

- To understand changes in management to address suicidality in patients with anorexia nervosa
- To understand influences by media in perpetrating certain body types in impressionable adolescents

Methods: Patient is a 19 year-old Hispanic female with a Past Psychiatric History of Bipolar Disorder, who was brought in by EMS due for agitation and disorganized behavior. Patient presented manic, labile, and her delusions extended to beliefs that the Kpop group EXO has been communicating with her through morse code in their videos, and that certain members would wink at her through the computer screen in real time. The patient's BMI at the time of admission was 15.4, and she continued to compare her own body to Kpop idols.

Results: Patient shared a lifetime mix of both shame and trauma concerning her eating habits, with multiple incidents that may have contributed to her fear of eating, and simultaneously into her becoming obsessed with the Kpop group ("2018 and COVID were a miracle for me. I got closer to EXO"). Patient denies looking ugly or fat and seems mostly satisfied with her current appearance.

Conclusions: With social isolation growing due to the pandemic, online parasocial relationships are becoming an increasingly normal part of people's lives. We discuss a case where an unhealthy obsession with Kpop contributed to body dissatisfaction, and the precipitating factors that lead to these circumstances, as well as the challenges that are present in helping these adolescents and young adults in coping with social media use. As such, it is important to discuss the challenges faced by psychiatrists who must be sufficiently aware of the ever-changing face of contemporary cultural landscape when forming an accurate diagnosis.

Disclosure of Interest: None Declared

EPV0394

Second Generation Long-Acting Injectable Antipsychotics in Africa: About a Case

J. Galvañ^{1*} and F. R. Nguépy-Keubo²

¹Department of Child and Adolescent Psychiatry, Institute of Psychiatry and Mental Health Hospital General Universitario Gregorio Marañón, Madrid, Spain and ²Hôpital Saint Vincent de Paul, Dschang, Cameroon

*Corresponding author.

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Introduction: Schizophrenia affects people worldwide. In Europe, the advantages of second-generation and long-acting injectable antipsychotics (SG-LAIs) are known and used, supported by scientific evidence. However, somewhere there is limited evidence on this topic.

Objectives: Highlight the improvements in antipsychotic treatment and raise awareness of the scar between Europe and Africa, showing the results of the evidence with a case of cooperation with Cameroon.

Methods: About a case of a 42-year-old Cameroonian woman with 25 years of schizophrenia, treated with first-generation antipsychotic polypharmacy (APP) oral and depot, with several psychotic relapses, disorganized behaviors, motor and cognitive impairment and isolation (telemedicine consultation received through a NGO platform). A search on PubMed was performed, selecting two systematic reviews including "antipsychotic" AND "Africa", one systematic review for SGAs and four reviews for LAIs.

Results: Seven articles were reviewed, finding that APP use is highly prevalent in Africa with a lack of research on this, SGAs show an improved safety and tolerability profile and LAIs are among the most effective treatments in psychiatry improving adherence and overall patient outcomes.

In our case, we recommend progressively adjusting treatment to SG-LAI monotherapy, visiting the patient six months later in Cameroon, observing sustained stability of positive symptoms with an improvement of negative symptoms and good adherence and tolerability to treatment without extrapyramidal effects.

Conclusions: Our case is an example of the evidence that supports the improvement that SG-LAIs represent in psychiatric treatment and how international cooperation can help bridge the gap between Africa and Europe. Nevertheless, more research is needed to build bridges.

Disclosure of Interest: None Declared

EPV0396

Environmental manipulation and stimulation of atypical children through art therapy

L.-M. Hosu

Community Social Services Complex for Children and Adult, GENERAL DIRECTORATE OF SOCIAL ASSISTANCE AND CHILD PROTECTION, COUNTY COMMUNITY CENTER CLUJ COUNTY COUNCIL, CLUJ-NAPOCA, Romania
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Introduction: The accumulated experience, both with typical and atypical children, led to the desire for an easier integration into the collective. Detecting and encouraging the skills of the atypical child, with the help of combined arts techniques and environmental stimulation, supports their's integration into the community.

Objectives: Beneficiaries-Centered Art therapy, with the aim of identifying and developing outstanding skills, through environmental manipulation and combined arts techniques

Methods: The environmental manipulation method is used in the art therapy session through artistic installations and colorful fabrics. Through chromatics and textures are generated different contexts and atmospheres sense, through which the atypical child comes to accept and discover that environment. Through the manipulation of artistic installations, gross motor skills are also required, having to produce large movements with the whole body, in order to shape the elements in the environment.

Costume making as a transitional phase in the adaptation of the beneficiary to the previously created environment independently or together with the art therapist, consists in harmonizing the beneficiary with the environment. These stages are achieved through mixed techniques of artistic work, painting, decorating, modeling, collage, weaving and binding techniques.

Results: By practicing these methods during the art therapy sessions, the beneficiaries increased their self-esteem through the achievements they had and discovered and improved their outstanding skills: fine and gross motor skills, color sense, visual thinking, hand-eye coordination; improved and developed both verbal and non-verbal communication between beneficiary - art therapist and beneficiary - beneficiary, in the case of group sessions

Image:



Image 2:



Image 3:



Conclusions: The role of the artist/Art-therapist can be to identify and encourage the creative potential of the beneficiaries by making both individual and team artworks; to support social integration through art and to value the outstanding skills of the beneficiaries.

Disclosure of Interest: None Declared

EPV0398

DEPRESSION LEAFLET TRANSLATION IN SINDHI LANGUAGE

M. I. Memon^{1*} and I. PANHWAR²

¹General Adult Psychiatry with Endorsement in Addiction Psychiatry, Cwm Taff University Health Board, Wales, UK, CARDIFF and ²GP, Royal college of GP, WOKING, United Kingdom

*Corresponding author.

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Introduction: We all live in a global world where all cultures have their own unique identity, a sense of belonging, and pride. In the same way I am proud to be part Sindhi culture which is originated from Indus Valley civilization. It's a 5 thousand years old civilisa-