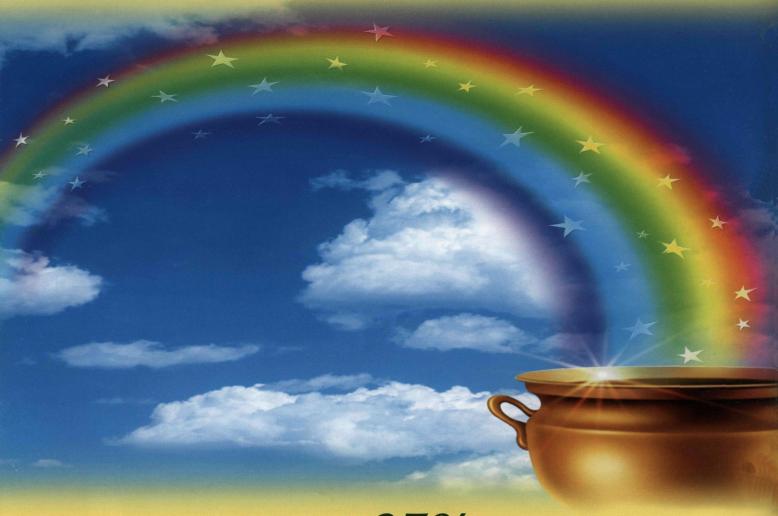
IRISH JOURNAL OF **PSYCHOLOGICAL** VOL 19 NO 3 SEP 2002 MEDICINE TISSN 0790-9667



'Beautiful soft exploding rainbow painting' (2001) by Damien Hirst (gloss household paint on canvas, 213.36 cm diameter) From an exhibition at the Irish Museum of Modern Art, Royal Hospital Kilmainham, Dublin 8. (May - September 2002). On loan from a private collection.

A brighter outlook for prescribers of fluoxetine



The original brand? - 25% more expensive. Is it time to change?





VIGERARD

GEROZAC: (fluoxetine HCL) Abbreviated prescribing information: Presentation: Each capsule contains fluoxetine hydrochloride equivalent to 20 mg of fluoxetine. Indications: GEROZAC is indicated for the treatment of major depressive episodes. Dose: A dose of 20 mg/day is recommended and a maximum daily dose should not exceed 80 mg/day, which can be administered as single or divided dose, during or between meals. Patients with renal or liver disease: In cases of liver dysfunction or renal failure (GFR 10-50 ml/min), the dose should be reduced, e.g. to 20 mg every second day. Children: Fluoxetine capsules are not indicated for use in children and

renal failure (GFR 10-50 ml/min), the dose should be reduced, e.g. to 20 mg every second day. Children: Fluoxetine capsules are not indicated for use in children and adolescents below the age of 18. Elderly: Caution is recommended when increasing the dose, which should rarely exceed 40 mg and should not exceed 60 mg. Method of administration: For oral administration: Contraindications: Concurrent treatment with MAOIs (monoamine oxidase inhibitors). Cautionary use with other antidepressants. Not to be used where there is severe renal failure (GFR < 10ml/min). Unstable or uncontrolled epilepsy. Not to be used by nursing mothers. Hypersensitivity to any of the ingredients. Precautions: As with all antidepressants risk of suicide particularly at the beginning of treatment due to the delay between treatment and clinical improvement. Concomittant use of tryptophan. Epilepsy, electroconvulsive therapy, cardiovascular disease, recent myocardial infarction, diabetes, alcohol, hepatic and renal insufficiency, and overdose. Side-effects: rash and allergic reaction, psychosis and mood shift towards manic phase, serotonin syndrome, inappropriate secretion of antidiuretic hormone, anorexia, weight loss, appetite loss, nausea, vomiting, diarrhoea, dry mouth, dyspepsia, constipation, headache, restlessness, insomnia, anxiety, dizziness, visual disturbance, drowsiness, confusion, tremor, sweating, sedation. Small increases in diastolic blood pressure and tachycardia as well as bradycardia. Hyperprolactinemia with galactorrhea, hyponatrenias. Rare cases of increased ALTs and exceptional cytolytic or mixed hepatitis.

Product authorisation holder: Generics (UK) Ltd, Station Close, Potters Bar, Herts, EN6 1TL, England. Product authorisation number: PA/405/36/1 Available only on prescription. Date of preparation or last review: January 2002. For full prescribing information please see the Summary of Product Characteristics. Further information is available from: Gerard Laboratories, 2004A Orchard Avenue, CityWest Business Campus, N

Editor-in-Chief: Brian Lawlor

Production Editor:

Anne Henrichsen

Advertising Manager:

Niamh Gleeson

Administrator:

Andrea McAdam

Founding Editor: Mark Hartman

Associate Editors:

Ted Dinan (Cork), David King (Belfast)

Editorial Board: Ken Brown (Belfast), Patricia Casey (Dublin), Anthony Clare (Dublin), Stephen Cooper (Belfast), Thomas Fahy (Galway), Michael Fitzgerald (Dublin), Brian Leonard (Galway), Roy McClelland (Belfast), Aidan McGennis (Dublin), Ciaran O'Boyle (Dublin), Eadbhard O'Callaghan (Dublin), Art O'Connor (Dublin), Ethna O'Gorman (Belfast), Brian O'Shea (Wicklow), Ian Pullen (Edinburgh), David Sheehan (Tampa), Philip Snaith (Leeds), Hugh Staunton (Dublin), John Waddington (Dublin), Richard Williams (Victoria)

Statistical Editor:

Ronan Conroy (Dublin)

Submissions & correspondence to:

The Editor,
Irish Journal of Psychological Medicine,
25 Adelaide Street,
Dun Laoghaire,
Co Dublin, Ireland.

Telephone

01-2803967; Int: +353-1-2803967

Fax

01-2807076; Int: +353-1-2807076

Email: psychological@medmedia.ie

Publisher

MedMedia Ltd. 25 Adelaide Street, Dun Laoghaire, Co Dublin, Ireland.

Printing: W&G Bairds Ltd

Subscriptions

Rates per volume of four issues (Mar, Jun, Sept, Dec) Price Regions: EU countries: €107, Stg65 Rest of World: €126, \$111 Incl. airmail postage internationally.

Subscription enquiries, orders and cheques made payable to:

Turpin Distribution Service Ltd Blackhorse Road, Letchworth SG6 1HN, England. Tel: +44 01462 672555 Fax: +44 01462 480947 Email: CustServTurpin@turpinltd.com www.turpin-distribution.com

Circulation

2,200 to 54 countries.
The Journal participates in the World Health Organisation project to improve distribution of scientific materials on mental health. Publication does not imply endorsement. Limited photocopying authorisation granted for a fee to Copyright Clearance Center, 27 Congress Street, Salem, MA 01970, USA, or to appropriate Reproduction Rights Organisation; isolated non-profit, academic photocopying excepted.

IRISH JOURNAL OF **PSYCHOLOGICAL MEDICINE**

VOL 19 NO 3 SEPT 2002 ISSN 0790-9667

Editorial

74 Our parents' keepers? – making more of ethics in old age psychiatry

Declan Lyons

Original Papers

76 Irish Travellers and forensic mental health

Sally Linehan, Dearbhla Duffy, Helen O'Neill, Conor O'Neill, Harry G Kennedy

80 Buprenorphine detoxification treatment for heroin dependence: a preliminary experience in an outpatient setting

Hugh Williams, Andrew Remedios, Adenekan Oyefeso, Jennifer Bennet

Brief reports

84 Concordance of clinical estimation of suicidal intent

Helen S Keeley, Carmel McAuliffe, Paul Corcoran, Ivan J Perry

Reviews

86 Adult ADHD: a controversial diagnosis

Aiveen Kirley, Michael Fitzgerald

Perspectives

92 Cognitive psychotherapy: what happens when the therapeutic relationship breaks down?

Noreen Bannan, Kevin M Malone

Case reports

96 A variant of nymphomania in association with obsessive-compulsive disorder

Aisling Mulligan, Marcus Webb, Michael Gill

98 Venlafaxine precipitated visual hallucinations

Rafael A Gafoor

95a Guidelines for Authors

99a John Dunne Medal

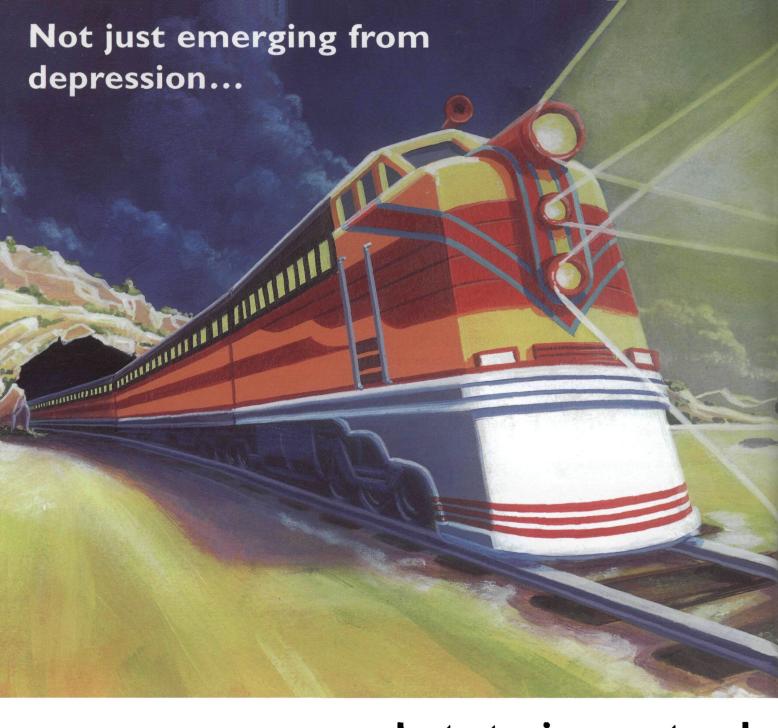
100 Obituary

101 Letters to the Editor

103 Book Reviews

Indexed and abstracted by BIOLOGICAL ABSTRACTS (BIOSIS Previews); CENTRE NATIONAL DE LA RECHERCHE SCIENTIFIQUE/INIST: PASCAL; EXCERPTA MEDICA/EMBASE; INSTITUTE FOR SCIENTIFIC INFORMATION: CURRENT CONTENTS/ Social & Behavioural Sciences (Social Science CITATION INDEX, Research Alert); PSYCHOLOGICAL ABSTRACTS (PsycINFO/PsycLTT); Cumulative Index to Nursing & Allied Health Literature, Current AlDS Literature (CAB Abstracts), International Pharmaceutical Abstracts, Linguistics & Language Behaviour Abstracts, Nutrition Abstracts and Reviews, (CAB Abstracts), Referativnyi Zhurnal, Social Planning/Policy & Development Abstracts, Social Work Research & Abstracts, Sociological Abstracts.

Microfilm, microfiche & article copies from University Microfilms International, 300 North Zeeb Rd., Ann Arbor, MI 48106, USA. Journal included in the Adonis service, whereby article copies can be printed out from compact disks (CD-ROM) on demand; explanatory leaflet available from ADONIS BY, PO Box 639, 1000 AV Amsterdam, The Netherlands. Journal listed in Ulrich's International Periodicals Directory (Bowker International Serials Database), EBSCO's Selected Periodicals for the Medical and Health Sciences, & EBSCO's Librarians' Handbook.



...but staying on track

Abbreviated Prescribing Information: LUSTRAL™ (sertraline) Presentation: Tablets containing 50mg or 100mg sertraline. Indications: Treatment of symptoms of depressive illness, including accompanying symptoms of anxiety. Prevention of relapse or recurrence of depressive episodes, including accompanying symptoms of anxiety. Obsessive compulsive disorder (OCD). Panic disorder, with or without agoraphobia. Post-traumatic stress disorder (PTSD). Dosage: Lustral should be given as a single daily dose. The initial dose in depression and OCD is 50mg and the usual antidepressant dose is 50mg. The initial dose in panic disorder and PTSD is 25mg, increasing to 50mg after one week. Dosage can be further increased, if appropriate, to a maximum of 200mg daily. Changes in dose should not be made more frequently than once per week given the 24 hour elimination half life of sertraline. Patients should be maintained on the lowest effective dose. Use in children: Not recommended. Use in the elderly: Usual adult dose. Contra-indications: Hypersensitivity to this group of drugs. Hepatic insufficiency, unstable epilepsy and convulsant disorders, pregnancy and lactation. Do not use with, or

Pfizer



within two weeks of ending treatment with, MAOIs. At least 14 days should elapse before starting any MAOI following discontinuation of Lustral. Precautions, warnings: Renal insufficiency, ECT, epilepsy, driving. Lustral should be discontinued in a patient who develops seizures. Lustral should not be administered with benzodiazepines or other tranquillizers in patients who drive or operate machinery. Serotonergic drugs such as tryptophan or fenfluramine should be used with caution. The patient should be monitored for signs of suicide or mania. Drug Interactions: Caution with other centrally active medication. Lithium levels should be monitored. Although Lustral has been shown to have no adverse interaction with alcohol, concomitant use with alcohol is not recommended. The potential for Lustral to interact with other highly protein bound drugs should be borne in mind. Interactions with e.g. warfarin, diazepam, tolbutamide

and cimetidine have not been fully assessed. With warfarin prothrombin time should be monitored when Lustral is initiated or stopped. Side-Effects: Dry mouth, nausea, diarrhoea/loose stools, ejaculatory delay, tremor, increased sweating, dizziness, insomnia, somnolence, headache, anorexia and dyspepsia. Rarely, abnormal LFTs, hyponatraemia. The following have been reported with Lustral but may have no causal relationship: vomiting, abdominal pain, movement disorders, convulsions, menstrual irregularities, hyperprolactinaemia, galactorrhoea, rash and alopecia. Rarely, pancreatitis, serious liver events, altered platelet function, abnormal bleeding and purpura. As with other serotonin re-uptake inhibitors rare reports of agitation, confusion, depersonalisation, hallucinations, nervousness, postural hypotension, hypo/hypertension, tachycardia and arrhythmias. Withdrawal reactions have been reported with Lustral. Common symptoms include dizziness, paraesthesia, headache, anxiety and nausea. Abrupt discontinuation of treatment with Lustral should be avoided. The majority of symptoms experienced on withdrawal of Lustral are non-serious and self-limiting. Legal Category: S1A. Package Quantities: 50mg tablet (PA 822/1/4) Calendar pack of 28. Product Authorisation Holder: Pfizer (Ireland) Limited, Parkway House, Ballymount Road Lower, Dublin 12, Republic of Ireland. Further information on request: Pfizer (Ireland) Limited. Date last revised: 17 March 1999.



67876 April 200

Antidepressant therapy that prevents relapse and recurrence