

## A NEW SUM–PRODUCT ESTIMATE IN PRIME FIELDS

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### Abstract

We obtain a new sum–product estimate in prime fields for sets of large cardinality. In particular, we show that if  $A \subseteq \mathbb{F}_p$  satisfies  $|A| \leq p^{64/117}$  then  $\max\{|A \pm A|, |AA|\} \geq |A|^{39/32}$ . Our argument builds on and improves some recent results of Shakan and Shkredov [‘Breaking the 6/5 threshold for sums and products modulo a prime’, Preprint, 2018, [arXiv:1806.07091v1](https://arxiv.org/abs/1806.07091v1)] which use the eigenvalue method to reduce to estimating a fourth moment energy and the additive energy  $E^+(P)$  of some subset  $P \subseteq A + A$ . Our main novelty comes from reducing the estimation of  $E^+(P)$  to a point–plane incidence bound of Rudnev [‘On the number of incidences between points and planes in three dimensions’, *Combinatorica* **38**(1) (2017), 219–254] rather than a point–line incidence bound used by Shakan and Shkredov.

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### 1. Introduction

Let  $p$  be a prime number and  $\mathbb{F}_p$  the finite field of order  $p$ . Given a subset  $A \subseteq \mathbb{F}_p$ , define the sum set and product set of  $A$  respectively by  $A + A = \{a + b : a, b \in A\}$  and  $AA = \{ab : a, b \in A\}$ . The sum–product theorem in  $\mathbb{F}_p$  due to Bourgain, Katz and Tao [2] states that for  $0 < \varepsilon < 1$  there exists  $\delta > 0$  such that if  $p^\varepsilon < |A| < p^{1-\varepsilon}$  then

$$\max\{|AA|, |A + A|\} \geq |A|^{1+\delta}. \quad (1.1)$$

Glibichuk and Konyagin [7] have shown that the condition  $p^\varepsilon < |A|$  may be dropped.

The sum–product problem was first considered by Erdős and Szemerédi [4] over the integers. Their work led to the conjecture that for any  $\varepsilon > 0$  and any finite subset  $A \subseteq \mathbb{R}$ ,

$$\max\{|AA|, |A + A|\} \gg |A|^{2-\varepsilon},$$

with an implied constant depending only on  $\varepsilon$ . The sharpest sum–product result over  $\mathbb{R}$  is due to Shakan [18].

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By a construction due to Garaev [6], for any  $N \leq p$  there exists a subset  $A \subseteq \mathbb{F}_p$  with  $|A| = N$  such that

$$\max\{|A + A|, |AA|\} \ll p^{1/2} N^{1/2}, \quad (1.2)$$

so the Erdős–Szemerédi conjecture cannot be true in full generality in  $\mathbb{F}_p$ . We expect this conjecture to be true in  $\mathbb{F}_p$  if we restrict to sets of sufficiently small cardinality, and an active field of research seeks to determine the largest possible  $\delta$  such that (1.1) holds. The first explicit sum–product result in  $\mathbb{F}_p$  is due to Garaev [5], and there have been several improvements (see [1, 8, 10, 15]). Roche-Newton, Rudnev and Shkredov [14] made a major breakthrough based on Rudnev’s point–plane incidence bound [16] by showing that if  $|A| \leq p^{5/8}$  then

$$\max\{|A + A|, |AA|\} \gg |A|^{6/5}. \quad (1.3)$$

The idea of applying geometric incidence estimates to sum–product problems is due to Elekes [3]. Stevens and de Zeeuw [22] gave a different proof of the estimate (1.3) using their point–line incidence bound. Recently, Shakan and Shkredov [19, Theorem 1.3] have broken the  $6/5$  barrier for the sum–product problem over  $\mathbb{F}_p$  and shown that

$$\max\{|A \pm A|, |AA|\} \gtrsim |A|^{6/5+4/305}, \quad |A| \leq p^{3/5}. \quad (1.4)$$

We note that their condition  $|A| \leq p^{3/5}$  can be extended to  $|A| < p^{2/3}$  (see Remark 3.7 for more details). For sets of smaller cardinality, the estimate (1.4) has recently been improved by Rudnev, Shakan and Shkredov [17] who showed that

$$\max\{|A \pm A|, |AA|\} \gtrsim |A|^{11/9}, \quad |A| \leq p^{18/35}. \quad (1.5)$$

The argument of Rudnev, Shakan and Shkredov [17] uses geometric incidence estimates to establish recursive inequalities for generalised energies  $E_\alpha^+(A)$  as a function of  $\alpha$ , where  $E_\alpha^+(A)$  is defined as in (3.1). The estimate (1.5) is deduced from an inequality involving  $E_{4/3}^+(A)$  where the exponent  $4/3$  arises naturally as a fixed point of the recursion. See also [12] for variations on the sum–product theorem, including sharper results for the few sums, many products problem, [13] for the few products many sums problem, and [11] for various other results related to expanders in prime fields.

In this paper we obtain a new sum–product estimate over  $\mathbb{F}_p$  which improves on the estimates (1.4) and (1.5) for sets of cardinality in the range  $p^{18/35} \leq |A| \leq p^{64/117}$ . Our proof builds on techniques from [19] which use the eigenvalue method (see [20]) to reduce to estimating a fourth moment energy  $E_4^+(A, B)$  and the additive energy  $E^+(P)$  of some subset  $P \subseteq A + A$ . Shakan and Shkredov reduce both  $E_4^+(A, B)$  and  $E^+(P)$  to the point–line incidence bound of Stevens and de Zeeuw and our improvement comes from estimating  $E^+(P)$  via Rudnev’s point–plane incidence bound.

*Asymptotic notation.* For positive real numbers  $X$  and  $Y$ , we use  $X \ll Y$  and  $Y \gg X$  to imply the existence of an absolute constant  $C > 0$  such that  $X \leq CY$ . We also use  $X \lesssim Y$  and  $Y \gtrsim X$  to mean that there exists an absolute constant  $C > 0$  such that  $X \ll (\log X)^C Y$ .

## 2. Main results

Our first result provides an improvement on the sum–product estimate of Shakan and Shkredov [19, Theorem 1.3].

**THEOREM 2.1.** *Suppose  $A \subset \mathbb{F}_p$  satisfies  $|A| \leq p^{64/117}$ . Then*

$$\max\{|A \pm A|, |AA|\} \gtrsim |A|^{39/32}.$$

For comparison with the estimate (1.4), we note that

$$\frac{39}{32} = \frac{6}{5} + \frac{4}{305} + \frac{11}{1952}.$$

In the case of the difference set we obtain an estimate of the same strength with weaker conditions on the cardinality of  $A$ .

**THEOREM 2.2.** *Suppose  $A \subset \mathbb{F}_p$  satisfies  $|A| \ll p^{32/55}$ . Then*

$$\max\{|A - A|, |AA|\} \gtrsim |A|^{39/32}.$$

We can obtain sharper estimates for iterated sumsets. The case  $k = 3$  below agrees with an estimate of Roche-Newton, Rudnev and Shkredov [14, Corollary 12].

**THEOREM 2.3.** *Let  $k \geq 3$  be an integer and suppose  $A \subseteq \mathbb{F}_p$  satisfies*

$$|A| \leq p^{(4-3 \times 2^{-k})/(7-16 \times 2^{-k})}.$$

Then

$$\max\{|kA|, |AA|\} \gtrsim |A|^{(5-2^{3-k})/(4-3 \times 2^{1-k})}.$$

## 3. Preliminaries

Given subsets  $A, B \subseteq \mathbb{F}_p$ , let

$$r_{A \pm B}(x) = |\{(a, b) \in A \times B : a \pm b = x\}|$$

and for any real number  $k$  define

$$E_k^+(A, B) = \sum_{x \in A-B} r_{A-B}(x)^k. \quad (3.1)$$

We write simply  $E_k^+(A)$  instead of  $E_k^+(A, A)$  and use  $E^+(A, B)$  to denote  $E_2^+(A, B)$ , which we refer to as the additive energy between  $A$  and  $B$ . Note that if  $k$  is a natural number, then  $E_k^+(A, B)$  counts the number of solutions to the equations

$$a_1 - b_1 = \dots = a_k - b_k, \quad a_1, \dots, a_k \in A, \quad b_1, \dots, b_k \in B.$$

We sometimes write  $\sum_x$  to represent  $\sum_{x \in \mathbb{F}_p}$  for convenience when the context is clear. For  $A \subset \mathbb{F}_p$ , we let  $A(x)$  denote the characteristic function of  $A$ . We can write  $r_{A+B}(x)$  as the convolution of functions  $A$  and  $B$ , that is,  $r_{A+B}(x) = (A * B)(x)$ . The following lemma is due to Shkredov [20, Proposition 31] (see also [19, Lemma 6.1]).

**LEMMA 3.1.** *For any subset  $A \subset \mathbb{F}_p$  and any  $P \subset A - A$ ,*

$$\left(\sum_{x \in P} r_{A-A}(x)\right)^8 \leq |A|^8 E_4^+(A) E^+(P).$$

*Similarly, for any  $P \subset A + A$ ,*

$$\left(\sum_{x \in P} r_{A+A}(x)\right)^8 \leq |A|^8 E_4^+(A) E^+(P).$$

We also require a third moment estimate of Konyagin and Rudnev [9, Corollary 10].

**LEMMA 3.2.** *For any subset  $A \subset \mathbb{F}_p$ ,*

$$\frac{|A|^8}{|A - A|} \ll E_3^+(A) E^+(A, A - A).$$

Next, we recall a variation of the Plünnecke–Ruzsa inequality, which can be found in [8].

**LEMMA 3.3.** *Let  $X, B_1, \dots, B_k \subseteq \mathbb{F}_p$ . Then for any  $\epsilon$  with  $0 < \epsilon < 1$  there exists a subset  $X' \subseteq X$  with  $|X'| \geq (1 - \epsilon)|X|$ , such that*

$$|X' + B_1 + \dots + B_k| \ll_{\epsilon,k} \frac{|X + B_1| \cdots |X + B_k|}{|X|^{k-1}}.$$

The following point–line incidence bound is due to Stevens and de Zeeuw [22] (see also [21, Lemma 12]).

**LEMMA 3.4.** *Let  $P = X \times Y$  be a subset of  $\mathbb{F}_p^2$  and  $L$  be a collection of lines in  $\mathbb{F}_p^2$ . Then*

$$I(P, L) \ll |X|^{3/4} |Y|^{1/2} |L|^{3/4} + |L| + |P| + p^{-1} |L| |P|.$$

**REMARK 3.5.** Using Lemma 3.4 and a technique due to Elekes [3], as outlined in [22, Corollary 9], one recovers estimate (1.3) for any set  $A \subset \mathbb{F}_p$  under the condition  $|A| \ll p^{5/7}$ . It is worth noting that this improves on the condition  $|A| \leq p^{5/8}$ , which was obtained in [14] and [22]. Furthermore, by (1.2), it is easy to see that this condition is optimal up to some constant.

The following lemma is due to Shakan and Shkredov [19, Proposition 3.1] and is based on Lemma 3.4. We note that their condition on the cardinality  $|A| < p^{3/5}$  can be extended to  $|A| < p^{2/3}$  and we provide details of this extension.

**LEMMA 3.6.** *Let  $A \subset \mathbb{F}_p$  satisfy  $|A| < p^{2/3}$ . Then for any subset  $B \subset \mathbb{F}_p$ ,*

$$E_4^+(A, B) \lesssim |B|^3 |AA|^2 |A|^{-1}.$$

**PROOF.** Define  $D_\tau = \{x \in A - B : \tau \leq r_{A-B}(x) < 2\tau\}$ . Taking a dyadic decomposition of  $r_{A-B}(x)$ , there exists a real number  $\tau$  such that

$$E_4^+(A, B) = \sum_x r_{A-B}(x)^4 \lesssim \tau^4 |D_\tau|, \tag{3.2}$$

and

$$\tau |D_\tau| \ll |A||B|, \quad \tau^2 |D_\tau| \ll E^+(A, B). \tag{3.3}$$

Consider the set of points  $P = D_\tau \times AA$  and the set of lines  $L = \{\ell_{a,b} : a \in A, b \in B\}$  where  $\ell_{a,b} = \{(x, y) \in \mathbb{F}_p^2 : y = (x + b)a\}$ . For any  $a \in A$  and  $b \in B$ ,

$$|\ell_{a,b} \cap P| \geq \sum_{a_1 \in A} \mathbf{1}_{D_\tau}(a_1 - b).$$

Thus

$$I(P, L) = \sum_{a \in A, b \in B} |\ell_{a,b} \cap P| \geq \sum_{a \in A} \sum_{a_1 \in A, b \in B} \mathbf{1}_{D_\tau}(a_1 - b) = \sum_{a \in A} \sum_{x \in D_\tau} r_{A-B}(x) \gg |A||D_\tau|\tau.$$

Combining this with Lemma 3.4, we conclude that

$$|A||D_\tau|\tau \ll |D_\tau|^{3/4} |AA|^{1/2} (|A||B|)^{3/4} + |D_\tau||AA| + |A||B| + p^{-1}|D_\tau||AA||A||B|. \tag{3.4}$$

We proceed on a case-by-case basis depending on which term in (3.4) dominates.

Suppose the first term dominates, so that

$$|A||D_\tau|\tau \ll |D_\tau|^{3/4} |AA|^{1/2} (|A||B|)^{3/4}.$$

This gives the desired result after substituting in (3.2).

Suppose the second term in (3.4) dominates. This implies  $|A||D_\tau|\tau \ll |D_\tau||AA|$ , and hence  $\tau \ll |AA|/|A|$ . From (3.3) and the trivial bound  $E^+(A, B) \leq |A||B|^2$ ,

$$\tau^4 |D_\tau| = \tau^2 E^+(A, B) \ll |B|^2 |AA|^2 |A|^{-1}.$$

If the third term in (3.4) dominates, then  $\tau |D_\tau| \ll |B|$ , so that using the trivial bound  $\tau \leq \min\{|A|, |B|\}$ , we obtain

$$\tau^4 |D_\tau| = \tau^3 \tau |D_\tau| \ll |B|^3 |A| \ll |B|^3 |AA|^2 |A|^{-1}.$$

Finally, consider when the last term in (3.4) dominates, so that

$$p\tau \ll |B||AA|. \tag{3.5}$$

If  $\tau \leq |AA||B||A|^{-3/2}$ , then

$$|D_\tau|\tau^4 = |D_\tau|\tau^2 \tau^2 \ll |A|^2 |B||AA|^2 |B|^2 |A|^{-3},$$

which gives the desired result. Otherwise, suppose  $\tau > |AA||B||A|^{-3/2}$ . Combined with (3.5), this implies that  $p|AA||B||A|^{-3/2} \ll |B||AA|$  and contradicts our assumption  $|A| < p^{2/3}$ . □

**REMARK 3.7.** Combining Lemma 3.6 with [19, Theorem 2.5] leads to the same sum–product estimate as [19, Theorem 1.3] with the weaker condition  $|A| < p^{2/3}$ .

Using Hölder’s inequality and Lemma 3.6 we obtain the following third moment estimate which will be used in the proof of Theorem 2.2.

**LEMMA 3.8.** For any subset  $A \subset \mathbb{F}_p$  satisfying  $|A| < p^{2/3}$ ,

$$E_3^+(A) \lesssim |AA|^{4/3}|A|^2.$$

**PROOF.** Writing

$$E_3^+(A) = \sum_x r_{A-A}(x)^{8/3+1/3}$$

and applying Hölder’s inequality and Lemma 3.6 gives

$$E_3^+(A) \leq E_4^+(A)^{2/3}(|A||A|)^{1/3} \lesssim (|AA|^2|A|^2)^{2/3}|A|^{2/3},$$

which is the desired result. □

The following lemma is due to Roche-Newton *et al.* [14, Theorem 6] and is based on Rudnev’s point–plane incidence bound [16].

**LEMMA 3.9.** Let  $X, Y, Z \subset \mathbb{F}_p$  and let  $M = \max\{|X|, |YZ|\}$ . Suppose that  $|X||Y||YZ| \ll p^2$ . Then

$$E^+(X, Z) \ll (|X||YZ|)^{3/2}|Y|^{-1/2} + M|X||YZ||Y|^{-1}.$$

**COROLLARY 3.10.** Let  $A \subset \mathbb{F}_p$ . If  $|A \pm A||AA||A| \ll p^2$  then

$$E^+(A, A \pm A) \ll (|A \pm A||AA|)^{3/2}|A|^{-1/2}.$$

**PROOF.** We consider only  $A + A$ ; a similar argument applies to  $A - A$ . Applying Lemma 3.9 with  $X = A + A$  and  $Y = Z = A$  gives

$$E^+(A, A + A) \ll (|A + A||AA|)^{3/2}|A|^{-1/2} + |A + A|^2|AA||A|^{-1} + |A + A||AA|^2|A|^{-1}.$$

Observe that for any subset  $A \subset \mathbb{F}_p$ ,

$$(|A + A||AA|)^{3/2}|A|^{-1/2} \geq \max\{|A + A|^2|AA||A|^{-1}, |A + A||AA|^2|A|^{-1}\},$$

from which the desired result follows. □

**COROLLARY 3.11.** Let  $A \subseteq \mathbb{F}_p$ . If  $|A|^2|AA| \ll p^2$  then

$$E^+(A) \ll |AA|^{3/2}|A|.$$

In the proof of Theorem 2.3, we use the following iterative inequality for higher-order energies.

**LEMMA 3.12.** For an integer  $k \geq 2$  and a subset  $A \subseteq \mathbb{F}_q$ , let  $T_k(A)$  count the number of solutions to the equation

$$a_1 + \dots + a_k = a_{k+1} + \dots + a_{2k}, \quad a_1, \dots, a_{2k} \in A.$$

If  $A$  satisfies

$$|A| |(k - 1)A| |AA| \leq p^2, \tag{3.6}$$

then

$$T_k(A) \lesssim |A|^{k-3/2} T_{k-1}(A)^{1/2} |AA|^{3/2} + |A|^{2k-3} |AA| + \frac{T_{k-1}(A) |AA|^2}{|A|}.$$

**PROOF.** For  $\lambda \in (k - 1)A$ , we define

$$r(\lambda) = |\{(a_1, \dots, a_{k-1}) \in A \times \dots \times A : a_1 + \dots + a_{k-1} = \lambda\}|.$$

Then

$$T_k(A) = \sum_x (A * r)(x)^2.$$

Now we take a dyadic decomposition for  $r$ . For an integer  $j \geq 1$ , let

$$J(j) = \{\lambda \in (k - 1)A : 2^{j-1} \leq r(\lambda) < 2^j\}.$$

Then

$$(A * r)(x) \ll \sum_{1 \leq j \leq \log |A|} 2^j (A * J(j))(x).$$

By the Cauchy–Schwarz inequality,

$$(A * r)(x)^2 \lesssim \sum_{1 \leq j \leq \log |A|} 2^{2j} (A * J(j))(x)^2.$$

Thus

$$T_k(A) \lesssim \sum_{1 \leq j \leq \log |A|} \sum_x 2^{2j} (A * J(j))(x)^2$$

and there exists some  $i_0$  with  $1 \leq i_0 \ll \log |A|$  such that

$$T_k(A) \lesssim 2^{2i_0} E^+(A, J(i_0)). \tag{3.7}$$

By Lemma 3.9,

$$E^+(A, J(i_0)) \ll (|J(i_0)||AA|)^{3/2} |A|^{-1/2} + \max\{|J(i_0)|, |AA|\} |J(i_0)||AA||A|^{-1}, \tag{3.8}$$

provided  $|J(i_0)||A||AA| \leq p^2$ . This condition is satisfied by (3.6) and the inclusion  $J(i_0) \subseteq (k - 1)A$ . By (3.7) and (3.8),

$$T_k(A) \lesssim \frac{(2^{i_0}|J(i_0)|)(2^{i_0}|J(i_0)|^{1/2})|AA|^{3/2}}{|A|^{1/2}} + \frac{(2^{2i_0}|J(i_0)|^2)|AA|}{|A|} + \frac{(2^{2i_0}|J(i_0)|)|AA|^2}{|A|}.$$

Since  $2^{i_0}|J(i_0)| \ll |A|^{(k-1)}$  and  $2^{2i_0}|J(i_0)| \ll T_{k-1}(A)$ ,

$$T_k(A) \lesssim |A|^{k-3/2} T_{k-1}(A)^{1/2} |AA|^{3/2} + |A|^{2k-3} |AA| + \frac{T_{k-1}(A) |AA|^2}{|A|},$$

which completes the proof. □

**4. Proof of Theorem 2.1**

We consider the case  $A + A$ ; a similar argument applies to  $A - A$ . Assuming  $A$  satisfies

$$|A| \leq p^{64/117}, \tag{4.1}$$

we consider two cases. Suppose first that

$$|A + A|^2 |AA| \ll p^2. \tag{4.2}$$

By Lemma 3.3, we can identify a subset  $B \subset A$  satisfying

$$|B| \gg |A| \quad \text{and} \quad |B + B + B| \ll \frac{|A + A|^2}{|A|}. \tag{4.3}$$

By (4.3), in order to prove Theorem 2.1, it is sufficient to show that

$$\max\{|B + B|, |BB|\} \gtrsim |B|^{39/32}.$$

Let

$$P = \left\{ x \in B + B : r_{B+B}(x) \geq \frac{1}{2} \frac{|B|^2}{|B + B|} \right\}, \tag{4.4}$$

so that

$$\sum_{x \in P} r_{B+B}(x) \gg |B|^2.$$

Applying Lemma 3.1,

$$|B|^8 \ll E_4^+(B)E^+(P)$$

and, by Lemma 3.6,

$$|B|^6 \lesssim |BB|^2 E^+(P). \tag{4.5}$$

It remains to consider  $E^+(P)$ . Recalling (4.4), we see that for any  $x \in \mathbb{F}_p$ ,

$$\frac{|B|^2}{|B + B|} P(x) \ll (B * B)(x)$$

and hence

$$(P * P)(x) \ll \frac{|B + B|}{|B|^2} (B * B * P)(x).$$

Thus

$$E^+(P) = \sum_x (P * P)(x)^2 \lesssim \frac{|B + B|^2}{|B|^4} \sum_x (B * B * P)(x)^2.$$

Taking a dyadic decomposition for the function  $(B * P)(x)$ , there exists some real number  $\Delta$  satisfying  $1 \leq \Delta \leq |B|$  such that, defining

$$T = \{x \in B + P : \Delta \leq (B * P)(x) < 2\Delta\},$$



we have

$$\sum_x (P * P)(x)^2 \lesssim \frac{|B + B|^2}{|B|^4} \Delta^2 \sum_x (B * T)(x)^2 = \frac{|B + B|^2}{|B|^4} \Delta^2 E^+(B, T).$$

Since  $T \subseteq B + B + B$ , by (4.2) and (4.3),

$$|B||B + B + B||BB| \ll p^2,$$

and hence, by Lemma 3.9,

$$E^+(B, T) \ll |T|^{3/2}|BB|^{3/2}|B|^{-1/2} + |T|^2|BB||B|^{-1} + |T||BB|^2|B|^{-1}.$$

This gives

$$\begin{aligned} \sum_x (P * P)(x)^2 &\lesssim \frac{|B + B|^2}{|B|^4} (\Delta|T|)(\Delta|T|^{1/2})|BB|^{3/2}|B|^{-1/2} \\ &\quad + \frac{|B + B|^2}{|B|^4} (\Delta|T|)^2|BB||B|^{-1} + \frac{|B + B|^2}{|B|^4} (\Delta^2|T|)|BB|^2|B|^{-1}. \end{aligned}$$

Since  $\Delta|T| \ll |B||P|$ ,  $\Delta^2|T| \ll E^+(B, P)$  and  $P \subseteq B + B$ , this simplifies to

$$\begin{aligned} E^+(P) &\lesssim \frac{|B + B|^3|BB|^{3/2}E^+(B, B + B)^{1/2}}{|B|^{7/2}} \\ &\quad + \frac{|B + B|^4|BB|}{|B|^3} + \frac{|B + B|^2|BB|^2E^+(B, B + B)}{|B|^5}. \end{aligned} \tag{4.6}$$

We proceed on a case-by-case basis depending on which term in (4.6) dominates. Suppose first that

$$E^+(P) \lesssim \frac{|B + B|^3|BB|^{3/2}E^+(B, B + B)^{1/2}}{|B|^{7/2}}.$$

Assumption (4.2) implies that the conditions of Corollary 3.10 are satisfied and

$$E^+(P) \lesssim \frac{|B + B|^{15/4}|BB|^{9/4}}{|B|^{15/4}}.$$

Combining with (4.5),

$$|B|^{39} \lesssim |B + B|^{15}|BB|^{17},$$

which gives the required result.

Suppose next that

$$E^+(P) \lesssim \frac{|B + B|^4|BB|}{|B|^3}.$$

Combining with (4.5),

$$|B|^9 \lesssim |B + B|^4|BB|^3,$$

which gives a better bound than 39/32.

Finally, suppose

$$E^+(P) \lesssim \frac{|B + B|^2 |BB|^2 E^+(B, B + B)}{|B|^5}.$$

By Corollary 3.10,

$$E^+(P) \lesssim \frac{|B + B|^{7/2} |BB|^{7/2}}{|B|^{11/2}},$$

and hence, by (4.5),

$$|B|^{23} \lesssim |B + B|^7 |BB|^{11},$$

giving a better bound than 39/32. This finishes the proof in the case  $|A + A|^2 |AA| \leq p^2$ .

Suppose next that  $|A + A|^2 |AA| \geq p^2$ . By (4.1),  $|A + A|^2 |AA| \geq |A|^{117/32}$  and hence

$$\max\{|A + A|, |AA|\} \geq |A|^{39/32},$$

which completes the proof.

### 5. Proof of Theorem 2.2

Suppose  $A$  satisfies

$$|A| \leq p^{32/55}. \tag{5.1}$$

We consider two cases. Suppose first that  $|A - A| |AA| \leq p^2$ . By Lemma 3.2, Lemma 3.8 and Corollary 3.10,

$$\frac{|A|^8}{|A - A|} \ll (|A|^2 |AA|^{4/3}) (|A - A|^{3/2} |AA|^{3/2} |A|^{-1/2}),$$

which reduces to  $|A - A|^{15} |AA|^{17} \gg |A|^{39}$  and gives the required result. On the other hand, if  $|A - A| |AA| \geq p^2$ , then by (5.1),  $|A - A| |AA| \geq |A|^{39/16}$  as required.

### 6. Proof of Theorem 2.3

Suppose  $A$  satisfies

$$|A| \leq p^{(4-3 \times 2^{-k}) / (7-16 \times 2^{-k})}. \tag{6.1}$$

We again consider two cases. Suppose first that

$$|A| (k - 1) |AA| \leq p^2. \tag{6.2}$$

We fix an integer  $k \geq 3$  and consider two subcases. Suppose first that for all integers  $j$  with  $3 \leq j \leq k$ ,

$$|A|^{j-3/2} T_{j-1}(A)^{1/2} |AA|^{3/2} \geq \max\left\{|A|^{2j-3} |AA|, \frac{T_{j-1}(A) |AA|^2}{|A|}\right\}.$$

By (6.2) and Lemma 3.12, this implies that for each  $j$  with  $3 \leq j \leq k$ ,

$$T_j(A) \lesssim |A|^j \left( \frac{|AA|}{|A|} \right)^{3/2} T_{j-1}(A)^{1/2}$$

and, by induction on  $j$ ,

$$T_k(A) \lesssim |A|^{k+(k-1)/2+\dots+(k-j+1)/2^{j-1}} \left( \frac{|AA|}{|A|} \right)^{(3/2)(1+1/2+\dots+1/2^{j-1})} T_{k-j}(A)^{1/2^j}.$$

Taking  $j = k - 2$  and using Corollary 3.11,

$$\begin{aligned} T_k(A) &\lesssim |A|^{k+(k-1)/2+\dots+3/2^{k-3}} \left( \frac{|AA|}{|A|} \right)^{(3/2)(1+1/2+\dots+1/2^{k-3})} E^+(A)^{1/2^{k-2}} \\ &\lesssim |A|^{2k-5+2^{3-k}} |AA|^{3(1-2^{1-k})}. \end{aligned} \tag{6.3}$$

For  $x \in \mathbb{F}_p$ , let

$$r_{A,k}(x) = |\{(x_1, \dots, x_k) \in A^k : x_1 + \dots + x_k = x\}|.$$

Then

$$|A|^k = \sum_x r_{A,k}(x).$$

By the Cauchy–Schwarz inequality,

$$|A|^{2k} \leq |kA| T_k(A),$$

since

$$\sum_x r_{A,k}(x)^2 = T_k(A).$$

Applying (6.3),

$$|A|^{5-2^{3-k}} \lesssim |kA| |AA|^{3-3 \times 2^{1-k}},$$

which implies

$$\max\{|kA|, |AA|\} \gtrsim |A|^{(5-2^{3-k})/(4-3 \times 2^{1-k})}. \tag{6.4}$$

Suppose next that there exists some  $j$  with  $3 \leq j \leq k$  such that

$$|A|^{j-3/2} T_{j-1}(A)^{1/2} |AA|^{3/2} \leq \max \left\{ |A|^{2j-3} |AA|, \frac{T_{j-1}(A) |AA|^2}{|A|} \right\}.$$

If

$$|A|^{2j-3} |AA| \geq \frac{T_{j-1}(A) |AA|^2}{|A|},$$

then, by Lemma 3.12,

$$T_j(A) \lesssim |A|^{2j-3} |AA|.$$

Using the Cauchy–Schwarz inequality as before,

$$|A|^{2j} \lesssim |A|^{2j-3} |jA| |AA|,$$

which implies

$$\max\{|kA|, |AA|\} \gtrsim |A|^{3/2}$$

and is better than (6.4). If

$$\frac{T_{j-1}(A)|AA|^2}{|A|} \geq |A|^{2j-3} |AA|,$$

then

$$T_j(A) \lesssim \frac{T_{j-1}(A)|AA|^2}{|A|} \leq |A|^{2j-7} |AA|^2 E^+(A),$$

and hence, by Corollary 3.11,

$$T_j(A) \lesssim |A|^{2j-6} |AA|^{7/2}.$$

This implies that

$$|A|^6 \lesssim |jA| |AA|^{7/2}$$

and hence

$$\max\{|kA|, |AA|\} \gtrsim |A|^{4/3},$$

which is better than (6.4).

Suppose next that  $|A|(k-1)A|AA| \geq p^2$ . By (6.1),

$$|(k-1)A| |AA| \geq |A|^{2(5-2^{3-k})/(4-3 \times 2^{1-k})},$$

which completes the proof.

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