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## **Research Paper**

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In vivo evaluation of the efficacy of Sophora moorcroftiana alkaloids in combination with Bacillus Calmette–Guérin (BCG) treatment for cystic echinococcosis in mice

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#### **Abstract**

Human cystic echinococcosis is a widespread, chronic, endemic, helminthic zoonosis caused by larval tapeworms of the species Echinococcus granulosus. At present, there is no rational and effective therapy for patients with echinococcosis. The present study evaluated whether the combination of alkaloids from Sophora moorcroftiana seeds (SMSa2) and Bacillus Calmette-Guérin (BCG) was effective in the treatment of experimental echinococcosis. After 20 weeks of secondary infection with protoscoleces, mice were randomly allocated to five groups and treated for 6 weeks by daily intragastric administration of albendazole (ABZ, 100 mg/kg), SMSa2 (100 mg/kg), BCG (abdominal subcutaneous injection at  $5 \times 10^6$  CFU), SMSa2 + BCG (100 mg/kg SMSa2 and  $5 \times 10^6$  CFU BCG) or normal saline (untreated group), respectively. The results indicated a significant reduction in the weight of hydatid cysts in the SMSa2 + BCG group compared with the untreated, SMSa2 and BCG groups. The rate of inhibition of hydatid cyst growth in the SMSa2 + BCG group (76.1%) was obviously increased compared with that in the SMSa2 (25.7%) and BCG (26.6%) groups, respectively. Compared with the untreated control, the SMSa2 + BCG group showed a non-significant increase in serum interleukin-4 (IL-4). Furthermore, the serum levels of interferon-γ (IFN-γ) between the untreated and SMSa2 + BCG groups were not statistically different. Therefore, the combination of alkaloids from S. moorcroftiana seeds and BCG can reduce cyst burden and is an effective therapeutic regimen against echinococcosis.

# Introduction

Human cystic echinococcosis (CE) is a widespread, chronic, endemic, helminthic zoonosis caused by larval forms (metacestodes) of tapeworms of the genus *Echinococcus* and it is a major global health problem to date (Yang *et al.*, 2012). CE is characterized by cystic lesions, most commonly in the liver and lungs, which can be fatal if not treated with surgery and/or chemotherapy (Eckert & Deplazes, 2004; Budke *et al.*, 2013). The growth of hydatid cysts may lead to oppressive symptoms such as abdominal distension and stomach ache and, at the final stage, these symptoms may become severe and even fatal. The incidence rate of echinococcosis in China is the highest in the world. The disease remains endemic in many areas, and Xinjiang, Qinghai, Gansu and Ningxia are the most severely affected regions. A national survey revealed that the serological prevalence and morbidity in 12 provinces and autonomous regions were 12.0% and 1.1%, respectively (Yu *et al.*, 2008).

The World Health Organization Informal Working Group on Echinococcosis (WHO-IWGE) proposes four different treatments for CE: (1) surgery; (2) puncture, aspiration, injection of protoscolicidal agent and re-aspiration; (3) chemotherapy with the benzimidazole compounds albendazole (ABZ) or mebendazole (MBZ); and (4) watch and wait for inactive, clinically silent cysts. Although surgical treatment is the primary option, all patients need drug treatment before or after surgery. For some patients for whom surgery is contraindicated, chemotherapy is the only modality of treatment (McManus *et al.*, 2012). The main clinical drugs for echinococcosis are ABZ and MBZ. However, these drugs can cause severe adverse reactions, including systemic nervous, digestive and gastrointestinal diseases (Rajshekhar, 1998; Shirokova & Chebyshev, 2003; Njomo *et al.*, 2014). To date, none of the therapeutic modalities can completely cure echinococcosis. Therefore, the identification of novel and efficient treatment options is essential for the treatment of CE.

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Many scholars have shown interest in traditional Chinese herb extracts as novel therapeutic options for CE. Sophora moorcroftiana is a folk-medicinal shrub endemic to the wide valleys and middle reaches of several main tributaries of the Yalu Tsangbo River in Tibet, China. In Chinese folk medicine the decoction of the seeds is used as an anti-inflammatory, detoxicant, antiemetic and antibacterial medicine (Ma et al., 2004b). Our previous studies indicated that crude alkaloids of S. moorcroftiana seeds presented bacteriostatic (Ma et al., 2004b), antitumour (Ma et al., 2003, 2004a) and protoscolicidal activity (Ma et al., 2007), and had weak insecticidal activity against Pieris rapae (Ma et al., 2005). If is of interest that the combination of crude alkaloids of S. moorcroftiana seeds and ABZ has a significant additive effect for treatment of experimental echinococcosis in mice (Ma et al., 2007).

Bacillus Calmette–Guérin (BCG) is composed of attenuated mycobacteria and is used as an effective vaccine to prevent tuberculosis. BCG is also used to treat allergic disease, tumours and immune disorders (Alexandroff *et al.*, 1999; Shoenfeld *et al.*, 2001; McShane *et al.*, 2004), and has a remarkable curative effect in the treatment of bladder cancer (Alexandroff *et al.*, 1999; Li *et al.*, 2016). BCG is used as an adjuvant to modify the immune response by activating antigen-presenting cells such as macrophages and dendritic cells. Therefore, BCG contains many immune stimuli to improve the Th1-type cellular immune responses (Scanga & Le Gros, 2000) against tumours and parasites.

However, few studies have evaluated combined therapy with *S. moorcroftiana* alkaloids and BCG against echinococcosis. In this study, we evaluated the efficacy of the combined treatment with water-soluble alkaloids and BCG *in vivo*.

#### Materials and methods

#### Drug preparation

The water-soluble total alkaloids of *S. moorcroftiana* seeds (SMSa2) were extracted in our laboratory and the analytical thin layer chromatography results indicated that SMSa2 contained matrine and sophocarpine. All culture media were purchased from Gibco-BRL (Gaithersburg, Maryland, USA) and ABZ was purchased from Sigma (St. Louis, Missouri, USA). An enzymelinked immunosorbent assay (ELISA) kit was purchased from Dakewei Biotech Company (Shenzhen, China). SMSa2 and ABZ

were dissolved in sterile water at a final concentration of 7.5 mg/ml.

#### Animals and parasites

Female NIH mice aged 6–8 weeks (body weight 25–30 g) were purchased from the Institute of Biological Products in Lanzhou. The protoscoleces of hydatid cysts were removed aseptically from naturally infected sheep collected from a slaughterhouse located in Xining, Qinghai Province, China. An *in vitro* culture of *Echinococcus granulosus* protoscoleces was maintained as described previously (Amri *et al.*, 2007). Briefly, the harvested protoscoleces were washed three times with saline and twice with Hanks' balanced salt solution containing 100 U/ml penicillin and 100 µg/ml streptomycin. The cultures with a survival rate exceeding 90% were used for animal infection. The final concentration was 20,000 live protoscoleces in 1 ml of phosphate-buffered saline (PBS).

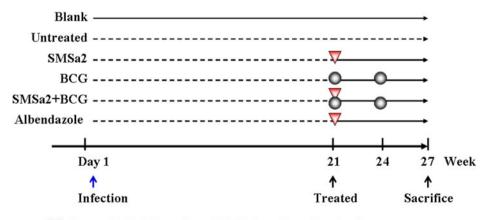
## Experimental infection and design

Thirty-five female NIH mice were divided into an uninfected 'blank' group (n = 5) and an infected group (n = 30). The mice were infected by intraperitoneal inoculation with 5000 fresh protoscoleces/animal suspended in 250 µl sterile PBS. After 20 weeks, five infected mice were selected and sacrificed at random to confirm the presence of cysts in the peritoneal cavity. The remaining infected mice were randomly divided into five groups of five mice and received the following treatments from weeks 21 to 26. (1) ABZ group: the animals were treated with a suspension of 100 mg/kg ABZ by daily intragastric administration; (2) SMSa2 group: the animals were treated with a suspension of 100 mg/kg SMSa2 by daily intragastric administration; (3) BCG group: the animals received an abdominal subcutaneous injection of  $5 \times 10^6$  CFU BCG at weeks 21 and 24; (4) SMSa2 + BCG group: the animals were treated with SMSa2 and BCG as described above; and (5) untreated group and control uninfected group: the animals received saline by intragastric administration as a placebo (fig. 1).

### Assessment of cyst development

After treatment for 6 weeks, at week 27, the mice were anaesthetized with pentobarbital sodium. The hydatid cysts were harvested from the peritoneal cavity. The weight of the hydatid cysts was measured

**Fig. 1.** Experimental procedure. After 20 weeks of infection with protoscoleces, the mice received the following treatments: (1) ABZ group: the animals were treated with a suspension of 100 mg/kg ABZ by daily intragastric administration; (2) SMSa2 group: the animals were treated with a suspension of 100 mg/kg SMSa2 by daily intragastric administration; (3) BCG group: the animals received an abdominal subcutaneous injection of  $5\times10^6$  CFU BCG at weeks 21 and 24; (4) SMSa2+BCG group: the animals were treated with SMSa2 and BCG as described above; and (5) untreated group and blank (uninfected) group: the animals received saline by intragastric administration as a placebo.



▼ Onset of administration of SMSa2 and/or albendazole

Administration time of injection BCG

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immediately to examine larval growth, and the inhibition rate was calculated as described in the literature (Yuan et al., 2016).

#### Measurement of serum levels of IL-4 and IFN- $\gamma$

Blood samples were collected before animal euthanasia. ELISA was performed to determine the level of interleukin (IL)-4 and interferon (IFN)- $\gamma$  in serum. The studied cytokines were immobilized by adsorption to the surface of 96-well plates, and primary and secondary enzyme-labelled antibodies were added to the plates. Then an appropriate substrate was added and produced a detectable product in the enzymatic reaction (Ma *et al.*, 2007). The colour of the solutions was read at an optical density of 450 nm immediately after the enzymatic reaction to quantify the level of cytokines in the study groups. The cytokine levels were presented as absorption units.

#### Staining with haematoxylin and eosin (H&E)

Specimens of hydatid cysts, liver and kidney tissues  $(5 \times 5 \text{ mm})$  were cut for histological analysis. The tissue sections were fixed in Bouin solution for 24 h. All samples were dehydrated with ascending concentrations of ethanol and embedded in paraffin wax after fixation. Histology slides were stained with H&E and analysed by light microscopy.

#### Statistical analysis

All data are expressed as means  $\pm$  SD. Statistical significance was determined by one-way analysis of variance (ANOVA) (LSD test) using the software SPSS version 17.0 (SPSS Inc., Chicago, Illinois, USA). A P value of less than 0.05 was considered to be statistically significant.

#### Results

### SMSa2 + BCG treatment reduced cyst burden

None of the evaluated mice died in the study period, indicating no severe side-effects of the drugs used. The mean body weight in the four groups was not significantly different from that of the controls (P > 0.05, data not shown). The efficacy was determined *in vivo* by measuring the wet weights of hydatid cysts in infected mice. The hydatid cyst weight was significantly decreased by SMSa2 treatment ( $8.4 \pm 3.3$  g) and BCG treatment ( $8.3 \pm 2.5$  g) alone, compared with untreated mice ( $11.3 \pm 2.1$  g), although the treatment efficacy of either SMSa2 or BCG alone was not as high as that of ABZ ( $3.2 \pm 1.2$  g) at the same dose (ANOVA: df = 4, F = 14.1, P = 0.0001). However, treatment with SMSa2 + BCG ( $2.7 \pm 1.3$  g) showed an additive effect in decreasing the weight of hydatid cysts. The inhibition rate of hydatid cysts was 71.7%, 25.7%, 26.6% and 76.1% in the ABZ, SMSa2, BCG and

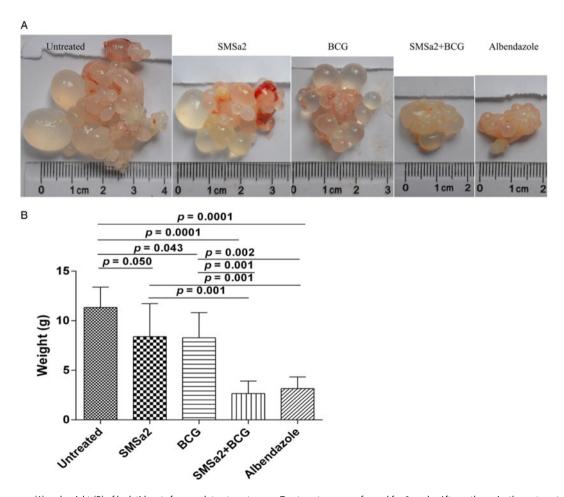


Fig. 2. The appearance (A) and weight (B) of hydatid cysts from each treatment group. Treatments were performed for 6 weeks. After euthanasia, the metacestodes were resected and weighed. Data are presented as the means  $\pm$  SD, n = 5. One-way ANOVA (df = 4, F = 14.1, P = 0.0001) with the LDS test for multiple comparisons were performed for data analysis.

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SMSa2 + BCG groups, respectively (fig. 2). The volume of cysts in the peritoneal cavity of the untreated mice was larger than that in mice from the treated groups (fig. 2). The weight of hydatid cysts was significantly reduced in the SMSa2 + BCG group compared with the untreated (P=0.0001), SMSa2 (P=0.001) and BCG (P=0.001) groups. However, there was no significant difference in the weight of hydatid cysts between the SMSa2 and BCG (P>0.05) groups and between the ABZ and SMSa2 + BCG (P>0.05) groups.

# The cysts in the SMSa2 + BCG-treated group showed more structural modifications

The wall tissues of hydatid cysts in the untreated mice were examined by microscopy. The texture of the stratum corneum was regular and the cells of the germinal membrane were arranged in close proximity to each other (fig. 3). In contrast, the stratum corneum of hydatid cysts in mice after 6 weeks of treatment with SMSa2 + BCG was thin and the germinal membrane was degenerated and obviously ruptured. The cells of the germinal membrane of hydatid cysts in mice treated with SMSa2 + BCG were condensed and disintegrated. Moreover, conspicuous cavitations were observed in hydatid cysts in mice treated with SMSa2 + BCG (fig. 3). Taken together, the structure of the cysts in SMSa2 + BCG-treated mice was severely changed and showed morphological heterogeneity.

# The SMSa2 + BCG-treated group did not show liver and kidney tissue damage

The toxicity of SMSa2 + BCG was assessed by morphological observation *in vivo*. H&E-stained images of liver and kidney tissues revealed that there was no tissue damage, tearing, ballooning

or neutrophil infiltration. These results indicated that liver and kidney tissues were not damaged in the treated groups.

#### IFN- $\gamma$ and IL-4 levels in serum

Serum cytokines were quantified by ELISA (fig. 4). Compared with untreated mice  $(1.1 \pm 1.5 \text{ pg/ml})$ , the serum IL-4 levels were increased in mice treated with ABZ  $(5.7 \pm 7.1 \text{ pg/ml})$ , SMSa2  $(4.2 \pm 3.5 \text{ pg/ml})$ , BCG  $(4.5 \pm 4.0 \text{ g/ml})$  and SMSa2 + BCG  $(2.2 \pm 1.6 \text{ pg/ml})$ . However, there was no significant difference between the groups (ANOVA: df = 5, F = 1.2, p = 0.348). The serum concentration of IFN- $\gamma$  in the ABZ, SMSa2, BCG, SMSa2 + BCG and untreated groups was  $16.8 \pm 15.4 \text{ pg/ml}$ ,  $8.7 \pm 7.9 \text{ pg/ml}$ ,  $8.5 \pm 6.7 \text{ pg/ml}$ ,  $1.0 \pm 0.8 \text{ pg/ml}$  and  $7.0 \pm 3.9 \text{ pg/ml}$ , respectively (fig. 4). The serum IFN- $\gamma$  levels were non-significantly decreased in SMSa2 + BCG-treated mice compared with untreated mice (ANOVA: df = 5, F = 2.1, P = 0.101).

#### **Discussion**

CE is a near-cosmopolitan zoonotic parasitic disease and is wide-spread in western China. This disease can occur as a result of infection with *E. granolusus* (Ma *et al.*, 2007). Appropriate therapy for CE should be implemented considering different factors, including patient age, cyst location and size, and structural characterization of the lesions (Jelowdar *et al.*, 2017). However, an effective and safe treatment for CE is a research priority. We have previously extracted a lipophilic fraction of alkaloids from *S. moorcroftiana* seeds and have shown that this fraction has a weak inhibitory effect on CE in mice (Ma *et al.*, 2005). The present study was the first to demonstrate that the combined therapy of SMSa2 and BCG was effective against CE.

The mouse model of infection was established by inoculating 5000 *E. granulosus* protoscolices intraperitoneally. After 20 weeks of infection, the mice were treated with SMSa2, BCG or

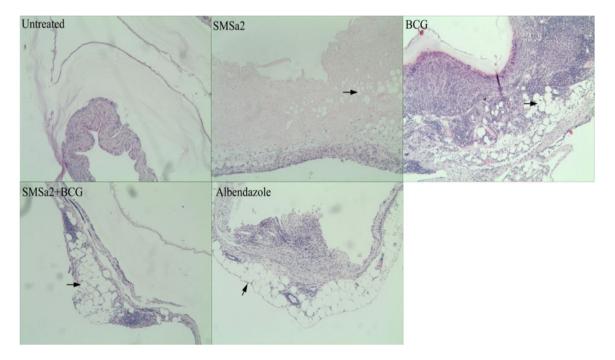


Fig. 3. H&E-stained images of hydatid cyst tissues (×100). Hydatid cyst tissues of all groups, showing that the cyst is surrounded by a dense inflammatory cellular infiltrate. In mice treated with albendazole or combined treatment with SMSa2 + BCG the internal tissue of hydatid cysts is completely altered, with the presence of numerous vacuoles.

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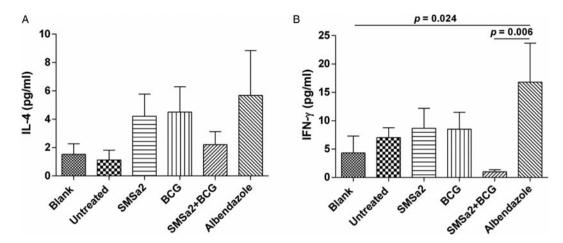


Fig. 4. The serum IL-4 (A) and INF- $\gamma$  (B) levels in mice of each group. Data are presented as the means  $\pm$  SD, n=5. One-way ANOVA with LDS test for multiple comparisons were performed for data analysis (ANOVA of IL-4 data: df = 5, F=1.2, P=0.348; ANOVA of INF- $\gamma$  data: df = 5, F=2.1, P=0.101).

SMSa2 + BCG for 6 weeks. The results indicated that alkaloids and BCG alone significantly decreased the hydatid cyst weight, although the efficacy was not as high as that of ABZ at the same dose. However, SMSa2 + BCG showed an additive effect and reduced the hydatid cyst weight significantly. The inhibition rate of hydatid cysts in the combined SMSa2 + BCG treatment was 76.1% and significantly higher than that of mice treated with the ABZ, alkaloids or BCG alone. Moreover, the stratum corneum of hydatid cysts in mice treated with SMSa2 + BCG was thin, and the germinal membrane was degenerated and ruptured, and these features may be considered indirect effects of treatment. Optical microscopy showed that there was no cell damage in liver and kidney tissues from mice treated with alkaloids and BCG, and confirmed that SMSa2 + BCG was efficient against echinococcosis.

Cytokines may play an important role in the host response to E. granulosus infection. The detection of serum levels of IL-4 and IFN-γ in vivo has been suggested to be helpful in monitoring the therapeutic effects of treatment (Torcal et al., 1996; Moreno et al., 2001). In the present study, there was no marked change in the serum levels of IL-4 and IFN-y in the treated groups. Although BCG can induce Th1-type cellular immune responses against tumours and parasites (Li et al., 2016), the results of the present study indicated that the immune response mediated by Th1 and Th2 cells was weak in late-stage E. granulosus infection. However, compared with the untreated group, the serum levels of IL-4 had a tendency to increase in all treated groups, indicating that a few Th2 cells were activated by antigens of protoscoleces to eliminate target cells after treatment. The combined treatment with SMSa2 and BCG is efficient against echinococcosis in mice infected experimentally with protoscoleces of E. granulosus. However, further studies on the mechanism of action of drugs used to treated echinococcosis are necessary for the development of effective combined therapies against this disease.

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# Conflicts of interest. None.

**Ethical standards.** All experiments were carried out according to protocols approved by the Institutional Animal Care and Use Committee. Mice were housed in a standard animal room with food and water *ad libitum*. All

experimental procedures involving mice were approved by the Institutional Animal Care and Use Committee of Lanzhou University.

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