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Volume 1 gives 120 original recipes in transcription and in modern English translation and offers delicious adaptations of each recipe for the modern kitchen (in family-sized quantities—all requiring somewhat less than a 1000 eggs).

Volume 2 presents another 300 original recipes in transcription and translation but encourages the reader to experiment with both the language and the recipes. Each volume is fully indexed and lavishly illustrated with pertinent medieval woodcuts. Short essays illustrate various spices or techniques; while excellent and well-documented notes provide commentary. Twelve medieval menus display what foods were served at particular feasts.

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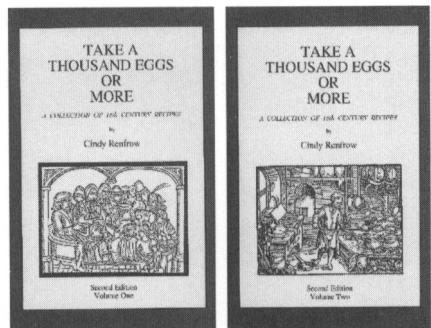
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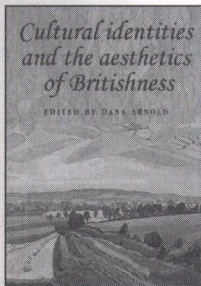
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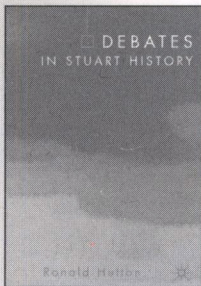
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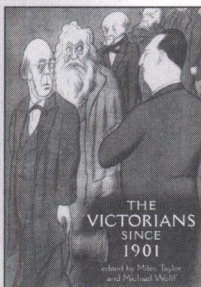
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