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Psychosocial Rehabilitation of Adolescents with Deviant Behavior

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Currently the problem of aid and compensation for children and adolescents with deviant behavior (DB) is one-sided. All obligations under this psychocorrection contingent assigned to the law enforcement agencies. As a pilot project was established program of psychosocial rehabilitation of adolescents with DB on the basis of «Ecopark».

The project involved 118 adolescents from 12 to 14 years with a variety of behavioral problems.

The aim of the project was to optimize the provision of psycho-social support for children and adolescents with behavioral problems by developing a system of psychological adjustment and social education at the Centre for psychosocial rehabilitation of children and adolescents as well as the creation of the necessary conditions that expand the comfort and a safe space for the child to enhance positive impacts and mitigate negative impacts of the social environment.

The leading role was played by a combination of two areas of work, namely the psychocorrection (correctional educational training, individual therapy, family therapy, animal-assisted therapy) and social work (pet care, occupational therapy, ecotherapy).

The high efficacy of 85,6% DB adolescents was shown the stabilization of mental and emotional state, reducing aggression, increasing motivation to work, reducing conflict relations, the 5,7% - with middle rouge, the 5,9% - with low rouge.

The non-standard way of psycho-correction allowed organizing a fruitful and creative leisure, which resulted in the reduction of aggression and anxiety, increased motivation for the successful development of new activities and problem-solving skills and conflict situations with peers and family members.