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Progress in dietary research in young children and women in
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Guest Editor: Prof. Khor Geok Lin

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Aims and Scope

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**Progress in dietary research in young children and women in Indonesia
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Preface

Southeast Asian countries are still challenged by various public health problems resulting from malnutrition. Lack of nutrition awareness, an environment with poor hygiene and sanitation, and common infectious diseases are factors which cause undernutrition, particularly in vulnerable groups, such as pregnant mothers and children under five. On the other hand, it is also known that, just as the damaging effects of malnutrition can pass from one generation to the next, so can the benefits of good nutrition. Giving a child a solid nutritional start has an impact for life on physical, mental and social development.

Southeast Asian Ministers of Education Organization Regional Centre for Food and Nutrition (SEAMEO RECFON), as the centre for food and nutrition in the Southeast Asia region, has been consistently focusing on Maternal and Child Nutrition as a means to effectively reduce the persistently high undernutrition problems and the emerging nutrition-related chronic diseases. In particular, we put emphasis on the importance of food-based approaches, as the foundation of good nutrition is a healthy diet. In this context, publication of this supplement aims to give more insight from work conducted by SEAMEO RECFON and our colleagues at Southeast Asian Food and Agricultural Science and Technology (SEAFAST) Center, Bogor Agriculture University, involving dietary studies of young children and women in Indonesia and Myanmar.

We wish to express our gratitude to all the authors for their contribution and a special gratitude to our guest editor Prof. Khor Geok Lin and all related stakeholders, including the sponsors, for this publication. It is hoped that academics, nutritionists, clinicians, and practitioners will find this supplement useful and pave our way toward better nutritional status in Southeast Asia.

Jakarta, June 2016
Agus Haryanto, PhD
Acting Director of SEAMEO RECFON