

P-96 - NUTRITIONAL EVALUATION OF ALCOHOLIC INPATIENTS

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Introduction: Nutritional status is known to directly influence clinical outcome in patients hospitalized for acute illness (Stratton et al. 2006; Raslan et al. 2010) and the chances of them developing complication. (Lelovics et al., 2008). As patients at nutritional risk can be easily identified, screening for malnutrition, with a validated screening nutritional tool should be done as a routine in hospitalized patients. (Kyle et al.,2005; Raslan et al. 2010; Ben-Ishay et al. 2011)

Aims: To assess nutritional risk of alcoholic patients admitted for alcohol detoxification.

Methods: Screen nutritional risk of alcoholic patients using the Malnutrition Universal Screening Tool.

Results: 53% patients at presentation were rated as medium or high risk of malnutrition.

Conclusions: Malnutrition should be actively considered and screened for in alcoholic patients admitted for alcohol detoxification due to its high prevalence and benefits obtained from treatment.