

acute post-traumatic stress disorder (PTSD) in children and adults exposed to natural disasters. The PTSD is known to appear after the occurrence of natural disasters. Usually, social, medical, and disaster workers provide external security for victims. But, a stressful event is fixed pervertedly into the memory, and creates prolongation of a traumatic situation. A stressful event more often is kept and remembered in the visual and audio systems, so elimination of these images promotes conditions for recovering internal security by victims.

**Methods:** 200 children and 100 adults were involved in the trial. First, hypnosis was used, and then, different non-verbal image techniques, eye movement desensitization, and reprocessing. Also, six continuous verbal-scale tests were invented for use in evaluation of the effectiveness of PTSD treatment.

**Results:** This programme for the psychological correction and psychotherapy of PTSD has been shown to be highly effective. The scales used before and after psychotherapy allow discovery of the progress in the psychological state of 80% children and adults.

**Conclusion:** This program for treatment of PTSD is universal, and can be used widely not only for natural disasters victims, but for victims of war, conflicts, or terrorism even in outpatient department.

**Keywords:** disaster, effectiveness; hypnosis; psychotherapy; PTSD; terrorism; war conflicts

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### Psychiatric Assistance to the Population of the Chechen Republic during Anti-Terror Operations

*Victor Nicholaevich Preobrajensky; Valery Petrovich Kohanov*  
All-Russian Centre for Disaster Medicine "Zaschita",  
Moscow, Russia

**Objective:** To assess the psychiatric assistance given to the people of the Chechen Republic during anti-terror operations. The displaced location of the camps, which held more than 40,000 people, and the absence of specialized medical institutions both contributed to problems with obtaining psychiatric assistance.

**Methods:** The main tasks of the relief teams were to render specialized psychiatric assistance to temporarily displaced people of the Chechen Republic, and to organize the evacuation of psychiatric patients.

**Results:** There were more than 4,500 people of the Chechen Republic, including 480 children that were examined. In 11.3% of cases, some psychiatric diseases were revealed among the adult population: maniac-depressive syndrome, schizophrenia, epilepsy, and psycho-organic syndrome. In 81.5% of cases, non-psychiatric disorders were diagnosed, which were demonstrated by neurotic character and behavior disorders. Patients with psychiatric diseases were sent for treatment into specialized medical institutions in the cities of the Russian Federation (Krasnodar, Rostov, Vladicavkaz, etc.).

**Conclusion:** The efforts to render psychiatric assistance to the Chechen Republic population were very effective, since it helped to identify patients with psychiatric disorders in

the early stages. Special treatment programs aided in the treatment in 87% of the cases. This system is proposed for use in other countries during local conflicts and disasters.

**Keywords:** accommodation, destroyed settlements; population; psychiatric diseases; specialized medical institutions

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### Gendered Battlefields in Mindanao: Health Social Science and Disaster Medicine

*Reynaldo Hapan Imperial, Laufred Ilagan Hernandez*  
University of the Philippines Manila, Manila, The Philippines

**Objectives:** To review documents regarding the health of displaced and refugee women in Mindanao who had been displaced as a result of terrorism promulgated by Muslim separatist and the Abu Sayaff terrorist groups using the concepts of Disaster Medicine and health social science.

**Methods:** Using the paradigm of Gender and Development of the ICPD and gender analysis, wellness and trauma were analyzed from their socio-cultural and economic ramifications. Also, the analysis examined how the current rehabilitation programs were conducted in the area by the DOH and how various NGOs have provided relief and rehabilitation to the victims of this disaster.

**Results:** While men and women are affected by war conditions differently, women are more vulnerable to sexual and economic exploitation. The treatment of injuries by the DOH often are waylaid for the more immediate need to counsel direct and indirect combatants, mostly women to empowered them in the face of the adversities that confront them.

**Conclusion:** As the situation is expected to worsen with the adoption by the government of an all out war policy, there is a need to put a mechanism in place by which those who are affected and inflicted can be assisted to reduce their rancor and bitterness. It is important that the theories and concepts of disaster medicine be part of the interventions.

**Keywords:** disaster medicine; counsel; empowerment; gender; health social science; Mindanao; vulnerability; women

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### Organizations

#### The World Association for Disaster and Emergency Medicine (WADEM): From Mainz to Melbourne

*Frank Archer*  
Centre for Ambulance and Paramedic Studies, Monash University, Melbourne, Australia

**Objective:** The World Association for Disaster and Emergency Medicine (WADEM), which began as the "Club of Mainz" in 1976, holds its 13th World Congress in Melbourne, Australia, in May 2003. This paper traces the history, objectives, membership, mission, achievements, and current activities of WADEM.

**Method:** A review was undertaken of the literature and WADEM documents. Information was gained from past and current WADEM officials.