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# Miscellany

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## Appointment

Dr K. W. M. Fulford, a Fellow of the College, has been appointed to the first Chair in Philosophy and Mental Health. This has been set up as a joint venture between the Departments of Philosophy and Postgraduate Medical Education at the University of Warwick.

## Advice service on depression

A new initiative 'Expertise in Depression' was launched by Lundbeck in January 1995 and will initially operate in Wales for a six month pilot project, with the national launch planned for later in 1995. This initiative offers GPs, psychiatrists, community psychiatric nurses and other relevant healthcare professionals the chance to approach, in confidence, a multidisciplinary panel of experts with questions on issues surrounding depression. Questions can be sent to the panel by writing to: The 'Expertise in Depression' Panel, Freepost 509, Cardiff CF1 1YS.

## Training packs

Living Skills II is designed for group work and covers eight life skills (caring for yourself; asserting yourself; managing anger and conflict; thinking rationally; relationships; managing stress; planning and organising; problem solving). Each unit is available separately (£35 each or £30 each for four or more) or as a complete pack (£149 each with cheque enclosed or £175 each with invoice), together with a handbook. Further information: Richard D. Hart, Outset Publishing Ltd., Unit 8, Conqueror Industrial Estate, Moorhurst Road, St Leonards on Sea, East Sussex TN38 9NA (telephone 01424 854124; fax 01424 853612).

Family Therapy Basics is an interactive learning pack for professionals. The package contains nine videotapes, the computer

software and a manual and costs £299.00. It can be ordered from Maureen Felton, Family Therapy Basics, Marlborough Family Service, 38 Marlborough Place, London NW8 0PJ (telephone 0171 624 8605; fax 0171 328 2185).

## New publications

*Health, 'Race' and Ethnicity: making sense of the evidence* by Chris Smaje has been published by the King's Fund and costs £14.95. It is available from BEBC, PO Box 1496, Parkstone, Poole, Dorset BH12 3YD (telephone 0202 715555).

Two new self-help booklets: *Understanding Seasonal Affective Disorder* and *Understanding Self-Harm* are available at 45p each, plus an A5 SAE from MIND Publications, Granta House, 15-19 Broadway, London E15 4BQ.

Voice (UK) Ltd, a support and action group for people with learning disabilities who have been abused, has published *Going to Court*. The 'story' is told in pictures without any words. It costs £9.50 per copy, including postage and packing (paperback) and is available from Voice (UK) Ltd., PO Box 238, Derby DE1 9JN (telephone 1332 519872; fax 01332 521392).

Single copies of the *Mental Health and the Young* Information Sheet are available free from Charlotte Lloyd, Information Officer, Mental Health Foundation, 37 Mortimer Street, London W1N 8JU.

## British Society for Music Therapy

For details of meetings and other events to be held in 1995, please send a stamped addressed envelope to the BSMT Administrator, 25 Rosslyn Avenue, East Barnet, Herts EN4 8DH.