

## General Index

All titles are by Galen unless otherwise noted.

*AA* see *Anatomical Procedures*

accountability 35–36

Achilles, as model of good condition 117

acquired states 41, 108

addressees 22, 54–55

*Affections and Errors of the Soul* 86–87, 126, 130–132, 135, 139–140, 142–143, 151, 155–159, 170–171

*Avoiding Distress* 73, 75–82, 85, 91, 92–93

Boethus 227–230

Epigenes (*Exercise with the Small Ball*) 118, 129–130n16

Epigenes (*Prognosis*) 77, 197–198, 217, 226–228, 229

Eugenianus (*Therapeutic Method*) 88–89, 210

Gorgias (*Antecedent Causes*) 55

Hiero (*Therapeutic Method*) 205

Patrophilus (*The Composition of the Art of Medicine*) 55

Platonist philosophers (*The Capacities of the Soul Depend on the Mixtures of the Body*) 39

Thrasylus (*Thrasybulus*) 119

Adrian of Tyre 229

*Adv. Jul.* see *Against Julian*

Aelius Aristides 45n43

*Oration of Rome* 3–4n.13

aesthetics, moral 146–154

aetiology, and moral passions 8–9n29, 150, 153, 167–171, 222

*Aff. Pecc. Dig.* see *Affections and Errors of the Soul*

*Affected Places* (*Loc. Aff.*) 8–9n29, 233

on lack of education 60

*Affections and Errors of the Soul* (*Aff. Pecc. Dig.*) 2, 34, 42n37, 107, 124–125, 171–173, 201

and animal imagery 101

and *apatheia* 90

*doxosophia* 199

fallacies 201–202

Galen's father 88, 149

genre and level of addressee 130–132

insatiability and grief 167–171

moral emulation 160–162

moral errors 29

moral supervisor, figure of 137–141

*physis* 86–87

politics/free speech 141–146

proem 125–130

and reproach 53

self-knowledge and self-love 132–137

shame 155–156

situational ethics/dietetics 156–162

affections (*pathē*) 8–9n29, 131, 164

*Against Favorinus's Attack on Socrates* 4n15

*Against Julian* (*Adv. Jul.*) 58–59, 147

Agamemnon 147

*Agreement* 4n15

Ajax 47, 147

*akouein* 106, 113–114

Alcinous, *Manual of Platonic Doctrine*

(*Didaskalikos*) 219

Alcmaeon of Croton 99n30

Alexander of Aphrodisias 116n120

Alexander of Damascus 228–230, 235, 238

Alexander, L. C. A. 149n71, 151n77

*Alim. Fac.* see *Capacities of Foodstuffs, The*

allegories 29, 104, 207, 237

allopathy 70

amazement 74, 93, 202, 216

ambiguity 24, 55–56

ambition, Galen's 111

Anacharsis 108

analogy 184, 233, 239

*Affections and Errors of the Soul* 158

body and soul 8–9n29

Plato 177–178, 183

*Prognosis* 184, 213, 224

- analogy (cont.)  
*Recognising the Best Physician* 176, 179–184,  
 207  
*Therapeutic Method* 207  
*Anatomical Procedures (AA)* 128, 227  
 anatomy 191  
 Anaxagoras 63n25, 102n45  
 anecdotes 82–83  
 angels 21–22  
 anger 55  
*Affections and Errors of the Soul* 146–156  
*Character Traits* 138–139  
*Doctrines of Hippocrates and Plato* 99  
 animals  
   dissection of 227–230  
   dogs 158  
   fatted cattle 31  
   hogs/pigs 21–22, 27, 114  
   rational/irrational 60, 98–102, 114, 154, 155  
 Annæus Serenus 78  
 Annas, Julia 23  
 Anonymous of Paris 6  
*Antecedent Causes (CP)*, sophisms 54–55  
 antidotes 74  
*On Antidotes* 71–72n14  
 Antigenes 216–218  
 Antisthenes 105–106  
 Antonine plague 73  
 Antonius the Epicurean, *Control of One's Own Particular Affections* 126–128  
*apatheia* 90–91, 155  
 aphorisms, Hippocratic 41n34, 55, 115  
 Apollo 113  
*Apology* see Plato, *Apology*  
 Arabic translations 69n2, 244  
*Recognising the Best Physician* 174  
 Archigenes 25, 56, 129–130n16  
 Archilochus 112  
 Aretaeus of Cappadocia 6, 6–7n19, 48  
 Aristarchus 80  
 Aristides, Aelius 45n43  
 Aristippus of Cyrene 82, 105  
 aristocrats 37, 91  
 Aristotle 128, 211, 227  
*History of Animals* 99n26  
*Nicomachean Ethics* 31, 75, 159  
*Poetics* 220  
*Politics* 179  
*prohairesis* 185  
*Protreptic* 97–98, 122–123  
*Rhetoric* 219  
 and shame 47  
 Arrian 78  
*Art of Medicine, The (Ars Med.)* 41  
 art (*technē*) 52, 218  
 arts, in *Exhortation* 97–111, 116  
 Asclepiades of Bithynia 7, 63n26  
 Asclepiadian doctors 207, 213–214  
 Asmis, Elizabeth 92  
 assimilation 59, 91, 101, 102–103, 104n56, 155  
 astronomy 36n13  
*ataraxia* 90  
 Athenaeus of Attala 7, 61–62  
 athletes 119–121  
   athletic activity 110–116  
   compared to hogs 27  
 Atticus 80  
 Aurelius, Marcus 87, 120, 174n1, 231–232  
 autobiographical inventories 2, 5  
 autobiographical element 119–120, 237  
*Avoiding Distress* 55  
*Prognosis* 194  
*Recognising the Best Physician* 190–191, 193  
 aversion therapy 149  
*Avoiding Distress (Ind.)* 2, 3n12, 55, 69–94  
   and Aristippus 105  
   and fate 103  
   and moral authority 73–78  
   philosophical refutation through personal  
   experience 90–92  
   revived reality of the loss 78–82  
   traditional instruction and Galen's ethics  
     82–89  
 babbling 64–65  
 Barton, T. 223  
 beauty 108, 116  
 bees 99n30, 99  
 Benedict, Ruth 46  
 Berger, Peter 12, 231  
*Best Doctor is Also a Philosopher, The (Opt. Med.)*  
 1, 96–97, 114, 233  
*Best Men Profit from Their Enemies, The* 4n15  
*Best Method of Teaching*  
*The (Opt. Doct.)* 87n68  
*Best Sect, The (Opt. Sect.)* 65–66  
 bibliographical inventories, and *Prognosis*  
 196–197  
 bipartition 155n86  
 blame 53–54  
   in *Affections and Errors of the Soul* 173  
   in *Exhortation* 103  
 blending  
   and virtue 41n33 *see also* mixtures  
*Bloodletting, Against the Erasistrateans at Rome*  
*(Ven. Sect. Er. Rom.)* 144  
 body and soul 8–9n29, 34  
*Affections and Errors of the Soul* 146–154  
*Exhortation* 116, 118  
 in *Recognising the Best Physician* 191

- Boethus, Flavius 227–230  
*Bon. Hab.* *see Good Condition*  
*Bon. Mal. Suc.* *see Good Humour and Bad Humour*  
*boulēsis* (volition) 132 *see also probairesis*  
 (reasoned choice/volition)  
 Bourdieu, Pierre 12, 134  
 brain *see* mental illness/disturbance  
 brigands analogy 224  
 bull of Phalaris 90  
 Burke, Kenneth 147
- Caelius Aurelianus 6–7n19, 7n21, 151n78  
 Cairns, D. L. 46n47  
 Callicles (in *Gorgias* (Plato)) 178, 214  
 Callinus 80  
*CAM* *see Composition of the Art of Medicine, Addressed to Patrophilus, The*  
 Campania 79, 81  
*Capacities of Foodstuffs, The (Alim. Fac.)* 92  
*Capacities of Simple Drugs, The (SMT)* 47–48  
*Capacities of the Soul Depend on the Mixtures of the Body, The (QAM)* 33–43, 96–97, 160–161  
 cleanser of souls 52  
*Capacity of Cleansing Drugs, The (Purg. Med. Fac.)*, on vice 53  
 care of the self 76, 144  
 case histories 233–234  
*Affections and Errors of the Soul* 150, 162–163  
*Prognosis* 194  
*Recognising the Best Physician* 182–183, 186–187  
 pregnant woman 191–192  
 Sextus 230  
*Therapeutic Method*, young man with fever 230–231  
 Cassius Dio 95, 120  
 cattle, fatted 31  
*Causes of Symptoms (Caus. Symp.)* 129–130n16  
 Cebes, *Tabula* 103  
 Celsus 6, 70n5, 151n78  
 character 36  
 and wine 40–41  
*Character Traits (De Mor.)* 2, 21–23, 34, 130–131  
 in *Affections and Errors of the Soul* 156  
 anger 138–139  
 and animal imagery 101, 114  
 blame 54  
 and Hermes 105  
*physis* 86  
 role-models 76  
 slaves of Perennis 108  
 charlatans 177, 182, 202, 207
- cheerfulness 75  
*Affections and Errors of the Soul* 170–171  
 Christians/Christianity 71n12, 149–150n72  
 Chrysippus 63–65, 74, 87n70, 108n80, 149, 211  
 on animals and reason 98–99  
 malignancy 219–220  
*On Passions* 72n17  
 Cicero 220  
*Consolation* 72n18  
*On Duties* 52  
*On Ends* 21–22n1  
 cinnamon 74  
 class fraction 133–135, 139, 190  
 Claudius Severus 229n96  
*Cleanthes, On Excellence of Natural Endowment* 87n70  
 Clement of Alexandria 137n37  
 Cleon 186  
 cognition 74  
 comedy 210n52  
 old 80–81  
*Commentary on Hippocrates's 'Epidemics VI'*  
*(Hipp. Epid. VI)* 45  
*Commentary on Hippocrates's 'Nature of Man'*  
*(HNH)* 59–60  
 Commodus 70, 76, 85, 87, 119–121, 125  
 and *Exhortation to the Study of Medicine* 119–121  
*Comp. Med. Gen* *see Composition of Drugs According to Kind, The*  
*Comp. Med. Loc.* *see Composition of Drugs According to Places, The*  
 competition 26, 55–56, 148, 158, 241  
 amongst doctors 11, 211, 238–239  
*Composition of the Art of Medicine, Addressed to Patrophilus, The (CAM)* 55  
*Composition of Drugs According to Kind, The (Comp. Med. Gen.)* 92  
*Composition of Drugs According to Places, The (Comp. Med. Loc.)* 28–29, 92  
 compulsion 114  
*Cons.* *see On Habits*  
*Consequences of Each Chosen Purpose in Life, The* 4n15  
*Consolation* 4n15  
 consolation (genre) 72  
 constitution 37, 43, 116  
*Construction of the Embryo* 161  
 contemplative life 240  
 contentiousness 10–11, 24, 25, 53, 54, 65 *see also philoneikia*  
 conversion narrative 163  
 cook and doctor (*Prognosis*) 184, 213  
 Corellius Rufus, Q. 228n93  
 correction (*epanorthōsis*) 127, 154n83, 173, 204

- corruption 31, 39n25, 54, 160, 243  
 and flattery 191  
 and physicians 84, 175–176, 208  
*CP* see *Antecedent Causes*  
 craft (τέχναι), medicine as 52, 174n1, 177–178  
 Crete episode 150  
*On Crises (Cris.)* 197  
*Critical Days (Di. Dec.)* 197  
 critical thinking 165  
 Crusius, O. 116n118  
*Cur. Rat. Ven. Sect.* see *Treatment by Bloodletting*  
 curiosity 60–61  
 Cynic philosophy 105–106  
 Cyrenaic tradition 21–22n1, 84–85
- Damiani, V. 104n57  
 Daoi 63  
*De Mor.* see *Character Traits*  
 death, honourable 47–48  
 decision-making 21–22, 165  
*Affections and Errors of the Soul* 172  
*Avoiding Distress* 91  
 and shame 47  
 declamation 7–8  
 deformities, physical 116  
 Demetrius of Alexander 229  
 Democritus 77  
 demonstration, and *Thrasybulus* 119  
 Descartes, René 30n21  
 desocialisation 37  
*Di. Dec.* see *Critical Days*  
*Diagnosis by the Pulse (Dig. Puls.)* 209  
 specialisation 161  
 dialectic 185n27, 211  
 dialogue  
*Affections and Errors of the Soul* 126–127  
*On Fortune (Favorinus)* 103  
 Platonic 131–132, 144, 177–178  
 in Plutarch 136, 152–153  
 in *Prognosis* 195, 224–226  
*The Symposium or the Lapihs (Lucian)*  
 206–207  
 diarrhoea 84  
 didacticism 225  
 dietetics 38–39, 157  
 in *Affections and Errors of the Soul* 156–162  
 and Rufus of Ephesus 234  
*Different Kinds of Fever, The (Diff. Feb.)* 49–50  
*Different Kinds of Pulse, The (Diff. Puls.)* 24  
*Dig. Puls.* see *Diagnosis by the Pulse (Dig. Puls.)*  
*Digest* 35n8  
 digestion 167–168  
 digressions 5  
*Affections and Errors of the Soul* 130  
*Doctrines of Hippocrates and Plato* 64
- Prognosis* 196  
 Dio of Prusa, *Orations* 57, 103, 193, 213, 243  
 Diocles 95–96n4  
 Diodotus 186  
 Diogenes 105, 109  
 Diogenes of Babylon 52, 71n12  
 Diomedes 147  
 Dionysius of Syracuse, in *Life of Dion* (Plutarch)  
 144  
 Dioscorides 54  
 direct speech, *Prognosis* 195, 217, 225  
*Discourse with Bacchides and Cyrus in the Villa of Menaribus, The* 3n12  
 disease, *elephas* 47–48  
 disfigurement 6–7n19, 48, 148  
 disgrace 44, 47–48, 48n58, 108, 181  
 distancing 91, 101  
 distress see *Avoiding Distress; hypē*  
*Doctrines of Hippocrates and Plato (PHP)* 63–66  
 on affections 125n4  
 and animal imagery 101  
 on animals and reason 99  
 helmsmen/physician analogy 180  
 on morals and political action 189  
 on specialisation 161  
 training and nature 86  
 dogs, analogy 158  
 Donini, P. L. 35n11  
*doxosophia* 198–199  
 drinking/drunkenness 26, 36–38, 41–42, 159,  
 207, 238  
 see also moderation; wine  
 drugs, lost in the fire 81  
 Duff, T. 23n4
- eating/drinking 26–27  
 Edelstein, L. 8–9n29  
 education (*paideia*) 60, 100, 187–189, 192, 201  
 see also training  
 effeminacy 210n52  
*ekphrasis* 103  
*Elements According to Hippocrates, The (Hipp. Elem.)* 61–62  
*elenchus* 58–59  
*elephas* 47–48  
 elites 10, 91, 137n36, 154, 172, 220, 222, 234,  
 238–239  
 doctors 11, 57n10  
 emotions  
 and animals 99  
 and mental illness 42n35  
 in *Prognosis* 202–205, 214–215, 220  
 Stoics on 138  
 therapy of 42n35, 72, 93  
 see also amazement; pleasure

- Empedocles 95–96n4  
 Empiricism 95  
 emulation 86, 107, 221, 237  
     moral, in *Affections and Errors of the Soul* 159,  
     162–167  
 environment 35  
     social 49  
 envy (*φθόνος*) 25, 60, 65, 138  
     *On My Own Books* 217  
     *Prognosis* 204, 212–213, 217–221, 227, 231  
 Epictetus  
     *Discourses* 78, 121–122  
     on slaves 152  
     *Manual* 78  
 Epicurianism 21–22n1  
*On the Epicureans* 4n15  
 Epicurus 78  
     on distress 85  
     *Letter to Herodotus* 34n2  
 Epigenes 197–198  
     in *Exercise with the Small Ball* 118,  
     129–130n16  
     in *Prognosis* 77, 197–198, 217, 226–228, 229  
 Erasistratus 34n2  
 Eratosthenes of Cyrene 71n12  
*eris* (despicable dispute) 24, 208, 231  
 errors, moral 29, 202–203, 205, 209, 232, 235  
 errors (*amartēma, -ta*), in *Affections and Errors of the Soul* 125, 202  
*On Errors* (Book 2, *Affections and Error of the Soul*) 125n4, 129–130, 138n39,  
     201–204  
     class fraction 134n29  
     judgment 203  
     manipulators 204  
     moral knowledge 135n32  
     sophisms 202  
     truth 136–137  
 ethical case histories 124, 150–152  
 ethical philosophy 72  
 ethnic identity 108, 150, 192  
*ēthos* (habit) (moral character) 5, 159–160,  
     216–218  
 Eudemus 6n18, 77, 215–226  
 Eugenianus 88–89, 210  
 eugenics 106  
 Eupolis 25  
 Euripides  
     and *eris* 24–25  
     *Orestes* 208n46  
     *Phoenician Women* 106  
 excellence  
     moral/ethical 21–22n1, 22, 25, 232–233  
     *Affections and Errors of the Soul* 134, 142,  
     159  
     *Capacities of the Soul* 42  
     *Prognosis* 217–218, 222, 227  
 exemplars 22, 59, 70n7, 107, 163, 228, 235  
*Exercise with the Small Ball, The (Parv. Pil.)* 118,  
     168–169  
 Epigenes 197  
     philanthropy 174–175n2  
*Exhortation to the Study of the Arts* 96  
*Exhortation to the Study of Medicine (Protr.)* 81,  
     95–97, 121–123  
 arts vs. fate 97–111  
     as attack on Commodus 119–121  
     dangers of athletics 111–116  
     ethics in 116–119  
     *physis* 86  
*On Fallacies Due to Language* 201n32  
 fallacy/fallacious arguments 61–63, 201  
 false modesty (*δυσωπία*) 25  
 fate (*tychē*)/Fate 81–82  
     in *Exhortation* 97–111  
     and *Exhortation* 102–104  
 father (Galen's) 85–89, 142, 149, 163–167  
 Favorinus, *On Fortune* 103  
 fear 214  
 fire, Palatine Hill (Rome) 71, 74, 79  
 flatterers/flattery 105–106, 199–200  
*Affections and Errors of the Soul* 139  
*Recognising the Best Physician* 176–179,  
     186–187, 191  
*Therapeutic Method* 207–208  
 food see eating/drinking  
 Foucault, Michel 1–12, 23, 31, 76, 143–144  
*History of Sexuality* 234–235  
 frankness of speech see *parrhēsia* (free speech)  
 free speech see *parrhēsia*  
*Fullness (Plen.)* 55  
 Fundanus (in *On the Control of Anger* (Plutarch))  
     152–153  
 Galen  
     autobiographical component in writings 55,  
     119–120  
     father of 85–89, 142, 149, 163–167  
     as a moralist 22–31  
 Garcia Ballester, L. 124–125n2  
 garrulity 25  
 gender 104  
 Getae 63  
 Gill, Christopher 73, 84n58, 124–125n2  
 gladiators 119–120, 190  
 Gleason, Maud 196, 228  
*Good Condition (Bon. Hab.)* 117  
*Good Humour and Bad Humour (Bon. Mal. Suc.)*  
     blame 53

- Good Humour and Bad Humour (Bon. Mal. Suc.)*  
 (cont.)  
 Galen's father in 165  
*Gorgias*  
 addressee in *CP* 55  
*see also* Plato, *Gorgias*  
 Graeco-Roman period 10 (*see also* Imperial period)  
 aristocracy 91  
 society in 84  
 Grant, M. 10–11n34  
 Great Asclepieia (Ephesus) 11  
 greed 57n10, 141n47, 169, 173  
 Gregory of Nyssa, *On the Love of the Poor*  
 47–48n56  
 grief (*lýpe*) 70, 72, 74–75, 162–164, 167–171  
 guilt 46, 58  
 gymnastics 112  
 habit (*éthos*) 5, 159–160, 216–218 *see also* On Habits  
*On Habits (Cons.)* 34  
 habitus 134, 231–232  
 Hadrian 149–150  
 Hankinson, Jim 35, 59, 164  
 happiness (virtue) 83  
 techniques for 83  
*Happy, Blessed Life According to Epicurus, The*  
 4n15  
 Harris, William 149  
 hatred 53–54, 140, 148, 152, 164, 212  
 Hau, L. 22n3  
 Hebrew translations 244  
 Hegel, Georg Wilhelm 147  
 Heidegger, Martin 31  
 helmsman image 104  
 Hercules 147  
 compared to Commodus 120–121  
 as model of good condition 117  
 Hermes 103–105  
 and Commodus 120–121  
 Herodes, in *Recognising the Best Physician* 190  
 Herodotus (doctor) 54  
 Herodotus (historiographer) 65  
 Herophilus, *Regimen* 45n43  
 Hiero 205  
 Hierocles, *Elements of Ethics* 34n2  
*Hipp. Elem.* *see Elements According to Hippocrates, The*  
*Hipp. Epid. VI* *see Commentary on Hippocrates's Epidemics VI'*  
 Hippocrates 34n3, 34n2, 115, 119  
 on athletics 121  
 on bodily states 117  
 in *Therapeutic Method* 130  
 Thessalus's criticism of 209  
 Hippocratic Corpus 175  
*Airs, Waters, Places* 39n26  
*On Decorum* 175, 200  
*Epidemics* 39n26, 194n3  
*Hippocratic Oath* 175  
*On Humours* 39n26  
*Physician* 175  
*Precepts* 175, 226  
*Prognostic* 232  
*Prorrhetic* 200  
*HNH* *see Commentary on Hippocrates's 'Nature of Man'*  
 hogs *see* pigs  
 Homer 47  
*Iliad* 106, 146–147, 227  
*Odyssey* 36  
 honour, love of (φιλοτιμία) 25, 55n7  
 humours  
*Affections and Errors of the Soul* 168  
 four 36  
*Matters of Health* 44  
 Hunayn ibn 'Ishāq 69n2, 96, 175n3  
*hypomnēmata* (note-books) 77, 81  
 Iamblichus, *Protreptic* 98, 102, 122  
 Ibn Abī Usaybi'a 175n3  
 Ibn Falakera, *Balm for Assuaging Grief* 244n9  
 Ibn Falakera, Shem Tov 222n80  
*idiōtai* 201, 216  
*On Idleness* 4n15  
 imitation (*mimēsis*) 22, 52, 122, 172, 209, 222, 223  
 Imperial period 5–6, 10–12, 29, 36, 59–60, 70  
*(see also* Graeco-Roman period)  
 impostors *see* charlatans  
 impressions (*phantasiai*) 85, 122, 156, 203  
*Ind.* *see Avoiding Distress*  
 indifferents 83, 108, 169  
 indirect positioning 241–242  
 Ingenkamp, H. G. 2n8  
 insatiability, and grief 167–171  
*Interaction Between the Parties to a Dialogue, The*  
 3n12  
*Interaction Between Someone Making Public Demonstrations and Their Audience, The*  
 3n12  
 Iphicrates 107  
 irrational animals *see* rational/irrational animals  
 Isocrates, *Antidosis* 98  
 itch 62  
 James, William 79  
 jealousy *see* envy  
 Jerome, St 95–96

- John Climacus, *On Tranquillity of the Soul* 71n12  
 Joseph Ibn 'Aqnin 69n2  
 Jouanna, J. 37–38n22  
 judgment 203–204  
 Julian (Methodist) 58–59  
 Juvenal 190, 199
- Kant, Immanuel 30  
 Kaster, Robert 46  
 knacks 177–178  
 knowledge, moral 135  
 König, Jason 57, 63n27, 235  
*krasis* see mixtures  
*Kroniskoi* 31n2  
 Kühn, Karl Gottlob 1  
 labour, love of (φιλοπονία) 25, 44, 55n7  
 language 56, 80, 110, 138, 233, 244  
 laughable gestures, *Odyssey* 37  
 laughter  
     derisive 134  
     *Affections and Errors of the Soul* 150  
     *Antecedent Causes* 55  
     *On the Control of Anger* (Plutarch) 152  
     *Prognosis* 195–196  
     *Recognising the Best Physician* 186–187  
 learning 209  
     and animals 100n32  
     ethics 74  
     medicine 5, 44, 49  
     and philosophy 165n104  
     see also *paideia*  
 lectures 84n55, 176  
*Lib. Prop.* see *On My Own Books*  
 liberty 231–232  
 libraries, Imperial 70  
 Lloyd, G. E. R. 37n19  
*Loc. Aff.* see *Affected Places*  
*logiatros* 232  
 Lucian 187–188, 199–200  
     *Charon* 117n125  
     *Fisherman* 143n50  
     on *salutatio* 190  
     *The Symposium or the Lapiths* 206–207  
 Luckmann, Thomas 12, 231  
 Lycurgus 112  
*lypé* 70, 72, 74–75  
     *Affections and Errors of the Soul* 162–164,  
     167–171  
  
*To Make the Punishment Fit the Crime* 4n15  
 magnanimity 74–75  
*Making of Wills, The* 4n15  
 malice (*kakoētheia*), in *Prognosis* 195, 215–221,  
     222, 224, 226, 231  
 malignant/malevolent positioning 242
- Manilius, *Astronomicon* 36n13  
 manipulators 201–205  
 manners, social 140–141  
 Marinus 128  
 Martianus 218–221  
 Mattern, Susan 151–152, 233  
*Matters of Health (San. Tu.)* 43–49, 118–119,  
     234, 243  
 dietetics 160  
 excessive wine consumption 37  
 politics in 188  
 remembering 89  
 specialisation 161  
 Maximus of Tyre 8–9n29  
*Oration* 78  
 meddlesomeness (πολυπραγμοσύνη) 25  
 Medea 125n4  
 medical impostors, slave 182  
 medicine 10–11, 174–176  
*melancholia* 35n9  
 Menander 63  
 Menodotus of Nicomedia 95–96n4  
 mental illness/disturbance 138n39, 148,  
     153–154  
     and allopathy 70  
     and emotions 42n35  
 Methodists 183  
     Julian 58–59  
     Thessalus 57–58, 208–212  
*metriopatheia* 90  
 Milo of Croton 117–118  
 mixtures (*krasis*), bodily 33, 41, 160–161  
*MM* see *Therapeutic Method*  
*On Mixtures (Temp.)* 34  
*MMG* see *Therapeutics to Glaucon*  
 Mnesitheus 37–38n22  
 moderation 24, 36–41  
     *Affections and Errors of the Soul* 131, 155–156,  
     158–159, 167–171  
     and Eudemus 221  
*Modesty* 4n15  
 moral advisors see moral supervisors  
 moral breakdown 31  
 moral character see *ēthos*  
 moral errors 29, 202–203, 205, 209, 232, 235  
 moral habitus 134  
 moral medicine 51–66, 189, 239, 240–243  
 moral passions 8, 54, 124, 128, 135, 137–139,  
     209  
     anger 55, 146–156  
     envy 25, 60, 65, 138, 204, 217–221  
     fear 214  
     greed 57n10, 141n47, 169, 173  
     grief 70, 72, 74–75, 162–164, 167–171  
     hatred 140

- moral passions (cont.)  
 malice (*kakoētheia*) 195–197, 215–221, 222,  
 224, 226, 231  
 rage 62n24, 138, 148, 152  
*see also* pleasure  
 moral philosophy 2, 3–4, 7–8, 42, 49  
*in Recognising the Best Physician* 189, 193  
*see also* *Affections and Errors of the Soul*  
 moral positioning 241  
 moral supervisor figure, *Affections and Errors of the Soul* 137–141, 144–145, 163  
 moral topics 21–31  
 moralism, Galen's 22–31  
 morality, definition, Foucault 234–235  
 Moss, J. 178, 178n11  
*Mot. Dub.* *see On Problematical Movements*  
 mother (Galen's) 88, 164–165  
 Musonius Rufus, G. 6, 91  
*My Own Books* (*Lib. Prop.*) 95, 115  
*On My Own Books* (*Lib. Prop.*) 2, 209, 217, 221,  
 227  
*My Own Opinions* (*Prop. Plac.*) 132, 189  
 Mytilene debate 186  
*Natural Faculties* (*Nat. Fac.*) 62, 63  
 naturalistic psychology 35–36  
 Nature 30  
 nature (*physis*) 86–87, 100–101, 222–223  
 Newmyer, Stephen 99  
 Nietzsche, Friedrich 147  
 nostalgia 176  
 note-books (*hypomnēmata*) 77, 81  
 Nutton, Vivian 10–11n34, 37, 57n10, 187–188,  
 196n11, 196n9, 232  
*Opt. Doct.* *see Best Method of Teaching, The*  
*Opt. Med.* *see Best Doctor is Also a Philosopher, The*  
*Opt. Med. Cogn.* *see Recognising the Best Physician*  
*Opt. Sect.* *see Best Sect, The*  
*Ord. Lib. Prop.* *see Order of My Own Books, The*  
*Order of My Own Books, The* (*Ord. Lib. Prop.*)  
 209  
 Orwell, George 194  
 Other 76  
*Outline of Empiricism* (*Subf. Emp.*) 95–96n4  
 overpopulation, Rome 179  
 Paccius 77–78  
*paideia* 4n14, 60, 100, 187–189, 192, 201, 237  
*enkyklios* 110  
 Palatine Hill (Rome) fire 71, 74, 79  
 Panaetius 77  
*paraenesis* 98n18  
 parents (Galen's) *see father; mother*  
*parrhēsia* (free speech/frankness of speech)  
 141–146, 212  
*Parv. Pil.* *see Exercise with the Small Ball, The*  
*pathē* 8–9n29, 131, 164  
 Patroclus 147  
 patrons 11, 177, 199, 206  
 Patrophilus, in *CAM* 55  
 Peducaeus 80  
 Pelling, C. B. R. 23n4, 27n14  
*pepaideumenoi* 4, 4n14, 201, 207, 243–244  
 performativity 216  
 Pergamum 84n56, 119–120, 190  
 Peripatetics 99n26, 215–216  
 personal experience 85, 90–92  
*Affections and Errors of the Soul* 132  
 Pertinax 121  
 Phalaris, bull of 90  
*phantasiai* (impressions) 203  
 pharmacology 28, 160  
 philanthropy 174–175  
 Philides 75, 78–79, 105  
 Philo of Larisa 72  
 Philodemus 149  
*On Frank Criticism* 143  
*philoneikia* (love of strife) (φιλονεικία) 66, 159,  
 195, 221, 226–232, 233, 235  
 φιλοριστή 56  
 philosopher (defined) 108n80  
 philosophical therapy 8–9n29, 172  
 philosophy  
*Against Favorinus's Attack on Socrates* 4n15  
*The Consequences of Each Chosen Purpose in Life* 4n15  
*Pleasure and Pain* 4n15  
 and poetry 113–114  
*The Purpose of Life According to Philosophy* 4n15  
 Philostratus 121  
*Lives of the Sophists* 4n14, 51  
*PHP* *see Doctrines of Hippocrates and Plato*  
 physicians  
 charlatans 177, 182, 202, 207  
 competition 11  
 and corruption 84  
 elite 11, 57n10  
 and ethics 160–162  
 medical art of 184–189  
 scheming 63  
*physis* (nature) 86–87, 100–101, 222–223  
 pigs 21–22, 27, 114  
 Pindar 65  
 Plato 119, 128, 211, 227

- animal imagery 101  
*Apology* 47, 214  
 dialogues 131–132  
*Euthydemus* 97  
*Gorgias* 177–178, 181–182, 184, 214  
*Law* 39  
 in *Life of Dion* (Plutarch) 144  
*Phaedo* 97  
 quote in *Affections and Errors of the Soul* 132–133  
 recollection 89n77, 183  
*Republic* 180, 214  
*Timaeus* 34n2, 40, 78  
 tripartition of the soul 34  
 pleasure  
   *Affections and Errors of the Soul* 125n4, 156, 164  
   *Avoiding Distress* 88  
   *Character Traits* 21–22, 105  
   in Dio 213  
   *Doctrines of Hippocrates and Plato* 99  
   *Exhortation* 108, 120  
   and Galen 189–190  
   *Gorgias* (Plato) 177, 184  
   *Manual of Platonic Doctrine* (Alcinous) 165n104  
   *Matters of Health* 43n39  
   *Nicomachean Ethics* (Aristotle) 31  
   *Prognosis* 202  
   *Recognising the Best Physician* 177, 187  
   *The Functions of the Parts of the Body* 30  
*Pleasure and Pain* 4n15  
 Pleket, Henri Willy 192  
*Plen.* see *Fullness*  
 Pliny the Elder 228n93  
 Plutarch 6, 71n12, 122–123, 133, 208n46, 238–239  
   *Against Nobility* 107–108  
   on animals 99–100  
   *On the Cleverness of Animals* 100  
   *On Compliance* 2n8  
   *On the Control of Anger* 152–153  
   *On Curiosity* 60–61, 219  
   diseases 47–48n56  
   and eclecticism 87  
   *On the Fortune of the Romans* 103  
   *On Friends and Flatterers* 145, 177  
   improvement of character 57  
   influence on Galen 243–244  
*Life of Dion* 144  
*Life of Themistocles* 107  
*On Listening to Lectures* 111  
*On Listening to Poetry* 106, 111, 113–114  
*On the Love of Offspring* 99  
 moral passions 8–9n29  
*Old Men in Public Affairs* 193  
   *To Orators in the Forum* 3n12  
   *Political Precepts* 156, 193  
   *On Praising Oneself Inoffensively* 2n8  
   *Precepts of Health Care* 160, 161  
   *Precepts of Marriage* 109  
   *Sayings of Kings and Commanders* 107–108  
   on silence 136  
   *On Stoic Self-Contradictions* 219–220  
   *On Superstition* 8–9n29  
   *Table Talk* 89, 196  
   *Tranquillity of the Soul* 77–78, 82, 105  
   *Whether the Passions of the Soul are Worse than Those of the Body* 8–9n29  
   *see also Pseudo-Plutarch*  
 Pneumatic school of medicine 38n24  
 poetry 113–114, 116  
 polemics 2, 56–59, 84n58  
   *Affections and Errors of the Soul* 125–130  
   *Against Julian* 42  
   *Capacities of the Soul* 42  
   *Exhortation* 111–112, 116, 119–120, 121  
   *Recognising the Best Physician* 176, 182  
 political philosophy 180, 189  
 politics  
   in *Gorgias* (Plato) 177–178, 183–184  
   *Public Pronouncements in the Presence of Pertinax* 4n15  
   in *Recognising the Best Physician* 186–193  
   in *Republic* (Plato) 180  
 Pollux, *Onomasticon* 116n120  
 Polus 181, 184  
*polypragmōnē* 60–61  
 popular philosophy *see* practical ethics  
 Posidonius of Apamea 99, 100–101  
*Protrepticus* 105, 122  
 positioning theory 241–242  
 possessions, material *see* wealth (material)  
 practical ethics 2–3, 3n12, 5–6, 9–10, 33–50, 127–128, 236–245  
   and *Avoiding Distress* 72–73  
 practical philosophy 4–5  
   and *Affections and Errors of the Soul* 125  
   in *Avoiding Distress* 83–84  
*Praen.* *see* *Prognosis*  
*Praes. Puls.* *see* *Prognosis by the Pulse*  
 praise, in *Exhortation* 103  
   self- 81, 128, 191–192  
   *see also* blame  
*Precepts of Health Care* (Plutarch) 234  
*On Problematical Movements* (*Mot. Dub.*) 48n58, 70n7  
 prognosis, in *Recognising the Best Physician* 175  
*Prognosis by the Pulse* (*Praen. Puls.*) 129–130n16  
*Prognosis* (*Praen.*) 77, 139, 161, 194–197  
   conditions in Rome 179

- Prognosis (Praen.)* (cont.)
   
date of composition 232n102
   
discourse on malice 215–221
   
discourse on *philoneikia* 226–232
   
Eudemus as Galen's spokesman 221–226
   
and the proem to *Therapeutic Method* 205–212
   
on *salutatio* 190
   
truth 197–205, 212–215
- prohairesis* (reasoned choice/volition) 35, 100, 185
   
*see also bouleisis* (volition)
- Prop. Plac.* *see My Own Opinions*
- Protr.* *see Exhortation to the Study of Medicine*
- protreptic 22–24, 121–123, 131, 235
   
proverbs 26–27
- Pseudo-Plutarch
   
*Consolation to Apollonius* 72n18
   
*On the Education of Children* 106–107
- Pseudo-Quintilian, *The Lesser Declamations* 243
- psychological disturbances 6–7n19, 8–9
   
psychology, naturalistic 35–36
- psychotherapy/psychotherapeutics
   
5, 6, 124
   
and *Affections and Errors of the Soul* 124, 128, 170–171
   
and *Avoiding Distress* 70
   
and the Stoics 84–85
- Ptolemy, *Tetrabiblos* 36n13
- Public Pronouncements in the Presence of Pertinax* 4n15
- pudor* 46
- pulse 25, 129–130n16, 197n13, 218n68
- Purg. Med. Fac.* *see Capacity of Cleansing Drugs, The*
- Purpose of Life According to Philosophy, The* 4n15
- Pythian motto 133
- QAM* *see Capacities of the Soul Depend on the Mixtures of the Body*
- Quintilian, *Institutes of Oratory* 107
- Quintus 181, 213
- rage 62n24, 138, 148, 152
   
rational/irrational animals 60, 98–102, 114, 154, 155
- al-Rāzī, *Spiritual Medicine* 244n9
- reading, ethics of 209, 227
- reasoned choice (*prohairesis*) 35, 100, 185
- Recognising the Best Physician (Opt. Med. Cogn.)* 139, 174–176, 192–193
   
as diatribe 84
   
the flatter physician 176–179
   
medicine and society 184–189
   
philosophical medicine 189–192
- physician as helmsman analogy 179–184
- recollection (*anamnesis*)
   
in *Avoiding Distress* 89–90
   
in *Prognosis* 226–227
- remembering *see recollection*
- reproach 52–53, 57, 58–59, 133
- reputation 139
   
false 156
   
love of (φιλοδοξία) 25, 167, 204
   
in *Prognosis* 198, 210
- rhetoric
   
in *Exhortation* 111, 114
   
morals 11–12
   
and *Recognising the Best Physician* 183
   
*On Rich People Infatuated with Money* 3–4n13
- rivalry (*eris*) 24, 208, 231
- Robbins, J. 31n24
- Rome, society 179, 187
- Rosen, R. 63n27, 128–129n14, 133n27, 208n47, 211n53
- Rufus of Ephesus 6, 35n9, 234
- salutation (*salutatio*) 190, 198, 199, 206
- San. Tu.* *see Matters of Health*
- Saturnalia 3n12
- Schadenfreude* 219–220
- Scribonius Largus, *On the Composition of Medicines* 204–205
- Second Sophistic 60, 84, 129, 145–146n60, 201, 239–240
   
nostalgia 176
- self, care of the 76, 144
- self-control 35n10, 38–39, 40, 41, 43–44
- self-effacement 66, 237
   
*Affections and Errors of the Soul* 162
   
in *Avoiding Distress* 93
   
in *Matters of Health* 49
- self-humbling 60
- self-praise 81, 128, 191–192
- self-promotion 11, 232–233, 241
   
*Affections and Errors of the Soul* 126, 128, 129, 170
- Prognosis* 194
   
*Recognising the Best Physician* 181
- self-sufficiency 82–83, 105, 169, 170, 210n50
- Semen (Sem.)* 60, 144n52
- Seneca 38, 71, 77
   
*On the control of Anger* 153
   
*Letter 90* 100, 122
   
*Letter 94* 141
   
on slaves 152
   
*On the Tranquillity of the Soul* 78
- Serapion 217n64
- Sergius Paulus 229n96
- sex/sexuality 48n58, 91, 114–115, 159

- Sextus 230  
 Sextus Empiricus 7  
 shame-culture 46  
 shame/shamelessness (*ἀναρχυντία*) 25–26  
     in *Affections and Errors of the Soul* 155–156  
     in *Matters of Health* 44–49  
 silence 62–63, 136  
 Singer, P.N. 131n19, 170n112  
 slander 60, 185–186n28, 218, 242  
     *On Slander* 3–4n13  
 slaves 108, 152–153  
     imagery 182, 207  
 sleep 26  
*SMT* see *Capacities of Simple Drugs, The*  
 social decency 223–224, 238  
 sociative ‘we’ 77, 102, 112  
 Socrates 112  
     in *Apology* (Plato) 214  
     in *Gorgias* (Plato) 178, 181, 182, 183–184,  
         214  
     in *Memorabilia* (Xenophon) 189  
     protreptic 122  
*Soph.* see *Linguistic Sophisms*  
 sophists/sophistry 51, 53–56, 61–64, 201–202,  
     211–212  
 Sophocles, *Antigone* 23n4  
 Soranus of Ephesus 7, 7n21, 38  
     *On the Soul* 7n21  
 soul 7  
     *Affections and Errors of the Soul* 135  
     as desiderative/appetitive 8–9n29, 34, 131,  
         155, 156–158  
     Galen as cleanser of 52  
     *see also Affections and Errors of the Soul;*  
     *Capacities of the Soul* (QAM)  
 specialisation 161–162  
 spiders 99–100  
 Stobaeus, *Anthology* 107  
 Stoics 52, 227  
     and *apatheia* 90–91, 155  
     and *Avoiding Distress* 84–85, 87  
     emotion theory 138  
     indifferent 83, 108, 169  
     on irrational animals 98–99  
     and rhetoric 183  
     on shame 46–47  
 Strato of Lampsacus 99n26  
 strife, love, of *see philoneikia*  
*Subf. Emp.* see *Outline of Empiricism*  
 suggestion 79  
 Sulla (in *On the Control of Anger* (Plutarch))  
     152–153  
 supervisors, moral, *Affections and Errors of the Soul* 137–141  
 Swain, Simon 234  
 symbolic goods 134  
*symmetron* 168–169  
 symposium 36, 206–207  
*synkriseis* 59  
*Tabula of Cebes* 29  
 Temkin, Owsei 193  
*Temp.* see *On Mixtures*  
 Temple of Peace (Rome) 79  
 Teuthras 144–145  
 Themistocles 107–108  
 Theognis 36  
 Theophrastus 99n26  
*Therapeutic Method (MM)*  
     case history 230–231, 233  
     compared to *Prognosis* 205–212  
     as diatribe 84  
     distress 88–89  
     *doxosophia* 198  
     on Hippocrates’s shortcomings 130  
     Methodists 183  
     on *salutatio* 190  
*Therapeutics to Glaucon (MMG)* 70, 243  
 therapy of emotions 42n35, 72, 93  
 therapy of the word 151  
 theriac 74  
 Thersites 58, 146–147  
 Thessalus 57–58, 208–212  
*Things Said in Public Against Flatterers* 3–4n13  
*Thras.* see *Thrasybulus: Is Healthiness a Part of Medicine or of Gymnastics?*  
*Thrasybulus: Is Healthiness a Part of Medicine or of Gymnastics?* (Thras.) 40, 119  
 Thucydides, *History* 23n4, 185–186  
 Thumiger, C. 151n78  
*Timarion* (Anonymous) 236  
 time 188  
 training  
     and *Affections and Errors of the Soul* 146,  
         170–171  
     and *Avoiding Distress* 86–89  
     *see also paideia*  
 Trajan 197  
 tranquillity 73, 77–78  
*Treatment by Bloodletting (Cur. Rat. Ven. Sect.)*  
     199n25  
 truth 144, 233  
     *Affections and Errors of the Soul* 139–141, 166  
     *On Errors* 136–137  
     and Foucault 144  
     George Orwell 194  
     love of (*φιλολήθεια*) 25, 28–29, 113n102, 191  
     and *Prognosis* 197–205, 212–215  
     in *Recognising the Best Physician* 191  
     in *Therapeutic Method* 205–206

- Tyche* see fate
- tyrants 40, 90, 121n140, 181
- ugliness 109n82, 146–147, 148
- the unsophisticated (*idiotai*) 201
- UP see *Function of the Parts of the Body, The*
- van der Eijk, Ph. 42n37, 42n38
- Ven. Sect. Er. Rom.* see *Bloodletting, Against the Erasistrateans at Rome*
- Vespasian 197
- Vettulenus Barbarus 229n96
- vice 25, 49–50, 53, 167, 232n101  
*Affections and Errors of the Soul* 53, 143  
 babbling 64–65  
*Capacities of the Soul* 52  
*The Capacities of Simple Drugs* 55  
*The Capacity of Cleansing Drugs* 52–53  
*The Different Kinds of Fever* 49–50  
*Matters of Health* 37  
 φιλοριστία 56  
 in *Prognosis* 222–224  
 in Roman Society 187  
*see also* insatiability; moral passions; virtue  
*The Capacities of Simple Drugs* 55
- virtue 35, 41n33, 74–75 *see also* moderation
- Vlatador* 14 69, 93–94
- voluntary action 35, 164
- Walsh, Joseph 121
- water/wood debate 129–130
- ‘we’, sociative 77, 102, 112
- wealth (material) 105  
 love of 92, 166, 167–170
- wellbeing 5, 7, 48, 119, 189, 226,  
 234
- To What Extent the Esteem and Opinion of the Public is to be Taken into Account*  
 3–4n13
- Whether Physiology is Useful for Moral Philosophy*  
 4n15, 34–35
- White, H. 27n14
- Williams, Bernard 46
- wine 36–41  
*see also* drunkenness
- wisdom, pretext of 198–199
- wish technique 55–56
- wood/water debate 129–130
- wrestling 118, 119
- Xenophon, *Memorabilia* 189
- youth/young people 108–111
- Zeno 83
- Zeus 91
- Ziegler, K. 2n8