

BJP **Psych**

The British Journal of Psychiatry

Editor-in-Chief: Professor Gin Malhi



**Genes in context:
path to more precise
risk prediction in
psychiatry?**

Na et al

**Systematic review
of risk factors for
violence in psychosis:
10-year update**

Lagerberg et al

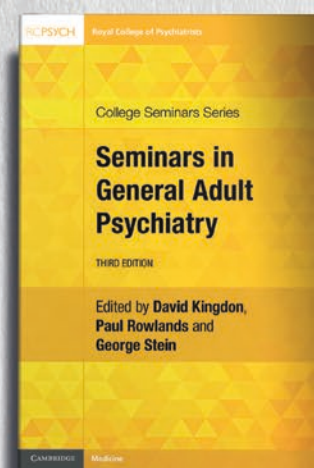
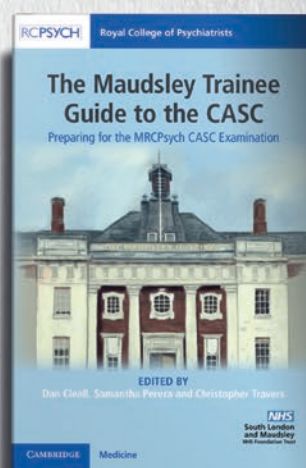
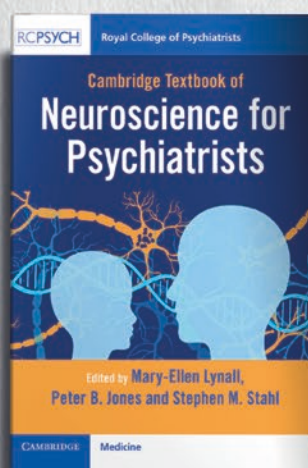
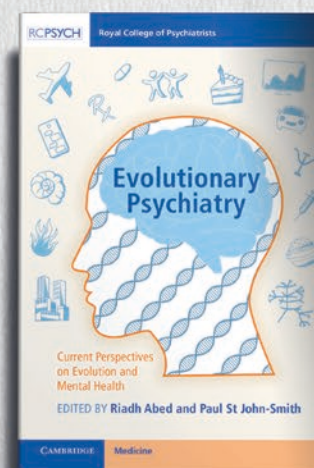
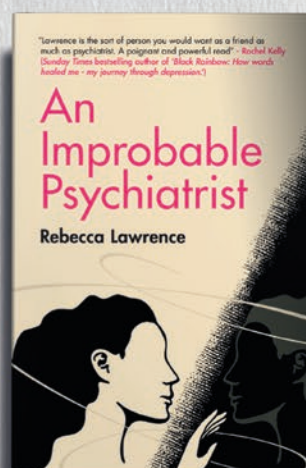
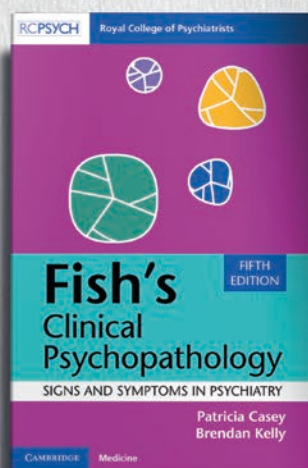
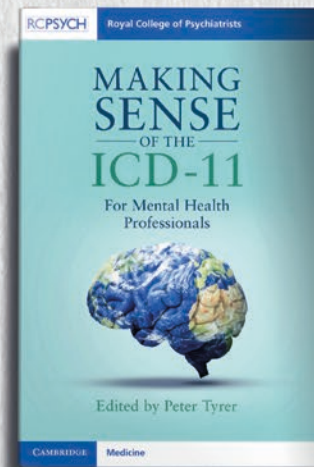
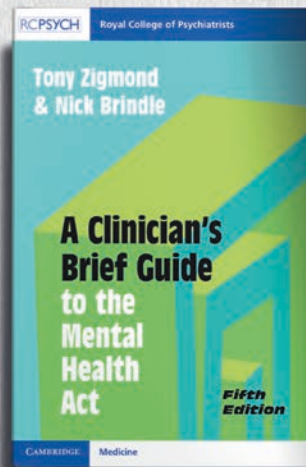
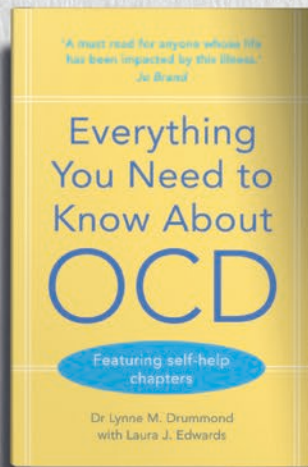
**Climate change
and mental health:
overview of UK
policy and regulatory
frameworks to
stimulate and inform
future research and
practice**

Mechelli et al

**Equal, equitable
or exacerbating
inequalities: patterns
and predictors of
social prescribing
referrals**

Bu et al

Books published on behalf of the Royal College of Psychiatrists



[cambridge.org/rcpsych_books](https://www.cambridge.org/rcpsych_books)

BJP^{Psych} The British Journal of Psychiatry

ISSN 0007 - 1250

Editor-in-Chief and College Editor

Gin Malhi (Australia)

Deputy Editors

Emilio Fernandez Egea (UK)

Editorial Advisors

German Berrios (UK)
Hilary Cass (UK)
Tamsin Ford (UK)
John Geddes (UK)
Scott Henderson (Australia)
Belinda Lennox (UK)
John Rush (Singapore)
Thomas G. Schulze (Germany)

Section Leaders

Rina Arya (UK)
David Baldwin (UK)
Dinesh Bhugra (UK)
Colin Campbell (UK)
Sam Chamberlain (UK)
Erika Comasco (Sweden)
Hugo Critchley (UK)
Edgar Jones (UK)
Veena Kumari (UK)
Stephen Lawrie (UK)
William Lee (UK)
Roger Mulder (NZ)
Sukhwinder Shergill (UK)
Allan Young (UK)

Section Editors

Katherine Adlington (UK)
Adam Al-Diwani (UK)
Shehzad Ali (UK)
Allan Beveridge (UK)
Sarah Byford (UK)
Rakesh K. Chadda (India)
Angharad de Cates (UK)
Astrid Cheavance (FR)
Harry Costello (UK)
Riccardo De Giorgi (UK)
Judith Harrison (UK)
Joseph Hayes (UK)
Cyrus Ho (Singapore)

Neil Horn (UK)
Philipp Homan (Switzerland)
Konstantinos Ioannidis (UK)
Lana Kambeitz-Illankovic (Germany)
Eirini Karyotaki (The Netherlands)
Rajeev Krishnadas (UK)
Dr Lucy Maconick (UK)
Philip McGuire (UK)
Edoardo Ostinelli (UK)
Femi Oyebode (UK)
Thomas Reilly (UK)
Emmert Roberts (UK)
Joanna Rodda (UK)
Zena Samaan (Canada)
Frauke Schultze-Lutter (Germany)
James Shearer (UK)
Katharine Smith (UK)
Mustafa Soomro (UK)
Ramya Srinivasan (UK)
Shuichi Suetani (Australia)
Athula Sumathipala (UK)
Melvyn Zhang (Singapore)

International Editorial Board

Regi Alexander (UK)
Asit Biswas (UK)
Alec Buchanan (USA)
Patricia Casey (Ireland)
Andrew Cheng (Taiwan)
John Cookson (UK)
Pim Cuijpers (The Netherlands)
Claire de Oliveira (UK)
Colin Drummond (UK)
Jianfeng Feng (China)
Andrew Forrester (UK)
Sinan Guloksuz (The Netherlands)
Peter Haddad (UK)
Madelyn Hicks (USA)
Khalida Ismail (UK)
Navneet Kapur (UK)

Kenneth Kaufman (USA)
Steve Kisely (Australia)
Ivan Koychev (UK)
Marinos Kyriakopoulos (Greece)
Lin Lu (China)
Kwame McKenzie (Canada)
Marco Mula (UK)
Martin Orrell (UK)
Sarah Peters (UK)
Michael Phillips (China)
Mariana Pinto Da Costa (UK)
Dan Siskind (Australia)
Eric Tan (Singapore)
Leila Tarokh (Switzerland)
Derek Tracy (UK)
Richard Williams (UK)
Yaara Zisman-Ilani (USA)

Statistical Advisors

Pak Chung Sham (China)
Dawn Holmes (USA)
Anikó Lovik (Sweden)
Nick Meader (UK)
Prathiba Natesan Batley (USA)
Eva Petkova (USA)
Rob Saunders (UK)
Jingwei Wu (USA)
Min Yang (China)
Nanhua Zhang (USA)

Staff

Head of Publishing
Hannah Cole
Managing Editor
Holly Drury
Senior Publishing Coordinator
Dianndra Roberts

Past Editors

Eliot Slater 1961–72
Edward H. Hare 1973–77
John L. Crammer 1978–83
Hugh L. Freeman 1984–93
Greg Wilkinson 1994–03
Peter Tyrer 2003–13
Kamaldeep Bhui 2013–23

Subscriptions

British Journal of Psychiatry (ISSN 0007-1250) is published monthly. The six issues starting January 2025 comprise Volume 226, the six issues starting July 2025 comprise Volume 227. Orders from non-members of the College, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press & Assessment, Shaftesbury Road, Cambridge, CB2 8EA, UK, email journals@cambridge.org; or in the USA, Canada and Mexico, to Cambridge University Press & Assessment, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA, email subscriptions_newyork@cambridge.org. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

The annual subscription prices (including delivery by air but excluding VAT) for Volumes 224/225 are as follows:

	INSTITUTIONS	INDIVIDUALS
Print and online	£758/\$1348	£611/\$950
Online only	£476/\$730	£309/\$484

Single issues are £73 (US\$129 in the USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Claims for missing issues should be made immediately on receipt of the subsequent issue.

Queries from College members about missing or faulty copies should be sent to Customer Services, Cambridge University Press & Assessment, email journals_societies@cambridge.org, tel. +44 (0)1223 326070.

Online access

British Journal of Psychiatry is hosted on the Cambridge Core service at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry>.

Information about the College's publications is available at <https://www.rcpsych.ac.uk>.

Instructions to authors

Full instructions to authors are given at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry/information/instructions-contributors>.

Advertising

Correspondence and copy should be addressed to: Stephen H. P. Mell, Advertising Manager, PTM Publishers Ltd, 41 Hart Close, Uckfield, East Sussex TN22 2DA, UK (email advertising@ptmpublishers.com); tel. 020 8642 0162

Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

©The Royal College of Psychiatrists 2025. Unless so stated, material in the *British Journal of Psychiatry* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any error of omission or fact.

Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see www.fsc.org for information.



The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a charity registered in England and Wales (228636) and in Scotland (SC038369)). The Journal publishes original work in all fields of psychiatry. Manuscripts for publication should be submitted online at <https://mc.manuscriptcentral.com/bjpsych>.

All papers in this journal are peer-reviewed. No person is permitted to take any role in the peer-review of a paper in which they have an interest, defined as follows: fees or grants from, employment by, consultancy for, shared ownership in, or any close relationship with, an organisation whose interests, financial or otherwise, may be affected by the publication of the paper.

BJPsych

Contents

A3 Editorial Board

Guest Editorial

61 Genes in context: path to more precise risk prediction in psychiatry?

Peter J. Na, Robert H. Pietrzak and Joel Gelernter

Original Articles

63 Emergency hospital admissions for stress-related presentations among secondary school-aged minoritised young people in England

Sorcha Ní Chobhthaigh, Matthew A. Jay and Ruth Blackburn

72 Efficacy of esketamine nasal spray over quetiapine extended release over the short and long term: sensitivity analyses of ESCAPE-TRD, a randomised phase IIIb clinical trial

Allan H. Young, Pierre-Michel Llorca, Andrea Fagiolini, Peter Falkai, Narcís Cardoner, René E. Nielsen, Ola Blomqvist, Yordan Godinov, Benoît Rive, Joris Diels, Siobhán Mulhern-Haughey and Andreas Reif

79 Identifying genetic differences between bipolar disorder and major depression through multiple genome-wide association analyses

Georgia Panagiotaropoulou, Kajsa-Lotta Georgii Hellberg, Jonathan R. I. Coleman, Darsol Seok, Janos Kalman, the Bipolar Disorder Working Group of the Psychiatric Genomics Consortium, the Major Depressive Disorder Working Group of the Psychiatric Genomics Consortium the iPSYCH Study Consortium, Philip B. Mitchell, Peter R. Schofield, Andreas J. Forstner, Michael Bauer, Laura J. Scott, Carlos N. Pato, Michele T. Pato, Qingqin S. Li, George Kirov, Mikael Landén, Lina Jonsson, Bertram Müller-Myhsok, Jordan W. Smoller, Elisabeth B. Binder, Tanja M. Brückl, Darina Czamara, Sandra Van der Auwera, Hans J. Grabe, Georg Homuth, Carsten O. Schmidt, James B. Potash, J. Raymond DePaulo, Fernando S. Goes, Dean F. Mackinnon, Francis M. Mondimore, Myrna M. Weissman, Jianxin Shi, Mark A. Frye, Joanna M. Biernacka, Andreas Reif, Stephanie H. Witt, René R. Kahn, Marco M. Boks, Michael J. Owen, Katherine Gordon-Smith, Brittany L. Mitchell, Nicholas G. Martin, Sarah E. Medland, Lisa Jones, James A. Knowles, Douglas F. Levinson, Michael C. O'Donovan, Cathryn M. Lewis, Jerome Breen, Thomas Werge, Andrew J. Schork, Roel A. Ophoff, Stephan Ripke and Loes Olde Loohuis

91 Equal, equitable or exacerbating inequalities: patterns and predictors of social prescribing referrals in 160 128 UK patients

Feifei Bu, Daniel Hayes, Alexandra Burton and Daisy Fancourt

Review Article

100 Systematic review of risk factors for violence in psychosis: 10-year update

Tyra Lagerberg, Sinéad Lambe, Anabelle Paulino, Rongqin Yu and Seena Fazel

Feature

108 Climate change and mental health: overview of UK policy and regulatory frameworks to stimulate and inform future research and practice

Andrea Mechelli, Lea Baecker, Ioannis Bakolis, Robert Stewart, Antonio Gasparini, Michael Smythe, Matthew White and Nick Bridge

Commentaries

114 Adverse childhood experiences and psychological functioning among women with schizophrenia or bipolar disorder: population-based study: commentary, Zancheta et al

Stella Barbanti Zancheta, Arthur Henrique de Alencar Quirino, Sarah Pereira Gomes, Guilherme Nobre Nogueira, Fabio Gomes de Matos e Souza and Luisa Weber Bisol

116 Assisted dying for mental illness: commentary, Breen

Eugene G Breen

117 Delusions as 'wrong beliefs': a conceptual history: commentary, Ghalib

Saad F. Ghalib

Columns

118 Book reviews

120 Contents of *BJPsych Advances*

Gordon Cockburn: The Demon Drinkers, Amsterdam. Oil on board. 1180x795mm. 1999.

Gordon Cockburn (1944-2022) was born in Maybole, South Ayrshire, the only child of a mining family. His early interest in painting was encouraged by Bill Lockhart, Head of Art at Carrick Academy. Despite not having received any further training, Cockburn exhibited with several public and commercial galleries, and later had his own Gallery in Maybole. Cockburn had a friend who developed schizophrenia, and his struggle to comprehend his friend's psychosis, amidst rare glimpses of lucidity, influenced him greatly. He also explored the great canon of German expressionism. He met Jozef Hermann in Glasgow, and was influenced by the work of Chaim Soutine. The nightmare history of the Second World War inspired an exploration of the survival of humanity in the face of evil and oppression, realised in a Holocaust series of several hundred works (exhibited amongst other venues, at Rozelle House in Ayr and at the POSK Polish social and Cultural institute in London).

The present work provides a nightmarish counterpoint to the carefully wrought elegance of Manet's 'Bar at the Folies-Bergeres'. There is no sense of social standing and separation here. A Mephistophelean barman delivers the hallucinogenic absinthe with aplomb, and the central seated figure offers the viewer a cool regard, perhaps reminding us that all retain an identity outwith their addiction.

'The Demon Drinkers' was exhibited in ConvergeDiverge, a touring exhibition across three public galleries in Scotland, with a major mental health theme. The exhibition was a retrospective covering the 50 year friendship of Cockburn and Ronald Rae, b.1946.

Dr Robert De Mey

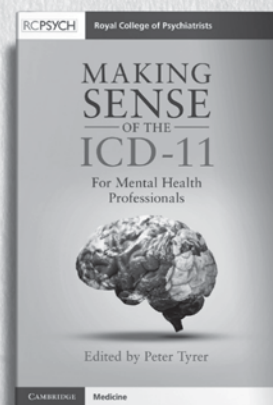
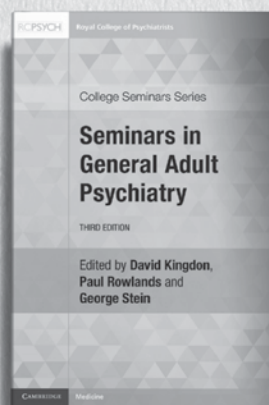
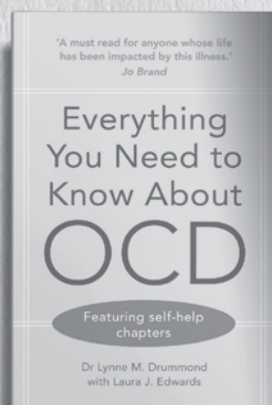
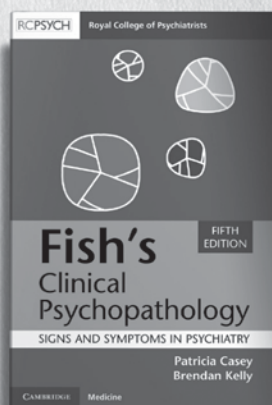
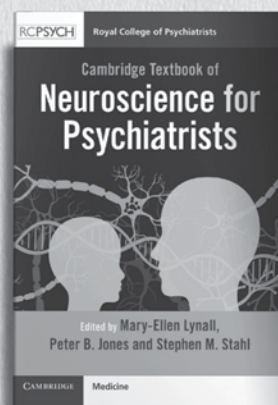
Consultant Psychiatrist, Curator, and author of 'Ronald Rae - an Inner Life'.

museumofthemind.org.uk

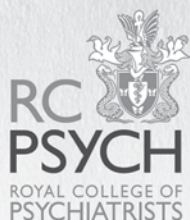
We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or bjp@rcpsych.ac.uk.



Books published on behalf of the Royal College of Psychiatrists



[cambridge.org/rcpsych_books](https://doi.org/10.1192/bjp.2025.41)



CAMBRIDGE
UNIVERSITY PRESS

Cambridge Core



Explore ebooks in Psychiatry

- Send content to Dropbox, Google Drive and Kindle
- Introducing new HTML Cambridge Core Reader
- Download multiple PDFs at once

cambridge.org/core-psychiatry

Cambridge Core



CAMBRIDGE
UNIVERSITY PRESS