

AS13-03 - TRAUMA- AND STRESS-RELATED DISORDERS: DEVELOPMENTS FOR ICD 11

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Introduction: As a part of the development of ICD-11, a globally representative and multidisciplinary group has been appointed by WHO to consider critical questions regarding mental and behavioural disorders categories related to trauma and severe stress or adversity. Objectives: The ICD-11 Working Group on the Classification of Stress-Related Disorders seeks to improve the clinical utility of the current classification of mental and behavioural disorders. Aims: To develop a clinically useful globally applicable and classification system, with particular consideration to implementation in low-and middle-income countries and in primary care settings. Methods: Recommendations are based on literature reviews, group discussions and consultations with leading professionals. Key questions include: (1) How should the stressor or trauma criterion for Post-Traumatic Stress Disorder and Acute Stress Reaction be revised? (2) Should other proposed syndromes (Complex PTSD and Prolonged Grief) be included? (3) Can Adjustment Disorder be conceptualized as a stress-response syndrome based on positive symptoms? (4) Should the diagnosis, "Enduring Personality Changes after Catastrophic Experience" (EPCACE) be preserved? Results: Proposals for the candidate disorder entities related to trauma and severe stress or adversity have been developed, including Post-Traumatic Stress Disorders, Prolonged Grief Disorder, Adjustment Disorders, and Complex PTSD/EPCACE. The main features of these proposals will be presented. Conclusions: The current discussion on these drafts would allow us to view these diagnoses as expressions of a stress- and trauma-reaction continuum. Future timelines and prospects of the working group will be discussed. Proposals are subject to further consultation and field testing.