

## P-605 - INTEGRAL APPROACH TO SEVERE MENTAL ILLNESS

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Health care processes for people with severe mental illness (SMI) include an integral approach to the disorder, understanding as such the addition of various interventions destined to improve patient's biopsychosocial role.

**Objectives:** To evaluate the type of intervention received by patients with SMI in two mental health care devices that look after this group: a Day Hospital (DH) and a Rehabilitation Unit (RU).

**Method:** A sample of patients had attended the devices mentioned in the last year was selected and it was collected data on the number and type of interventions received (pharmacological, individual, family and group) through the Information System of Andalusia Mental Health.

**Results:** Regarding DH, most interventions performed were type group (65.5%), followed by pharmacological interventions (26.1%), individual psychotherapy (6.4%) and interventions with families (2 %). Similarly, in the RU was registered an 80% of group interventions, a 16.1% of pharmacological interventions, a 2.6% and a 1.3% of individual and family interventions, respectively.

**Conclusions:** While most of the proceedings are group interventions, it is expected due to the framing of this type of device, other types of interventions that contribute to an integral approach to SMI are also performed.