptamers in which a DNA/DNA duplex changes structure to a DNA/ligand complex upon ligand binding ([Figure 7](#page-9-0)) (Nutiu and

Figure 5. Fluorescent turn-off aptamer beacon. Conformational change of aptamer with ligand binding results in a decrease in fluorescent output (i.e., fluorescence quenching) by bringing together its fluorophore and quencher-labeled ends (Li et al., [2002\)](#page-12-8).

Figure 6. FRET-based aptamer beacon. Structural change of aptamer with ligand binding produces an increase in FRET signal by bringing together its donor and acceptor-labeled ends (Li et al., [2008\)](#page-12-32).

Figure 7. Fluorescent signaling aptamer using strand displacement. Ligand binding to aptamer labeled with fluorophore (FDNA) disrupts hybridization to a complementary strand labeled with quencher (QDNA) and results in an increase in fluorescence. A scheme similar to the one illustrated has been used with the ATP binding DNA aptamer (Nutiu and Li, [2003\)](#page-12-28).

Li, [2003](#page-12-28); Lau and Li, [2014\)](#page-12-3). Their strategy makes use of a DNA aptamer labeled with fluorophore (FDNA) and a short oligonucleotide complementary to the aptamer labeled with quencher (QDNA). Without ligand, the aptamer hybridizes with QDNA to form a Without Ingania, the aptamer hybridizes with QDNA to form a
DNA/DNA duplex. In this conformation, the fluorophore and
quencher are located near each other, resulting in fluorescence
quenching. However, in the presence of l quencher are located near each other, resulting in fluorescence quenching. However, in the presence of ligand, QDNA is displaced forms. This ligand-induced structural change is shown by an increase in fluorescence intensity of the fluorophore upon ligand addition.

Qiao et al. ([2021](#page-12-34)) applied this strand displacement strategy when designing a structure-switching sensor to detect the mycotoxin aflatoxin M1 (AFM1) in milk. The AFM1-binding aptamer was labeled with the fluorophore FAM and a complementary DNA (cDNA) was modified with the quencher TAMRA. Without AFM1, the FAMlabeled aptamer and TAMRA-labeled cDNA hybridize together, resulting in fluorescence quenching ([Figure 7](#page-9-0)). However, when AFM1 was added, there was an 11-fold rise in fluorescence intensity. This fluorescence de-quenching upon AFM1 addition provided evidence of the ligand-induced structural change of TAMRA-cDNA dissociation and formation of the AFM1/aptamer complex. Structure-switching sensors involving displacement of a complementary oligonucleotide from an aptamer by ligand to generate a fluorescent or FRET signal have been used to detect the antibiotic kanamycin and cytokine interferon-gamma (Tuleuova et al., [2010](#page-12-35); Ma et al., [2019\)](#page-12-36). Nutiu and Li ([2003](#page-12-28)) also successfully applied their complementary displacement strand strategy to ATP and thrombin-binding aptamers using a tripartite system.

Split aptamer fluorescent and FRET-based sensors

Aptamers can be divided into two or more fragments (split) that associate upon ligand binding. The structural change of two aptamer strands coming together can be signified by changes in fluorescence or FRET signal using fluorescent-labeling of the strands. Stojanovic et al. [\(2000\)](#page-12-12) designed a fluorescent sensor to detect cocaine based on the self-assembly of a split cocaine-binding aptamer ([Figure 8\)](#page-9-1). The three-way junction aptamer was divided into two fragments at a loop. The 5' end of one aptamer fragment was modified with the fluorophore FAM while the 3' end of the other aptamer fragment was labeled with the quencher dabcyl. It was predicted that the aptamer would exist primarily as two individual strands in the absence of cocaine and that cocaine addition would shift the equilibrium toward an assembled aptamer in which the fluorophore and quencher on the two strands come together. Upon cocaine addition, fluorescent emission by the fluorophore was quenched to 65% of its original emission without cocaine. This fluorescence quenching demonstrated the cocaine-induced assembly of individual aptamer subunits to form the complete aptamer. A split-aptamer system was also successfully used in a fluorescence quenching sensor to detect 19-nortestosterone (Bai et al., [2016](#page-11-32)).

Figure 8. Split aptamer fluorescent sensor. Assembly of split aptamer fragments upon ligand binding results in a decrease in fluorescent output by bringing together their fluorophore and quencher-labeled ends. This scheme is adapted from one used for the cocaine-binding aptamer (Stojanovic et al., [2000](#page-12-12)).

In addition, a FRET-based sensor was developed by Liu et al. ([2014\)](#page-12-14) using a split version of the thrombin-binding aptamer. The aptamer was divided into two strands, one of which was covalently modified with FAM as the FRET acceptor. A water-soluble polycationic polymer (PFEP) that has high emission of fluorescence served as the FRET donor. Without thrombin, the positively charged PFEP formed complexes with fragments of the split thrombin-binding aptamer through electrostatic interactions. An efficient FRET signal occurred between the closely interacting PFEP and FAM-labeled aptamer strand. When thrombin was added, the two split aptamer strands assembled into a G-quadruplex induced by thrombin binding. The large size of the bound thrombin increased the distance between the PFEP and FAM-labeled aptamer strand as part of the G-quadruplex, leading to a weakened FRET signal. This decrease in FRET signal served as evidence of the thrombininduced conformational change of the split aptamer strands assembling into a G-quadruplex.

Conclusions

Here, we have reviewed different biophysical tools readily available to monitor changes in the structure of aptamers when they bind their ligand. These tools provide distinct information [\(Table 2](#page-10-0)) on these molecules which can prove essential information into their

designs and thus their translation in different applications, especially biosensors.

The related field of riboswitches can provide insight into future directions for the field of biophysical analysis of structure-switching aptamers (Kavita and Breaker, [2023\)](#page-11-33). For riboswitches, many X-ray crystallography-based structures of free and bound molecules have been determined allowing for a detailed structural comparison between the free and bound structures. In contrast, there are relatively few structures of small molecule-binding aptamers, though this is not the case for protein-binding aptamers (Gelinas et al., [2016\)](#page-11-34). More high-resolution structural information on aptamers, especially on DNA aptamer-small molecule interactions, is necessary to provide further insights into aptamer–ligand interactions. However, if the goal is to provide evidence of large-scale structure switching, then this is not strictly necessary. Additionally, single molecule methods have been commonly applied to riboswitches (Boudreault et al., [2015](#page-11-35)). While this type of analysis has been reported for aptamers (Morris et al., [2018](#page-12-37)), it has not been widely applied for studying SELEX-derived aptamers (Morris et al., [2018\)](#page-12-37). Some classic biochemical methods such as chemical probing, for example, SHAPE analysis (Weeks, [2021\)](#page-12-38), and electrophoresisbased techniques have not been widely employed and may provide complementary information with results provided by the techniques discussed in this review.

Table 2. Summary of biophysical methods to demonstrate structure-switching binding mechanism of aptamers

Structural and binding methods	Evidence of structure switching with ligand binding. Limitations and advantages of the method	
1D ¹ H NMR spectroscopy	Increase in number of and narrowing of imino proton signals between free and ligand-bound aptamer spectra. Advantages: nucleotide-specific structural information provided. Limitations: high level of expertise needed; relatively large amounts of material needed.	
ITC	Large negative heat capacity change of ligand binding. Advantages: easy to perform experiments. Limitations: indirect method; relatively large amount of material needed.	
CD spectroscopy	Change in wavelengths of maxima and minima or intensity of molar ellipticity between free and ligand-bound aptamer spectra. Advantages: quick and easy to perform experiments. Limitations: global, not local structural information provided.	
UV-visible spectroscopy	Straight line thermal melt with no measurable melt temperature for unfolded free aptamer; Sigmoidal thermal melt with measurable melt temperature for folded ligand-bound aptamer. Advantages: quick and easy to perform experiments. Limitations: global, not local structural information provided.	
SAXS	Change in radius of gyration, pair distance distribution function and/or ab initio reconstructions of aptamer between its free and ligand-bound forms. Advantages: small amount of material needed. Limitations: expensive and specialized equipment needed; high level of expertise needed; low resolution structural information.	
Native IM-MS	Increase in arrival time upon ligand binding of aptamer in the gas phase compared to free aptamer. Advantages: very small amount of material needed. Limitations: high level of expertise needed; function of aptamer in gas phase not necessarily guaranteed.	
Fluorescence-based methods	Evidence of structure switching with ligand binding. Limitations and advantages of the method	
Aptamer beacon and split aptamer ^a	Increase ('turn on') or decrease ('turn off') in fluorescent output when two ends of a single aptamer or strands of a split aptamer labeled with fluorophore and quencher change distance upon ligand binding. Advantages: small amount of material needed; easy to perform experiments. Limitations: attachment of labels to aptamer can alter their function; fluorophore and quencher can interact with each other	
Complementary strand displacement ^a	Increase in fluorescent output when ligand binding displaces a complementary strand labeled with quencher from a fluorophore- labeled aptamer. Advantages: small amount of material needed; easy to perform experiments. Limitations: attachment of labels to aptamer can alter their function; fluorophore and quencher can interact with each other	

^aChanges in fluorescence resonance energy transfer (FRET) signal can be measured using two fluorophores instead of fluorescence quenching/de-quenching to demonstrate the structureswitching binding mechanism.

Each of the methods presented comes with its advantages and limitations ([Table 2\)](#page-10-0). While a single method can provide evidence of structural change, we advise the use of two or more methods for the most robust demonstration of ligand-induced structure switching. We anticipate that having a deeper understanding of the different capabilities of these methods can help researchers in rapidly acquiring insights into aptamer structure switching and further accelerate aptamer-based biosensor developments.

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