

SURVEY OF ADHD PREVALENCE AMONG COLLEGE STUDENTS RESIDE IN HOSTEL OF ARDABIL MEDICAL UNIVERSITY

*E. Rezaei Ghalechi*¹, *F. Sadeghi Movahhed*²

¹Islamic Azad Medical University, ²Medical University of Ardabil, Ardabil, Iran

Introduction: Attention Deficit - Hyper Activity Disorder.

(ADHD) is a heredity and psychological disorder that often continues to adulthood and causes great number of emotional, social, educational and occupational problem for college students.

Objectives: We think there is a meaningful relation between ADHD and people's jobs and conditions.

Aims: The aim of this study is determine the prevalence of ADHD among students reside in hostel of Ardabil University of Medical Sciences.

Methods: In this cross sectional study selected all students in hostel of Ardabil University of Medical Sciences and all of them fill the self reporting Conners ADHD questionnaires and the data were extracted and analyzed with SPSS.

Results: During this study the prevalence of ADHD is 8.6 percent, and the male gender shows more involvement rate than female and the involved students show more incidences of smoking and psychotropic drug consumption.

Conclusions: According to the high prevalence of ADHD among college students, diagnosis and treatment of ADHD as soon as possible appears necessary.