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THE DETERMINATION OF THE NURSING CARE NEEDS OF THE ACUTE-TERM PSYCHIATRY PATIENTS

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Objective: The aim of this study is to investigate how the patients perceive the hospital environment and how they express their needs with their opinions.

Method: This study was planned as a qualitative descriptive study. The sampling of the study is constituted by the acute-period patients hospitalized in the clinic of the Psychiatric Department for at least three days that can achieve an interview with the researcher and being voluntary to be included into the study. An "interview guidance" was formed by eleven questions to collect data. The interview guidance form contains the questions about how he or she spent one day in the clinical environment, what helps them in the clinical environment and what the needs are. The interviews were conducted by the researcher by making an explanation to the patients after signing their informed consents. During the interviews, voice records were taken with the permission of the patients and then these records were transcribed.

Results: It has been seen that the patients need rather safe areas where they will live their loneliness but where they will stay lonely, the people and the environments in which and by which they will be listened without being judged.

Conclusion: Psychiatric nurse can provide care specific to individual for the acute-period patients by taking into account the expressions of patients. By this means, she can provide the hospitalization to be more favorable experience and she can prevent resistances and negative attitudes that can reveal in the following periods related with the hospitalization.